

THE CARE OF THE SICK.

To change the under sheet, roll it lengthwise; that is, begin at the side. Push soiled sheet and all coverings toward the patient, leaving the mattress bare. On this lay the clean roll, tucking one side under the mattress, unroll it towards the patient and move him over the roll on the smooth space, keeping him covered with the top blanket. Go to the other side of the bed, pull out under blanket and soiled sheet, finish unrolling clean sheet and tuck it in. Lay the clean upper sheet over the top blanket and cover it with another blanket and thin white spread. When these are in place, remove the blankets that are next the patient, and he will be left lying between clean sheets in a clean nightdress and thoroughly bathed, without having been exposed for an instant to the chance of taking cold.

Open the window at the top, and if there seems too much air near the bed, place a screen between that and the window. If none is at hand, improvise one by throwing a shawl over a clothes-horse, or fastening a cord between two convenient points and hanging a blanket over it. If the window will open only at the bottom, tuck the flannel there. The pillow case should be changed frequently, and the pillow turned as often as can be done without disturbing the patient. A cool, fresh surface next the face is very refreshing. Keep the pillow well under the shoulders; nothing is more tiring to a weak person than to have the edge come just in the hollow of the neck, throwing the chin forward on the breast.

Gently comb and brush the hair, and if there is a beard, keep it washed and free from tangles. If the patient is a woman, part the back hair and braid each portion. It can be coiled high on the head or allowed to hang in two tails. The nails on both hands and feet should be carefully attended to.

If the carpet cannot be removed, sweep it daily with a carpet-sweeper, or a broom with a cloth wrapped around it, and burn the dust. Wipe the woodwork and furniture daily with a damp cloth. Never leave milk standing in a sickroom; it quickly absorbs impurities. If obliged to wait for a few moments until the invalid is ready to take it, cover the glass containing it. Make it a rule to leave nothing in the sickroom that is not positively needed there. Remove every cup, glass and spoon as soon as used, and wash all bottles when they are empty. Keep the little table beside the bed covered with a white cloth, and see that it is always spotless.

Be as cheerful as possible and try to leave worries on the other side of the door. Even when one is very tired and anxious, a resolute effort of the will enables one to do much to overcome the tendency to show it. A calm nurse calms her patient, and nothing helps on recovery like a mind at rest. Remember while there is life there is hope, and never give way to despair while life remains. Many a person who has been given up to die has recovered to years of usefulness. Keep up the nourishment as long as it can be swallowed; it may be just the stimulation that is needed to turn the scale from death to life.

COLD STORAGE.

The business of freezing meats and fish and preserving perishable products by various systems of freezing and cold storage has come to be an important feature of commerce. New York City now has eight large establishments devoted to it, with an aggregate capacity of 15,000 tons, besides many private "plants" belonging to separate produce houses. Some of them use the old process of ice and salt, while others use the ammonia process. By the former a temperature of 5 degrees can be reached, and with ammonia it is said the mercury can be sent down to 20 degrees below zero. The freezing material is sent through pipes which line the large rooms in the refrigerator store houses and become encrusted with ice, keeping the atmosphere crisp, dry and as cold as may be desired. Poultry is the chief commodity thus preserved, and it is often kept frozen fifteen months. One firm stored last season 2100 pairs of prairie chickens, 15,000 pairs of grass plover, 600 pairs of canvas-back ducks and 1300 dozen English snipe. The system saves great loss and enables dealers to make special profits on meats and fruits out of season. Fruits and nuts are kept in a more moderate temperature just above freezing. Great quantities of beef and other meats, eggs, vegetables, etc., are kept in these houses, and if proper care is exercised it is claimed that the flavor is improved by long freezing.

Home rule in India is a question that looms up before the British Government with even more of danger in it than any other. The education of the past half century has awakened many thoughts in the young minds of Calcutta Bombay, Madras, and the thoughts are taking shape in formal demands.

Russian authorities have sentenced 41 students of the Cracow University to three days' imprisonment and to pay a fine of 500 florins for singing Polish songs while on an excursion.

When the grave digger was asked how he found life he replied that he didn't see very much of it around where he worked.

France hates to give up her cherished Panama canal scheme and admit failure. A new bill for the relief of the enterprise was introduced by the Government in the Chamber of Deputies June 13. It empowers the liquidator of the company to place, on the best conditions possible and regardless of the legal limit as to price, the 800,000 of the bonds which have not yet been subscribed for. It also authorizes a subscription of 34,000,000 to cover the expenses necessary for the maintenance of the works pending an inquiry into the question of the completion of the canal.

The Emperor William has presented Prince Bismarck with a magnificent mastiff of the Ulm breed to replace the chancellor's recently deceased pet. The animal is named Tamerlane, and as he has not been trained to live in the house, he is very untidy, and the other day he terrified the Princess Bismarck by growling because she suddenly entered the chancellor's library. Prince Bismarck began by chaining Tamerlane to a table, but when the chancellor left his chair the dog gave a leap and brought the table and everything on it crashing to the ground.

In the natural course of events the green apple and the green melon and the small boy will soon come into collision.

Pennsylvania will be known from now on as the Whiskeystone State.

NEW ADVERTISEMENTS.

**SEALED BIDS WILL BE RECEIVED** by the clerk of School District No. 5, Linn county, Oregon, up to 6 o'clock p. m. of Saturday, July 6th, 1889, to furnish said District with 60 cords of grub oak wood, said wood to be 4 foot long and no stick to be less than 3 inches in diameter, also to furnish said District with 5 cords split fir wood (from large trees) free of knots. All wood to be delivered at the Central School building in Albany. The Board reserves the right to reject any or all bids.

By order of the Board of Directors,  
C. G. BURKHART, Clerk.  
June 21st, 1889.

**CONTRACT TO BE LET**—The church building committee at Peoria, Linn county, will receive sealed bids for the building of a church house at that place until 1 o'clock, June 25th. The specifications will be found at the store of W. W. Chessman, in Peoria. The lowest responsible bidder is expected to be awarded the contract, but we reserve the right to reject any and all bids.

June 17th, 1889.  
W. R. GARRETT,  
MOSS LAMAR,  
W. E. GIBBENS,  
Committee.

**SAND, & C.**—Persons desiring sand, loam or gravel from the premises of F. L. Such in Benton county, can procure tickets for the same at my office, Crawford's block, Albany, Oregon.

**FOR SALE.**—The undersigned has for sale a horse power and separator, new and in good running order for sale cheap. Inquire of H. Bryant, Administrator of the estate of James Shields, deceased.

**FOR SALE.**—The undersigned will sell a McCormick twine binder cheap. Inquire at my place one mile south east of Albany. This is a bargain.

**DISSOLUTION NOTICE.**—Notice is hereby given that the co-partnership heretofore existing between C. A. Chessman and W. W. Chessman, doing business under the firm name of Chessman Bros., has this day been dissolved, C. A. Chessman having sold his interest to P. B. Beatty. The business will continue under the name of Chessman & Beatty who will collect all accounts and pay all debts of the heretofore existing firm of Chessman Bros.  
Peoria, Linn Co., Or., June 11th, 1889,  
W. W. CHESSMAN,  
C. A. CHESSMAN.

**CITY TAXES.**—Notice is hereby given that the tax roll of the city of Albany, Oregon, for the year 1889, has been placed in my hands for collection, and that I will be at the Council Chambers of said city to receive and receipt for the taxes charged in said roll, for the period of 30 days from date of this notice. All taxes remaining unpaid at the expiration of thirty days thereafter will be returned to the Common Council of the city of Albany as delinquent, and costs and expenses for collecting such taxes be added thereto. Dated at Albany, Or., this 19th day of June, 1889.

JOHN N. HOFFMAN,  
City Marshal.

**NOTICE TO CONTRACTORS.**—Notice is hereby given that at the next regular term of the County Commission Court for Linn county State of Oregon, to be held at the Court House in the city of Albany on Wednesday the 3rd day of July, A. D., 1889, sealed plans, specifications, strains, diagrams and bids will be received for building a bridge across the North fork of the Santiam River about 200 feet below the Stayton Ferry; said bridge to be 610 feet long and 16 feet wide in the clear. Piers to be of sufficient height to bring the bottom of the floor beams at least 22 feet above low water mark. All bids must be filed with the Clerk on or before one o'clock p. m. of the above mentioned day, and accompanied with certified check of five per cent of bid as by law required. The Court reserves the right to reject any and all bids.

Done by order of the Court this 6th day of June, A. D. 1889.  
E. E. MONTAGUE,  
County Clerk.

**JOHN BRIGGS,**  
—FLORIST,  
ALBANY OREGON  
ROSES A SPECIALTY.  
Cemetery lots planted and attended to

5

SPECIALTIES.  
CLOTHING

Fashionable and Stylish Suits, Business Suits, Light weight Summer Suits. Boys, youth's and children's suits.

Furnishing Goods

Fine line of light weight underwear—balbriggan and woolen; hosiery, shirts, neckwear, fine wire suspenders, guaranteed for two years, in all the latest novelties.

BOOTS AND SHOES.

A large line in this department of the best in the market.

HATS

Staple and Fashionable lines, among others a fine stock of the John B. Stetson hats.

Tailoring

Merchant tailoring under expert tailor. Suits made to order under short notice at remarkable low figures. More goods turned out than ever before.

L. E. BLAIN.

5

Stick a Pin

in the fact that I am offering better bargains than any one else in Albany Bought at bankrupt sales I can sell

First-Class Goods

at or below COST.

FOR

General merchandise of all kinds call on me. Particular bargains in a sample of shoes.

Cash for Goods or Country produce

G. W. SIMPSON

Albany, Oregon.

FOR THE BEST FURNITURE

—CALL ON THE—

Albany Furniture Company

OPPOSITE STEWART & SON'S,

Who Have in Stock a Complete Line of

BED ROOM SETS, TABLES, CHAIRS, UPHOLSTERED GOODS, WALL PAPERS, BABY CARRIAGES, ETC., ETC., ET

HAWKINS & FARRELL

SPECIALTIES.

LADIES' DRESS GOODS AND TRIMMINGS,

The largest stock and greatest variety in price and style I have ever carried, and as good value as ever offered to the citizens of Linn county.

Special Bargains In Cashmeres,

In colors and blacks. Seersuckers, ginghams, chambrays, French prints and wash fabrics. All the novelties of the season in black and colors. I will have something further to say about these in a few days.

EMBROIDERIES, SKIRTINGS

Flouncings, and all overs on cambrics, Swiss and India Linen. I have just opened the largest invoice of novelties in this line ever exhibited in this city, and at greatly reduced prices.

Piques, Lawns, India Linens,

Nansooks in white, ecru and colors, all at prices very much cheaper than ever before offered in this city.

TABLE LINEN,

In brown and bleached. This stock I bought in New York at less than importers' price, and am able to give good bargains. 58 inch all linen bleached at 50 cents per yard and others in proportion.

TOWELINGS, CRASHES, ETC.

All these goods I buy direct from importers by the bale, and can sell them much cheaper than if bought of jobbers—towels I buy in quantities in New York, and am offering them at prices that are sure to sell the goods.

Ladies Cotton Hose

Are cheaper this year than ever before. I have succeeded in getting some good bargains, all of which I am offering to my customers—the same in

MISSES AND CHILDREN'S,

The above is an outline of the policy I am going to do business and will endeavor to do my part towards securing the trade in Linn and adjoining counties to Albany, and to keep up with the procession of the lively and growing city of Albany. I will have something to say about

Carpets, Boots and Shoes, Groceries,

SAMUEL E. YOUNG

FOR  
Drugs, Paints, Oils, Brushes, Alabastine, Artists' Materials, Etc.

CITY DRUG STORE.  
Guiss & Son.