

A DISAGREEABLE DISEASE.

One That Afflicts Many People in the Home as Well as in Places of Business.

There is no milder disease of mind or body than that of fault finding or worry. It may have a medical name; if so, we don't know it, and if we did, it would do no good, as there is no cure for the peevish thing except death. Persons afflicted with it are sure to let you know they have it, and in less time than it takes to sell, they have made you and every one they come in contact with miserable. The weather, that furnishes such a topic for so many, is their peevish subject, and they threaten that over and over it is threadbare. They find fault with everything. Their clerks can never please them and their customers call them "crabbed old things," and finally go somewhere else. They believe every one "has it in for them," and they enjoy no peace of mind because always anticipating some evil thing that never happens. If they ever get to heaven they will find fault with everything there. The only time they really seem to enjoy life is when they are pouring their ill, real and imaginary, into your ears, says Gold and Silver-Smith.

The less people hear of the ill and aches of others the better they like it. Each one has enough of his own to bear without other people's burdens, and the little sunshine they have they don't want clouded over with these woes.

People admire the pluck of the man who, when his body is racked with pain, never lets a sigh escape, or has a complaint to offer at any of the quibbles of fortune, but in storm and sunshine, in prosperity and adversity, has always the cheerful and pleasant smile for all. Such persons make the world better for having been in it.

Dried Apple Fruit Cake.

Two cupfuls dried apples cut up and soaked over night in water; in the morning add three cupfuls molasses, one teaspoonful grated nutmeg; let this cook slowly for two hours until reduced to one-third the quantity; when cool, add the following ingredients and bake: Four eggs, two-third cupful butter, one teaspoonful soda dissolved in one tablespoonful water, and flour enough to make a stiff batter. This will make two loaves.—Good Literature.

Sweetbread in Spinach Cases.

Boil the spinach in usual way and when tender chop very fine; season with salt and pepper and add a little melted butter or hot cream, but do not make it too moist. Have some large rounds of bread nicely toasted, place on a hot dish and arrange a wall of spinach around the edge of the toast rounds. Fill center of these with creamed sweetbread and serve very hot.—Washington Star.

Apple Bread-Pudding.

Slice thin four large cooking apples and arrange them in alternate layers with thin slices of buttered bread in a deep pudding dish. Cover with a rich egg custard, let stand ten minutes and then bake in a moderately hot oven until the pudding is "set." Eat cold with sweetened cream flavored with nutmeg or stick cinnamon.—Boston Globe.



LOVE

Often leads to poverty. No real woman ever sold her heart for the luxuries of life.

But many a woman who has gladly faced poverty for the man she loved, may well doubt her wisdom when pain becomes the mate of poverty. If she were rich, she thinks, she could find a way of cure. Dr. Pierce's Favorite Prescription is within the reach of every one. It lifts the burden of pain which weighs down those who suffer from womanly diseases. It establishes regularity, dries weakening drains, heals inflammation and ulceration and cures female weakness.

"I have my heartfelt thanks for your kind advice to me," writes Mrs. Geo. Fletcher, of Victoria Avenue, Galt, Ontario. "Was troubled with catarrh of uterus for over a year. The doctors said I would have to go through an operation, but I commenced to use Dr. Pierce's Favorite Prescription and 'Golden Medical Discovery,' also his 'Lotion Tablets' and 'Antiseptic and Healing Suppositories.' Now I am completely cured, after using six bottles of Dr. Pierce's medicines. I am glad to say my medicine has made me a new woman."

Weak and sick women, especially those suffering from diseases of long standing, are invited to consult Dr. Pierce by letter, free. All correspondence is held as strictly private and secretly confidential. Address Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets are easy and pleasant to take. A most effective laxative.

SCIENCE AND INDUSTRY.

The four greatest needs of Greece—grain, coal, iron and lumber—are the ones which the United States would best be able to supply.

The yearly gross earnings of the United States Steel corporation are approximately equal to the gross revenue received by the United States government.

Seventy French firms manufacture motor cars and their combined output last year was 12,000 cars. The industry employed 180,000 workmen, earning on an average \$360 a year each.

Large deposits of stone suitable for lithographic purposes have been discovered and opened in Thessaly. Greek experts report that this stone is far superior in quality to the best lithographic stone heretofore known in Europe.

Under the heading, "A New German Industry," German papers state that the manufacture of quartz glass is rapidly developing in that country. Quartz glass consists essentially of melted quartz and is perfectly translucent.

The membership of the United Mine Workers of America, as shown from the number who paid the per capita tax during the month of March, is larger than it has ever been in the history of the organization. Last year it reached 232,000, while this year it is 264,439.

Peat fuel in freight locomotives in Sweden has hauled the maximum load, the cost being about the same as with English coal. To avoid the expense of an extra fireman, however, the peat is now mixed with an equal weight of coal, and the mixture has proven so satisfactory that it is to be tried on passenger trains.

The shape of the rudder of a vessel seems to be of more importance than has been generally supposed. Experiments in Scotland by J. Foster King indicate that the rectangular form has decided advantages, as it presents a larger surface at the loda line under all conditions and requires a smaller stock and working gear than curved shapes. With sufficient area the narrow blade is as effective as the broad one, while it can be set more rapidly.

WOMAN PRISON CHAPLAIN.

Ministers Regularly to the Hardened Characters Confined in Laramie (Wyo.) Jail.

The only woman in the world engaged as chaplain in a prison is Mrs. May Preston Slosson, of Wyoming, and she performs her duties with a zeal that is worthy of all praise. She is a regularly ordained minister of the Gospel and might be settled over a prosperous church, but she sees her duty lies among the convicts at Laramie and has chosen that as her field of effort, reports the Chicago Chronicle.

Mrs. Slosson received the first degree granted to a woman at Cornell university, where she worked for two years after she had received the master's degree at Hillsdale college, Michigan.

After graduating she accepted the professorship of Greek at Hastings college, Nebraska, and was married in 1891 to Prof. Edwin E. Slosson, professor of chemistry at the University of Wyoming in Laramie.

In Wyoming the prisoners of the state penitentiary were at one time kept without work on account of the opposition of the trades unions to their employment. Men deprived of the saving grace of work, no matter to what part of the community they belong, soon become thrown out of their balance. That happened to the prisoners, who got into a peculiarly morbid and unruly condition.

It was in that frame of mind that Mrs. Slosson conceived the idea which the authorities permitted her to put into practice. She arranged for a series of Sunday afternoon talks and experimental lectures by the professors of the university.

She herself gave two lectures before the convicts, and when the minister who was acting as the chaplain left the town the prisoners petitioned the governor to appoint her chaplain. He acceded to the request, and since July, 1899, she has filled the office not only to the satisfaction of the authorities, but, what is more important, to the satisfaction of those who are the enforced members of her congregation.

The prisoners number some 220 and consist for the most part of young men who have gone west from a spirit of adventure and have got into trouble either through drink or from "getting the brand on the wrong canteen." As cattle stealing is euphonically referred to by the men themselves.

Willing to Pay His Way. A nervous bridegroom, after he had been married by Rev. Charles M. Sheldon, of Topeka, searched his pockets hurriedly, and then breathlessly declared that he had neglected to provide for the clergyman's fee. "But," he added, brightening up, "I can show you how to fix your gas meter so that it won't register."

LINED WITH FOOD.

Very Amusing Predicament of a Chef of a New Jersey Restaurant Who Was Caught Pilfering.

When Charles Blazee was leaving the Keystone restaurant in the Pennsylvania railroad station, Jersey City the other day he cast an appreciative glance at himself in a big mirror, settled his silk hat a little more firmly on his head, and smoothed a suggestion of a wrinkle at the waist line of his frock coat. The scullery maids, peeping from the kitchen window, admitted that the restaurant had never employed a cook of more distinguished appearance than that same Charles Blazee.

The cook had hardly reached the street, however, when he was touched on the shoulder by a policeman, who took Blazee to the court of Police Justice Hoopes to answer a charge of pilfering various tidbits from the larder of the restaurant. The justice took his seat and the attendant shouted: "Hats off!"

Every one except Blazee complied. "Hats off!" again yelled the court officer, making a peremptory gesture at the cook. He shifted uneasily, but made no move to bare his head. A policeman stepped up to do it for him, but Blazee uttered a plaintive "Wait," and gingerly began to take off the offending hat. It was a delicate job, and the reason therefor as disclosed when a tomato can full of chicken salad and a bag containing a dozen eggs were brought to view.

As he stopped to deposit those articles on the floor Blazee's waistline wrinkled. The policeman noticed that and without ceremony slapped him on the solar plexus.

"Blest if he ain't wrapped up in grub," he declared, and unbuttoning Blazee's garments, disclosed a towel fastened about him like a money belt, but containing a dozen lamb chops instead of cash.

Appreciation.—"Do you think that people appreciate art in this country?" "Certainly," answered Mrs. Cumrox. "Everybody gets interested as soon as you tell 'em how much a masterpiece cost."—Washington Star.

Extent of Her Knowledge.—Teacher—(of class in anatomy)—"How many bones are there in a chicken?" Millie (youngest member of large family)—"I can tell you how many there are in the neck. That's the only part I ever get."—Chicago Tribune.

Too Stingy.—Casey—"Aval the close fasted old misers that liver Oi see Doan's the worst." Cassidy—"O, 'tis the family trait wid him. Casey—"The family trait? Nonsense! Shure, he'd never trait wan man, let alone a family."—Philadelphia Press.

Shorter Grown.—Candidate—I have found something besides a candle that will answer that old riddle, "The longer it stands the shorter it grows." Friend—"What is it?" Candidate—"A candidate. The longer he stands for office the shorter he grows financially."—Baltimore American.

Willing Accessory.—"What are you doing in my yard?" demanded the suburban citizen in the wee hours. "Trying to steal your wife's pet dog," hissed the man with the dark lantern. "Say a word and I'll shoot." "All I'll say is thanks. I've been wanting to get rid of that dog for months."—Chicago News.

Unique Expedition. With the object of obtaining specimens of every dialect spoken in the United States, Prof. Scripture, of Yale university, is touring the country in a special railway carriage fitted with phonographic apparatus. He will visit the Indian tribes first, and afterward the poorer white people of the south and foreign-born population.—N. Y. Sun.

Marriage Statistics. Marriages average 3,000 a day in the whole world. Of 1,000 men who marry, 332 marry younger women, 570 marry women of the same age, and 98 older women.—Indianapolis News.

Will Have Society at His Feet. The man who taught King Edward to play golf is in this country. He ought to be able, says the Chicago Record-Herald, to command big prices for tutoring, especially around New York.

Oldest Family in the World. "The oldest family in the world lives in Bell county, Ky.," said B. F. Creech, a prominent merchant of Four Mile. "I do not mean that they have the longest pedigree, but that they have been here a long time, and have a family history that is perhaps the most unique in the world. Lewis Green is 93 years old; his wife, Virginia Green, is 92 years old. They were married 73 years ago, and went to live on a farm at the mouth of Bingham's creek, in a bend of the Cumberland river. They are still living in the same house to which they went as bridegroom and bride three-quarters of a century ago. They have ten children, the youngest is now 43, and there has never been a death in the family. All of which makes me believe that Bell county is the healthiest place on the face of the globe. The Greens live about ten miles from Pineville."—Louisville Courier-Journal.

ICE STOVES ARE IN VOGUE.

They Are Fed with Salt and Will Keep the House Cool in Warm Weather.

There'll be unalloyed joy for the fat man this summer. He won't have to go around with a wilted collar and with perspiration pouring from his face. No more will the irritating and profanity-provoking "prickly heat" make him feel as if he were being slowly tortured to death by piercing with cambric needles. Prof. Willis Moore, chief of the weather bureau, has determined to put on the market his "ice stove," which is guaranteed to make any home cool enough for a polar bear to live in with comfort, says a Washington report.

The feepiek will take the place of the poker, and, instead of sitting around wielding a palm-leaf fan, all that will be necessary will be to throw a couple of hundred pounds of ice into the "stove." Instead of going to the refrigerator for one of the component parts of a "high ball," you need only open the door of the "ice stove," select a chunk to fit the glass and proceed as usual. Scotch and siphon water, together with tomatoes and lettuce, may be kept together in the stove.

The "ice stove," like all other stoves, comes in all sizes. It is a big copper cylinder, which is filled with ice and salt. These directions accompany each stove:

"If in a bedroom and the temperature outside is more than 100 degrees, put three pair of blankets on the bed, chuck 50 pounds of ice into the stove, close the windows and retire."

"Users of the ice stove are cautioned to keep overcoats and earmuffs where they can be quickly put on. Don't store in camphor at the bottom of the trunk. No moths can live where there is an ice stove.

"Don't go into the warm open air when frostbitten by the use of the ice stove. Scrape some snow from the side of the stove and rub ears or extremities vigorously.

"Use the pick, which is sent free with each stove, to break the ice in the water pitchers every morning. A hammer or an iron dumbbell may be used in emergencies, but the pick is better.

"Don't put mint and butter in the same compartment in the stove. The mint is often stronger than the butter, and when the latter is spread on hot bread the flavor is often distasteful, even to those who like jollips.

"All bottled goods may be kept in the ice stove. The tubular arrangement in the cylinder is excellently adapted for keeping bottled goods, even after being opened."

When tramps visit a home where the ice stove is in use, instead of being made to chop wood they can be made to cut the ice into cubes for the stove. In return they should be given their dinner and permitted to cool off in front of the stove.

Prof. Moore says that an ice stove sufficient to heat a room 15 by 15 can be bought for \$200, and that \$75 worth of ice will keep it going all summer.

FEED CALVES COD LIVER OIL.

Young Animals Said to Make Gains on This Kind of Nourishment.

An attempt is being made to substitute cod-liver oil for the natural fat of milk in feeding calves, according to the Philadelphia Record. Milk contains, as is generally known, all the nutrients necessary for the full development of young animal life. If one of these elements is removed it has to be replaced with a substitute of like kind in order to insure thrifty development. Butter fat and cream, of course, are the most highly prized and valuable of dairy products and some resourceful individual suggested that these might be extracted by pressing the whole milk through a separator and their loss be made up to the calf by adding an equivalent amount of cod-liver oil, another fat nutrient.

Experiments have accordingly been in progress for some time at one of the agricultural colleges in Yorkshire and recent reports seem to indicate that they are entirely successful. There is but little labor involved. The cod-liver oil and skim milk is a cheaper feed than the whole milk and the calves appear to thrive on it. During a feeding experiment embracing some 25 weeks it was found that the average daily gain of the calves fed on whole milk until they were weaned was two pounds; those fed on skim milk and oil and continued on an oil ration, 2.4 pounds, while those which had been fed oil and milk, but from which the oil was subsequently withheld, only 2.1 pounds.

On slaughtering the animals no injurious effects on the flesh could be discovered. The daily ration that appeared to be successful was made up of five quarts of skim milk and two ounces of cod-liver oil. Fortunately the calves do not develop that aversion to cod-liver oil which is natural to most human beings, but, on the contrary, readily become accustomed to it.

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IT'S LETTING DISEASE FASTEN ITSELF THAT KILLS

Every home ought to contain a line of every-day or emergency remedies such as Paragoric Camphor, Essence Jamaica Ginger, Peppermint, Amonia, Aralia, etc. They may be needed any hour of the day or night and when needed will be badly needed. An outfit of these remedies will cost but little if you buy them here. Having them on hand is pretty sure to save suffering and may save life.

Summer is the season of sudden ill Prepare for them

SENGSTACKEN'S PHARMACY
Marshfield, Oregon

Nasal Catarrh quickly yields to treatment by Ely's Cream Balm, which is agreeably aromatic. It is received through the nostrils, cleanses and heals the whole surface over which it diffuses itself. Druggists sell the 50c. size; Trial size by mail, 10 cents. Test it and you are sure to continue the treatment.

Announcement.

To accommodate those who are partial to the use of atomizers in applying liquids into the nasal passages for catarrhal troubles, the proprietors prepare Cream Balm in liquid form, which will be known as Ely's Liquid Cream Balm. Price including the spraying tube is 75 cents. Druggists or by mail. The liquid form embodies the medicinal properties of the solid preparation.

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Very tart was Douglas Jerrold's report to a would be wit who, having fired off all his stale jokes with no effect, exclaimed: "Why, you never laugh when I say a good thing!" "Don't!" said Jerrold. "Only try me with one!"

Not Too Much So.

Uncle Reuben says: "I like a conscientious man, but I like him as I like him. In other words, I don't want him so conscientious as to admit that he quarrels with his wife, cuffs his children or starves his dawg to carry out martin principles."—Detroit Free Press.

The lighter the individual the easier he will find it to float in the social swim.—Chicago News.

The greatest of faults, I should say, is to be conscious of none.—Carlyle.