

"I sleep well enough at night,
And the blindest appetite
Ever mortal man possessed."

Riley's farmer is the very picture of a man advanced in years, yet in the enjoyment of perfect health. A good appetite, good digestion and sound sleep, are the chief factors in a vigorous old age. Life is sustained by food, when it is properly digested and assimilated. When digestion fails, there is a loss of nutrition which soon shows itself in physical weakness, nervousness, sleeplessness, etc.

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Writes Mr. W. T. Thompson of Townsend, Broadwater Co., Montana: "Words fail to tell how thankful I am for the relief, as I had suffered so much and it seemed that the doctors could do me no good. I got down in weight to 125 pounds, and was not able to work at all. Now I weigh nearly 200 and can do a day's work on the farm. I have recommended your medicine to several, and shall always have a good word to say for Dr. Pierce and his medicines."

The Common Sense Medical Adviser, 1068 pages, in paper covers, is sent free on receipt of 21 one-cent stamps to pay expense of mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.

Teachers Institute

COOS COUNTY EDUCA-

TORS IN SESSION

About Eighty of the Schoolmasters and Masters Held a Profitable Session at Myrtle Point

The annual Teachers' Institute of Coos county convened at Myrtle Point Aug. 4, 1902, at one o'clock P. M., with Supt. R. F. Robinson of Multnomah county and Prof. D. A. Grout of Portland as instructors, assisted occasionally by several lecturers from our worthy State Supt. J. H. Ackerman and a talk by Prof. E. D. Ressler, former teacher of the State University, but now President of the State Normal School at Monmouth. The lectures given on the various subjects were highly appreciated by the teachers and great interest was manifested throughout the entire sessions, and as usual, our County Supt. W. H. Punch, with his pleasant smile and congenial manner, sat back enjoying it most heartily, especially when Supt. Ackerman and Prof. Grout spoke of their most delightful ride on the stage from Roseburg to Myrtle Point, and how sorry they were when the journey was ended.

The Co. Supt. appointed several committees on evening entertainments. The program for Tuesday evening was as follows:

Vocal duet—"Ship Ahoy"; Dr. Strange and Mr. Traver.
Rec.—"Thema my Sentiments Tew"; Miss Mattie Howling
Drill; sixteen little girls.
Ecc.—"The Color Guard"; Sarah Ross.
Vocal Solo—"I'd like to hear that Song again"; Mr. Traver.
Lecture—"The Resources of the Cultured mind or a Plea against Commercialism and Higher Life"; Pres. E. D. Ressler.

The evening's entertainment was greatly enjoyed, and the points brought out by Pres. Ressler are well worth remembering. After the entertainment the teachers were conducted to Adam's Hall, where a sumptuous repast was served by the hospitable teachers of Myrtle Point.

Program Wednesday evening.

Song—"Come to the Greenwood"; Teachers.

Solo—"Answer"; Miss Getty.

Rec.—"Maclaine's Child"; Miss Helona Wassela.

Solo—"For You"; Miss A. E. Moddocks.

Rec.—"A Girl's Conversation by Telephone"; Miss Mary Quier.

Solo—"Flight of Ages"; Miss Lukins.

Lecture—"Schools of Oregon and State Course"; State Supt. J. H. Ackerman.

Song—"There's a Lonely Cottage by the Seaside"; Teachers.

The program was very nicely rendered, and the lecture by Supt. Ackerman will, no doubt, long be remembered by all that were present. He clearly pointed out the benefits of public school libraries, the advantages of the State Course of Study and various other interesting things pertaining to higher education.

Program Thursday evening.

Song—"Merry Sings the Lark"; Teachers.

Rec.—"Gaily and Brightly"; Teachers.

Rec.—"The Little Hero"; Miss Hamilton.

Solo—"Drifting, Drifting with the Tide"; Miss A. L. Logan.

Rec.—"The Yarn of the Nancy Bell"; Mr. L. E. Brown.

Lecture—"The Public School or Elementary School"; Prof. D. A. Grout.

Song—"Oregon"; Teachers.

Rec.—"A Cradle Song"; Miss Todd.

Lecture—"The Joy of the World is Inexpressible"; Supt. R. F. Robinson.

Song—"America"; Teachers.

Benediction; Rev. White.

The lectures by Prof. Grout and Supt. Robinson were very interesting as well as instructive, explaining the mission of the public school and the beauties of nature as understood by the educated mind. As upon the previous evenings, the entertainment was considered a great success, and at the close the teachers were invited to partake of refreshments at the Guerin Hotel, served by the young gentlemen of Myrtle Point.

Various games were played, and at a late hour the musical voices of the teachers were heard serenading the people, as a token of their high regard for the kind and hospitable people of Myrtle Point.

The Institute was a decided success and will long be remembered by the teachers as one of the most enjoyable events of their lives.

Dear people we must leave you,
With sorrow and regret,
But your kindness to us,
We shall ne'er forget.

Back to our schools we wander,
With happier and lighter hearts,
And o'times we will ponder
On the joys you did impart.

There were about 80 teachers present. A vote was taken to decide where the next Annual Teachers' Institute was to be held and Bandon received 4 votes more than a majority of all votes cast.

TIMBER LAND, ACT JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Or., Aug. 1, 1902.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

ALBERT A. MATSON of Marshfield, county of Coos, State of Oregon, has this day filed in this office his sworn statement No. 4000, for the purchase of the N1/4 of Sec. 17, Range No. 11 W., Township No. 26 S., Range No. 11 W., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before W. U. Douglas, U. S. Commissioner for Oregon at Marshfield, Oregon, on Saturday, the 6 day of Dec., 1902.

He names as witnesses: E. R. Taylor, of Fairview, Oregon, W. H. Morgan, Jesse Smith, Lester Smith, of Marshfield, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 6 day of Dec., 1902.

J. T. BRIDGES, Register.

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Chas. H. Hitchcock

TIMBER LAND, ACT JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Oregon, April 25th, 1902.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1902.

JOHN S. TAYLOR, of Iowa, county of Wauasca, state of Wisconsin, has this day filed in this office his sworn statement No. 2827, for the purchase of the Northwest quarter of Section No. 20, Township 25 South, Range 10 West, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before the Register and Receiver of this office at Roseburg, Oregon, on Tuesday, the 4th day of November, 1902.

He names as witnesses: D. I. Martin, Joseph Weatherly, of Roseburg, Oregon, Martin A. Norde, Gustavus E. Helgeson, of Iowa, Wisconsin.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 4th day of November, 1902.

J. T. BRIDGES, Register.

TIMBER LAND, ACT JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Oregon, June 17, 1902.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

EUGENE M. WOOD, of Cleveland, county of Douglas, State of Oregon, has this day filed in this office his sworn statement No. 2745, for the purchase of the SE1/4 of Section No. 8, Township No. 25 South, Range No. 10 West, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before the Register and Receiver of this office at Roseburg, Oregon, on Wednesday, the 15th day of October, 1902.

He names as witnesses: Royal F. Campston, Hiram A. Sheldon, Wilbur F. Hatch, of Cleveland, Oregon, Charles Thom, of Roseburg, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 15th day of Oct., 1902.

J. T. BRIDGES, Register.

TIMBER LAND, ACT JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Oregon, July 3, 1902.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

MARTIN A. NORDE, of Iowa, county of Wauasca, state of Wisconsin, has this day filed in this office his sworn statement No. 2865, for the purchase of the NW1/4 of Sec. 20, in Township No. 25 N., Range No. 10 West, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before the Register and Receiver of this office at Roseburg, Oregon, on Tuesday, the 4th day of November, 1902.

He names as witnesses: D. I. Martin, Joseph Weatherly, of Roseburg, Oregon, John S. Taylor, Gustavus E. Helgeson, of Iowa, Wisconsin.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 4th day of November, 1902.

J. T. BRIDGES, Register.

TIMBER LAND ACT, JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Or., June 9, 1902.

Notice is hereby given, that in compliance with the provision of the act of Congress of June 3, 1878, entitled "An Act for the sale of Timber Lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

CHARLES W. GUSTAVSON of Duluth, county of St. Louis, State of Minn., has this day filed in this office his sworn statement No. 2678 for the purchase of the NW1/4 of Section No. 33, in Township No. 26 South of Range No. 10 W., and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before the Register and Receiver of this office at Roseburg, Oregon, on Tuesday the 30 day of September, 1902.

He names as witnesses: George A. Burns, Edward E. Martel, Mrs. Marv A. Borland, and Margaret S. Rathburn, all of Duluth, Minn.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 30 day of Sept., 1902.

J. T. BRIDGES, Register.

Little Enevold, the 3 year old son of Mr. and Mrs. E. J. Hansen, managed to get a small black button up his nose Tuesday evening. Dr. McCormac extracted the button after considerable trouble, the little fellow displaying the greatest fortitude.

F. P. NORTON. NEWS DEALER AND AGENT. Latest San Francisco and Portland dailies. All the leading Magazines. CUTTLERY AND PLAYING CARDS. Subscriptions for all papers and periodicals. Fine cigars and tobacco. Stationery, jewelry, notions.

TIMBER LAND, ACT JUNE 3, 1878.—NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Oregon, June 9, 1902.

Notice is hereby given that in compliance with the provision of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

MRS. MARY A. BORLAND of Duluth, County of St. Louis, State of Minn., has this day filed in this office her sworn statement No. 2655, for the purchase of the SE1/4 of Section No. 34, in Township No. 26 South, Range No. 10 West, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before the Register and Receiver of this office at Roseburg, Oregon, on Tuesday, the 30 day of Sept., 1902.

She names as witnesses: Margaret S. Rathburn, Edward E. Martel, George A. Burns, Charles W. Gustavson, of Duluth, Minn.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 30 day of Sept., 1902.

J. T. BRIDGES, Register.

Bright's Disease

The largest sum ever paid for a prescription, changed hands at San Francisco, Aug. 30, 1901. The transfer involved in coin and stock \$112,500.00 and was paid by a party of business men for a specific for Bright's Disease and Diabetes, hitherto incurable diseases.

They commenced the serious investigation of the specific Nov. 15, 1900. They interviewed scores of the cured and tried it out on its merits by putting over three dozen cases on the treatment and watching them. They also got physicians for judges. Up to August 23, eighty seven per cent of the test cases were either well or progressing favorably.

There being only thirteen per cent of failures, the parties were satisfied and closed the transaction. The proceedings of the investigating committee and the clinical reports of the test cases were published and will be mailed free on application. Address John J. Fulton Company, 420 Montgomery St., San Francisco, Cal.

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—TEETH—

—GUMS—

—NOSE—

—EYES—

—EARS—

—THROAT—

—LUNGS—

—LIVER—

—KIDNEYS—

—BLADDER—

—BOWEL—

—SKIN—

—NAILS—

—HAIR—

—TEETH—

—GUMS—

—NOSE—

—EYES—

—EARS—

—THROAT—

—LUNGS—

—LIVER—

—KIDNEYS—

—BLADDER—

—BOWEL—

—SKIN—

—NAILS—

—HAIR—

—TEETH—

—GUMS—