

The Coast Mail.

Published every Thursday morning. By JOHN CHURCH, Editor and Proprietor

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MARSHFIELD, OREGON, Thursday, : : : : : March 13, 1884

"Steadily, Steadily all the Day."

Steadily, steadily all the day, I watch the boats go by the bay, Speeding away towards the west, Where still and gray the low clouds rest.

Dreamily, dreamily, here alone, I catch a murmurous wove in tone, While languid shadows, dim and sweet, Slip slow along the strange old street.

Fauntlingly, haughtily, O my soul, The billows of memory troop and roll, Bringing in argosies fair and bright, From some soul-island of love and light.

Opening anew to weary eyes A space apart, where Eden lies, Realm of bliss in Time's swift river, Where Joy's white ghosts keep watch forever.

Longingly, longingly, O my heart, The founts of warning ope and start, Just once to hold secure in mind, With deepest joy and love divine.

The sweet, strong hands I worship not And clear-cut face and noble brow, And O, sweet heaven, to feel the bliss Of one long, rapturous, deathless kiss.

Wearily, wearily, all the day I watch the sails glide over the bay, And wonder, sometimes, if far or near, Somebody's waiting, through smile or tear, For those who, long, long, labor and wait, Beat and about by winds of Fate.

Murmurously, murmurously, all the day, I catch the crooning beyond the bay, And know that Brunswick's shores along The billows are breaking grand and strong.

Coming and going, the white sails gleam, I look at them all as if in a dream, And wonder what ships will weather the tide And safe in harbor bravely ride, Or which go down in Storm's unrest, Stilled and confined on Ocean's breast.

Wearily, wearily, all the day, I watch the boats slip over the bay, And know that out of my life has gone Its one brave ship, dismantled, down! That near, nor far, nor waiting more, Will bring its burden safe in shore, But stranded, wrecked, in deep mid-sea, It lies, long, ay, eternally!

—[MRS. JOSEPHINE WILLIAMS, in Missouri Republican.]

Cassius M. Clay's Opinion of the Late Wendell Phillips.

"The man dies, but his memory lives." This trite aphorism draws interest from the great man who uttered it, and the great cause in which it was uttered.

And this memory of man is a large part of the Divine system of moral government, which is as certain and as fixed in its laws as those of physics.

To honor the illustrious dead is not only a pleasure, but one of the highest duties which we owe to society.

The widespread reference which the whole civilized world is paying spontaneously to Wendell Phillips shows that he was one of the heroes of our race.

As his contemporary and coadjutor in the cause of emancipation, I may be allowed to throw my bouquet of immortelles upon his revered tomb, though it be but a humble tribute of wayside flowers little worthy of notice among more magnificent offerings.

Though about the same age as Phillips, I began sooner than he the anti-slavery war. I heard William Lloyd Garrison in 1831, in New Haven, when abolitionism was treason, and committed myself to the holy cause of universal liberty in my oration, delivered in 1832, the centennial year of Washington's birth, in the same city.

And so I have known and heard Phillips often, and have had him before me in all his brilliant career.

Truth is the foundation not only of all real happiness in our earthly career, but the basis of all eloquence.

It is a misfortune then, in the systems of religion, that any error has entered or been maintained as a needy prop to what we all can see in the main is good.

Again, it is a misfortune that there has been so little known and taught about the unity of the intellect, and that the obscure and misleading doctrine of "Head and Heart" has been used to divide our actions into mind and sentiment, when they are both the result of the action of the brain.

It is not admissible, then, in a philosophical sense, to say a man's heart is right and his head all wrong, or the reverse; for truth loses much and gains nothing by such metaphorical utterances.

I was about to lecture in New Haven on one occasion upon the "Economy of Pure Breeds of Live Stock," by the invitation of Yale college.

I had a crowded house and was about to commence when I was told that Wendell Phillips was about to begin his accustomed onslaught upon slavery.

I rose up and asked the audience to excuse me, saying I wanted to hear Phillips; that I would resume my lecture next day, and "let us go and hear him now."

This was received in good part, and we all got up and went to the hall where the great speaker had already entered upon his subject.

The house was crowded, but with difficulty I got where I could see and hear him. I had often heard him before, and my reason for this movement, so unusual, was to show my respect for a man who was then the most effective advocate in all New England of the great cause to which I was devoting my life.

I mention this incident to show that I am not behind Phillips' great admirers; whilst I shall not follow them in indiscriminate praise even of the dead.

It may well be said of him that he was the greatest lecturer (and orator in a narrow sense) of his country, but he was not the most eloquent man, he was not the greatest speaker.

The lecture and the oration are presented to the

The Ethics of Gambling.

Rev. Charles H. Eaton of New York recently made the "Ethics of Gambling" the subject of an evening address. To see the immortality of an evening, said he, let us look at some of its results.

It appears to position. A gambler is a drunken man. He is drunk with passion. The finished gambler has no heart. He would play at his brother's funeral or upon his mother's coffin.

Horace Walpole tells us how a man quitted that place carried him in, laid him on a table and made bets as to whether he was alive or dead. They would not allow him to be bled, lest these terrible wagers should be affected.

The case is on record of a young man who came to this city with £200,000. Having lost all his fortune at the gaming table, he committed suicide at one of the principal hotels.

These are but two cases out of thousands. Has a man in view of such consequences a right to do what he will with his own? Has he a right to give free rein to such a passion?

Up to the present time gambling has been effectually suppressed in no large city. London, Paris, the cities of the Continent generally, New York, Chicago, San Francisco, Boston, though they all have stringent laws against it, yet have all been unable to destroy this public sin.

To bring about a complete suppression there must be created an active public sentiment against it which will compel a strict enforcement of the law.

But, besides, there must be provided amusements which, while they will rest and exhilarate, will not excite the animal nature. The gradual destruction of animalism must be effected by the cultivation of a manly and Christian spirit; the honorableness of labor must be taught, and the truth that true enjoyment comes only from active exertion.

Rice and Beans.

[Hall's Journal of Health.] Half the people of the world live almost exclusively on rice. It contains 88 per cent of nutriment, while beef contains but 26.

There are countries where the almost exclusive diet of the masses is beans; these contain 87 per cent of nutriment. The best and cheapest food for the dense population of Asiatic countries therefore is rice, and since, from the general poverty of the people, varieties of food are out of the question, beanstons nature has given them most freely that kind which is among the most nutritious of all foods.

With the rest of the world rice is more of a side dish, and is most frequently served in the form of a pudding. We venture to affirm that when the cost, the percentage of nutriment and the wholesomeness of beans are considered there is not in the world a single article of food that can compare with them.

There is no other vegetable food that answers so well as a substitute for meats. While they have so much to recommend them in other respects they have no rival in point of economy.

A quart of beans, costing 20 cents, will furnish a family of five persons with food for a day. Much of the value of beans as food depends on the manner of cooking. It would be difficult to cook them too much. They should first be boiled until soft, and then put them into a baking dish and bake until brown.

A little salt pork or butter, but not enough to make them taste greasy, should be put in the baking pan and cooked with them. If beans are not thoroughly cooked they are difficult to digest; still there is not one hotel or restaurant in a thousand that serves them sufficiently cooked; and, as a rule, it is not well to eat them in such places; but at home, when prepared under the supervision of a good cook, they make a dish that is wholesome and palatable.

T. S. Fredericksen, for many years a fisherman on the Columbia river, died suddenly at Astoria on the evening of the 27th ult, while playing a game at cards in Robert Wilgren's saloon.

A witness informed the coroner that on raising the cards dealt to him in a game of poker he said, "I pass," and as soon as the words were uttered fell out of his chair dead. He is said to have been a sober and industrious man and one of the best fishermen on the river.

He was a Russian Finn, aged about 40. A post-mortem examination showed a rupture of the heart, and a verdict was returned accordingly.

"Are you Going to Kiss Me?"

[Boston (Me.) Journal.] If ever I go into a new locality again, I will study up my geography better than I did this time; for my ignorance got me into a most uncomfortable position.

As the boat neared Saugatuck, I was standing with others on the deck, when a very pretty young lady came up to me, and with a sweet smile on her face, looked into mine with a pair of lovely eyes, and asked, "Are you going to kiss me, sir?"

If some one had offered to lend me \$10 I could not have been more surprised, and hardly knowing what to say, and in order to gain a little time, I gaped out, "Pardon me, what did you say?"

I felt that she knew I heard her, but she smiled sweetly, "Are you going to kiss me, to-night?" There was no misunderstanding her this time. I heard her, and so did others, and felt the blood rushing into my face, and I stammered out, "I would like to accommodate you, Miss; I would like to kiss you, Miss; and if my wife should see me kissing you—"

"Kissing me, you hateful old fellow! who asked you to kiss me?" "You did, I yelled; 'you asked me twice!'" "You old fool, I asked you if you were going to kiss me—Kiss me to-night; don't you know anything?"

And off she went, and if ever anybody felt meaner than I did I would like to exchange photographs with him.

Getting Potatoes Early.

[Gardener's Monthly.] Some years ago I conceived the idea of planting my potatoes with shoots to them. Probably the sprouts suggested the idea, at any rate I carried out the plan, and have been so well pleased with it that I have followed it for three years.

A few weeks before planting time I select my seed potatoes, and set them in a warm place to sprout. By the time my ground is ready the shoots are about three inches in length. The potatoes are handled carefully so as not to break the growth, and cut up in suitable sizes, as in the ordinary way. One strong shoot is left to each piece. The sets must be put into the ground carefully, of course, or the shoots will be broken off.

As growth commences at once, the green tops show in a few days. There is easily a saving of two weeks time, at the start. Those who have rather low ground which cannot be worked very early in spring, as I have, will find this method will enable them to compete with their neighbors on higher ground, with success.

By July 10, I was using fine Beauty of Hebeons (an excellent early sort by the way), planted April 25. They were not then fully ripe, though the yellow tint in the leaves was getting quite perceptible. Generally the tops are dead at this date, but an unusually fine potato season kept them growing later this year.

R. MAINS, TAILOR!

FRONT STREET, MARSHFIELD JUST RECEIVED, FALL AND WINTER GOODS!

Stock of Foreign and Domestic Hats and Fancy Suits of READY-MADE CLOTHING.

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FERREY & HOLLAND, Proprietors.

Timber Land Notice.

UNITED STATES LAND OFFICE, ROSEBURG, Oregon, January 21, 1884. NOTICE IS HEREBY GIVEN, IN PURSUANCE to act of congress of June 3, 1878, for the sale of timber lands in the States of California, Oregon, Nevada, and in Washington Territory, that ALFRED B. COLLIER has applied to purchase the southeast quarter of the northeast quarter and the east half of the southeast quarter of section 10, and the southwest quarter of section 10, of township 11 north, range 12 west, Willamette meridian, 35 south, of range 14 west, Willamette meridian.

Any and all persons claiming adversely any of the above-described lands must file their claims with the register of the land office at Roseburg, Oregon, within the sixty-days publication hereof, and failing to do so, their rights will be barred by statute.

Wm. F. BENJAMIN, Register.

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