

Around Our Town

By Our Roving Reporter

Paul Blumenstein and small son were recent guests of Paul's parents, Mr. and Mrs. David Blumenstein of Grant Road.

Karen Britton was one of the six accordionists that went, by Trailways bus to Portland, to play at the Trailways bus terminal and also the radio station there.

Byron Carter left Sunday after spending his leave here visiting friends and relatives. He is scheduled for overseas duty upon his return to his base. Mrs. Carter (Margaret Thompson) will remain here while Byron is away.

Marilyn Bohnert, who was to leave for college Sunday, came down with the flu. She was able to return later in the week.

Mr. and Mrs. Harry Dunn left Dec. 30th to visit with relatives and to see the Rose parade and attend the football game. They returned this week.

In the Sunday issue of the Tribune was a picture of Mr. and Mrs. John Duet and baby daughter. Johnny is well known in Central Point. He attended grade and high school here. He has been visiting with his many friends in Central Point recently.

Mr. and Mrs. Carl Hover and Mr. and Mrs. Victor Birdseye are attending a Dairymen's Association meeting in Ontario, Oregon.

Mrs. Stella Obenchain, who was ill and in the hospital for four days, is now able to be home and is recovering.

Mrs. Nina Happer, 1st grade teacher, moved recently from Central Point back to her home near Gold Hill. She will continue teaching here this school year.

Mr. and Mrs. Herman Pence and children, son of Mr. and Mrs. Ed Pence, spent the day before New Years visiting with their parents.

Mr. and Mrs. G. W. Walker and daughter, Gloria, of San Francisco, also spent the holidays with their parents, Mr. and Mrs. G. C. Burnelle.

Officers of the Navy Mothers club were installed Tuesday, January 5th in a meeting at the Girls Community in Medford.

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HOMES BUILDINGS Auction Sale

JANUARY 13, 1954

To clear right of way for Blackwell Hill-Seven Oaks section
of the Pacific Highway.

Buildings To Be Sold:

The former Archie L. Purdy service station, store and garage buildings otherwise known as the Willow Springs Service Station approximately 2 miles north of Central Point.

The former V. P. Vincent residence and outbuildings located on the opposite side of the present Pacific Highway from and approximately a thousand feet northwesterly of the Willow Springs Richfield Service Station.

The former G. L. Vincent residence and garage located immediately north and on the same side of the highway as the V. P. Vincent buildings described above.

The former O. B. Ronne residence and outbuildings located approximately 500 feet north-westerly of the Southern Pacific Railroad tracks as they cross the relocated right of way.

The former Wm. L. Voss small residence located approximately 3/4 mile southeasterly of new highway where it connects with the old highway north of Blackwell Hill.

The former Calvin Jones residence and outbuildings which are the third set of buildings southerly of the connection of the recent construction with the old highway.

The former George Hauber small house located adjacent to and west of the Jones property.

The former Howard L. Barto residence located just north of the Hauber property.

The former Robert F. Pentecost residence and outbuildings located just north of the Barto property.

SALE DATE: 1:00 P.M. Wednesday, January 13, 1954 at the Willow Springs Service Station, which is the first place listed and immediately thereafter at the others in the order listed.

BUILDINGS must be removed from present location within 30 days of notice of acceptance of bid.

ANY FINANCING MUST BE ARRANGED BY YOU WITH THE FINANCING COMPANY OF YOUR CHOICE. IF YOU ARE CONTEMPLATING MOVING A BUILDING, CONSULT WITH YOUR MOVER PRIOR TO SALE DATE AND ASCERTAIN IF A PERMIT CAN BE HAD FOR THE ROUTE CONTEMPLATED.

TERMS OF SALE ARE: Cash at the time of Sale. The above buildings are to be sold to the Highest bidder at public auction, but subject to the approval of the Oregon State Highway Commission with the right reserved to reject any or all bids. All of the bid price must accompany the successful bid.

FOR INFORMATION: Contact C. W. Parker, Phone 4-2171, Ext. 717, State Highway Building, Salem, or Walter Merrill, Phone 2-9267, Medford.

Auctioneer: Claude M. Kilgore, Salem, Oregon

OREGON STATE HIGHWAY COMMISSION
STATE HIGHWAY BUILDING
SALEM, OREGON

HEALTH HORIZONS

As old as woman herself is a problem which is the major cause of nervous symptoms in her sex. Almost 50% of women must cope with this problem periodically whether at home or on the job. It is the problem of tension, nervousness and other symptoms occurring before the menses. These complaints can be treated now with simple medication. Almost all women are aware of some physical or emotional disturbances for a week or two before the menstrual period begins. In half of these,



physical and emotional disturbances sufficiently severe to warrant medical attention occur. The most common symptoms of premenstrual tension are emotional—unusual irritability, nervousness, depression (crying spells or the "blues"), unexplained fatigue and exhaustion. The most common physical signs are generalized aches and pains particularly in the lower abdominal region, headaches, abdominal bloating, painful swelling of the breasts and gain of weight.

Many women also report increased appetite or craving for sweets, weakness or faintness and "the shakes." Some have nausea or vomiting. Many women experience only some of these symptoms and their intensity may vary at different times as well as from person to person. In extreme cases they can be so incapacitating as to keep a woman from her usual activities around the house or in the office.

Because these symptoms generally precede the onset of the menstrual period many women do not associate them with menstruation. It is generally believed, furthermore, that many women are themselves unaware particularly of the emotional symptoms. Their families or co-workers may notice their increased irritability or other similar emotional symptoms without the particular women being aware themselves.

Industrialists have long recognized that premenstrual tension de-

creases productivity. Studies of criminologists have revealed the serious sociological implications of premenstrual tension. A study of police records in Paris, France, for example, disclosed that 84% of all female crimes of violence were committed during the premenstrual and early menstrual periods.

For ages women have accepted this distress and discomfort as a part of "woman's lot." This is no longer necessary in most cases.

A new therapeutic formula, called Pre-mens, has been unusually successful in treating premenstrual tension. It was used, for instance, in a controlled study of the female inmates of the Westfield State Prison Farm, New York, conducted by a group of medical researchers headed by Dr. Joseph Morton, a leading New York endocrinologist. Their findings, reported in the American Journal of Obstetrics and Gynecology, showed that 79% of the women treated with Pre-mens and a high protein diet, chiefly milk and cheese, exhibited a striking relief of symptoms and a marked improvement in attitude, behavior, and work output.

Pre-mens is non-habit forming and has no undesirable side-effects. Experiments indicate that after three consecutive months of treatment with Pre-mens some patients thereafter remain free from symptoms of premenstrual tension for an indefinite period. Pre-mens has been developed by the Purdue Frederick Company, New York.

CLASSIFIED

LOST—1 key ring and about 8 keys. Returns to City Hall or American Publishing Co. office for \$5.00 reward.

FOR RENT—3-room apartment. Refrigerator, stove and heater, \$45.00 month. Part utilities furnished. 1st and Ash St., Central Point. 13-2t.

CHUCK'S BARBER SHOP, between Acme Hardware and Valley Billiards in Central Point. Hours 9 to 6. C. L. LaCasse, prop.

FOR RENT—2 and 3 room apartments. Willow Trees Court, 24 Ash St., Central Point.

WOOD FOR SALE—Fir and Pine Slabs and Body Wood. Any Length Desired. Immediate Delivery. H & H Fuel, Phone 792, Central Point.

WANTED—5 acres in Central Point district. Write Rte 2 Box 16, Central Point, Oregon. 15-2t.

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