

Are Your Children Ready for School?

A CHECK LIST FOR PARENTS

Does my child have the characteristics of a mature six year old?

1. Does he speak clearly?
2. Play well with other children?
3. Keep from crying when parent isn't present?
4. Knows full name, address, parent's name?
5. Bathes and feeds himself with little help?
6. Follows simple directions such as getting articles?
7. Has accurate information about ordinary things?
8. Usually completes tasks?
9. Uses play equipment—slides, swings and so forth?
10. Sits quietly for ten or fifteen minutes while someone reads to him?
11. Tells stories from pictures?

Does my child know how to obey?

1. Listens when spoken to?
2. Does as is told without force?
3. Respects rights of others?

Does my child have self confidence?

1. Looks forward to new experiences?
2. Tries to do new things?
3. Comes to and goes home from school alone?

Can my child accept responsibility?

1. Puts on his rubbers and outdoor clothing without help?
2. Washes his own face and hands?
3. Accepts and carries out special home duties?

Are my child's health habits good?

1. Keeps hand and other objects away from mouth and face?
2. Covers a cough or sneeze?
3. Gets from 10 to 12 hours sleep daily?
4. Has a regular bedtime?
5. Is cheerful when eating?

6. Has had a physical check by a doctor recently?

7. Has had his teeth checked by a dentist?

Do parents respect each other's decision in regard to the child?

1. Give the same answers to child's requests?
2. Agree on what is good and bad behavior?

Do parents understand how children grow?

1. That children differ in the way they grow physically and mentally?
2. That a child that starts slowly sometimes finishes first?
3. That unrelated children are often more alike in mental responses than brothers and sisters?
4. That shyness, timidity and withdrawal are as much a problem as boldness, rudeness?

In checking this list be honest with yourself and your child. If many of your answers are "No" perhaps your child is not ready for the school experience.

Please feel free to contact me after the 16th of August by calling 461.

C.A. Meyers

Student Insurance Plan Sponsored by Schools

WHO MAY PARTICIPATE—Any elementary or secondary school, public or private, in the State of Oregon is eligible to participate in this Mutual Benefit Plan. You may enroll only one pupil, or the entire student body—any number accepted. Teachers and school employees may participate if the students of their school are enrolled in the Plan. Registration must be kept separately, however. Under this Plan, subject to specified limitations, children may be covered against accidental bodily that may occur from the time they leave home in the morning for school until they return home at the close of school, providing they travel the nearest direct route while going to or from school. Bicycling to or from school by the nearest direct route is covered. Children are covered on the school grounds, in school buildings, in physical education classes, and while at, or traveling to or from, other authorized school activities under the direct supervision of the school.

COST—The fee is \$1.00 per student for elementary schools and \$1.25 per student for secondary schools (which includes physical education). The fee is \$1.00 for teaching and other employees of the school.

check, made payable to the doctor or hospital, copy of same being sent to the Principal of the school for his files. Form 13-S, (Statement of Physician, Dentist, or Hospital) must be completed and signed by attending physician (or hospital) and mailed to the O.S.A.A. office within sixty days from date of injury.

COVERAGE — Coverage will be effective upon receipt of the fee by the Principal of the school. Schools may register 100%, based on their average daily membership as filed with the Superintendent of Public Instruction the previous year. Transferees with fees paid will be covered until the end of the school year, providing the premium has been paid by the student. If paid by the School Board, coverage is not transferable to another school. Boarding school students will be covered during the day between the hours of 8:00 A.M. and 4:00 P.M. only.

REPORTING INJURIES — Injuries must be reported to the Principal within 24 hours, except when the accident occurs on Friday. In that case the injury must be reported by 10:00 A.M. the following Monday. Requisitions for treatment must be obtained from the Principal of the School. (Forms provided by the O.S.A.A.) Students must report to a doctor within 10 days from the date of injury. All injuries must be attended by regular practitioners of surgery and medicine, or osteopathy and surgery, as licensed by the State Board of Medical Examiners.

MAXIMUM BENEFITS — On any one injury the Mutual Benefit Plan will pay up to \$300.00 total for hospital, x-ray, and doctor bills, said hospital benefit not to exceed \$75.00. In the payment of doctors and hospitals, the schedule of rates shall be on the basis of family rates but shall not exceed those of the State Industrial Accident Commission, effective as of July, 1949. The maximum dental benefit allowed for any one injury is \$40.00. PAYMENT — All claims will be

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FAST DAILY SCHEDULE

SOUTHBOUND	Pacific Standard Time	NORTHBOUND
Read down		Read up
9:50 a.m. Lv.	GRANTS PASS	Ar. 9:05 p.m.
10:55 a.m. Lv.	MEDFORD	Lv. 8:05 p.m.
11:40 a.m. Lv.	ASHLAND	Lv. 7:30 p.m.
4:30 p.m. Ar.	DUNSMUIR	Lv. 2:20 p.m.
5:00 p.m. Lv.	DUNSMUIR	Ar. 1:59 p.m.
11:15 p.m. Ar.	SAN FRANCISCO	Lv. 7:45 a.m.

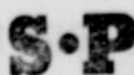
Connects with "Out" arriving Los Angeles 10:40 next morning

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activities, with the exception of boxing and wrestling as noted.

Children will not be covered while riding in a private passenger car driven by a minor or anyone not approved by the school. They will not be covered on Saturdays, Sundays, or holidays, or any time they are absent from school.

Students may not transfer from one doctor to another without written permission from the O.S.A.A., or referral from first attending physician.

A case once settled by payment of a request will not be reopened if the check has been presented for payment.

LIABILITY — The O.S.A.A. shall

not be liable for medical, dental or surgical treatment, or hospitalization furnished more than sixty days from date of injury.

The schools would appreciate payment on the opening day of school to take complete advantage of this outstanding school insurance opportunity.

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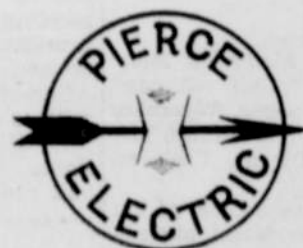
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