

School Cafeteria Serves Many Lunches

Our school cafeteria opened on Tuesday, September 14th. The cost of the lunches this year will again be 20 cents as that is the nominal cost upon which we can operate.

The cafeteria is under the supervision of Mr. C. A. Meyer, grade school principal. We are fortunate to again have Mrs. Ethel Huitt as cook.

The purpose of our school lunch program is to provide children with a noon meal that will benefit them nutritionally. Our complete plate lunch provides the child with one-third of the minimum daily food requirement. This includes:

1. 2 ounces of meat, poultry, fish or cheese or one egg or one half cup of dried beans, peas or four tablespoons of peanut butter.

2. One-half pint of whole milk as a beverage.

3. Three-fourths cup of vegetables or fruit or both.

4. One portion of bread or muffins or other hot bread made of whole grain or enriched flour or cereal.

5. Two teaspoons of butter or fortified margarine.

The five named above items are set down by the government in regards to minimum servings. The cafeteria is not run for the purpose of making money, but to serve the best food possible for the healthful benefits of each child. It is very difficult to please everyone. However, we're aiming to try.

Again, I wish to remind the school patrons that they are cordially welcome at anytime. We do wish and appreciate constructive criticism.

Locals

A baby son, weighing ten and one half pounds, was born October 4 to Mr. and Mrs. Jack Gruber at the Community hospital.

Jack Medley, fireman apprentice, U.S.N., son of Mr. and Mrs. W. B. Medley of this city, is serving aboard the general communications ship USS Eldorado, which is participating in the amphibious landings at San Clemente Island and Camp Pendleton near Oceanside, Calif.

Elmer Adams, seaman apprentice in the U.S. Navy, arrived in Central Point last Saturday for a visit with his parents Mr. and Mrs. M. A. Adams. Elmer joined the Navy July 8th of this year and this is his first visit home. He will leave October 11 for duty in the air branch of the fleet at San Diego.

Miss Lysle Gregory and Mrs. L. H. Camp drove to Medford Monday evening where they enjoyed a concert presented by Alf Dynes, Norwegian tenor. It was sponsored by the Business and Professional Women's Club and was held in the Senior high auditorium.

Mrs. Irene Paine, who owns and operates the Paine Beauty shop in the Pine Log Cabin on Main street, was stricken while at work last Friday and was taken at once to a Medford hospital where she underwent a major operation. Her friends in and around Central Point are sorry indeed to hear this as Mrs. Paine has a good business and is highly respected in this community.

Mrs. Felix Sparks of Springfield accompanied Mrs. Ruth Helfrich to Central Point Tuesday night. Mrs. Helfrich has spent the past few weeks visiting her son and two daughters in Portland, Eugene and the McKenzie river. Mrs. Sparks will spend several days in the Helfrich home.

The Junior and Intermediate classes of the Church of Christ Bible school had a very enjoyable outing last Thursday after school. The pupils, who were promoted to higher classes were honor guests. Fifteen young people, accompanied by Mrs. Jim Cornutt, Mrs. Otto Bohnert and Mrs. L. H. Camp, drove to the Gold Ray dam where they were shown through the power plant. Following this inspection they drove to the Cornutt farm where the youngsters enjoyed a weiner roast near the front lawn. Salads, cake and lemonade were served by the teachers.

Mrs. J. N. Coffey of Des Moines, Iowa, enroute home from attending the National Convention of Christ-

ian Churches held in San Francisco, stopped for a brief visit with her uncle and aunt, Mr. and Mrs. W. A. Lacey.

GOLD HILL NEWS

(Continued from page three)

ren, Fritz Lee and Elaine of Cascadia, Oregon. Mrs. Morrison is the daughter of Mr. and Mrs. Jones.

Mrs. C. L. Dusenbury fell and broke her arm but today is resting easily.

Mrs. Graham Hoffman and Mrs. C. E. Roberts of Eugene and Mrs. C. S. Beckett and son Bobby of Oregon City, were visiting with Mr. and Mrs. R. S. Kies Friday.

Mr. and Mrs. Veltie Biles of Gold Hill shipped a carload of milking shorthorns to the Pacific International Livestock Exposition in Portland.

Friends of Mr. and Mrs. C. A. Jordan will be pleased to learn they have purchased a home in Antioch, California and Mrs. Jordan's health is improving.

Mrs. M. L. Cooper, mother of Mrs. M. Steinmetz of Weed, Calif., visited over the week end, then accompanied by her grandson, David Steinmetz, left by car for McMinnville. David is employed at the Main Northwest office of the U.S. Rubber company.

Mr. M. Steinmetz left Gold Hill via the S.P. for Portland Sunday evening, where he is employed with the Federal Works Agency as field engineer in the Columbia River flood disaster area.

Otto "Pude" Tresham left Sunday for Portland to attend to business.

Dick Ferguson was home over the week end. He is attending school in Monmouth.

Mrs. Pyle, former resident of Sams Valley, has been a recent guest at the Charles Hutchison home. Mrs. Pyle is a bookkeeper at the May Hotel in Sioux City, Iowa.

Sunday visitors at the T. Z. Smith home were the Brown, Johnson and Thomas families. Mrs. Brown and Mrs. Johnson and Mrs. Thomas are daughters of Mr. and Mrs. Smith.

Mr. and Mrs. Mervin, new owners of the Jordan home, have been visiting in Washington and Canada.

The many friends of Mrs. D. Hendrickson will be glad to hear she is home from the hospital. All good wishes for her speedy recovery.

Terry Clements was a lucky deer hunter at the opening of the season, having got a two-pointer.

Mr. and Mrs. Lee Marsden and son Skippy, Miss Nona Dungey of Medford and Miss Virginia Ham of San Francisco called at the Elmer Dungey home this week.

Master Sgt. and Mrs. Seth Coy of Roswell, New Mexico are visiting at the home of Mrs. Susie Coy.

Mrs. Jeanette Greer left Sunday for her home in Portland, after a visit with friends here.

Dr. and Mrs. Simons have returned to their home in Sams Valley, from San Francisco.

Bill Dungey is home after a visit with his son at South Gate, Calif.

Mr. and Mrs. Rolan Rosecrans are the proud parents of a baby girl.

Mrs. M. Steinmetz and son Harry Leigh, accompanied by Mrs. J. A. Cook, drove to McMinnville Tuesday where they visited with Mrs. Steinmetz's brother Don Hougham and family. Mr. Steinmetz and son David returned home from Portland with them.



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Paid Adv. Ellsworth for Congress Committee L. E. McClintock, Treas., Roseburg, Oregon

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