

THE CENTRAL POINT AMERICAN

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ARTHUR EDWARD POWELL
Editor and Proprietor

Hi-Ways To Health
By ADA R. MAYNE
Oregon Dairy Council

FRESH TOMATOES

A good sized tomato, vine-ripened and fresh from the garden, will give about half the day's quota of vitamin C. The easiest way to serve them is plain sliced and seasoned. But as the fresh tomato time advances, occasional change from the plain may be welcome.

To pique summer appetite, try varieties of salad. Combine diced tomatoes, sliced cucumber and radishes with sour cream seasoned with grated onion, salt and pepper. If preferred, add sour cream to mayonnaise or salad dressing.

One nice way to serve whole tomatoes is to core them and stuff with any filling you may choose. Wash tomatoes and remove stem ends. Scoop out the center, leave a shell about 1/4 inch thick. Then turn upside down on plate to drain. Dice tomato pulp and combine with other ingredients. For a hearty stuffing use protein foods—cottage cheese with chopped chives or onion or chopped peanuts. Left-over fish or chicken make excellent stuffings also. And that rationed Cheddar cheese can be extended by serving a spoonful of grated cheese on top of the whole peeled tomato.

If you are serving a somewhat simple meal, prepare luscious individual salads by decorating the tomatoes to appear like roses. Peel and chill the tomatoes. Soften cream cheese with milk. Form two rows of petals on each tomato by pressing level teaspoons of the softened cheese against the side of the tomato, then drawing the teaspoon down with a curving motion. Sprinkle the center of each tomato with grated hard cooked egg yolk. Serve on crisp lettuce with French dressing.

FIVE YEARS AGO THIS WEEK
Mrs. H. P. Jewett entertained in honor of Mrs. Floyd Ross Wednesday, with a farewell reception. Mrs. Ross leaves soon to make her home in Prineville. A silver dish was presented to Mrs. Ross by the faculty.

WATER SIEVE - - by Collier



Mrs. Lucy Bithers attended a big family reunion at the home of her nephew, Mr. Guy Easchus, at Monroe Lane county. About thirty relatives were present.

The road to Soda Spring is being rebuilt by the county.

The Central Point telephone company has installed a new trunk line to connect with local telephone line. The Pacific Telegraph Co. installed the line.

Allie Maple polishing the window at Ross & Ross and hoping that no one would mention the fact to his mother.

Mrs. Mary Langston entertained the junior boys class of the Federated Church Thursday evening.

TEN YEARS AGO

Mr. and Mrs. Bill Engholz of Concord visited the Sanford Richardson last week.

Pear picking is expected to start this week.

Mr. and Mrs. McCuen and little son are visiting at the Orin Glass home.

Scoutmaster E. J. Vincent and H. P. Jewett accompanied a group of boy scouts to a picnic at Bybee Bridge. Albert Thompson went as a guest as he intended to be a scout

as soon as he is old enough.

Clare and Dale Higinbotham, Henry and Ton Bartol spent Saturday and Sunday at Lake of the Woods.

Mrs. Bernice McCue preached at the Church of Christ Sunday morning and at the Federated Church in the evening.

Mrs. Ethel Fleischer returned home recently from attending summer school at the University of Washington.

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Legal Notices

NOTICE TO CREDITORS

Notice is hereby given that the undersigned Doris V. O'Duane has been appointed by the County Court of Jackson County, Oregon Administratrix of the Estate of Henry Irvin Mann, sometimes called Irvin Mann, deceased. All persons having claims against said estate are hereby notified to present the same duly verified to the undersigned administratrix at the office of her attorney Allison Moulton, District Attorney's Office, Courthouse, Medford, Oregon, on or before six months from the date of this notice.

Dated and first published this 9th day of August, 1945.
Doris V. O'Duane,
Administratrix of the Estate of Henry Irvin Mann, sometimes called Irvin Mann, deceased.
Allison Moulton,
Attorney for Estate.

No. 7331 NOTICE OF FINAL SETTLEMENT

Notice is hereby given that Elcie Maisel, Administratrix of the Estate of Adrian Crotchet, deceased, has filed her final account as such Administratrix in the County Court of the State of Oregon for the County of Jackson and that Saturday, the 8th day of September, 1945, at the hour of ten o'clock in the forenoon of said day at the courtroom of said Court in the County Courthouse in Medford, Jackson County, Oregon has been appointed by the said Court as the time and place for the final hearing of objections to the said final account and the settlement thereof.

Elcie Maisel,
Administratrix of the Estate of Adrian Crotchet, Deceased.
Walter H. Bell
Stayton, Oregon
Atty. for Adm.
25— Aug. 9, 16, 23, 30

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CLOSED THURSDAYS
HOURS:
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SUMMONS (for publication)
Suit in Equity to Quiet Title IN THE CIRCUIT COURT OF THE STATE OF OREGON IN AND FOR JACKSON COUNTY
FRANK A. ROHL, Plaintiff
vs.
CLOVER V. FRIES and JANE DOE FRIES, his wife, if married; the unknown heirs of S. A. PATTERSON, deceased; JOSEPHINE KAHLER and EDWARD D. KAHLER, children and only heirs of W. E. KAHLER, deceased, and their respective spouses, if any; the unknown heirs of either or any of the above Defendants, if any be deceased; and also all other persons or parties known or unknown claiming any right, title, lien, claim or interest in and to the property described in the Complaint herein. Defendants

To each, every and all of the above named Defendants:
IN THE NAME OF THE STATE OF OREGON you and each of you are hereby required to appear and answer the Complaint filed against you in the above entitled suit on or before the first day of four weeks from the date of the first publication of this Summons, and if you fail so to appear and answer said Complaint, for want thereof, the Plaintiff will apply to the Court for the Decree against you as prayed for in his Complaint, to-wit: That the Plaintiff herein be decreed to be the owner in fee simple of the real property situated in the City of Central Point, Jackson County, Oregon, particularly described as follows, to-wit:
Lots 5, 6, 7, 9 and 10, in Block 2 of OAK PARK ADDITION to the City of Central Point in

Jackson County, Oregon, according to the official plat, now of record.
free and clear of any and all interest, estate or claim on the part of the Defendants or either or any of them. That Plaintiff have such other and further relief as to the Court may seem just and proper.
The date of the Order for Publication of this Summons is the 30th day of July, 1945, and the time prescribed for publication of this Summons is once each week for four successive weeks.
Dated and first published this 2nd day of August, 1945.
69—August 2, 9, 16, and 23.

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