

THE CENTRAL POINT AMERICAN

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ARTHUR EDWARD POWELL
Editor and Proprietor

Hi-Ways To Health By ADA R. MAYNE Oregon Dairy Council

SUMMER CHECK-UP

In the olden days, before protective measures such as the pasteurization of milk, adequate refrigeration, and packaging of foods were common practices, summer time was often dreaded by parents and doctors alike—for hot weather and unprotected foods were a combination favorable to the growth of bacteria which might result in sickness and epidemics.

Nowadays, summer time is looked upon as a health promotion days, when vitality and resistance are increased. At the beginning of the school vacation it is a wise plan for parents to see that their children have medical and dental check-ups, so that remedial defects can be cared before school reopens. In addition, they might also check on home routine to see if they are doing their part in providing the essentials of health which, together with the medical and dental care, help to keep children well.

No one cause produces any one effect—it is only with a balanced program of protective foods, regular meals, adequate sleep and rest, fresh air and sunshine, no physical defects, and freedom from emotional strain throughout child hood that the foundation will be laid for a healthy and happy life. This is the parents' responsibility.

Do your children have three meals a day built around milk, potatoes, other vegetables and fruits, and whole-grain cereals? Do they get 3 or 4 cups of milk each day?

Moe Waste Paper

Needed by Army-Navy

Residents of Jackson county can supply enough waste paper for 133,136 "suits of armor" for 105 mm. shells, if they will buckle down and save an average of 10 pounds of newspapers, wrapping paper and boxes a month. The 195's are the big ones that have been helping American forces in their advance toward Berlin and Tokyo.

Last year Americans saved 196½ pounds of waste paper per capita, or enough for about 35 containers each for the 105 mm. shells.

For each ammunition container or "paper suit of armor" used to protect the shells from salt water, dents, nicks and corrosive dirt, approximately three pounds of waste paper are required, according to W. J. Wardell, vice president of the American Can Company, which is manufacturing millions of the containers. Ammunition container board, one of the principal materials used in making the "suits of armor," is made from mixed paper and old corrugated boxes, Mr. Wardell said. Another material used is called "tube and can stock," which is made from all types of waste paper.

Mr. and Mrs. Ernest Kelly went to the coast recently and visited the Harold Mercer family. Mrs. Mercer and Mrs. Kelly are sisters.

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WONDER MACHINE WILL EASE HOUSEWIFE'S K.P.

To be announced this summer is one manufacturer's new washing machine—which also will churn butter, make ice cream and peel potatoes!

An agitator inside a cabinet will wash dishes and clothes in separate receptacles, and will power a mixing machine that turns cream into butter or ice cream. The agitator also will run the peeler attachment.

ARRIVES IN MEDFORD

First Lieut. Donald W. Neilson arrived Sunday in Medford on a forty-day furlough after forty months of overseas service in the Pacific area. Lt. Neilson is a son of District Attorney and Mrs. George Neilson. The lieutenant's wife and two children came to Medford Tuesday from Oakland where they have been making their home. Lt. Neilson and family and District Attorney Neilson and wife are spending the week at Crescent City. Lt. Neilson's wife is a niece of Mr. and Mrs. Paul Anderson of Central Point.

FIVE YEARS AGO THIS WEEK

Funeral services were held Saturday for Miss Alice Hanley, beloved and widely known pioneer of the valley.

Mrs. Webster is installed as district officer of the Federation of women clubs.

Mr. and Mrs. Arnold Anderson of Calif. are visiting at the Joe Krupp home. While there they made a trip to Crater Lake.

Hardware AND Houseware

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Zoe Hill riding the fire truck with the rest of the boys—So What.

Bob Vincent and Hal Jewett having the time of their life, running the house to suit themselves—So What.

TEN YEARS AGO

Summer Bible conference is being held in the Federated church, starting Wednesday and continuing until Sunday evening.

The W.R.C. presents a flag to the Boy Scouts of Central Point.

Miss Lavida Culbertson becomes the bride of Mr. Maxwell of Wallport and they will make their home there.

Mrs. Ray Ward and baby son returned to her mother, Mrs. Linbeck's home from the hospital to visit for a short time before returning home.

Roy Kelly and family have moved to Klamath Falls, where Mr. Kelly will work for Kesterson.

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Legal Notices

SUMMONS

IN THE CIRCUIT COURT OF THE STATE OF OREGON, FOR JACKSON COUNTY

A. A. YOUNG, Plaintiff

VS.

ETTA ORR and JOHN DOE ORR, her husband; DORRIS DUFFIELD and JOHN DOE DUFFIELD, her husband; JEANETTE MILLER and JOHN DOE MILLER, her husband; MERLE TALENT and JANE DOE TALENT, his wife; and MRS. VIOLA POMEROY and JOHN DOE POMEROY, her husband, Defendants.

TO THE ABOVE NAMED DEFENDANTS:

IN THE NAME OF THE STATE OF OREGON, you and each of you are hereby summoned and required to appear in the above entitled court and cause and answer the complaint of the plaintiff on file herein within four weeks from the date of the first publication of this summons which is July 12, 1945.

You are further notified that in case you fail to appear and answer plaintiff's complaint within said time plaintiff will apply to the court for the relief prayed for in his complaint, a succinct statement of which is as follows:

For a decree of the court that the above named defendants may be required to set forth the nature of their several claims to the real property described in the complaint, to-wit:

Commencing at a point 310 feet south 35 degrees 30 minutes east from the intersection of the easterly line of "C" Street and the southerly line of East Ninth Street in the city of Medford, Jackson County, Oregon, and run thence north 54 degrees 30 minutes east 110 feet, and thence north 35 degrees 30 minutes west 2 feet to the true point of beginning thence north 54 degrees 30 minutes east 51.3 feet, more or less, to alley; thence north 35 degrees 30 minutes west along said alley, 50 feet to alley as described in volume 61, page 118 of the deed records, Jackson County, Oregon; thence south 54 degrees 30 minutes west 51.3 feet, more or less, to the northeast corner of tract described in volume 112, page 75, said deed records; thence south 35 degrees 30 minutes east 50 feet to the true point of beginning.

and that all adverse claims of said defendants, or either of them there-

to, may be determined by a decree of this court, and that by said decree it be declared and adjudged that plaintiff is the owner of said premises, and that the defendants, or either of them, have no estate or interest whatever in or to said land and premises, and also that said defendants, and each and every of them, be forever barred from asserting any claim whatever in or to said land and premises adverse to the plaintiff, and for such other and further relief as the court may deem just and equitable.

THIS SUMMONS is served upon you by publication, once each week for four consecutive weeks in The Central Point American, a newspaper of general circulation published at Central Point, Jackson County, Oregon, by order of the Hon. H. K. Hanna, judge of the above named court, which order is dated July 11th, 1945.

Neff & Frohnmayer, Attorneys for Plaintiff
200 Cooley Theatre Bldg.
Medford, Oregon.
97—July 12, 19, 26, Aug. 2

NOTICE TO CREDITORS
IN THE COUNTY COURT OF THE STATE OF OREGON FOR THE COUNTY OF JACKSON

In the Matter of the Estate of Fred T. Sturgis, Deceased.

NOTICE IS HEREBY GIVEN, that the undersigned has been appointed

and qualified as executor of the estate of Fred T. Sturgis, deceased, and all persons having claims against said estate are hereby notified to present the same, with proper vouchers, at the office of Kenneth G. Denman, in the Brophy Building, Medford, Oregon, within six months from the date hereof.

Dated this 21st day of June, 1945.
Kenneth G. Denman
Executor of the Estate of Fred T. Sturgis, Deceased.
21—June 21, 28, July 5, 12.

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35

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