

Hints on Canning With Little Sugar Given in Circular

In using corn syrup to stretch sugar in canning fruit, different proportions give the best results for different kinds of fruits, according to recent research carried on in another state and just reported in a new home economics extension circular, "Saving Sugar in Food Preservation."

This circular, prepared by Lucy A. Case, extension nutritionist, and Thomas Onsdorff, associate professor of food industries, contained tables for guidance in the use of both corn syrup and honey in stretching sugar and a fairly complete discussion of ways to obtain the maximum quantities of canned fruit with smaller amounts of sugar.

Dark corn syrup, as well as the more popular light kind, may be used successfully in canning for all of the common fruits except pears, the circular indicates. In making the thin type of syrup used in canning, neither the light nor dark corn syrup is recommended with cherries, although either can be used in making a medium or heavy syrup.

In general, the recommended proportions of corn syrup to sugar run a little less than one part to three, although for some fruits and some grades of canning syrup the proportion is either greater or less than that. For example, the recommended proportions in making syrup for cherries is to use 1-1/3 cups corn

syrup to 3-1/4 cups of sugar with 5-2/3 cups water.

The government recommendation for using sugar alone in canning is one pound of sugar for each four quarts of finished product, which means one-half cup of sugar per quart of fruit or a 25 per cent syrup, the circular shows. The lowest amount of sugar used with any satisfaction in canning or freezing most fruits is about a sixth cup per quart. Fruit canned without sugar will keep its quality and flavor are poor.

Copies of the circular may be had from county extension offices. Extension bulletin 642 gives more complete canning information.

MUSINGS---

(Continued from page one)

that it is the "end of the road" for them, which is not the case at all. The boys, themselves, as well as their relatives and friends, would much prefer to have such hospitals designated "general facility." If that term is applied to all hospitals it would not result in their being enlarged to a greater degree than would be the case if they were continued to be designated "mental hospitals."

On Right Track---

President Truman has asked Congress for authorization to remodel and consolidate executive agencies for a more "business-like and efficient administration." Similar authority was granted the late President Roosevelt who exercised it extensively, if not at all time wisely. Certain restrictions were placed upon the authority at that time. Mr. Truman wants no exemptions and al-

so asks that it be applicable to all agencies of the Government.

I can think of no valid reason why this request should not be granted. Neither can I think of anything so badly in need of reorganization as is the Federal Government, with 2200 bureaus, commissions, and whatnot, many of them duplicating each other, and scores overlapping other activities. Today the Government operates railroads, steamship lines, banks, hotels, factories, printing offices and many other activities. Each one is trying to outdo the other in spending. When Hoover left the White House there were 68 commissions and special bureaus and in twelve years they have multiplied and spread out like quack grass and they threaten our very form of government. The normal cost of operating the government has more than doubled in the last 12 years. No nation, no matter how rich and great, can long survive such a debilitating and enervating policy.

For one, I am going to do everything within my power to see that the President gets the authority he asks for. Indeed, I would go further and adopt Congressman Ramspeck's plan to hire a businessman to run the business end of the government. If this were done, and such a manager given a free hand and full protection against political importunities, the cost of Government could be halved at the very least. Of course, in order to do that it would be necessary for Congress to give full and complete cooperation.

One thing is certain. The peacetime economy of America will never be able to reach full employment and production while carrying the present tax load and taxes cannot be lower-

ed until operating costs are first lowered. Our aim in that direction should be bed-rock.

Never Again---

When this war finally comes to an end the American people should organize a "Never Again" society. Twice in the past quarter of a century we have burned our fingers by meddling in European affairs and if we're half as smart as I think we are, we'll keep us of the next war, which has already begun to brew.

Since the Yalta Conference Russia has repeatedly violated the agreements that were there entered into by setting up puppet governments without consulting America and Britain, and only the other day she seized a Danish island in the Baltic which brings her perilously close to the Atlantic seaboard.

While all would regret seeing Russia assume such a size as to become a menace to the other colonial powers in Europe I, for one, refuse to get all het up over the prospect. While we would dislike to see her take all of Asia and Africa and much of Europe, I am not willing that America shall again go to war in order to save some European colonial power. I wouldn't give the life of one American boy to save any of them.

As I see it, our job is to keep ourselves so strong that none will dare attack us. This will give us time to America back on an even keel, economically and politically. It is going to take the best that there is in us

to bring back normal living conditions where every man who wants to work can find a job at good pay. It is equally necessary that we solve our agricultural problem, which has been with us continually since 1929. The farmer must be assured a market that will guarantee him prices comparable to the cost of the things that he must buy.

What America needs above all else is a long, long period of peace, and I am hopeful that the San Francisco Conference will work out a plan upon which may be reared an enduring

peace structure. In the long run wars benefit no one. Even the victors lose.

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6:45 P. M.	5:15 P. M.
10:15 P. M.	6:30 P. M.
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