

South America As Seen by Local Lady

Mrs. Mildred Swain is writing to her mother, Mrs. E. E. Scott, from South America, where she is with her husband, who is employed by the government rubber research.

Continued from last week

Needless to say I spent some time on my tour of inspection in the Grande Hotel and finally headed for the office, which is just a block and half distant. Enroute I passed the large new theatre of Belem which is completely modern in equipment and accommodations even though they run movies that are usually several years old.

A tiny three-sided park faces the office building and is lined on all sides by beautiful, stately Royal Palms. When standing in the park you have the feeling that great posts are on all sides and that a roof is over your head but when you look up and up you see the graceful palm leaves swaying overhead and making crazy patterns against the blue of the sky.

The office building itself is quite the most modern building in Belem and is almost futuristic in design. It housed the Ford Motor Company until the outbreak of the war and only when the present company moved in was it ever used for anything else. It is a three story building, complete with elevator, and the second floor had been used for apartments for employees of Ford. Now the whole building is used for office space—I found Joe working on the third floor and he took me on a tour inspection which I enjoyed very much. I met many people and found lots of friends that I had known in Manaus and who had since been transferred to the Belem office.

When we reached the hotel for lunch we discovered that we had been assigned a table in the dining room for the duration of our stay since room and meals are all on the price of the room. To our delight we discovered that we shared a table with our good friend who had loaned us his room until we could secure one of our own on the evening before. When the waiter brought out bottles of catsup, mustard, and a tin of butter and set on the table in front of him he explained that the hotel did not serve these things and you were required to purchase your own and they would keep them for you in the ice box. That was a new one on us. The hotel serves butter only for breakfast.

The lunch hour is two hours long and whether hungry or not I couldn't wait another minute for a hamburger with onions so Joe and I dashed back to the Snack Bar in the U.S.O. and I have never enjoyed anything so much in all my life. We stopped in there often during our few days in Belem, believe me. We were also able to purchase gum from the U.S. and had a chewing good time.

(To be continued.)

Why Farmers Should Buy and Keep War Bonds

by R. R. Renne
President

Montana State College



BUILDING financial reserves, paying off debts, helping to fight dangerous inflation, and patriotism, are all good reasons why farmers should buy and hold War Bonds.

A good financial reserve is an important part of sound farm management. War Bonds are safe investments and are almost as liquid as cash. Thus, they comprise an excellent financial reserve for unexpected needs and emergencies. After the last war prices fell rapidly, as they have after every major war, and thousands of American farmers lost their farms because they could not weather the economic storm. No other factor is more essential for continued satisfactory farm operations, through good years and bad, than a adequate financial reserves.

In addition to unexpected needs for emergencies, farmers need adequate reserves to finance repairs, replacements and improvements around the farm. Difficulties in obtaining needed materials and labor for these expenditures cause farm buildings and equipment to wear out faster during the war period than in peacetime. If farmers can wait until sometime after the war ends to make these repairs and improvements, their dollars should go farther than they will immediately following the war, and better quality materials will probably be available. Moreover, too rapid or forced cashing of War Bonds immediately after the war could create a serious situation and contribute to post-war inflation. Also, holding Bonds to maturity makes it possible for the farmer to increase his investment by one-fourth through accumulated interest. Still another reason for having a good reserve in the form of War Bonds is that funds will be available for the boys when they return, to assist them in getting established in peacetime pursuits.

Many farmers still have long-term mortgage debt outstanding against their proper-

ty. Investment in War Bonds now makes it possible for the farmer to help finance the war and at the same time accumulate the funds which will enable him to liquidate his debt in a lump sum after the war. Systematic purchase of War Bonds furnishes a very orderly and sure way of accumulating the necessary funds for liquidation of debt that requires large lump sums for settlement.

The extremely heavy expenditures required to carry on modern total war creates high purchasing power, which combined with shortages of materials and labor, cause serious inflationary threats. Most farmers can remember the very high prices which occurred during the last war and the very low prices and depression which followed. With the present scale of operations much greater than during the first war, it is imperative that widespread inflation in general prices and in land be prevented. Using surplus funds to purchase War Bonds helps reduce inflationary pressure in commodity markets and, at the same time, helps finance the war.

Building financial reserves, paying off debts and fighting inflation, comprise adequate reasons for buying War Bonds. However, there is still another major reason why farmers should invest in War Bonds until it hurts and this is the patriotic reason. We are engaged in a very serious struggle to preserve democracy and our way of life. The sooner we can win this war the fewer lives of our sons and daughters will be lost. Our youth are making great sacrifices on the battlefronts all over the world, and it is up to each one of us on the homefront to give all we have. Large sums of money are needed for winning the war and if we will all buy War Bonds to the limit of our resources voluntarily, we can help finish the war at an early date.

U. S. Treasury Department

marks because we do not own the water. God, or Nature produce that water, and it should be available to all who want it!)

Perhaps my reactions to the situation are somewhat selfish, because I derive a lot of my practice from Central Point people, which makes me intensely interested in their welfare. But, being of an altruistic nature, I think I would feel the same way under any circumstances.

The fourth that I want to express has to do with the growing population of Southern Oregon. Medford and Central Point are but four miles apart. That distance, where I hail from, is but a few city blocks of travel. Who knows, perhaps in the near future, Hitler and Tojo unwilling, we will be one large city? That goes for Jacksonville, and Phoenix, and Talent, and all of the territory between and around us. Sounds fantastic, but the future will tell.

I sincerely admire the spirit of your paper, because I also profoundly detest antagonism between towns, and cities, and religions, and political parties, and races, and lodges, and individuals!

Let us hope that this war will enlighten all of us on these subjects, and in the mean time, more power to you!

Sincerely,

C. L. Perkins

AAA Plans to Aid Farmers After War

One of the early functions of the AAA after the war will be to help American farmers adjust to the changes necessary in the switch from wartime to peacetime production, predicted George Weaver, national AAA officials who was in Oregon recently helping to prepare the 1945 Oregon handbook of AAA practices.

With the advent of the war the AAA changed its emphasis quickly from basic crop control and adjustment to the encouragement of farming practices which would help insure maximum production with minimum damage to the nation's soil resources, said Weaver. In the

same way, it will have to be prepared to adjust to peacetime conditions as soon as the war ends.

Work on the Oregon handbook was completed the first week in August so that it will be ready for use in the near future.

C.P. W.L.C. MEETS

The W.R.C. met at the hall for a regular meeting.

With five ladies present a round table meeting was held. It was decided to meet at 2:30 instead of 2:00 for the next two meetings.

94% NSC ARMY

PERSONNEL INSURED

Ninety four per cent of reported military personnel in the Ninth Service Command are now covered by National Service and United States Government Life Insurance, it was announced today by Major General David McCoach, Jr., Commanding General, at his Fort Douglas, Utah, headquarters.

Hi-Ways To Health

By ADA R. MAYNE

Oregon Dairy Council

BETWEEN-MEAL SNACKS

Between-meal snacks, wisely planned, can be an important part of the regime for building and maintaining good nutrition for both children and adults. Many children have small capacities for food, and it may be impossible for them to eat enough at breakfast to keep them bright and alert until lunchtime. This is especially true when breakfast is eaten at an early hour, as may be necessary when parents work, or when children live a considerable distance from their school.

AMid-morning snack of foods that furnish body-material but do not spoil the appetite for lunch has proved of real benefit to such children. A cupful of milk and graham crackers are frequently provided for grade school children. The same foods are often used for the younger children in kindergartens and nursery centers, although smaller portions may be served them. Milk and bread, or fruit are other choices that

might be made, depending on the facilities for serving them.

Adults, too, may benefit from between-meal snacks. Working people who experience mid-morning fatigue usually find it can be overcome by a short rest period and some food. The rest period alone has proved much less successful in combating fatigue and promoting working efficiency than rest plus food. But again, this means food that provides real nourishment—not the soft drinks and other beverages that may provide a temporary lift but no more lasting benefits. As with children, milk has proved one of the best choices for mid-morning snacks, and it can be supplemented by a sandwich, a piece of cake, cookies, or wholegrain crackers, or fruit, depending on the needs of the individual.

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To the Editor:

First, I want to thank you and your paper, on behalf of the Southern Oregon Optometric Society, for the generous space which you gave in recording the lecture by Dr. Ralph Barstow a few weeks ago.

Next, I congratulate you on the news from South America by a local lady. When the "American" comes to my office that is the first thing I look for. Mrs. Swain gives us a picture of South America, free from haubles and fear of consequences that is entirely refreshing. I consider myself fortunate to have been able to read every word published in your paper from her letters.

Thirdly, I and I am sure, a lot of

us in Medford are, intensely interested in your city water problem. Personally, I was quite disappointed when I learned that Central Point had lost out on securing "Medford" water. (I put Medford in quotation

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1:44 P.M.	

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6:06 A.M.	10:16 P.M.
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