

Fire Prevention Week Is Fixed

The following announcement was issued this week by Governor Charles H. Martin, in regard to "Fire Prevention Week":

The destruction of life and property by fire is a matter of grave concern to everyone. It is an acknowledged fact that a large portion of fires result from carelessness and other preventable causes, and the reduction of this fire waste can be effected in direct proportion to the amount of care exercised by all people.

Therefore, it has become the custom throughout the United States to set aside one week in the year to be known as "Fire Prevention Week" and the International Association of Fire Chiefs has set as an objective the inspection of every home in America for the laudable purpose of reducing fire hazards.

As Governor of the State of Oregon, I urge that during the week of October 9 to 15 the people of this state in every community shall individually and through various organizations discover and correct existing fire hazards, promote measures of public and private fire protection, extend instruction in fire prevention among adults, as well as school children, and arouse the people generally to the need for habits of greater care and thoughtfulness.

CHARLES H. MARTIN
Governor.

Mrs. Everett Faber attended a tea at the Emily Brown home in Medford Saturday in honor of Miss Betty Wilkey.

Sprague Favors Pensions for Aged

PORTLAND, Oct. 5—Oregon's future depends in large part on the intelligent leadership the state provides for the development of agriculture, Charles A. Sprague, Republican nominee, told a group of Hood River grangers Tuesday.

Again emphasizing the necessity of developing an agricultural and industrial base for the state economic structure so that the general prosperity of the commonwealth would not be so dependent upon lumber, Mr. Sprague called attention to the success made thus far in various sections in developing specialized crops that are in constant demand in the world market.

Mr. Sprague reiterated his desire to "provide pensions for the aged just as generous as lies within the capacity of the state to pay".

The speaker also repeated his desire to push the primary highways of the state to completion at the earliest possible time so that every important community will be served by a dustless thoroughfare.

James S. Armstrong To Last Reward

James Sylvester Armstrong, a resident of Southern Oregon since 1911, passed away at the family residence at Central Point at 5:45 p.m. Sunday, after an illness of the past several months.

Mr. Armstrong was born at Quilton, Utah, on October 1, 1872, being aged 66 years. He celebrated his 66th birthday on last Saturday with his family at his bedside.

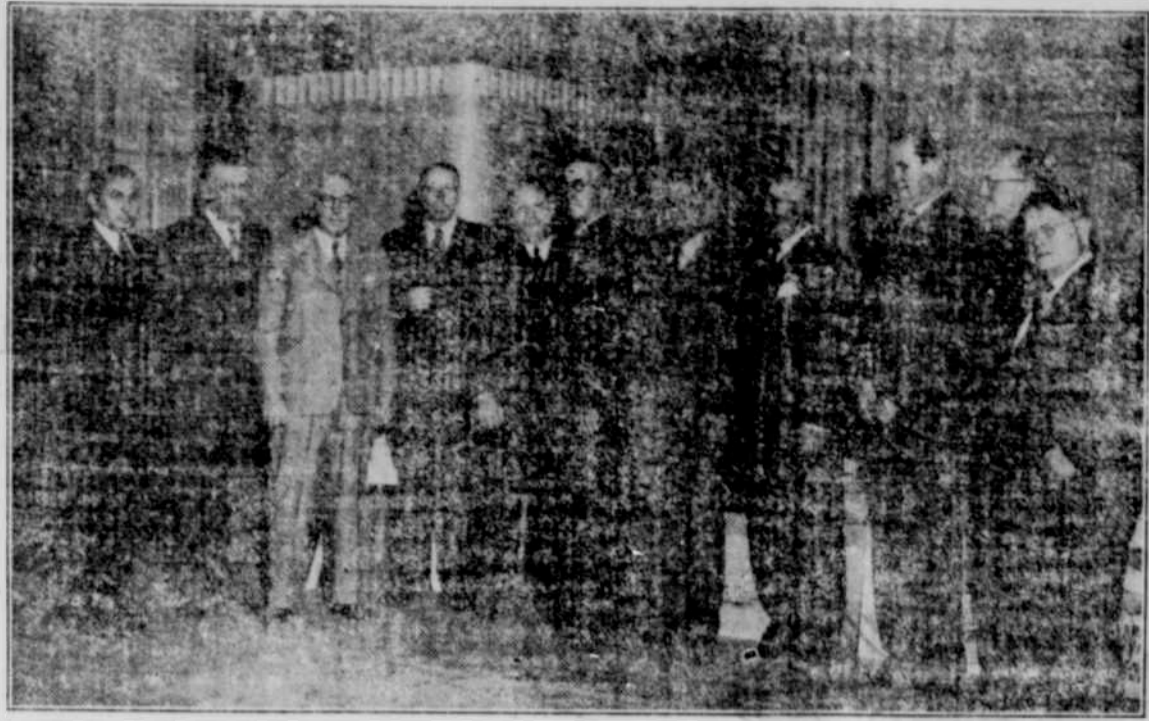
When a small child, he moved to Idaho with his Grandmother, and lived there for many years. He was united in marriage to Miss Eva E. Hyde at Moscow, Idaho, on August 23, 1897. After his marriage he moved to Spokane, Wash., living there for six years, coming to Jackson county in 1911.

Mr. Armstrong was a very friendly man, and leaves many friends to mourn his departure. He has lived in Central Point, since 1921.

He leaves to mourn his departure, his wife, Mrs. Eva E. Armstrong, one son, George J. Armstrong of Medford, three daughters, Mrs. Henrietta Harley of Dunsmuir, Cal., Mrs. Mabel Quackenbush of Talent, Ore., and Mrs. Lena Higinbotham of Central Point, also four grandchildren.

Funeral services were conducted from the Perl Funeral Home Tuesday afternoon at 2 o'clock, Rev. D. E. Millard officiating. Interment was in the Medford I.O.O.F. cemetery.

STATE FARM LEADERS PLAN FOR '39 EXPOSITION



Pictured above are leaders in Agriculture and Livestock—representative of many sections of California—who met last week on Treasure Island with officials of the Golden Gate International Exposition and the California State Commission, for the purpose of planning effective representation for California farm products at the Fair in 1939. Left to right are: W. P. Wing, California Wool Growers Assn.; W. C. Jacobsen, California Department of Agriculture, Sacramento; Charles H. Purcell, Executive Officer, California State Commission; Frank Shay, President, California Prune and Apricot Assn., San Jose; Florence M. McAuliffe, Chairman, California State Commission; R. V. Garrod, President, Farmers' Educational Union, Saratoga; Sam H. Greene, Secretary, California Dairy Council; Leland W. Culler, President, Golden Gate International Exposition; R. N. Wilson, Director of Agriculture, California State Chamber of Commerce; Fred T. Robson, Vina, Cal., Chairman of the Livestock Committee, California State Commission; and George H. Hecke, Administrator of Agricultural Exhibits, California State Commission.

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

WHAT FOOD BELOW THE CREAM LINE?

When one so frequently sees the homemaker deliberately pouring off the cream of a bottle of milk, then

pouring the remaining milk into glasses for the meal of the preschool and school youngsters, one wonders just a little. Does she have a knowledge of the food value, not

only above, but below the cream line?

To most every homemaker the cream line signifies richness—that is, the flavorful and fattening qualities of milk. She may realize that in the cream, because it is also found in butter, is Vitamin A and to a small extent Vitamin D. She is not, however, conscious of the significance of each toward the growth of the child when she separates cream from milk for use in the breakfast coffee. Often of course, children prefer the top milk on their fresh fruit or cereal, and the milk below the cream line, to drink.

The SNAPSHOT GUILD PICTURES AT THE FAIR



Stock showings provide snapshot chances at the fair—and so do many other events. Take the camera wherever things are going on!

COUNTY and State fairs supply a wealth of picture material for the busy camera. So do street fairs and carnivals. Take your camera along when you visit these lively affairs, and you'll have no difficulty keeping it active all day long.

On such occasions, there is always plenty going on, and wherever things are happening one can find subjects for pictures. Especially do these events offer opportunities for the "off-guard" type of story-telling snapshots. The vendor of toy balloons making a sale, the fat man munching a hamburger at a midway booth, the "barker" in front of a sideshow, the child gazing longingly at the merry-go-round—these are but samples of the dozens of picture

chances you may find in an afternoon's visit.

And there are many other types of snapshots to take. One always finds contests and exhibits, ranging from home-canned peaches to prize watermelons, chocolate layer-cakes and the "best bushels" of corn. Snapshots of the judging, as well as the exhibits, make good pictures for your collection. Too, there are horse and livestock shows that offer many picture-taking possibilities.

Keep your eyes open, try to capture the spirit of the fair in all its aspects, and you will come home with a pocket full of good snapshots. These occasions just give point to an old rule—if you want really good pictures, and plenty of them, take the camera where there's something going on!

John van Gulder.

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If the cream contains the energy of butterfat, and the Vitamins A and D, we reason that it cannot contain more than a trace of the additional food values which make milk so important for good growth and protection. It may be recalled that one quart of milk supplies 100 percent of the calcium and 85 percent of the phosphorus of the total day's bone and teeth requirement. These minerals are below the cream line. Milk contains material for building the finest type of muscle; it is likewise below the cream line. The sweetness of milk below the cream line is the result of lactose, the mildest and most kindly sugar on the digestive system. Additionally, it contains Vitamin G, a skin protective vitamin, in appreciable amount.

Therefore, when the cream is separated from milk, we may remove much of the energy value, the heat producing factor, but we do not begin to remove nutritional value. Each portion serves its own purpose toward the building of the strength and endurance in the body, and, for the growing child, the combined food values are inseparable.

Editor M. C. Athey and Mrs. Athey of Cave City were callers at the American Office Tuesday afternoon. The Atheys publish the Illinois Valley News.

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Legal Notices

NOTICE TO CREDITORS
Notice is hereby given, that the undersigned has been appointed administrator of the estate of Nick Struve, deceased. All persons having claim against said estate are required to present the same, properly verified, to the undersigned at his office at Suite 9 Palm Bldg., Medford, Oregon, within six months from the first date of this notice.
First date is October 6th, 1938.
W. G. TRILL,
Administrator.
Chas. W. Reames
Att'y for Estate.
16—Oct. 6, 13, 20, 27

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