PAGE TWO

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Editor and Proprietor

EDITORIALS

REGIMENTING THE SPUD

its turn in so-called crop control. "It may be wrong, but success,

on the fact that the spud is an ec- a century." centric sort of animal, whose pro- It seems that the whole aim of trol, have had no avail.

stration support, and seems to be re- to stifle initiative, throttle ambition It was put through by zealots who prise. We raise our taxes on "bigfelt that nature should be regimented prise. We raise our taxes on "bigas thoroughly as possible.

port that various groups, led by well- working for the tax collector. We flance to such a liberty-destroying job holders, not executives and law - and have challenged its en- stockholders, the final say as to busforcement. The pioneer spirit, which iness practices and operations. vision.

TO YOU

The coming of Fire Prevention Week, which will be observed between October 6 and 12, makes it a worker.

people are now cremated each year- recent dinner in New York, he said because someone was careless.

Fire prevention is the friend of the Constitution."

producing measures, may wreak The American their principal damage on little busiess and on the little fellow-the Re-established, September 13, 1938. wage-earner, the small investor, the white-collar worker. In addition, they may make it im-

Eutered as second class matter at possible for the little business and he nost office, Central Point, Ore- the little fellow eve rto go aheadton, under the Act of March 8, 1879. to progress, to prosper, to grow. A recent editorial in the Los An-

geles Times said: "This is a big

sive but necessary to human pro- infected teeth. gress.

"The small, poorly financed business or individual is often an initial stepping stone to great things. The poor man becomes rich; the small The humble spud has become the business grows and one day is a latest target for the bureaucrat. 'big business' boasting a worth-while Under a law passed by the last heritage of accomplishment. There Congress, the Irish potato is to have has been incentive all along the line.

Growers who produce more than business success at least, is predicata stringent licensing system-and if rule that the small and struggling they produce more than their quota, shall never grow big and aggressive a heavy fine may be levied against is to knock the props out from under good tooth structure, calcium and ferably raw green vegetable. them. Opposition arguments, based dur national habit and set us back tant. The chief source of these two

ductivity is almost impossible to con- politically-minded persons today is

The new law did not have Admini- vent success, to dwarf achievement, a corporation, once it gets beyond

However, it is encouraging to re- the size of a corner grocery, is just fully formed in the jaw which means . that the mother is the sole source known men, have announced de- pass regulatory laws giving political of food for their development. Her

detests any kind of dictatorship, is Whether this represents fascism, in the jaws of the baby at birth, alfought.

FASHIONS IN FREEDOM

"Al" Smitth, one of the nation's worthwhile to meditate on what fire leading citizens, former governor of prevention means to you as an indi- New York and Democratic candidate vidual, a taxpayer, a homeowner and for president, is respected by all for his integritty, his sincerity and his Fire prevention saves lives-yours shrewdness in analyzing public quesand your loved ones. Thousands of tions. As the principal speaker at a

to his hearers, "Keep your eye on the home. Without it, your home About the same time the German may be turned to ashes-and in- State Secretary in Reich Ministry surance can never replace the many of Justice was informing a public intangible values each home repre-sents. Money cannot compensate for the supreme law of the land.



The AMERICAN, CENTRAL POINT, OREGON

BUILDING GOOD TEETH od. In addition to the calcium and With the opening of schools den- phosphorous furnished by milk; vicountry accustomed to doing things tists have been busy taking care of tamins D, C, and A are essential to \$.75 in a 'big' way. To dwarf such a the teeth of children. It is a wise tooth formation. Vitamin D. the heritage would be in truth to return parent who starts his children off sunshine vitamin is supplied by us to the horse and buggy days to school with the assurance thatt foods through butter, cream, whole To go forward, to explore, investi- they are in the best of health and milk and egg yolk. Raw fruits and gate, experiment, to attain the it is not possible to be in the best vegetables and their juices are the heights by trial and error is expen- physical condition with decayed or chief source of vitamin C, while vitamin A is supplied through butter,

A well balanced diet, which cream, whole milk, egg yolk and means one rich in all the dietry es- vegetables.

sentials, is the best basis for the For general good health, as well building and protection of the as for strong teeth, the well balance teeth. Teeth are nourished from the ed diet of both the adult and the same sources as all other parts of child (except very young children) the body and when they fail to re- should include the following foods: ceive the proper nourishment they Milk-One quart in food or as a are imperfectly formed. Faulty com- drink. Adults may conveniently take position of the teeth along with im- one-half or more of this amount in five bushels a year must submit to ed upon financial independence. To and decar and decay.

Vegetables-At least two libera Among the elements needed for servings, besides potato, one pre

Fruit-At least two, one preferminerals is milk. Milk is so much ably raw as orange, or canned or richer in calcium than most foods fresh tomato.

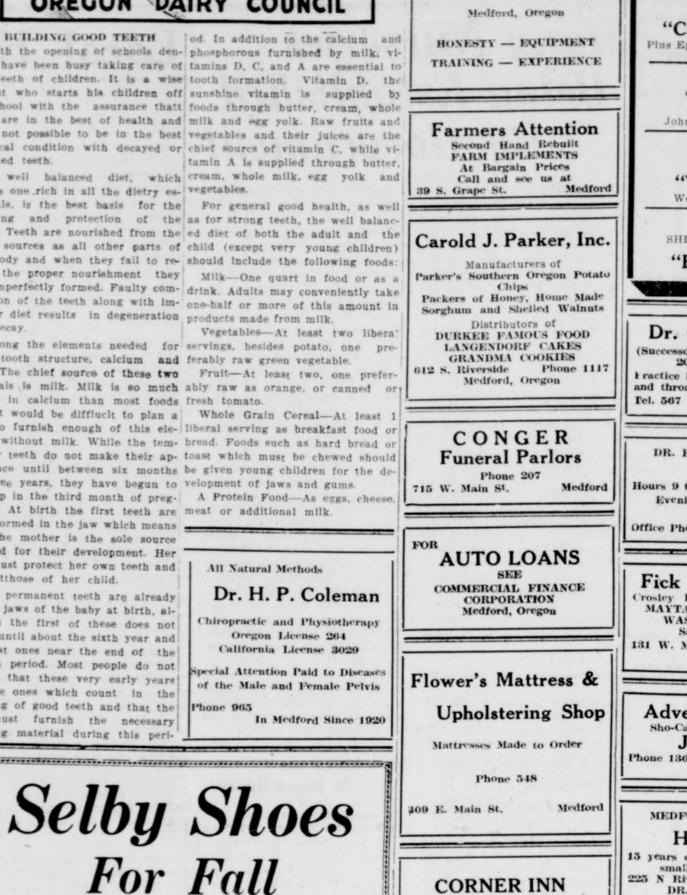
that it would be diffiuclt to plan a Whole Grain Cereal-At least 1 to punish, to discourage and to pre- diet to furnish enough of this ele- liberal serving as breakfast food or ment without milk. While the tem- bread. Foods such as hard bread or porary teeth do not make their ap- toast which must be chewed should garded coldly by Secretary Wallace. and to poison the springs of enter- pearance until between six months be given young children for the deto three years, they have begun to velopment of jaws and gums. develop in the third month of preg- A Protein Food-As eggs, cheese,

Phone 965

nancy. At birth the first teeth are meat or additional milk.

diet must protect her own teeth and build tthose of her child. The permanent teeth are already

not yet dead and demands the right communism, socialism or any other though the first of these does not to eat spuds without political super- "ism", it is directly opposed to every erupt until about the sixth year and American tradition. And it is a the last ones near the end of the threat to the future of every prin- growth period. Most people do not WHAT FIRE PREVENTION MEANS ciple for which our forefathers realize that these very early years are the ones which count in the building of good teeth and that the diet must furnish the necessary building material during this peri-



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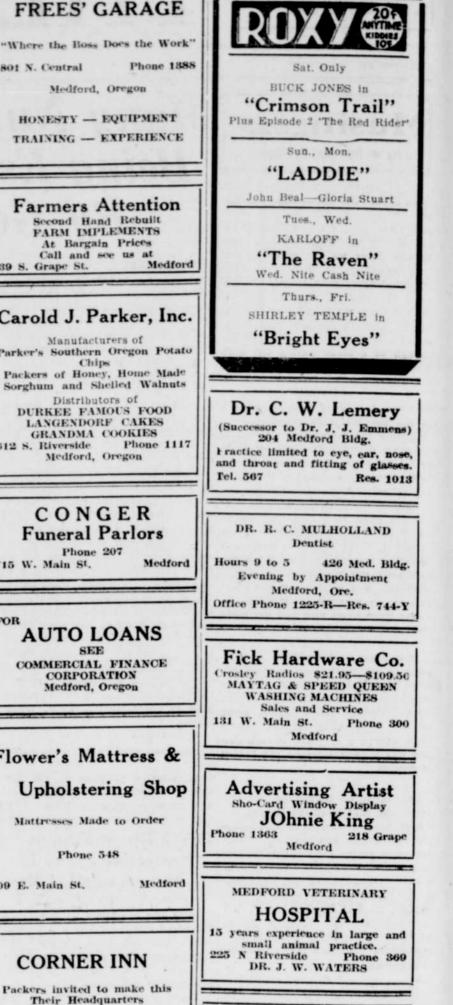
Medford, Ore.

Medford

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everything.

Fire prevention tends to keep taxes down. Each time a fire destroys from the tax rolls, higher taxes must of our people are not subject to the be paid by all other property within wills of dictators. the community.

upon fire loss-many fires mean high rates.

Fire prevention is the friend of sands of dollars in purchasing power is lost with them. Untold privation and misery can result.

suited in permanent retrogression ' at the expense of property and all other values in he communiy

Prevent fire-and save lives and Prevention Week.

In the United States the Constitution is the supreme law of he land taxpaying property, thus removing it and the lives, liberties and ofrtunes

But "Al" Smith knows, as do other Fire prevention keeps insurance designs in our own United States to statesmen, that there are definite rates down. Over a period of years, revise the Constitution as a document ouworn-as though there were fashions in freedom. This design

has shown itself in suggestions to deemployment. When a fire destroys prive the highest branch of govern- business, jobs are lost, and thou-sands of dollars in purchasing nowar court, of the power to effectively uphold wha is left of the Constitution.

Fire prevention means progres- the direction of intolerant dicatorsive towns and cities. Cases are on ship as we witness it in the rest of record where a single fire, destroy- the world, let them think again! The legislative attempts of the past several years to circumvent the Constitution, have been plain and the power of the United States Sumoney. Do your part during Fire preme Court to pass on such acts has saved the American citizen his per-

sonal liberties and his propertties HITTING THE LITTLE FELLOW rights, and prevented him from hav-

Tax laws designed to punish big ing the chains of dictatorship forged husiness, under the guise of revenue upon him.

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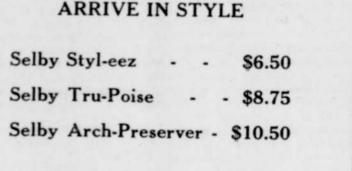
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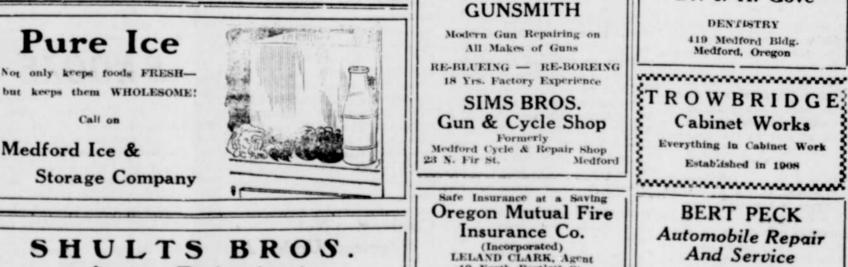
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