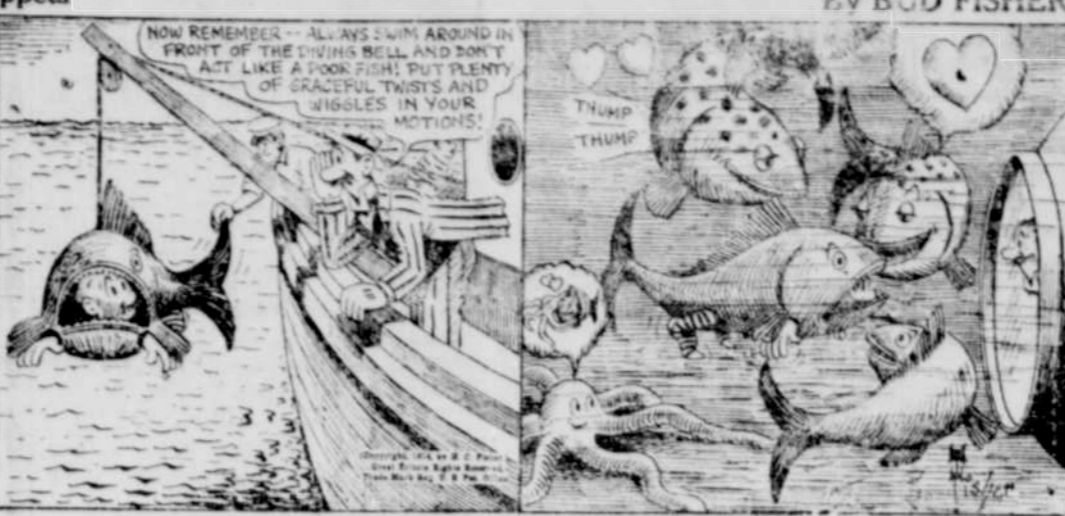


**MUTT AND JEFF—It Seems That Even Fish Have Sex Appeal**



By BUD FISHER

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**HI-WAYS TO HEALTH**  
by ADA R. MAYNE  
**OREGON DAIRY COUNCIL**

**SOUR MILK A HEALTHFUL FOOD**

Sour milk, like sweet milk, has an interesting and important place in the diet, not only because it is a wholesome and nutritious food, but because of the lactic acid in it. The consumption of sour milk or lactic acid milks has long been considered a means of maintaining bodily health and vigor and thus prolonging life.

The souring of milk is due to the lactic acid-forming bacteria which are present in milk. These bacteria besides souring milk, are antagonistic to most of the common bacteria and because of this, sour milk is commonly looked upon as having antiseptic properties. The antiseptic value of sour milk is believed by authorities to be the means of prolonging life among the people who use it in appreciable amounts.

Sour milk and cream are widely used in cooking and like sweet milk add to the food value of any dish. The rich texture of sour milk gives a smoothness that no other liquid produces and its acid content acts as a leavening agent. Do not throw away milk or cream that has soured but realize in the fact that with it you can prepare nutritious and appetizing dishes. Sour milk lends its slightly tart flavor and healthful qualities to many favorite recipes.

**Sour Milk Griddle Cakes**  
3 cups flour  
3-4 tsp. salt  
2 1-4 cups sour milk  
1 1/2 tsp. soda  
1 egg  
Mix and sift flour, salt and soda. Add sour milk. Stir in the egg, well beaten. Bake on hot griddle

and serve with butter and syrup.

**Spice Cake**  
1/2 cup butter  
1 1/2 cups brown sugar  
2 eggs  
1-4 tsp. each nutmeg and allspice  
1 tsp. vanilla  
1 cup thick sour milk  
1/2 tsp. soda  
2 cups flour  
3 tsp. baking powder  
1/2 tsp. each salt and cloves  
1 tsp. cinnamon

Cream butter, add sugar and blend together well. Add beaten eggs and vanilla and mix until smooth. Add the sour milk in which the soda has been dissolved, then the flour, sifted with baking powder, salt and spices. Beat until smooth. Place in 2 buttered and floured layer cake pans and bake in moderate oven (350) for about 25 minutes. Cool and put layers together with Raisin Cream Filling, then frost the entire cake with the same mixture.

**Raisin-Cream Filling for Spice Cake**  
1 cup sugar  
2 tsp. cornstarch (omit if cream is thick)  
1 cup sour cream  
4 egg yolks  
1 cup ground raisins  
2 tsp. butter  
1/2 tsp. vanilla  
1-8 tsp. salt

Mix sugar and cornstarch (when used) and add to the cream. Add beaten egg yolks, raisins and butter and cook over hot water or very low fire until thick, stirring constantly. Remove from fire and add vanilla and salt. Cool before spreading.

**Big Increase in Drunken Driving**

A tremendous increase in the number of arrests for drunken driving is evidenced by the records of the office of P. J. Stadelman, secretary of state, which show that nearly 160 more persons were convicted on such charges in the first six months of this year than in the same period in 1933.

Reports from courts from January to June, 1934 brought revocations of the operators' licenses of 272 persons who were driving while drunk, and last year 176 drivers were involved in similar charges during the ahlf year. In 1932, 139 persons lost their driving privileges for the same offense in the first six months and in the same period in 1931, only 74 were listed. The gain in 1934 was 54.4 per cent over 1932 and 267.6 per cent over 1931.

Some of the increase over the first year listed was due to a change in the state laws requiring city courts to forward all convictions in drunken driving cases to the secretary of state, and greater cooperation of justices of the peace in reporting convictions during the last year has been partially responsible also for the larger number of cases brought to the attention of the state department.

For a considerable period of time many court officers were apparently not aware of the requirements of the law which makes it mandatory on the secretary of state to revoke the driver's license of any person convicted of driving while intoxicated, but this condition has been remedied and all courts are reporting to the state the convictions in such cases so that the required license revocations may be made.

A total of 1,032 persons have had licenses revoked from July 1, 1931 when the more stringent laws affecting drivers became operative, to June 30, 1934.

**Corn-Hog Program Waits U. S. Action**

The Oregon corn-hog adjustment program has continued to

mark time because the official estimates of hog production and marketings, upon which the Government's quota for Oregon is based, are much below the sign-up figures and with the affects as indicated by an independent survey made by our committee", says H. A. Lindgren, Oregon State college extension animal husbandman and chairman of the Oregon corn-hog campaign committee.

"Until the true facts as to hog production and marketings in this state have been given fair consideration and a state quota fixed that is in keeping with these facts, our committee feels that the review board will be powerless to fix county quotas and properly instruct the county allotment committees as to the amount each individual grower's contract must be scaled down", says Lindgren.

Among the most recent developments in the corn-hog work is the arrival of two representatives of the Division of Crop and Livestock Estimates, who will make an examination of the growers' contracts.

"Our committee is very anxious to complete the work", says Mr. Lindgren, "and we hope that an agreement on the state quota may be reached soon."

**Needy Students Aided by S.E.R.A.**

**CORVALLIS**—Federal funds for assisting students of Ore. colleges through labor relief will again be available for the coming year, according to notification received by E. B. Lemon, registrar at Oregon State college. Funds for a limited number of students will be distributed through the state emergency relief administration.

The percentage quota allowed will permit 224 students to obtain aid not to exceed \$20 a month and an average of not more than \$15 a month. Half of those receiving this work must not have been in any college or university last January. Applications are being received now by Registrar Lemon from those who would not be able to attend or continue in college without such aid. Character and scholastic records are considered.

**LOCALS**

Mr. and Mrs. Tom Rainey from Trail shopped here Tuesday.

Orth Miller and Mr. Hazelwood made a trip thru the Redwood highway Saturday and Sunday.

Mrs. V. D. Brophy and Elaine visited at the Mollie Holmes home Tuesday.

Lois Nichols of Medford spent last week with her friend Dorothy Limbeck.

Mrs. Truman Bremmer is spending several days with her parents Mr. and Mrs. Limbeck. She is recovering from an attack of tonsillitis.

Mr. Richmond had the misfortune to drop a cord wood stick on his instep and mash his foot badly. He was unable to work for a week, but is better now.

Mrs. E. E. Griffith, son Ebron and daughter Edna returned Sunday from a two months visit with Mrs. Griffith's parents Mr. and Mrs. O. H. Sellenberger at Bixby, Oklahoma. They left Bixby Sunday July 15 at noon and arrived here July 22 at 9:30 o'clock. They made good time by returning by Wichita Kansas, Colorado Springs, Salt Lake city and Reno. They stopped at all the big cities and looked over their stores. Reported a lovely trip though everything was dried up in Kansas and Oklahoma, except corn on the river bottoms. Mrs. Griffith parents who are getting fairly well along in years were both enjoying good health.

Through an oversight it was reported that Mr. and Mrs. Eldon Gleason were camping at Diamond Lake when they are camping at Dead Indian Soda Springs. They will return soon and Mr. and Mrs. Mervyn Gleason and two sons will spend a couple of weeks there.

The program put on at the grange hall last Friday evening was exceptionally good. Miss Harriet Sparrow had charge. Mr. H D Kem advertising manager for Copco showed the jubilee films which were very good and clear and well worth seeing. He also showed a murder movie made by the movie club in Medford This was a very clever little movie and drew much applause.

Mrs. W. H. Lydiard spent Wednesday afternoon visiting with Mrs. Charles Dunlap.

The fire at Kane creek yesterday is reported to be under control. There were twelve men fighting it and we understand that there was not any severe damage done.

Mr. A. R. Merritt, brother of the late J. W. Merritt and Mr. Larkin of Brewster, New York arrived Tuesday for a visit with Mr. Merritt's nieces and family. Mr. and Mrs. Sanderson. Mr. Merritt was in business here forty years ago and has many friends here.

Mrs. Struble of Corvallis who has been visiting at the Buckman home returned to her home Monday.

Mr. Amick and wife of Grants Pass have rented Mrs. Musty's house for the coming winter during the term of school.

It is reported that Robert Moore picked fifteen gallons of blackberries, Tuesday afternoon. Mr. Moore picked them from Mrs. Marie Langes vines.

Mr. and Mrs. W. L. Councilman and their daughters, Doris and Kathleen and sons Burdette and Nathan, arrived this week from Mankato, Minnesota and are visiting at the home of Mr. Councilman's uncle, A. E. Powell. Mr. Councilman sold his farm in Minnesota this spring and expects to locate "somewhere in the West."

Mrs. Kincaid and children spent last week at the Freeman cabin at Union creek returning home Sunday.

Mr. and Mrs. John Blackford and Mr. and Mrs. Patterson and family visited the Lucas and Ellis families at Beagle Sunday.

Little Ida Pearl Lucas spent Saturday night with Mr. and Mrs. John Blackford. Returning to her home with Mr. and Mrs. Blackford Sunday.

Mr. W. E. Freeman left for their cabin at Union creek, where he will visit with the family and they will all return home together Saturday.

Fruit picking is on full blast in nearly all orchards in this vicinity. A crew of men are engaged in making boxes on the S. P. grounds for the Bay Side Canning company of California. The company is also loading cars here for the cannery. They will ship about 400 tons of Bartlett's from this station. They report the pears being received to be the best they have seen for years. The price ranged from \$32 to \$35 per ton to the growers.

**Local Man Gets Honolulu on Radio**

H. Kilburn is a short wave radio fan. Today he tuned in on Honolulu in time to hear the celebration of the visit of President Roosevelt. This is some what out of the ordinary and Mr. Kilburn is proud of his success. We understand that Mr. Kilburn has quite a habit of getting foreign station and derives a lot of pleasure in so doing.

**Radio Tower Attracts**

Mr. and Mrs. Edward D. Seeley of Los Angeles both licensed radio operators, making a trip over the inland route saw Sanford Richardson's tour and stopped for a short visit Wednesday afternoon. They had worked Earcel Caster W7DKJ and were stopping to get acquainted with all the radio hams on their route. Their call is W6GX8. They left for the Oregon Caves and will return home by the coast highway.

**Land Measuring Nears End in Oregon**

With the big task of measuring contracted and seeded wheat acreage nearing completion in most

Oregon counties, compliance forms will begin moving to Washington soon to be followed by distribution from there of the second benefit payment of 9 cents a bushel on growers allotments, says N. C. Donaldson, state supervisor for the wheat section of the AAA stationed at Oregon State college.

Morrow, Sherman Gilliam, Washington, Benton and Crook counties were among the first to complete the measuring, and Gilliam and Washington were the first to get compliance forms ready for submission to Washington. Just how long it will take after these are received at the national headquarters before the checks will be distributed is not known, but word from the AAA is that utmost speed will be used in getting the second payment out to the growers.

Umatilla county, which has been using the airplane photographic survey method of measuring a reported getting along well with the plan after some preliminary difficulties, and is finding it accurate and convenient. Once the task is finished this year, most of next year's measuring will be done as well.

The Wasco county committee has let a contract for a complete air survey there as well, although some ground measuring had already been done. Committeemen there believe that the savings next year will justify making a complete photographic map now. Some other counties have obtained permission to begin ground measurements of summer fallow this fall rather than wait until next year to do the entire job.

More details of the proclamation of the secretary of agriculture concerning next year's benefit payments and processing tax on wheat show that while the payments and tax will be the same as last year, the amount of crop reduction is out fixed definitely other than that it will not exceed this year's 15 per cent. Should national or international conditions warrant, growers may not be required to reduce that much. More definite announcement is expected sometime in August in advance of fall seeding dates.

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