

# Favorite Recipes

**FRENCH DRESSING**  
 By MRS. L. H. SMITH  
 1/2 cup Mazola or any cooking oil  
 1/2 cup mild vinegar  
 1/2 cup mustard  
 2 tablespoons sugar  
 1/2 teaspoon each of salt and paprika.  
 Beat until thick.

**EGGS GOLDENROD**  
 1 hard boiled egg. Separate yolks from whites. Put yolks through potato ricer. Chop whites and add to white sauce, made by melting 4 tablespoons butter in a saucepan, adding 2 cups flour and gradually adding 2 cups hot milk, stirring constantly. Season with salt and pepper to suit taste. Pour this hot buttered toast and sprinkle with yolks over all. This may be made in proportions to suit size of family.

**GRAHAM BREAD**  
 1 cup graham flour  
 1/2 cup buttermilk

2 teaspoons soda  
 1 1/4 cups raisins, figs or nuts  
 2 tablespoons shortening  
 2 tablespoons sugar  
 2 teaspoons salt  
 (Measurements level)  
 Beat and set in warm place to rise for an hour and bake 40 minutes.

**GOOD GINGERBREAD**  
 1-3 cup butter  
 2-3 cups boiling water  
 1 cup cooking molasses  
 2 1/2 cups flour  
 1 egg  
 1/2 tsp soda  
 1/2 tsp salt  
 1 tsp ginger  
 1/4 tsp cloves  
 1 tsp sugar.  
 Cream butter and egg together, then add all other ingredients. Mix and bake. This is fine if one wishes (I brought this from Iowa State College.)

# Economic Highlights

## Happenings That Affect the Dinner Pails, Dividend Checks and Tax Bills of Every Individual. National and International Problems Inseparable from Local Welfare

It is now expected that the New Year will see the approval of all the industrial codes. That will mean that the National Recovery Administration has completed its first great task. At this writing, 59 codes, covering the basic industries, have been approved. One-hundred-thirty-seven are being revised. Forty-seven are scheduled for early hearings. By the time this is read the retail code, which was one of the most difficult, will have been approved, unless unlooked-for problems crop up. Most interesting feature of this code is that it will eliminate selling at less than inventory cost, a practice which has been prevalent, especially among large stores, which advertise "leaders" at less than cost in the hope that customers buying them will buy other goods on which a profit is made. Very small stores, in towns of bottom-bracket population, will be immune to code provisions.

One important NRA problem is going to be the attitude of the press. Here's where the recovery administration made a possibly far-reaching mistake. When General Johnson excluded two reporters from his conference, because he didn't like what they had been writing about NRA, he was doing the unprecedented. Then he put his foot in deeper by advocating a licensing system for newspapers, and just about every metropolitan editor in the country ran for his typewriter. On top of that, an NRA representative in the South called on the editor of a medium-sized paper, told him that if he didn't stop making unfriendly comment on NRA labor provisions, he'd find himself in trouble. The editor spoke up in his paper and found the whole press, including the most zealous supporters of the Roosevelt program, behind him. This threatened press censorship is vitally important, and sparks are going to fly when it really comes to a head.

General belief is that Mr. Roosevelt is heartily in favor of a free press—that his mistake is in not holding tight enough rein on some of his assistants.

One fine afternoon back in 1913 an obscure prince was shot in the equally obscure city of Sarajevo. To most of the world the event simply meant one more scarehead and nothing more. Then armies began mobilizing. Lights burned late in the chancelleries. The British Navy set out for maneuvers several weeks ahead of the normal time. And the greatest war in history was underway.

Matters are not especially different in Europe now. Hitler's withdrawal of Germany from the League of Nations and the disarmament conference, has sent the greatest scare since those 1913 days through premiers and emperors, congresses and parliaments. The Hitler position is that the Versailles treaty is unbearable—that the refusal to meet Germany on an equal basis so far as armaments, especially, are concerned, thrusts the blame onto the other powers and that whatever happens will be their fault. Position of the other powers is more vague than that and more confused. But they definitely fear Germany. Theoretically she has no army, save a small Reichswehr made up of picked men in for long terms. Practically, she has a great army, consisting of Hitler's brown-shirts, which, under command of schooled Reichswehr officers, is

powerful indeed. Her great lack is the weapons of offense—artillery, tanks, planes.

Final decision may be left to France, which has most at stake, is most afraid. Many European statesmen believe it is time to declare a preventative war on Germany, crush her absolutely and unseat Hitler, before she has time to prepare. Smaller countries are alarmed—baricades are rising on the Swiss frontier, and her small, but first-class army received increased appropriations, went into harsh training. There is a link of nations around Germany of which but one, France, is great—the others, however, by cumulative action, could make it very unpleasant for Hitler.

So far as the United States is concerned, these events are of only economic importance. Roosevelt's policy will doubtless be to keep hands off—even in case of war, to pursue complete and dispassionate neutrality. It's Europe's affair—and the fires are burning faster daily.

Speaking of fires, the U. S. has one of its own. It's consuming the prairie country. Not a literal blaze, it is in the minds and hearts of farmers, who believe the AAA has failed to aid them; have watched their purchasing power, in many instances, go sharply down, while other prices went sharply up. The Administration is frankly worried as the farm strike movement grows, takes in more farmers, more kinds of products and more states. Milo Reno, who can be both a fire eater and a fire maker, came into sight again with his Farm Holiday association, told his followers to buy nothing, sell nothing, pay no taxes and no debts, until selling prices at least reached cost price. Two governors expressed themselves as being in sympathy with farmers' strikes.

## Digger Damage Hits Profits on Potatoes

Slicing potatoes with a digger run too shallow in eastern Oregon and stabbing them with the digger forks in western Oregon are two of the most certain ways to eliminate profit after one has raised a good crop of spuds, says E. R. Jackman, extension crops specialist at Oregon State college, in a discussion of potato digging and storage methods.

It is surprising how fast what appears to be incidental damage counts up, Jackman says. Slicing or stabbing five per cent of the potatoes is not uncommon as this number of damaged ones do not show up very much in the row.

"If three acres a day are dug and the crop averages 150 sacks per acre, slicing or stabbing 5 per cent would result in ruining 22 1/2 sacks a day," Jackman points out. "Far better hire a couple extra horses for the digger, or pay the chronic stabber to quit working than to let such a loss

strain yet found that consistently produces a crop in the humid conditions of western Oregon. Berger planted the seed in the spring of 1932, pastured it all that summer, and again this spring. Before letting it go for seed, Berger kept 14 head of cattle, two horses and 28 head of hogs on the four acres for the month of May, and all these barely kept the growth down.

Berger believes this strain of sweet clover has a real place in the western Oregon cropping system as a soil builder and pasture plant, as it produces abundant green forage without irrigation through the dry months. He thinks its pasture value will be greatly increased by seeding some winter wheat with it in the spring.

An important by-product, he found is its honey value, as his two colonies of bees filled 140 sections of combs with honey from the patch in the summer after all the vetch blossoms were dried up.

## New Sweet Clover Gives Both Pasture and Seed

CORVALLIS—Fifteen bushels of cleaned sweet clover seed to the acre on four acres is the remarkable yield obtained this fall by C. E. Berger, Linu country farmer living just east of Corvallis across the Willamette river. His crop weighed 3600 pounds after cleaning.

This sweet clover is the stem-rot resistant strain developed by Harry Schroth, federal agronomist at Oregon State college, and is the only

strain yet found that consistently produces a crop in the humid conditions of western Oregon. Berger planted the seed in the spring of 1932, pastured it all that summer, and again this spring. Before letting it go for seed, Berger kept 14 head of cattle, two horses and 28 head of hogs on the four acres for the month of May, and all these barely kept the growth down.

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**HI-WAYS TO HEALTH**  
 by ADA R. MAYNE  
 OREGON DAIRY COUNCIL

**RICE—A GOOD MIXER**  
 Some foods, like some people, are good mixers. Rice is one. It mixes well with almost anything. It takes the flavor from other foods, thus making good flavors go farther. It is an economical food for this reason as well as because of its low price. In common with other cereals, rice is an energy giver. It provides one of the most easily digested forms of starch but like highly milled wheat flour, it is poor in fat and protein. For this reason, it is a good thing to cook rice in milk. In that combination there is a good start for a well-balanced diet. As with other cereals and milk, you can get along with fewer foods, and cheaper ones than you begin with any other combination.

Rice cooked in milk for breakfast: in soups; rice with gravy; rice hot bread, fritters, omelets, or pancakes; rice and cheese; rice puddings—these are but a few of the countless rice dishes that can be prepared at a very modest cost to the satisfaction of most families.

**Baked Rice Custard**  
 4 egg yolks  
 1/2 cup milk  
 2 cups cooked rice  
 1 cup granulated sugar  
 1/2 tsp. salt  
 1 tsp. grated lemon rind  
 1 egg whites  
 6 tbsp. sugar  
 Beat egg yolks thoroughly, add milk and stir until well blended.

Then add the rice, sugar, salt and rind. Turn into a buttered baking dish or into individual buttered molds. Place molds in a pan of hot water, then put into a moderate oven and bake until firm or for about 25 minutes. Cover with a meringue made of egg whites and the 6 tbsp. of sugar. Brown in a slow oven (300 F.) for about 15 minutes.

Rice custard may be utilized too, as the main dish in the menu. Omit the sugar and the meringue from the above recipe. Bake in individual buttered cups and serve hot with tomato sauce, cheese sauce or with creamed chicken or other similar sauces.

**Rice with Cheese and Tomatoes**  
 2 tbsp. butter  
 2 tbsp. flour  
 2 cups tomatoes  
 1sp. salt  
 1 cup rice  
 1 cup grated cheese  
 1/2 tsp. pepper  
 1/2 tsp. chopped onion  
 1-8 tsp. thyme  
 1/2 bay leaf  
 1 tsp. parsley  
 Cook 1 cup rice. Measure out 1 cup grated cheese. To make the tomato sauce, melt 2 tbsp. butter, add the flour and stir until smooth. Add the tomatoes, salt, pepper, chopped onion, thyme, bay leaf, and parsley. Cook until it thickens. Put rice in baking dish and pour sauce over it. Add cheese, mix, saving enough to sprinkle over the top. Bake.

western council with one member from each state, and asked that each state set up a committee of its own.

Definite fixing of the processing tax on corn at 28 cents a bushel, and announcement of the preliminary totals in the wheat sign-up campaign are other developments in the A. A. A. for the week. The wheat sign-up nationally totals about \$0 per cent, which means that close to eight million acres will be taken out of production in return for more than one hundred million dollars in benefit payments. Oregon with an 82 per cent sign-up is near the top of the list of wheat states.

## Western Dairymen Agree on Production Control for Coast

A decision on the Pacific coast attitude toward production control in the dairy industry was reached at the western conference held at Oakland, Calif., recently, constituting the most important development for western dairymen under the A. A. A. to date. In the opinion of the dairy specialists at Oregon State college.

With the dairy industry faced with the greatest surplus of stored products in history, the agricultural adjustment administration has determined that emergency measures must be followed by production control. The western dairy representatives at Oakland, including many from Oregon, agreed with this but declared that no such plan will be received by the dairy farmers of the country which does not include elimination of foreign vegetable oils from use as human food. Restriction of such manufacture to fats and oils produced in the United States was asked.

Elimination of surplus cows was suggested as the most feasible means of reducing production. This is probably accomplishable by the means, the conference decided. One of the immediate compulsory eradication of bovine tuberculosis. The second is the immediate voluntary testing for contagious abortion.

Specialists at Oregon State college point out that Oregon is now practically free from bovine T. B. and well along with contagious abortion, although the latter is an economic rather than a human health problem. The conference further decided that any such elimination of surplus cows, affecting as it would between one and a half to two million cows in this country, would have to be carried out by the government in such a manner as to not depress further the market.

The conference set up a permanent

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 October 25, 1933

RESOURCES	
Loans and Discounts	\$ 545,965.84
U. S. State, Municipal, etc.	391,141.80
Banking House	75,250.00
Furniture and Fixtures	12,754.50
Other Real Estate	8.00
United States Bonds	574,000.00
Cash and due from other Banks	659,590.71
	1,243,590.71
	\$2,259,716.93

  

LIABILITIES	
Capital Stock	\$ 100,000.00
Surplus	75,000.00
Undivided Profits	29,102.57
National Currency	99,997.50
Deposits	1,955,616.86
	\$2,259,716.93

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