AGE

Old things, old houses, old times, old manners, old friends--are sometimes the ripest and truest. What an atmosphere we imbibe from antigues

Old people—too, little appreciated in this day of "flaming youth"—are often the kindest, the most tolerant, the most broad minded, the sweetest, the most understanding, the bravest, the most patient, the dearest, the richest in experience and wisdom, the most seren. Do we pay enough attention to them and honor them? Do we write those letters to the "old folks at home?" The years are slipping fast. Better a loving word or act, which will cheer them today, than a flower or a tear dropped on their grave tomorrow.

BUYING BABY CLOTHES

"That's where my money goes,
Buying my Baby Clothes—"

The tininess of the stitches worked into the clothes of the baby-to-be was one way of measuring love in the olden days. It is not so today This athletic age counts it a virtue to be up and out of doors, showing mother love by exercise and breathing proper amounts of oxygen, rather than sitting indoors stooped over fine linen, even for a baby-to-be.

The result is that many dresses for the newcomer are bought ready made, and—since the young mother has had no experience by which to guage her purchases she and baby sometimes have to suffer along with a poorly selected layette.

The first thing to consider in choos ing baby clothes is their health aspect. Will they be comfortable for baby to wear? Will they bind at his neck or be too small in the armhole? Is there scratchy lace around the neck and, are the garments warm enough, or too warm, will they be easy to put on and take off? How are they to be fastened, and, if buttoned, will he have to lie on hard buttons?

Will they launder well is an important question to ask.

Their durability is also something to thin kabout. Most baby-clothes wear for just about one baby and a half. How many garments of each kind will pon need is a matter which deserves study. This depends upon how frequently your laundering can be done, and upon the health of both mother and baby, as well as upon how much the baby will be on dress parade and how much he will lie alone in his inobscure corner. It is rather a sensible plan to get plenty of the more necessary and useful articles. slighting the accessories if anything. The latter can usually be purchased at any time, and you never know how many presents Sir Baby is going to receive. His gifts are more likely to be the accessories rather than the substantials.

TOMATO COMBINATIONS

Tomato Shirr—Into a gem tin, put a half cup of tomato, cooked and seasoned with salt, pepper and minced onion. Drop an egg into each compartment, cover with buttered crumbs, and bake.

Tomato with poached eggs—thicken seasoned tomatoes with flour and when boiling hot drop eggs into it and poach as usual. Serve on toast.

Tomato-Corn Scallop—Put in a baking dish alternate layers of tomatoes, corn and crumbs. Season with salt, pepper, onion and green pepper and bake.

Escalloped Cabbage—Boil cabbage until almost tender. Put in a baking dish and cover with crumbs and tomato, and on top put a layer of grated cheese. Bake.

Tomato and Rice—Boil one cupful of rice in three cups of salted water until water has simmered out Add a half can of tomatoes and a tablespoon of bacon fat and simmer until the liquid is gone.

Tomato is a valuable addition to almost any meat dish. It adds flavor and makes the meat more tender by dissolving the connective tissue.

MAKE A DATE WITH DATES

The date is a very ancient food, cultivated and prized from remotest antiquity. It's first home, so far as we know, was the Canary Islands and northeast Africa. From there it was carried to Arabia and India and has been a chief source of wealth and staple article of food in this region for ages. Attempts have been made to transplant it to Europe, along the Mediterannean, but the fruits will not ripen that far north. One of our best varieties of dates, however, is produced in Arizona and California, but it is a more expensive cariety and most of the dates with which we are familiar are imported from the Persian Gulf and Africa.

Dates are not washed before being marketed as that would lessen their keeping qualities. For this reason all dates should be washed when used as food, and one is as certain to get clean dates if bought in the bulk as when buying package dates. Bulk dates are cheaper than package dates, and sometimes of better kuality.

Dates are high in food value. They are not used as much as their value deserves. A nutritious and wholesome lunch might be a glass of milk and a dozen dates. Cut up, they are an acceptable addition to the breakfast cereal, in rice or tapica pudding, in salads, and even in breads and cakes instead of raisins. Finely chopped and softened with cream, they make a delicious cpread for sandwiches.

FOOD HABIT SFOR CHILDREN

If, at every mealtime you worry about what your child eats, and whether he gets enough, you call particular attention to him and this encourages his habit of being finicky. Every child likes to be the star actor in the drama.

If you talk about his food habits before other people, that makes him feel important and he will want to keep on being different.

Even if he spills a little food, while he is learning to eat, that is much better than to make him become dependent and nervous and fretful.

If other members of the family are fussy about their food, the child will be so, too. Children are great imitators.

YOUR HANDSHAKE

A man is known by the handshake he shakes. How you shake hands is particularly important because it advertises to the newcomer the kind of person you are.

There are many varieties of this popular form of greeting. There is the limp handshake of the feeble character, which has not much back of it. There is the over zealous grip of the crude which makes you cringe There is the long drawn out sawing up and down of the absent minded. There is the lifeless hand laid into yours which you find about as respon sive and a pump handle. There is the gingerly offer of the finger tips which marks the snobbish; the oversentimental squeeze; the prolonged holding of hands; and last, and perfectly splendid, there is the dignified, hearty and wholesome handclasp which the soul speaks through. Watch your handshake.

LANDSCAPING

Not long ago we gave much attention to the inside of the house, but took less care of the surroundings. Then came the sun parlor and we learned to live more in the open. The wide veranda and porch life began to stretch our vista, until now the whole yard is the living room of the family.

Many a tiny little garden, as well as the great place, is being landscaped and many homey with trellis, rock garden, vines and shrubs. Bird bath, sundial, fountain, garden, seats table and chairs on the lawn are adding the livable touch to the out-doors and making the premises more choice and romantic.

In Japanese gardens are oriental vases, a Japanese idol and bridge effects. The wading pool, lined with cement, for little tots is a luxury in some families. The sunken pool, edge ed with uneven moss covered stones and in which water lilies bloom, and around which are reeds and grasses is the work of some enthusiasts. A rose garden is the hobby of others, while there is nothing sweeter than the old fashioned, woodsy garden which is a tangle of wild things.

Bertha Baldwin Tralle has written a bright little book called, "Making Mother Happy." which teaches small tots all sorts of useful lessons in eating, brushing teeth and various other proper tricks—and all in jolly jingles. The book is published by Samuel Gabriel Sons and company, New York, and will prove a bonanza to many a harassed mother who gets tired of reminding Johnnie, 'steen times a day to say "Please" or wear his rubbers.

PINEAPPLE DELIGHT

Cut canned pineapple and marshmallows in pieces and let stand several hours in sherbet glasses, until the flavors have blended. When about to serve, dish over each glass a generous portion of whipped cream with chopped nuts in it.

COMING HIGHER

A new baby is estimated to cost today between $200 and $300. Not so long ago, that luxury cost only about $100 to $150.

MRS SOLOMON SAYS:

Drudgery is work which has no joy in it. If one adds enough joy he can make work play. Into each task chuck a chuckle.

SMILES

"Why do you like to travel?"
"One has such nice times with the people one meets from home."

"He is a noble sailor lad. He made his fortune upon the high seas; and worked his own way, from the bottom up.

DESIRE IS THE BASIS OF BUSINESS

Darwin's theory is that the human race is an evolution of the monkey. Some people agree with him and others do not.

But it can't be denied that even within the memory of the present generation, there has been an evolution in our mode of living. This evolution is moving faster now than ever.

There never was a time when "times" changed so rapidly—when life bettered itself so consistently. New comforts and conveniences are constantly being added. And the rapidity with which they are being invented and made citally afefcts us all.

To take advantage of these things you must keep yourself informed. You must know not only what they are, but also how much they cost and where and how to get them.

The practical way to know of the new things is to be a regular reader of the advertisements. Get the information first hand in the newspapers. Advertisements tell of all that is being done to make you more comfortable, your work easier, your methods better, your clothing and food problems less irksome. They tell you how you can save time, effort and money in the selection of things that make life worth while. Advertisements are interesting, in-

Visitors in Portland

What the Oregonian Says About Ashland Visitors.

"Implicit confidence is voiced by E. V. Carter, banker, of Ashland, in the mineral resourcese of southern Oregon. "It pleases me," said Mr. Carter, who is on a visit to Portland with Mrs. Carter from the land of lithia, "to note the preparations for development in our end of the state. We have always realized that the mountains were loaded with mineral wealth and only awaited the coming of the right people to develop this resource. It now appears from reports that experienced mining people who operate on an extensive scale are interested in our mineral possibilities. Nothing could be of greater importance to the state. There must be untold wealth in the mountains and some day it will be taken out." Mr. Carter says that in his long career in Jackson county he has never before noted such mining activity as is now apparent in that region. The banker confesses that he hasn't any reason for coming to Portland on this trip other than that he has been coming here since the early '80s and had an opportunity for an automobile ride from Ashland to Portland and home again.

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"The first year of the new state normal school at Ashland shows an enrollment of 500 pupils, and next month 100 will graduate," reports Postmaster Wagner of Ashland, in town for a visit. "The school is in its first year and, considering it being brand new, the enrollment speaks well for the future of the institution." The new normal asked the recent legislature for an appropriation for more building, but shortage of state finances prevented the buildings from being approved by the governor. Things are rather quiet in Ashland, adds the postmaster, but that is not local condition. The tourist travel from California is beginning to show up several weeks late, but the indications are that there will be an unbroken stream of automobiles coming over the Siskiyous in a few weeks.

—Get your mower repairs early and avoid the rush and provocation when in the field and your mower breaks down. All kinds of repairs for most any mower kept at Peil's Corner, Ashland. 3vv

Buy it in Ashland.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been duly appointed Administratrix of the Estate of George W. Harkins, deceased, and all persons having claims against said Estate are required to present them, duly verified, and with proper vouchers, within six months from this date to I. A. Roberts, Attorney for said Estate, at his office over the Citizens Bank of Ashland, Ashland, Oregon.

Dated May 6. 1297.

MARY A. HARKINS,
Administratrix

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