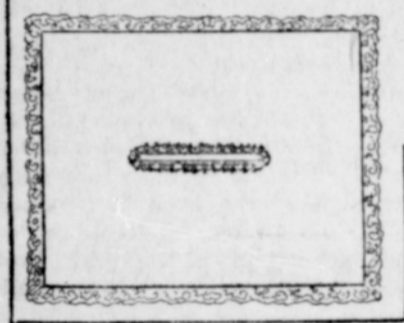


Women's Page

VERY LATESTS By MARY MARSHALL

Here is the dressing sack that we have found so convenient and that can be packed as easily as a large handkerchief in one' vacation trunk or bag. We suggest making one



BEAUTY COMMANDMENTS

By Venus of Hollywood

Beauty is woman's weapon in the game of life. Beauty is power. A well groomed skin immediately gives a woman an advantage that is worth while, whether it is used in business or social life.

We are given a set of features by nature, none of which we may change except our skin. That lies within the reach of every woman. Our eyes, nose, mouth, contour of face all remain as they were, but we are privileged to surround those features with good or poor skin. And no matter how irregular

for yourself now, and several more to use for Christmas presents or bridge party prizes later on.

The material measures a yard and a half the long way and a yard the other way. You will need five and a half yards of lace which is applied flat and mitered at the corners. If you do not want lace you can finish the edge with feather stitching done with silk to match the jacket.

The slit is about nine inches long. Turn the raw edges of the slit back on the right side a quarter of an inch, running down almost to nothing at the ends, and cover with a strip of rose-bud trimming. Or else don't turn the edges back—just bind them with a piece of ribbon, soft narrow ribbon, not more than three-quarters of an inch wide. Then lay the rosebud trimming on over that.

If you want you can bind the whole thing with ribbon, instead of turning a hem, and then bind the neck opening with the same ribbon and omit the rosebud trimming.

Immutable

It might be worse. The definition of sin changes, but the definition of virtue doesn't.—Duluth Herald.

her features, a woman may improve herself by a glowing, beautiful skin which commands the admiration and respect of all who behold it.

Beauty of woman is like a garden. Tended it sings with glory, we catch our breath at sight of it. Neglected, weeds creep in—one shudders at the ravages. You may have been born without beauty of features, but at any time you can be made pleasant to look upon. Beauty opens doors that nothing else can open. It leads you into Romance—Love—Glory

Good skin is not a matter of magic. It is the result of intelligent daily care. Consistent care will give you this treasure—a glorious complexion. Ten minutes daily will give you results that you will call magical. For one month dedicate those ten minutes per day to observing Beauty's Commandments and glorify yourself.

Hints for the Home

by Nancy Hart

Chocolate is somewhat out of fashion in the summer.

Quite rightly. Why eat chocolate layer cake when we may eat strawberry short-cake? Why pour hot chocolate sauce over our ice cream when we may have crushed raspberries instead? And so on down the line, contrasting the deliciousness of summer fruits with the always available taste of chocolate.

Yet most of us like chocolate. And chocolate has the big advantage of being always there—always on the pantry shelf, not given to mildew and soft spots if the weather gets warm or damp, not fluctuating in price according to drought and cloud bursts.

So the housewife turns to chocolate even in midsummer, thankful for its useful, standby qualities.

Here are some good recipes for using it:

Chocolate Bread

Sift together two and a quarter cups of flour, five teaspoons of baking powder, a quarter of a cup of sugar, three tablespoons of cocoa and a teaspoon of salt. Add an egg beaten in a cup of milk, and three tablespoons of cooking oil or fat. Mix, and then add a third of a cup of nuts. Bake slowly in a loaf for about forty minutes.

Chocolate Jelly

One pint of boiling water, two pinches of salt, one and a half squares of chocolate, one third package of gelatine, two level tablespoons of sugar, one teaspoon of vanilla. Put the water, salt and chocolate in a saucepan. Stir over fire until the chocolate melts, then let it boil for three or four minutes. Soften the gelatine in a little cold water and pour the boiling mixture over it. Stir until dissolved, then add sugar and vanilla. Pour into a mould and set aside to harden. Serve with plain or whipped cream.

Chocolate Pancakes

Mix four tablespoons of flour, two tablespoons of sugar, a cup of macaroon crumbs and two table spoons of melted butter with the yolks of six eggs and the whites

of three. Add enough milk to make a pancake batter, and fry in small thin pancakes. Sprinkle with powdered sugar and serve with chocolate fudge sauce made by melting four tablespoons each of melted chocolate and sugar in half a cup of milk and cooking to make a thick syrup.

Fowls limp most frequently because of "bumble foot," a swelling accompanied by abscess formation or because of paralysis, says the O. S. C. veterinary department. Tuberculosis sometimes causes lameness but this is less frequent among Oregon commercial flocks.

Farm Reminders

The belief that extra feeding or flushing of ewes at breeding time will result in increased lamb crops is well founded in Oregon, finds the experiment station. The advantage of flushing comes principally through increased numbers of ewes, however, rather than in getting more irregular lambs from irregular breeding ewes.

Late August or early September is seeding time in Oregon for the orchard cover crop provided there is enough moisture to carry it through until the first rains. As a rule it is a good risk planted then anyway, for if one waits for the fall rains the crop is often too long delayed to make good growth, says the extension service.

A new variety of barley, the Ben Cardless, has been developed at the Union branch experiment station and promises to be a high yielder for some sections of Oregon. It is already used in the Grande Ronde valley with success. It appears to be the best beardless barley for the rather mellow, sandy soils, say the college farm crops department.

The gas given off by paradichlorobenzene is heavier than air, which makes it effective in killing the peach and prune root borers. This makes it essential, however that the crystals be placed above the highest point where the borers are working on the trunk. August 15 to September 15 is the time of application recommended by the Oregon experiment station.

Support Your Home Paper.

Book Lovers Do

I have somewhere seen it observed, that we should make the same use of a book that the bee does of a flower; she steals sweets from it, but does not injure it.—Colton.

Keep Cool With Andy



Secretary Mellon's costume of white linen fits Washington's torrid Summer climate.

Budgeting Calories - Jane Rogers

Preserving Time Gives Thrifty Housewife Chance to Store Up Calorie Reserve for Winter Months

WITH fresh fruits abundant and inexpensive, and sugar selling at an almost pre-war price level, the thrifty housewife has an excellent opportunity to reduce future expenses by preserving generous quantities of jams and jellies.

Peaches, plums, apples and other fruits, and an almost inexhaustible variety of berries, can be purchased in quantity and turned into delicious bits to be stored away against the long winter days.

This, to the housewife who keeps one eye on the family budget, means a distinct saving, for these delicacies, so necessary to round out heavy, winter meals, come high when purchased from the store.

Their place in the winter diet is universally recognized. The tart jellies such as apple, plum and grape, are particularly tasty when served with the meat course, while the sweeter ones such as blackberry or strawberry can be used with hot biscuits or toast for breakfast, on French pancakes for supper, or with cream cheese as a simple but exceedingly popular dessert.

They have a high calorie value, too, which makes them an important part of the diet. The fruits are rich in vitamins and minerals needed for perfect



health, and the sugar is a high energy food that will also supply needed internal warmth during the cold days of winter.

There is another use for jellies and jams that must appeal to the thrifty housewife. After preserving enough to satisfy the family needs, fancy shaped glasses and jars can be purchased at a small cost, filled, and nicely labeled.

The approach of the Christmas holidays always offers little problems in the form of small gifts to friends and acquaintances. Two, three or even a half dozen of these attractive, clear, sparkling jars, can then be taken from the shelf and turned into an economical gift that is certain to please the recipient.

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PINKEY DINKEY

THE WORST IS YET TO COME

By Terry Cilkison

