

CENTRAL POINT STAR

Published by Mae's Printing Co., Gold Hill, Oregon
C. J. SHORB, Editor

An Independent Newspaper published in the Interests of
Central Point Oregon and vicinity

PUBLISHED EVERY FRIDAY

Entered as second-class matter, October 26, 1928 at the
post office at Gold Hill, Oregon under the act of March 3,
1879.

Subscription \$2.00 year in advance. Ad rate on application

Office With Al Hermanson

ALASKA MINE MAKES BIG PROFIT

The Alaska-Juneau Mining Co. operating the biggest
gold mine in the Alaskan country showed a profit
of \$96,500 in the month of June with a surplus of over
\$83,000 according to reports of the company.

The most interesting part of this item to the people of
the Southern Oregon mining section is that this profit was
made from ore which only returns 83.81 cents per ton in
values. Yet in one month after costs of mining, milling,
trammung, office expense in Alaska, San Francisco and
New York had been extracted there was still a surplus
of over \$83,000 dollars.

Here is the item as clipped from The Alaska Week-
ly a mining Journal of the Northland.

The Alaska Juneau Gold Mining
Company, operating the biggest gold
mine in the Northland, showed an
operating profit of \$96,500 in
June and a surplus of \$83,500, ac-
cording to the estimated results of
operations issued from the San
Francisco headquarters of the com-
pany.

During the month of June 316,770
tons of ore were mined and tram-
med to the mill. The average
per ton recovery was 83.81, of
which 82.39 was in gold and 1.42
in lead and silver.

Should the same system of handling ores in the
southern Oregon mining belt be placed in operation it is
quite likely that there would be a real activity here for
there are few of the low grade properties in all southern
Oregon which will not assay much higher than 83 cents a
ton.

The returns from this Alaska mine might furnish
food for thought to the people of this country who are in-
clined to ridicule the district's mining opportunities.

With unemployment facing the workmen of the na-
tion to an even greater extent than it has for some time
we find Thomas A. Edison maintaining that there is no
real reason for it. He also remains a strict advocate of
Prohibition. His attitude is that the reason for the trying
times is that people have been told of hard times until they
are afraid to spend their money. The workers are holding
on to every cent they can and as a result there are
no building operations and no expansions. Thus the re-
actions reach every part of the industrial fabric.

Former Residents Return

Mrs. Sally Williams, Mrs. Nora
Dyng and son, Herbert who have
made their home in Medford for
the past year, moved back to Cen-
tral Point this week. They were
former residents of this city.

Return from Union Creek

W. J. Freeman drove up to Union
Creek Sunday and brought home
Mrs. Freeman, Mrs. Court Hall and
Mrs. Julia Owen who have been at
that resort since the 4th of July en-
joying a most delightful vacation.

Nature Cure

Naturopathy is the climax of health science.
All diseases come within the range of its philo-
sophy and practice.

Dr. A. R. Hedges

Health Institute
Stewart Building 235 E. Main Street
Phone 170. Medford

Conger Funeral Parlors

Office of County Coroner
RELIABLE MEDFORD, REASONABLE OREGON

Local Happenings

Leave for Lake of Woods

E. C. Richmond and family left
Monday for Lake of the Woods to
spend their vacation. A. W. Ayers
is driving truck for Mr. Richmond
during his absence.

Outing at Bybee Bridge

Mrs. Al Hermanson, and daugh-
ters, Mrs. Leonard Bowman and
daughters and Mr. and Mrs. George
Wright spent all day Tuesday at
the Bybee bridge. There were
quite a few other Central Point
people at the river as it is an ex-
cellent swimming place. All the
above party are suffering with se-
vere cases of sun burn.

Return from Vacation

Rev. J. M. Johnson and wife re-
turned home Saturday from a two
week's vacation part of which was
spent at Eugene attending Synod
meetings.

Return from Salem

Mr. and Mrs. P. A. Bonney and
daughter returned Monday night
from a trip to Salem and Dallas,
Oregon, where they visited friends
and relatives.

New Store

W. H. Wheeler and son who own
a service station on the north side
of Blackwell Hill are building an
addition to the station, which will
be used for a store room. They
expect to carry a good line of mer-
chandise and assure the public
good service at all times.

Reported Improving

The condition of Miss Dorothy
Samsen, who underwent an opera-
tion for Acute appendicitis at
the community hospital Tuesday
was reported as improving.

Birthday Dinner

Mrs. E. H. Hedrick of Medford,
daughter of Mr. and Mrs. W. H.
Norcross, gave a birthday dinner at
her home Sunday, honoring her
father who celebrated his 75th birth-
day on that date. Those present
were Mr. and Mrs. Hull Norcross
and son and Mr. Paul Norcross of
Los Angeles. Mr. and Mrs. Nor-
cross of Central Point and Mr. and
Mrs. E. H. Hedrick and two child-

Entertain Guests

Mrs. Viola Lampman had as her
guests Tuesday, Mrs. William
Downing and son of Medford.

Spend Week End on Coast

Mr. and Mrs. C. E. Eicher, Nellie
Eicher, Mr. and Mrs. Frank Howard
and baby spent the week end at
Crescent City.

Oakland Visitors Here

Rev. Charles H. Reaves and fam-
ily of Oakland, California spent
Sunday in Central Point visiting
friends. Mrs. Reaves will be re-
membered as Mary Herington.

Returns Home

Miss Geraldine Tex returned
home Sunday from Prospect where
she has been spending the summer
with her aunt and uncle, Mr. and
Mrs. Jim Grieves.

Suffers Stroke

Mrs. Geo. Ross who left here sev-
eral months ago to visit her sister
in Santa Cruz, Calif., suffered a
paralytic stroke soon after her ar-
rival there and has been in a san-
itarium. Her many friends here
will be glad to know that she has
almost recovered and is now in a
convalescent home.



Babe's Bum Digit
A fingernail lost by Babe Ruth,
world's greatest batsman, so impairs
his batting that it may cost the Yan-
kees the pennant

The Perfect Servant

It took thousands of years of world
progress to produce the perfect servant—
ELECTRICITY.

Perfect because it combines the merits
of all previous servants and omits all their
faults.

Mighty in strength, tireless, willing, ob-
edient, quick, economical and always ready
at the turn of a switch.

Let us help you plan to get the most out
of this 24-hour-a-day servant. ELECTRI-
CITY IS THE CHEAPEST SERVICE YOU
CAN BUY!

THE CALIFORNIA OREGON POWER COMPANY
"Your Partners in Progress"

County Health Department

ACTIVITIES
By Dr. B. C. Wilson

NEWS
Health Officer

ALL ABOUT MILK

(Continued)

Milk has a place as a staple gro-
cery article because it contains a
large percentage of water which
can be taken out without much af-
fecting the food value of the milk.
It is then canned as evaporated,
condensed or dried milk.

Condensed milk is sweetened with
sugar. The sugar keeps the milk
from spoiling just as it preserves
jellies. Although the product is not
sterilized, it is heated beyond the
pasteurizing point and is both safe
and wholesome. Dried milk, from
which all the water has been eva-
porated, is a powder. When dried
milk is to be used, it is mixed with
water until it is about as thick as
skim milk. Dried milk is as nour-
ishing for family use as pasteurized
fresh milk. Usually, when milk is
allowed to stand, it turns sour and
curdles. The curdling is a special
form of fermentation, and is caused
by a harmless acid which is formed
by lactic acid bacteria. Fresh
milk may be made to curdle by the
addition of lactic acid. Fresh cur-
dled milk may be made to curdle
by the addition of lactic acid. Fresh
curdled milk is not harmful; it is
often beneficial. It may be given
even to young children. When
milk curdles, very much the same
things happens as when an egg is
heated; the albuminous matter is
made hard, lumpy and insoluble.

The curd or clabber is the thick-
ened albumin of the milk. Sour milk
should always be put to use. It
can be used in making such things
as muffins, griddle cakes, and cot-
tage cheese. The whey, the thin
watery part, can be used in bread
making. Not a drop should be
wasted.

All skim milk, too, should be
used. It can be used as a drink or
a food; it can be made into butter-
milk or cottage cheese; it can be
used in cooking. Skim milk is the
cheapest source of protein. It con-
tains all the good qualities of milk
except fat, and the vitamin found
in the fat. Cottage cheese is made
from either whole milk or skim
milk. Take one quart of thick sour
milk, one quart boiling water, one
tablespoon top milk, one-third tea-
spoon salt. Put the milk into a pan
over a slow fire. Heat to 100 de-
grees, Fahrenheit. Turn into cheese
cloth strainer. Pour the boiling
water upon it. Allow to drain.

Squeeze gently. Mash the curd
with a fork, moisten with cream
and season with salt. One pound
of cottage cheese supplied more
protein than a pound of beef, pork,
lamb, veal or chicken. Buttermilk
is curdled milk from which the fat
has been removed. It may be a
sweet curd or a sour curd. It has
practically all the food value of
milk except the fat, most of which
goes into the butter. Prepared but-
termilk may be made from skim
milk or from whole milk, and is
sold under various trade names.

Other milk products, or milk-con-
taining foods, such as butter, cheese
junkt, custards, cream sauces,
custards, cream sauces, cornstarch
puddings, rice puddings, and ice
cream, all are good, nourishing, and
valuable foods. Milk is almost as
nutritious and wholesome when

cooked with other foods as when
taken fresh. Put it into cocoa,
milk toast with it. Put it on cereals
Add it to soups, chowders, and
stewed vegetables; to gravies and
sauces; to creamed and escalloped
dishes, pies and souffles. Milk is
the most perishable of all our food
stuffs. It spoils even more quickly
than fresh fruits and berries. From
pasture to pail, and from pail to
palate; it must be handled with
unusual care. In the old days milk
used in the cities came chiefly from
nearby farms, and it reached the
consumer before it was a day old.
Now it is shipped great distances.
Some of New York's daily milk
supply comes from Wisconsin and
even from Canada. The delivery
in good condition of the great
quantity of milk required for a
large city presents many difficult
problems.

Will Summer Here
Mrs. Mary Price came up from
Salem, Sunday and will remain
here thru the summer.

Mr. and Mrs. Leon Boomer spent
the day, Wednesday at Crater Lake.

W. A. Cochrane of Portland was
a visitor last week, at the home of
his brother, F. O. Cochrane.

Watch Repairing

Done right and when
we promised it.
We give a moneyback
guarantee on all work.

When you think of
DIAMONDS
think of

Brophy's
JEWELERS
MEDFORD, ORE.

Brevity Is the Soul of Wit



DR. I. H. GOVE

It is too warm to read lengthy
ads. If you have any tooth
trouble come to my nice cool
offices and receive the best
dental service that money can
buy.

Dr. I. H. Gove

Specialist on Plates and
Bridges
Dentistry Done the Modern
Way
235 E. Main MEDFORD
Office phone 372j Res. 768-J



Mail Us Your Films
SWEM'S

217 E. Main St. Medford

Building Materials

Ours is a modern supply depot for the builder for we handle
Lumber, Shingles, Lath, Lime, Plaster, Cement, Johns-Manville
Roofings etc., and make everything in Cabinet Work and Mill
Work.

TROWBRIDGE LUMBER YARD
TROWBRIDGE CABINET WORKS
Let us estimate your bill, you will like our Service, Quality and
Prices. MEDFORD, OREGON