

# For that better Printing---see us.



*We take a Personal Pride in our Work and  
are never satisfied unless you are*

**Give us a chance to Figure  
on your next job**

## Mac's Printing Co.

Glendale, Gold Hill, Central Point

### County Health Department

ACTIVITIES  
By Dr. B. C. Wilson

NEWS  
Health Officer

It is an unfortunate psychological experience, from the standpoint of health promotion, that people are more impressed by new and startling events than by more serious conditions that develop slowly over a considerable period of time. The occurrence of a few deaths from Smallpox in a community will usually result in wholesale vaccination as a preventative measure while the greater number of preventable deaths that occur in any one year from other diseases excites no comment whatever. Few people realize the growing menace to life of heart disease and that its importance as a public health problem is particularly a disease of early life.

In the period 1921 to 1927, 20 out of every 100,000 children from 5 to 19 years of age died of heart disease annually in the registration area of 1920. In other words, in the area comprising 37 cases and 82 per cent of the total population of the country, heart disease was the third highest in the list of the causes of death among children. Moreover, of 17,974 school children carefully examined by medical officers of the United States Public Health Service in Florida, Illinois, and Missouri over 3 out of every 100 had heart disease in the problem is greater than that of tuberculosis or cancer.

Special reports obtained by the United States Public Health Service from certain states, for 1928, with an aggregate population of approx-

imately 25,000,000 showed that 228 persons out of every 100,000 died from heart disease, as compared with 106 from kidney disease, 105 from cancer, and 100 from pneumonia—the four great killers of mankind. Moreover, these figures do not tell the whole story, because the number of deaths from heart disease is increasing. During the eight years from 1917 to 1925, in the registration area of the United States, the population increased by about one-third, deaths from heart disease practically doubled, and the number caused by heart diseases as a contributing factor increased 81 per cent, although the number of deaths from all causes increased only about 14 per cent. Heart distortion of two functional disorders to one to an organic lesion.

Heart disease may be congenital or acquired. Little can be done to prevent the development of congenital cases beyond increasing attention to the supervision of expectant mothers. Acquired heart disease is most frequently due to improper habits of living and to the infections, particularly those of the rheumatic group. It has been shown that the incidence of certain infections and rheumatic diseases in association with damaged hearts is very high—scarlet fever in 12 per cent, diphtheria in 16 per cent, chorea in 15 per cent rheumatism in 44 per cent, and tonsillitis in 66 per cent of the cases; and among adults, there is increasing evidence that syphilis is an important and

frequent cause of serious damage to the vascular system. The liability to cardiac involvement in acute rheumatic fever varies with age, practically 75 per cent occurring in children under 10 years of age, as compared with about 12 per cent in persons over 40 years of age.

#### HOME POINTERS

If a nail or tack is to be put into plaster, it will be less likely to crack the plaster if the point is first stuck in soap.

If a new broom is immersed in boiling soap suds for a few minutes and hung up to dry each week, it will remain soft and pliable and will last much longer.

A fire in a fireplace chimney may be stopped by closing all windows and doors, shutting off ventilation and holding a wet blanket in front of the fireplace to prevent a draft from going up the chimney.

Bright colored clothing helps to protect children by making them more easily seen by the motorist. Such colors as yellow, rose, orange and red provide a safety zone

around the child, while others such as dark blue, brown and tan do not attract attention.

A good home-made furniture polish can be prepared by mixing one part of raw linseed oil with two parts of turpentine. A little melted beeswax can be added if desired.

#### FARM REMINDERS

Garden peas lead all other vegetables in the United States for canning purposes, U. S. D. A. figures show. In 1928 canners packed nearly 18,000,000 cases of peas, five times as many as in 1922.

The cabbage maggot can be controlled in Oregon by applying a solution of corrosive sublimate to the plants at the time they are set out. The solution is applied to the soil around the crown. Applications are then repeated three or four times at intervals of a week or 10 days. After the maggot has entered the roots this material will not be effective, reports the Oregon Experiment station.

Winter injury to cane fruits, such as loganberries, red and black raspberries, and evergreen blackberries, through the Willamette valley is thought to be greater than any time since 1919, says the Oregon Experiment station. The amount of recovery evergreen blackberries depends largely, however, on the character of the first few weeks of growing weather.

Oregon county agents, working under the direction of horticultural specialists of the college, cooperated in the conduct of 211 horticultural meetings, attended by more than 13,000 fruit growers during 1929.

Feed and weed flavors were found to be the most common factors in lowering the quality of Oregon creamery butter tested by the dairy department of O. S. C. during April. Onion flavor was worst, but was found in only one sample. Scorched flavor was also common, due to having the heating medium at too high a temperature.

#### Good Likeness

Photographer: Your son ordered these photographs from me.

Father: They certainly are very much like him. Has he paid for them yet?

Photographer: No sir.

Father: That is still more like him.

#### A Soft Answer's Effect

"You seem able bodied and healthy," she remarked coldly, "you ought to be strong enough to work for your meals."

True enough lady, he replied. And you seem beautiful enough to be in the movies, but evidently you prefer the simple life.

The dinner he got was delightful.

#### Paris Latin Quarter

The Latin quarter of Paris is the section of the city in which the University of Paris is situated. Education in the university was formerly given in Latin, and the students used to go about the town singing their songs in Latin, thus giving rise to the name which persists to the present day.

### JUST A FEW EXAMPLES Of what the Oregon Press thinks of Harry L. Corbett, Republican Candidate for Governor



"Should Oregon entrust its governorship to him (Corbett) it will be in mighty good hands." — Sheridan Sun.

"He (Corbett) says that the state will be advanced more by hard work than oratory." — Grass Valley Journal.

"The fact that Harry L. Corbett was the only senator in the 1927 legislature who refused to accept the extra pay which the legislators voted themselves should not work to his disadvantage in his campaign to procure the republican gubernatorial nomination." — Ashland Tidings.

"Searching through all of the utterances made by candidates we find in the Corbett platform a gem to consider." — Klamath Falls Herald.

"With Mr. Corbett Governor there should be no pyramiding of bond issues, but there would be ways and means devised for legitimate, safe development." — Malheur Enterprise.

"The sanest platform that has been issued by any candidate in this generation is the one put forward by Harry L. Corbett, republican candidate for Governor. If there is any 'bushwah' in it we have not been able to locate it and that is a most unusual thing for a candidate." — Corvallis Gazette Times.

**Vote for Harry L. Corbett**

Paid Adv., Corbett for Governor Com., Floyd J. Cook, Field Mgr. 608 Corbett Bldg., Portland, Ore.

Cheer up, that boy of yours who doesn't want any water on his face may grow up to be a deep sea diver.

#### NEWSPAPERS OF STATE REPORT MUCH PROGRESS

Continued from Page 1)

tion has stimulated activity in real estate. B. W. Doyle, Los Angeles, California, man heads a company capitalized for \$100,000 which has secured 1000 acres near here which will be developed as a townsite and other acreage sold as farm tracts. This is a highly productive area with land prices comparatively low.

Astoria Budget—Ea growers in the brownsend section at a meeting here reported that acreage this season will be double last season's plantings and growers not members of the association will have an e-

qual acreage. The association expects to market 150,000 pounds during the month of September when other pea crops are off the market and the peak price can be obtained. This section is ideally adapted for growing quality peas.

La Grande Observer—Chase Bohnenkamp, a local business man who has marketed the cherries produced on trees of the country club and noted the fine results, has bought 160 acres and has planted 1919 cherry trees out of a total of 3000 which he will maintain in his orchard. State college experts have investigated this section and pronounce it one of the sections naturally adapted for successful cherry growing.

That's a chip off the old block, said the man when a bullet grazed his head.

## Vacation Days

Will soon be here. Will you have dependable transportation for the trip. Come in and look over our line of dependable—

## Used Cars

Also the DODGE 6, DODGE 8 and the PLYMOUTH.

EAKIN'S SUPER USED CAR LOT—THE ONE PRICE LOT

## Dodge & Plymouth Dealer

ON SOUTH FIR

HAVE YOUR ORDERS OUT OF PORTLAND SHIPPED VIA

## Consolidated Truck Line

Orders shipped out of Portland today will be delivered at your door tomorrow.

Reasonable Rates and Courteous Service

Phones: Roseburg 31, Medford 569 Grants Pass 98

## The Golden Rule Says---

"TRUTH IS STRANGER THAN FICTION"  
Come in and Ask for proof of every statement in this Ad.



Young Men's new Spring Suits in Wanted Styles and Patterns—\$16.85 and \$19.95  
NEW SPRING STRAWS—\$1.65, \$2.45 and \$3.85  
Wanted Styles in OXFORDS,  
\$3.48, \$4.35 and \$4.85

We want you all to see these Outstanding Values.  
**Golden Rule Chain Stores, Inc.**

Save Your Sales Slips and Cash Register Receipts  
To Apply on Valuable Premiums  
GRANTS PASS

## Cause!

WHAT IS THE CAUSE OF YOUR TROUBLE?

NATURAL METHODS IN DIAGNOSIS SEEK  
THE CAUSE OF DISEASE

## Dr. A. R. Hedges

Health Institute  
Stewart Building 235 E. Main Street  
Phone 170. Medford