

The New Hooverizing



HEALTH has become more than ever a big item nationally, since President Hoover set the example of an early-morning workout. Members of the "medicine-ball cabinet" approve the idea of vigorous exercise before tackling the business of the day, and even King George's six o'clock radio address found these distinguished team-mates gathered around the loud speaker in one of the basement china rooms, dressed in their medicine ball outfits—heavy shirts, rough trousers and tennis shoes.

Simple Foods at White House

Simple foods are appearing on the White House dining table, in accordance with the health program. And the effect of this Presidential attitude will probably be simpler foods throughout the nation in homes where women are not to be outdone by athletic husbands, who—if they don't actually take up

medicine ball—will at least give consideration to the daily dozen. The transformation in winter tendency is typical of the modern tendency. They are no longer the heavy, rich pastries of yore. Instead, berries and fruits have come to the fore—to be made splendid, on occasion, with a topping of whipped cream.

Blueberry Charlotte is a modern and healthful last course: Remove the crusts from eight or ten slices of bread, and butter the slices well. Heat the contents of a No. 2 can of blueberries with one-fourth cup of butter until the mixture comes to the boiling stage. Butter a deep dish; arrange alternate layers of bread and hot berries, pressing down well. Let stand several hours in a cold place; turn out in a mold. Slice and serve with cream, seasoned with nutmeg, or with whipped cream. This serves eight persons.

P. T. A. Meets

The Central Point Parent Teachers Association met Friday afternoon for the last meeting of the school year.

The Home Economics class put on a Fashion show displaying silk underwear, slips, pajamas, wash dresses, silk dresses, coats and jackets made by the class under the direction of Mrs. Echo Shepman.

Mrs. Glen Fabrick of Medford gave a splendid talk on child welfare.

Prof. Jewett reported that of all the tuberculosis skin tests given the children in our schools, not a single case of the disease was found.

The following officers were elected for the coming year: Mrs. Theo Tollefson, President; Mrs. L. C. Grimes, V. Pres.; Mrs. Ernest Reames, Secretary; Miss Marguerite Horney, Treas.

Birth Day Dinner Given

Mr. and Mrs. Roy Kelly entertained Sunday at a dinner honoring the birthday of Melford Hood. A beautiful birthday cake graced the table loaded with good things to eat. Those present were Mr. and Mrs. M. D. Hood and family, Mr. and Mrs. Wilford Walker, Grandma Thomason and Mr. and Mrs. Roy Kelly all of Central Point. Mr. and Mrs. W. D. Hood and family and Mrs. E. H. Seman and family of Prospect and Mr. and Mrs. Harry Dubbs and family of Grants Pass.

Pioneer Club Notes

Be sure and take notice of the change in time of meeting. This week we will hold our meeting on Friday night at 8 o'clock at the usual place. We are making plans for Summer Camp and you had better be present to help make the plans. "More Boys, More Time, More Beans"—A. W. Ayers—Leader

Trip To Crescent City

Mr. and Mrs. Lew Halfield, Mr. and Mrs. George Treichler and Mrs. C. Leonard enjoyed a trip to Crescent City Sunday. They report a lovely trip and the scenery beautiful. They saw Azalias, Rhododendrons, and Dogwood in profusion and say a trip at this time is well worth taking.

Central Point Proud

Central Point was very proud of the fine showing the school made at the track meet held in Medford Saturday. A silver cup, won by the Central Point track teams is now on display at the high school.

Picnic In Greensprings

Mr. and Mrs. Jesse Richardson and Erma, Mrs. Christina Davis and two babies of Salem drove to the top of the Greenspring Mountain and were met by relatives from Klamath Falls where all enjoyed a picnic, Sunday.

Mrs. Welch Improving

Mrs. Jack Welch who has been very ill at her home is reported as improving.

Gold Hill Items

Mrs. Geo. Meisinger is sufficiently recovered from her recent operation that she is able to be up and take care of some of her household duties.

Mrs. Clyde Walker was shopping in Medford, Tuesday.

Alan Cameron was a visitor at Roseburg, Sunday calling upon friends.

Lou M. Sweet of Beagle was in the city on a business mission Wednesday.

Mrs. Vera Penny was in the city from Rogue River one day this week visiting with friends.

A. S. Wood of Seattle was in the City Tuesday attending to work at the Beaver Portland Cement Co.

Beatrice Connor started to school this last six weeks and intends to graduate with the present Senior class.

Doctor Howard Taylor of the University of Oregon will deliver the commencement address at the High school, May 23.

Alan Cameron had the misfortune to mash a finger while employed by the Lively Lime Co. A large piece of lime rock fell on his finger necessitating his laying off work for a couple of days.

Mable Poague was a visitor in the city Wednesday as the guest of friends and while here attended the Rebekah lodge meeting that evening. Mrs. Poague has just recently returned from the northern part of the state.

Mrs. Minnie Sargent was quite ill at her home a few days this week due to a nervous condition following the news of her sister's death. Mrs. Paul Angstead is substituting as third and fourth grade teacher during her absence.

Adolphus C. Frick returned this week from the hospital in Medford where he had been confined for some time following an accident in which Mr. Frick had his collar bone broken and other injuries caused when a horse fell on him.

Mr. and Mrs. Ray Kenaston and daughter moved to Ashland, today where Mr. Kenaston has purchased a barber shop. Mable Kenaston, a sister of Ray's has been conducting the Pollyanna Beauty Parlor in that city and she just recently purchased the business. The two businesses will be operated in the same building.

Mr. Stolsworth, who lives on the Sams Valley road near this city received a shipment of baby chicks today from a northern hatchery.

The Ladies Aid will hold a baked goods sale on Saturday May 17th from 10 a. m. to 3 p. m. in the building formerly occupied by Kelly's shoe shop.

W. G. Myers and W. T. Ward were in the city from their farm in the upper Sams Valley country, Tuesday. They also visited at the county seat.

H. D. Reed returned home Wednesday noon from San Francisco where he had been on a business trip for several days. He was a guest of his son Charles while in the bay city.

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Children's Gold Bond
SAVING CLUB CARDS
Nip & Sip Service Station
AND
Lunch Room

Must Ask for Stamps at time of purchase

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All Make Cars and Trucks. No job too small—None too Large
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at all times with the very best meats the market affords. We do our own buying to conform to the local demand for good meats as we know it from our long experience dealing with the local trade.

NO PRODUCT TOO GOOD FOR OUR CUSTOMERS

Central Point Meat Market

Central Point I. D. Lewis Oregon

Turning S-L-O-W Sales into Quick Turnovers

In this ad we wish to emphasize one big idea and that is this:

You've got to put forth every effort to keep home folks coming to your stores and buying in your stores.

Advertising in your local home news paper can help accomplish that aim. Not only your own advertising, but the advertising of the manufacturers whose goods you stock as well.

You cannot get the advertising support of these manufacturers merely by wishing for it. You've got to make the manufacturers realize how necessary it is to you, if you are to sell their goods successfully.

And you can make the manufacturers realize it by selling their salesmen, who call on you, on your city—by interesting them in our town as an outlet for their merchandise—by interesting them in your local, home newspaper as the means to more sales of your merchandise.

This is an opportunity, for you merchants that you should make the most of, one that may mean all the difference between slow, infrequent sales and quick, profitable turnover.

The Central Point Star

WE DESIRE TO GET ALL THE NEWS OF THE CITY.
AND WE WILL APPRECIATE HAVING ANYONE PHONE US ABOUT ANY EVENT OF INTEREST

CHURCH ANNOUNCEMENTS

CHRISTIAN CHURCH

"You are Welcome"
D. E. Millard—Minister.

Miss Eula Benson—Bible school Superintendent.

Bible school at 10:00 A. M. with classes for all ages.

Church services at 11:00 A. M. A cordial invitation to all.

CHURCH OF CHMST

Central Point, Oregon
West Pine Street
Faithful Men in Charge
Assembly—10.00 o'clock A. M.
A cordial welcome to all.