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Office With Al Hermanson

How to Raise Poultry

By Dr. L. D. LeGear, V. S., St. Louis, Mo.

Dr. LeGear is a graduate of the Ontario Veterinary College, 1892. Thirty-six years of veterinary practice on diseases of live stock and poultry. Eminent authority on poultry and stock raising. Nationally known poultry breeder. Feted author and lecturer.



IS EUGENICS NEEDED IN THE POULTRY YARD?

Somewhere in the course of my general reading I once ran across the statement of a well known wit that the best thing he had ever done was to choose the proper parents. A very witty remark, indeed, but in

the light of its real meaning, a very wise one. Naturally, the thought so strikingly set forth instantly associated itself in my mind with my own pet hobby, the raising of high grade thoroughbred chickens. I could not help thinking how much better it would be in a great many cases if fowls could have the privilege of

regulating their own parentage instead of having to depend on those who do it for them. It has always amazed me that so many people should fail to realize the importance of properly selecting breeding stock as a factor in successful poultry raising.

First of all there is the general law of heredity that "like begets like." In other words, if you select a certain breed of fowls in which certain characteristics are very strongly marked and mate only such birds as exhibit those characteristics to a decided degree, the offspring should have the same characteristics to approximately the same degree as their ancestors.

Because it is so decidedly true that like begets like, it is of paramount importance to select breeders known definitely to possess certain desired characteristics. That immediately rules out the mongrel and establishes the necessity of working only with standard breed fowls. The mangled has no definitely known characteristics. It is a mixture of anything and everything. Consequently its progeny may be anything or nothing. Most likely, they will be nothing or, at least, nothing useful.

On the other hand, suppose our aim is high egg production. We can choose among a number of varieties known to be excellent layers; then if we are careful in culling out undersized and inferior or deformed specimens of both sexes and if we cull out all poor layers among the females, we are pretty sure to develop a flock that will give us eggs in abundance.

Another law of breeding to be reckoned with is that only healthy and vigorous parents can be expected to have healthy and vigorous offspring. As applied to poultry raising, this calls for ruthless culling out of all inferior fowls as soon as they are old enough to show with certainty whether or not they measure up to required standards. Hens that are not good layers should be discarded for two reasons; first, because they do not pay for the trouble and expense of keeping them and, secondly because their descendants will also be poor layers. The various methods of culling are well known and easily learned by those who want good productive flocks. Certainly these methods should be known and practiced by any owner

A Dollar Dinner for Four



If four people went into a restaurant and tried to get four dinners for only twenty-five cents each, people would begin to suspect their sanity. But at home it's a different matter! Just look at the meal which the intelligent housewife can purchase for her family of four for a modest dollar bill:

- Corn and Beef Loaf \$42
- Scalloped Potatoes 10
- Steamed Tomatoes & Celery 17
- Bread and Butter 38
- Jellied Pears 16
- Demi-tasse 03
- Total \$96

The recipes for this economical dinner are:
Corn and Beef Loaf: Mix the following ingredients and form into a roll: one pound ground rump of beef, one-half pound ground fresh pork, one beaten egg, one tablespoon chopped onion, one-half tablespoon salt, one-fourth teaspoon pepper, one-half cup bread crumbs

and the contents of an eleven-ounce can of corn. Place in a well-greased loaf pan and bake in a hot oven (400°) for about 45 minutes. Serves eight. For four, make only half the recipe, or cook the entire amount and use the loaf for two meals.

Steamed Tomatoes and Celery: Combine contents of a number 2 can of tomatoes, one-half cup of diced, cooked celery, salt and pepper, one tablespoon of butter and one teaspoon of sugar. Simmer gently for a few minutes.

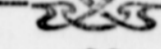
Jellied Pears: Drain the syrup from an eight-ounce can of pears and add one-half cup water, one tablespoon of grenadine syrup and one tablespoon of sugar. Dissolve one-half package of lemon-flavored gelatin in the hot mixture and cool. Arrange pears in four individual molds wet with cold water. Pour the cold syrup and gelatin mixture over them, and set away to harden. Unmold and serve cold.*

of chickens and only the very cream of any flock should be used for breeding.

What is true of the female is true to a like degree of the male. That is a point often overlooked by poultry raisers. It must not be forgotten that the male supplies the germ of fertility which converts an egg from an inert mass into something capable of producing life. The stronger and more virile the male bird is, therefore, the greater will be his ability to transmit that vital quality without which eggs cannot become chick. Only lively, alert, strong vigorous, fighting males should be selected for breeding. The lusty loud crowing, bright eyed, chesty Sir Chanticleer should be chosen every time in preference to the droopy, dipirited, too quiet or insatiable male.

The question of heredity should also influence selection of the male birds for breeding. Characteristics of descendants are derived from both male and female. It is, therefore, of the utmost importance that male birds should possess, in so far as that fact can be determined, the characteristics which are wanted in the next generation. If a pure strain is wanted it certainly cannot be expected unless the male is in every way a perfect specimen embodying the best qualities in that strain.

THE JOKERS CORNER



FIFTY-FIFTY

Two Jews who had shops directly across the street resorted to everything but murder to outdo each other. They slashed prices ruthlessly, and went without sleep, plotting what to do next.

Then one night a Jewish fairy came to the bedside of Cohen, and said:

"Mine, friend, I'm it a leetle ferry vot kin geev you anything, but I warn you vot you wish your competitor gets double."

"Dot's okay by me," heplied Cohen. "I wish I go blind in one eye."

BIG-HEARTED HUBBY

Young Bride—"Darling I had a wonderful dream last night. I dreamed that I went shopping and bought three dresses, two hats and

Exam. Question: State the number of the last amendment added to the U. S. constitution, and tell for what the amendment provides.

Ruth's Answer: The nineteenth amendment: Equal Suffrage—the women have a right to suffer as

well as the men. had a fur coat sent home on approval."

Hubby—"Well, honey, you've been a mighty sweet girl—you may keep all of them."

THE WISE CLASS

The minister was questioning his Sunday school class. "Now can any of you tell me the name of the place where we'll all go if we are good?" he asked.

"I'll describe it," the minister continued. "It's an immense place where huge golden pillars rise high above you. The air is perfumed and soft music plays continually. Now can any of you tell me the name of this place?"

"The movies!" chorused the class.

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QUICK FOOD FOR THE HUNGRY CROWD



WHEN a committee meeting drags itself out longer than was expected, when a glowing crowd of bright-eyed high-school girls come in with a hungry look in their faces, when unexpected guests drop in during the evening—then what a comforting feeling it is to know that on a certain shelf in the kitchen there are the makings of a dainty bit of food which will take only twenty or thirty minutes to prepare and will win the crowd's plaudits.

Let Your Daughter Cook

This shelf is especially desirable if your daughter—or son—is of the gregarious type who is always bringing friends home after school, for you can teach her, or him, to make a few dishes and rest serene in the knowledge that the responsibility is off your hands. But to do this, one of the most important things is to see to it that the necessary supplies are always on the shelf and that recipes, if needed, are pasted on the inside of the cupboard door. Because the essence of such a meal is speed, some preparations should be made ahead of time. If you include cheese in the repertoire, see to it that grated cheese is always in the glass jar on the shelf.

Canned fruits are especially suitable, for they lend themselves to many uses. Apple sauce is one of the best liked. It can be used as a filling for cake or gingerbread. If you have baked tart shells ready, it

is the work of only a minute to add spices to taste to the canned apple sauce, pour it into the shells, sprinkle with grated cheese and heat in the oven until the cheese is melted.

Apple and Date muffins are simple to make and with chocolate or coffee are enough for such a light lunch. To make them, beat two eggs and add one cup of milk. Mix and sift two cups of flour, three tablespoons of sugar, four teaspoons of baking powder and one-half teaspoon of salt. Add to the first mixture. Then add one-half cup of canned apple sauce, three tablespoons of melted butter and one-half cup of chopped dates. Pour into buttered muffin tins and bake in a hot oven, 400° F., for 15 to 20 minutes. This makes eight to ten muffins.

Versatile French Toast

French Toast is a quick and universally liked dish and can be varied in many ways. You can sprinkle it with powdered sugar or a mixture of cinnamon and sugar, or you can serve honey or a tart jelly with it. Another variation is to cut the bread in circles, dip in the egg and milk mixture and sauté in the usual way. Then force canned apricots through a sieve and spread half the slices of toast with the purée. Place the other slices on top and garnish with a thin slice of orange, cut crosswise.

A pineapple sauce to be poured over French Toast is made by boil-

ing until thick the contents of an eight-ounce can of pineapple tidbits, one-fourth cup of orange juice and one-fourth cup of sugar mixed with two teaspoons of flour. Pour over the hot toast and serve immediately.

Peanut butter may become a partner in the French Toast business, too. To make it, cream together one-half cup of canned peanut butter and one cup of milk. Add salt and pepper and a slightly beaten egg. Remove the crusts from slices of bread and cut in strips. Dip the bread in the mixture, and sauté in butter. Serve hot with a garnish of sweet pickles.

Pie Crust Sandwiches

Pie pastry may be kept in the refrigerator for some time all ready to be rolled out and made into turnovers—if you have a filling ready. Or you can roll the pastry out and cut it in circles the size of a slice of pineapple, and bake it in a hot oven. Put a pastry circle on a serving plate, and place a slice of drained pineapple on top. Spread with marshmallow creme and sprinkle with nuts. Another circle of pastry goes on top of that, and a dab of marshmallow creme to top it off.

By a little home practice in making the foods which will appeal the most to your crowd, and by seeing to it that supplies are always on hand, you will have no qualms when the crowd descends on you.

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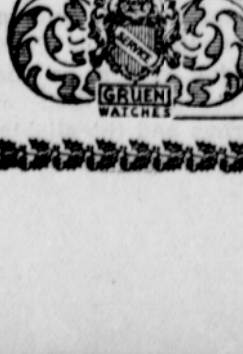
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