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CO-OPERATIVE DEMOCRACY APPLIED TO-DAY

As Geo. W. Perkins has said, the time of "individualism is as dead as a smelt." The 19th century has gone down in history as the age of "individualism"every man for himself and "the pan until set. Spread with strawberry devil take the hindmost." The 20th century thus far is witnessing the transition. Marvelous changes of such far reaching moment as few of us can realize are taking place. The dawn of a tablespoonful each of butter and flour new and brighter day is not far distant. Even to-day, above and a grating of nutmeg and add the the dark storm clouds, can be mushroom paste just before serving. seen the faint glow in the eastern sky. Over war-ridden Europe we see, above the smoke and untold horrors of that mad struggle, feintly outlined in the pale red glow of the new morn, "THE NEW ERA," and beneath, "CO-OPERATION." As we read these prophetic words of encouragement and promise, we know that democracy will stand the test of the world war, because true democracy is the brotherhood of man realizedthe spirit of co-operation personified. True democracy is true Christianity: the terms are syn- of any sort. onimous in the last analysis.

How can we apply the principle of true democracy, or true ful of butter, sait to taste. Heat milk Christianity, whichever you care in a double boller, thicken slightly with to call it, here in Central Point?

First, I want to say that I believe if the Christian people of shrimp liquor or salt to taste and serve this town and community would unite their efforts for practical service to humanity, instead of each separate denomination acting separately and competitively, a change would come over this community that would surprise complished in the coming years many of us. "In unity there is strength" is an old saying that on generations unborn. I am not we have all heard many, many a church member myself, but I times. Both of our regular ministers are able, broad-minded men who would favor such united effort. It would not be necessary for those not desiring to lose their identity with any certain denomination to do so. If I happen to want to be a Presbyterian still, and you a Methodist, need that matter, if we are sincere?

I believe a far better community spirit would result from such union of forces. Surely a more



IRONING DAY MENU.

TUESDAY-BREAKFAST. Damson Plums. Broiled Ham. Fried Cornmeal Mush, Maple Sirup. Coffee LUNCHEON.
Cheese Toast With Dropped Eggs. Finger Rolls. Preserved Ginger. Jumbles. DINNER. Boiled Balmon, Egg and Bauce.
String Beans. Jellied Bouillon. almon, Egg and Parsley Iced Tea Turkish Melon.

Luncheon Dishes.

AM OMELET.-Beat yolks of five eggs light with a tablespoonful of powdered sugar. Into this stir a teaspoonful of cornstarch dissolved in three tablespoonfuls of milk, then the stiffly beaten whites. Cook in a frying jam, fold and serve as dessert.

Cream Mushroom Soup.-Peel and trim a pint of mushrooms and boil them gently until very tender in a pint of water. Then rub through a sieve. Mix a pint of boiling water with a plat of hot milk. Rub together a and with this thicken the milk and water. Beason with salt and pepper

Curry Leftovers.-Chop fine any leftovers in the shape of yeal, lamb, mutton or fowl. Add an equal quantity of boiled rice or any other cereal that you have on had and season with salt, pepper, minced parsley, a little onion and the curry powder. Make into croquettes, using a raw egg to blud them together, dip in beaten egg, then in crumbs and fry in deep fat.

Old Fashloned Chicken Sandwiches. Use white homemade bread, butter It with sweet butter when thinly sliced, then cover each slice with cold chicken shredded in strips with the fingers. Add a dust of salt and black pepper and a light sprinkle of dry mus-Cover the slices and then cut them through with a sharp knife into two narrow strips. Pickled gherkins or olives are often served at simple wedding feasts with meat sandwiches

Shrimp Stew .- To each can of shrimp, carefully picked over, use a pint of milk, speck pepper, rounding teaspoona level teaspoonful of flour, add shrimp, allow them to heat through, add pepper, butter and either some of the with oyster crackers.

Anna Thompson

far-reaching work could be acwork that would tell for good do believe sincerely in practical democracy, or true Christianity applied. I have talked to a number of the people here, besides the two regular pastors, and I find a goodly number feel as I do-that it is the right thing to do! I could go into a united work such as this, I believe. with my whole heart, in spite of the fact that I know I am far from worthy of recognition as a church worker.

Why not do this thing right here in Central Point?

LOCAL AND PERSONAL

******** The "good old summer time" has arrived at last.



The Hotel Gentral

Mrs. G. Betts, Mgr.

Central Point,

Oregor

J. E Boswell BARBER

Men's Haircut - 25c Schoolboys' Haircut 20c

Laundry, Clothes Cleaning and Pressing Agency.

Central Point, Ore



This Paper Can furnish you any hind of englaving for circulars, folders, booklets or catalogs We stand back of the Quality and Service THE BROCK HAFFNER PRESS CO.

Denver - Colorado

Leave your orders for rubber stamps at the Herald office.

Have you saved any old papers or magazines for the local Red Cross? If not, do so at once.

What would this community be without a news paper?

Mrs. Odell of Yoncalla, a former resident of Agate, is here on account of her mother's illness.

Miss Lester, one of the teachers in the public schools, left for Salem, Sunday, where she will visit for a few days before leaving for Ohio on a summer's visit.

FOR SALE:- A Thompson one and a fourth inch mountain hack. Paxson's drug store.

Mr. Earnest and wife and a party of friends metored to the Curton ranch. near Brownsboro, Sunday.

5-cent toilet soaps will soon be off the market on account of advancing prices. Harmony Bath and Goblin still 5 cts. at Paxson's.

Art Lewis and wife visited our city Friday. They leave for Sacramento soon, where Art goes to take a position.

Hard Wheat Flour FROM

\$2.75

GRANFILL & ROBNETT

Gentral Point

Going to the Roundup

IF SO, buy your new hat before you go. New shipment just arrived.

MRS. F. A. HAWK

"The Artistic Milliner"