

Buy Hair at Auction?

At any rate, you seem to be getting rid of it on auction-sale principles: "going, going, g-o-n-e!" Stop the auction with Ayer's Hair Vigor. It checks falling hair, and always restores color to gray hair. A splendid dressing also. Sold for over sixty years.

"My hair came out so badly I nearly lost it all. I had heard so much about Ayer's Hair Vigor I thought I would give it a trial. I did so and it completely stopped the falling, and made my hair grow very rapidly."—MARY H. FIELD, Northfield, Mass.

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
Ayer's
SARSAPARILLA,
PILLS,
CHERRY PECTORAL.

He Read the Signs.

One morning two young women entered the Saltville grocery, and after some discussion bought a pound of dates, two pounds of gingersnaps and two pounds of crackers.

"Stopping at Miss Gray's?" inquired the clerk, as he tied up the bundles.

"Yes," said one of the young women, with evident surprise.

"Came about yesterday forenoon?" said the clerk.

"How did you know?" asked the other young woman, curiously.

"Um. Well, I can most generally tell," said the clerk, without glancing at the objects of his mind-reading. As he twitched a knot in the string. "You see, it's pretty drizzly and muddy to-day, and I knew there wouldn't be anybody's boarders but Miss Gray's feel the need of coming out here such weather; and long as you didn't come till to-day, I knew for sure you couldn't have been here more'n one day. Three meals is about the average."

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflammation of the mucous lining of the Eustachian tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.
Sold by Druggists. Be sure
Hall's Family Pills are the best.

Intelligent Cattle.

"Ha! ha! That was a funny joke you wrote about the fellow who didn't know a 'bunker' from a 'stymie,'" said the golfer.

"Made a hit with you golfers, eh?" replied the funny man.

"Yes. Such ignorance is laughable."

"I suppose so. Say, what are 'bunkers' and 'stymies,' anyway?"—Philadelphia Ledger.

Mother will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A Cautious Financier.

"Do you favor government ownership of railroads?"

"I don't know," answered Farmer Cornsossel. "It 'ud be all right if we could allus be sure of sharin' profits, but I've got trouble enough with taxes without diggin' down to pay deficits."—Washington Star.

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE (2 trial bottle) and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Phila., Pa.

Indianapolis Transportation Facilities.

Indianapolis has 18 railroads, reaching all the important cities of the Central West, and 14 interurban electric lines and connections extending from 25 to 75 miles in every direction. These bring into Indianapolis an enormous trading population. From a radius of 50 miles more than 25,000 manufacturers and dealers come to Indianapolis for their supplies. Editors and publishers will visit Indianapolis in June, the occasion being the annual convention of the National Editorial association.

Fallacy About Jewelers.

Jewelers, when watches are with them for repairs, are frequently insulted with the remark:

"I trust there is no danger of crystals being substituted for the jewels in the works of my watch."

For a great many persons think there are dishonest jewelers who make a practice, with "full-jeweled" watches, of substituting crystals for the jewels at an enormous profit.

As a matter of fact, there is no truth in this suspicion. A jeweler, no matter how dishonest, could not steal the jewels in a watch, for they are valueless; they only cost 10 cents apiece.

In antique watches the jewels were often costly. In modern watches they are never worth more than \$15 a gross.

When Auntie Was Silenced.

"Auntie" was showing off her little nephew, aged 2, to an admirer, who was calling upon her for the second time. He was a very bright youngster and during a pause in his performances specially requested by "auntie," he suddenly remembered the way she had been teasing him before the caller arrived and decided to turn the tables on her. So he pointed a chubby finger at the door and said, "My rug!"

Auntie at once caught the spirit of the thing and cried emphatically, "No, my rug!"

"My dress," said her little nephew, pointing to auntie's gown.

"No, my dress," replied auntie, delighted to have an opportunity to show how cute he was.

Then the little boy sidled over to the caller and pointing at him, cried "My man!"

Silence on the part of auntie.—Boston Eagle.

Planting Corn in Panama.

"Anyone who is willing to work can get rich in the Republic of Panama," said Dillwynn M. Hazlett to a Kansas City Journal writer. "It costs 10 cents a bunch to raise bananas and there is always sale for them at 30 cents a bunch. Three crops of corn can be raised a year and no cultivation is required. A man walks along and drops the corn in the footprints he makes and a native follows and covers the corn with his big toe. That is all there is to do until it is time to gather it."

Rooms Named for States.

"In a little town in the backwoods of Mississippi," remarked a traveling man, "there is a peculiar hotel. It is just like any other hotel except in the way the rooms are named. They are not numbered, as is generally done, but each room is named for a State of the United States. When I stopped at the place I was assigned to a room called 'Delaware.' It was correctly named, too, for it was one of the smallest rooms in the house. The man who was occupying 'New Hampshire' made complaint to the landlord that the man in 'Maine' was drunk and boisterous and thus keeping him awake. This seemed strange when we recall that Maine is a prohibition State. Two men up in 'Montana' were keeping up the reputation of the wild West by engaging in a noisy poker game. A big, fat capitalist had 'New York,' which was the best room in the house. The room named for Alabama is too ordinary for anything, and a farmer was occupying it the night I was there. It was funny to stand in the office and hear a bell boy tell the clerk that towels were wanted in 'Iowa' and that the fellow in 'North Dakota' was kicking like a steer because he had no fire. 'Be sure to call the man in 'Florida' at 5 o'clock in the morning,' said one of the employees. And thus it went. This hotel is a curiosity to the traveling public. It is conducted by an eccentric old fellow, but where he conceived the idea of naming rooms after States I do not know."—Birmingham Age-Herald.

Home Grown Tea.

This year 12,000 pounds of choice tea will be shipped from what is at present the only tea farm in the Western Hemisphere. This farm is at Somerville, S. C. In the face of difficulties that at times seemed insurmountable, but on the other hand with the kindly assistance of the United States government, the Somerville tea farm has grown to a point where it can offer serious competition with the best grades of tea shipped from China, India, Formosa or Java. But, above all, it has been demonstrated that, barring the question of labor, the finest tea can be successfully grown at home.—Technical World Magazine.

The Sacrificing Spirit.

"What are you going to give up during Lent, Belle?"

"Chocolates."

"How can you stand it when you love them so?"

"Well, Mame, George brings me such cheap ones and I don't dare take them from any other man, you know."—Baltimore American.

SEVEN YEARS AGO

A Rochester Chemist Found a Singularly Effective Medicine.

William A. Franklin, of the Franklin & Palmer Chemical Co., Rochester, N. Y., writes:

"Seven years ago I was suffering very much through the failure of the kidneys to eliminate the uric acid from my system. My back was very lame and ached if I over-exerted myself in the least degree. At times I was weighed down with a feeling of languor and depression and suffered continually from annoying irregularities of the kidney secretions. I procured a box of Doan's Kidney Pills and began using them. I found prompt relief from the aching and lameness in my back, and by the time I had taken three boxes I was cured of all irregularities."

Sold by all dealers; 50 cents a box Foster-Milburn Co., Buffalo, N. Y.



Care of the Refrigerator.

If a dish containing a good-sized lump of unbacked lard is placed on a shelf in the refrigerator it will absorb the moisture and so help prevent mold and keep the food from spoiling.

If through carelessness butter, grease, etc., has come in contact with the zinc lining of the refrigerator and there is a musty smell which cannot be removed with washing soda, mix a quart of quick lime and apply with a paint brush to every part of the zinc lining—top as well as bottom and sides, washing it on thick like paint. If the trays cannot be made sweet by the use of strong soda water and drying in the hot sun, paint them also with the thick lime wash.

Irish Stew.

Six lean chops, put into a saucepan with two onions and a teaspoonful of butter, and quickly browned. Add one pint of cold water; skim off fat; add a teaspoonful of salt, one-third of pepper; simmer very gently one and one-half hours; skim; add a teaspoonful Worcestershire sauce, one-half dozen potatoes; cover close; simmer another hour.

Pieces-dee.

One bowl chopped meat—various cold pieces will do—one can tomatoes, one onion, sliced fine, butter size of an egg, one egg, beaten, one cupful sweet milk, a pinch of salt, one-quarter of a green pepper or pinch of cayenne. Cook fifteen minutes before adding egg and milk; stir it in and when it boils serve with or without crackers or dry toast.

Fruit Wafers.

Mix well together a cup of chopped figs, a cup of seeded raisins, a cup of minced dates, a cup of chopped nut meats. Put all through the meat chopper twice to make fine. Strew confectioners' sugar on the pastry board, put the fruit on this, add vanilla or lemon juice and knead until well-blended. Roll out and cut, or make into little cakes.

A Good "Left-Over" Dish.

Cut the corn from three or four ears left from dinner and add to it six or eight potatoes, cut into pieces. Put into a spider enough milk to almost cover the vegetables and when hot stir them in. Season with salt, pepper and butter. Stir constantly to prevent burning. Cook about twenty minutes, or until the milk is thick and creamy.

Whole-Wheat Muffins.

Sift with a quart of whole wheat flour a teaspoonful of salt and two teaspoonfuls of baking powder. Add three cups of rice milk into which have been stirred two well-beaten eggs. Beat in a tablespoonful of melted shortening and beat for five minutes before pouring into greased and warm muffin tins. Bake in a quick oven.

Fruit Conserves.

One quart of rhubarb; one pint of currants; one pint of raspberries; one pound of English walnuts; the juice and rind of two lemons; the juice and rind of two oranges; one pound of seeded raisins; six and a half pounds of granulated sugar. Cook all together until thick. This is a good accompaniment for meats.

Beef Rissoles.

Mince and season cold beef, flavor it with mushroom or walnut ketchup. Make of beef dripping a thin paste; roll it out in thin pieces about four inches square, put some of the beef in the center of each, fold the edges neatly over it and fry them in drippings to a light brown. The paste can hardly be rolled too thin.

Butter Scotch.

Wet a pound of brown sugar with a half pint of water and two tablespoonfuls of vinegar. Put into a porcelain-lined saucepan and boil for ten minutes. Add four tablespoonfuls of butter and cook until a little hardness when dropped into cold water. Pour into buttered tins, and, as it hardens, mark off into squares.

Cutlets of Cold Mutton.

Cut the remains of cold loin or neck of mutton into small cutlets, trim off some of the fat, season and dip them in a beaten egg, roll in breadcrumbs and fry in boiling lard to a nice brown. Arrange them neatly on a platter and pour around them a good gravy or hot tomato sauce.

Peanut Salad.

Shell and skin roasted peanuts and soak for an hour in salad oil. Drain, chop fine with half as many pitted olives, and as much celery. Season with salt and pepper, and scatter over leaves of crisp lettuce. Serve with a cream dressing.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Grandfather's Cure for Constipation



Great medicine,—the Saw-buck.

Two hours a day sawing wood will keep anyone's Bowels regular.

No need of pills, Cathartics, Castor Oil nor "Physic," if you'll only work the Sawbuck regularly.

Exercise is Nature's Cure for Constipation and,—Ten-Mile walk will do, if you haven't got a wood pile.

But, if you will take your Exercise in an Easy Chair, there's only one way to do that, and make a Success of it.

Because,—there's only one kind of Artificial Exercise for the Bowels and its name is "CASCARETS."

Cascarets are the only means to exercise the Bowel Muscles, without work.

They don't Purge, Gripe, nor "upset your Stomach," because they don't act like Cathartics.

They don't flush out your Bowels and

Intestines with a costly waste of Digestive Juice, as Salts, Castor Oil, Calomel, Jalap, or Aperient Waters, always do.

No,—Cascarets strengthen and stimulate the Bowel Muscles instead.

These are the Muscles that line the Food passages and that tighten up when Food touches them, thus driving that Food on to its finish.

They are the Muscles that turn Food into Strength through Nutrition.

Well,—a Cascaret acts on your Bowel Muscles as if you had just Sawed a cord of wood, or walked ten miles.

That's why Cascarets are safe to take continuously in health; and out of health.

Because they move the Food Naturally, digesting it without waste of tomorrow's Gastric Juice.

They thus work all the Nutrition out of it before it decays.

The thin, flat, Ten Cent box is made to fit your Vest Pocket, or "My Lady's" Purse.

Carry it constantly with you and take a Cascaret whenever you suspect you need one.

Thus you will ward off Appendicitis, Constipation, Indigestion,—and other things besides.

Druggists—10 Cents a Box.

Be very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped "CCC."

IF FREE TO OUR FRIENDS!

We want to send to our friends a beautiful French-designed, GOLD-PLATED BOMBON BOX, hand-enamelled in colors. It is a beauty for the dressing table. Ten cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinket is loaded. Send to-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York.

The House of Representatives costs \$3,000,000 a year and the Senate \$1,400,000.

HOWARD E. BURTON—Assayer and Chemist, Leadville, Colorado. Specimen prices: Gold, silver, lead, etc.; Gold, silver, etc.; Zinc or Copper, etc. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Empire work solicited. Reference: Carbonate National Bank.

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HORSES of all kinds for sale at very reasonable prices. Inquire 273 Front St.

CREAM SEPARATORS—We guarantee the U. S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.

MEN'S CLOTHING—Buffum & Ponderton, sole agents for Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.

POULTRY FOOD—If you want your hens to lay more eggs write us for free particulars about PULINA POULTRY FEEDS—Acme Mills Co., Portland, Oregon.

PIANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you a price. Allen & Gilbert-Ramaker Co., Portland, Oregon.

WANTED—Men and Women to learn Barber trade in eight weeks; graduates earn from \$15 to \$25 weekly; expert hair cutters; catalog free; Moler System of Colleges, 35 N. Fourth st., Portland.

TELEGRAPHY TAUGHT FREE. Complete course and profit on secured when graduated. This offer good only for short time. Write for particulars. PACIFIC TELEGRAPH INSTITUTE, Grand Theatre Building, Portland, Oregon.

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