

Aluminum Cooking Dishes Said To Be Not Harmful

Considerable Research Work Done By Experts Before Coming To Definite Conclusion About Metal

Investigations carried out by Professor F. P. Underhill and associates in Yale university dealing particularly with the question of how aluminum is taken up in the body and what becomes of it, seem to prove that the argument against the use of aluminum cooking utensils, or of a baking powder containing aluminum, because of their supposed deleterious effect on the human system, is without foundation.

It has been found that aluminum is regularly absorbed into the body in small quantities when taken in food; that the body is likely to take up only a certain amount, after which absorption decreases and the excess is excreted either in the bile or by way of the bladder.

Various food substances were examined. It was found that cherries and onions contained the largest amount of aluminum; that lettuce, milk, flour and liver contained fairly large quantities while smaller amounts were found in many other foods.

Professor Underhill continues: "For years we have realized the importance of moderation in all things. Quite recently we have begun to realize the tremendous importance of very small quantities of certain substances in relation to human life. A tiny dose of iodine or of phosphorus, may be of vital importance to the human body; a large dose of either substance may be dangerous poison. Apparently aluminum is one of the metallic elements that has regularly entered for years into the human being by way of the diet and without dangerous results. There is a possibility that a great overdose of the substance would be harmful, but it is hard to conceive how a dose can be had through baking powder or thru the use of aluminum cooking utensils that will cause harm to the average human being. Apparently the substance is not accumulated in great amounts in the body, and when a certain level has been reached the excess is excreted."

A new \$1,250,000 central heating plant has been authorized in Detroit. We understand that wicker travelers will be able to make reservations in any of the boilers.

A pessimist says that love making has become a lost art. The leisurely sort maybe, but in the older days, the experts never had the snap their successors develop.

"A Western movie orchestra has been given official thanks for playing a march during a fire, to aid the audience in making an orderly exit." And they criticize Nero.

In certain sections of China, American war songs are said to have become popular as wedding marches, which proves that the Chinese have a keen sense of fitness.

Fashion experts assert that fur muffs are destined to return to popularity and in view of their availability for carrying concealed weapons we shouldn't be surprised.

It may be true that you can fool all of the people some of the time, but the task of pleasing all of the people even a small part of the time is past human accomplishment.

Signifying something, possibly important, is the fact that 78 per cent of the retail spending in America is done by women and that 85 per cent of the income tax total is paid by men.

A safety razor concern has negotiated for a concession in Russia. We believe that in Russia the razor is thrown away, and the blade used to cut political articles out of newspapers.

Expressing a longing to become a symphony conductor, a young man asks the information editor what are the qualifications. The first, we assume, is a coat that fits properly in the back.

A leading French dressmaker is now hastening to explain that there really was no intention of ordering skirts way down to the ankles. Just a Scotchman's "two fingers" below the knee, sezsee.

Of course, the way to stop war is to turn the minds of men into some other channel so interesting and absorbing that they will no longer think about fighting. But just how is that little thing going to be done?

Ladies! Attention!

Mrs. M. E. Bickert will be in Moro Wednesday and Thursday, March 5th and 6th Showing Most Attractive Apparel

Coats, Hats, Dresses, Ensembles and Colored Costume Jewelry

at the ELLSWORTH HOTEL

Senators Wrongly Immune

In a recent Washington news letter Wm. L. Daley of the National Editorial Association comments on the violence with which presidential nominees for appointive offices are frequently attacked by Senators who oppose their confirmation, and says: "Senators are immune from civil damages for their comments in the Senate regardless of how far it approaches blackguardism."

In other words, a Senator may make the most reckless and untruthful statements concerning anyone without being held to account, no matter how much these utterances may unjustly reflect upon and injure the persons so attacked.

Scarcely a day passes while Congress is in session that some member does not indulge in unrestrained and unwarranted attacks on citizens against whom he holds enmity. These remarks are broadcast to the country through the Congressional Record and by sensational newspapers, and the victims are powerless to protect themselves.

While members of Congress should have reasonable latitude in criticizing persons or policies which they oppose, the wholesale immunity which legislators enjoy works a grave injustice to many honorable citizens. And, unfortunately, it appears that some Senators who make a specialty of reckless talk find no difficulty in securing re-election.

Thrift and Crime

Encouragement of thrift as a means of reducing crime is suggested by a well-known publicist, who declares that extravagant habits in many cases are the direct cause of banditry.

Aside from the financial gains possible through economy and thrift, the habit of saving has a stabilizing effect upon one's character. The person who is laying aside something each week or month with the idea of ultimately securing financial independence is more dependable than the one who spends his money as fast or faster than he makes it.

Many who have resorted to dishonesty in order to secure needed funds quickly are those who have been first led into extravagant living. Allowing themselves to indulge in luxuries in excess of what their earnings warrant, they more easily yield to temptation to dishonesty in its various forms.

Habits of thrift should be inculcated early and should be encouraged at every turn. Those who have acquired such habits are generally industrious, ambitious and honest.

Earnest Young People

In spite of all the loose talk and writing about the wild youth of the present day, recent statistics from the Bureau of Education indicate that the percentage of earnest young people is still very high.

These statistics show that one-half of the young men and one-fourth of the young women in the colleges and universities of the United States are earning their schooling in whole or in part through working outside of school hours. In one year more than \$33,000,000 was earned by the labor of students.

Among the part time jobs held by students are office work, automobile repairing, specialty selling, teaching, hotel and summer resort employment, household service, farm work and other activities.

In the face of such a showing as is being made, it can hardly be maintained that the young generation is as frivolous as its critics would have us believe.

It is not known how a tight-rope walker keeps in trim in the winter time, unless it is up and down the little path that Junlor shovels through the snow to the incinerator.

That 46,580,000 of our population, or 89 per cent, have to support the other 72,726,000, or 61 per cent, is an estimate by statisticians, "support" including paying their taxes for them.

"Women weep, as women should, because they're so misunderstood." As far as we can see, the new, long skirts are worn by the girls with whom it isn't a matter of necessity.

American talkies are meeting with opposition in the United States of Brazil—and with no great amount of sympathy in the United States of America.

Wheat Men Hear McKelvie Explain Market Situation

Following an address by Samuel R. McKelvie, former governor of Nebraska and grain representative on the federal farm board Thursday at The Dalles, wheat growers of the central Oregon region took steps toward organization of local cooperatives and an affiliation with the federal grain corporation.

C. A. Harth, leader among local wheat growers, who presided at the meeting, appointed the committees to consider the plan.

Interest was displayed in the visit of McKelvie, wheat growers attending from Sherman county points, a number of central Oregon districts, and from Klickitat county, Wash. The farm board representative, who explained details of the administration of the national organization and its affiliation of groups, expressed a confidence in the success of the farm relief plan.

Roy W. Ritner, regional director of the grain corporation, explained the methods whereby local units can affiliate with the group organizations. E. M. Earhart, another member of the party and president of the federal farm bank at Spokane, declared that he was attending the meetings with McKelvie in order that his institution may keep step with the program of the grain corporation.

College Head at 30

When Dr. Robert Maynard Hutchins assumes the presidency of the University of Chicago on July 1, he will become the youngest president of a major university. He was 30 years old on January 17 last.

His selection for this high post is all the more remarkable because the university is just entering upon an extension program calling for the expenditure of many millions of dollars over a period of several years.

Dr. Hutchins was educated at Oberlin and Yale, his studies having been interrupted by the World War, in which he won the Italian War Cross for brilliant service on the Italian front. He was graduated from Yale in 1921 and has since been a member of the faculty of that institution.

It is interesting to note that as a student he was self-supporting. His rise to the presidency of a great university is perhaps unprecedented in American educational annals. His future career will be observed with unusual interest.

We note that even nature can't please everybody all the time. An optimist is a manufacturer of dolls who refers to his merchandise as "indestructible."

The fact remains that many a flirt makes a good wife when she has finished her nonsense. It is not to be denied that the cosmetic box and the lip stick have put a lot of vivid color into life.

The embarrassing thing about telling a cop's fortune is the inability of later having to tell it to the judge. In Utopia they paint the guest towel on the bathroom wall, it having been found that even the guests ignore it.

It is often wondered whether the Biblical injunction, that the last shall be first, wasn't inspired by a "first robin."

Now that the fur firm has been isolated, can't somebody start work on the germ that produces gangsters and gunmen?

Personally, these days, we would rather be on the side of the revolving door that comes to a stop in the warm hotel lobby.

Appeal to Chivalry (Chicago style)—"After emptying his pistol at the detectives Wilson cried, 'Give us a break. My gun is empty.'"

One disadvantage of traveling by rocket, though there may be others, is the lack of any facilities en route for changing plans.

"For the purposes of running this newspaper," an editor once said to us, "let us assume that a person frozen is frozen stiff."

We'd like to hang on another 50 years or so, if for no other reason than to learn who started the World War and who won it.

John D. Rockefeller III has gone to work for Standard Oil, beginning with one of the lighter jobs. Possibly shining the dimes.

Dora, who is always leaving a glove here or there, usually in a bus, thinks they ought to sell them in sets of four, like boxing mitts.

A professor of astronomy at Harvard puts man among the Coloidal Aggregates. "When you call me that," said the Virginian, "smile."

A tailor's ad says a new suit improves one's chance for credit. The idea is also reversible: Credit improves the chance for a new suit.

One of the most morbid questions asked the Information Editor in the past several days is the following: "Where is the Dismal Swamp?" Archbishop Usher's figures showed that the world was created in the year 4004 B. C. A famous British physician says it is three billion years older than that. What is your guess?

Moro School Notes

Forty seven out of fifty seven high school students have thus far bought student body tickets this semester.

The playground is no longer monopolized by the little folks of the school. Although leap frog seems to be the most popular sport at present among the students of all ages, one may see, especially during the noon hour, the "big boys" putting the shot and practicing the broad jump in preparation for the track meets which will be scheduled later. After the basketball season is over, the girl athletes will play baseball.

The lumber for the further improvement of the schoolhouse and grounds has arrived. In order to keep cars off the playgrounds, white posts will be set at the places formerly used as entrances to the yard. The rest of the lumber is to be used for a partition dividing the down stairs shower room into two parts, half for the boys' dressing room and the other half for a manual training work shop.

The plans for the school carnival, which was to have been put on some time in March have been changed, and instead an old-time basket social or box supper, preceded by a free program, will be held at the schoolhouse at 8 p. m. on March 1. All the ladies of the community are invited to bring boxes and the men are urged to save their money in anticipation of the event. Remember the date, the time and the place, schoolhouse, 8 o'clock, March 1st.

Enthusiasm among the students for the operetta, "Polished Pebbles," is high. The cast is now selected and work on the solo and chorus has been begun.

At the local teachers institute held at the schoolhouse Saturday forenoon Mr. Ragsdale, chairman of the Moro school board, gave an interesting and enlightening talk on the history of the progress of the schools of Sherman county. He stated that this subject was just about the same as comparing the old-fashioned ox-team with the automobile of today, so great has been the advance of education. Mr. Ragsdale proved himself to be an ardent admirer of Oregon writers by his apt quotations from them.

The following points of interest to the school patrons and pupils are fragments of the minutes of the county principals' meeting here Saturday:

The annual county typing contest will be held at the Wasco school under supervision of Mr. Rakes one week earlier than the state contest.

The annual county spelling contest will be held in Moro April 25. Local contests are to be held in the districts one week earlier, April 18.

The county track and field meet and declamatory contest will be held at Grass Valley the Saturday following the state meet at Corvallis, if such date will permit county contests being held not later than May 24.

At this meeting Mr. Knighten, Mr. Teetz, Mr. Hammersley, and Mr. Rakes were present.

Attendance Last week two rooms had perfect attendance for the entire week; Miss Beishee's 5th and 6th grades and Miss Scroggs' 7th and 8th grades. Good weather seems to be conducive to good attendance.

Basket Ball Quick passes, accurate long floor shots, and teamwork won a 26-16 game for the Condon boys quintet here Saturday night. The game as a whole was slow, but very clean, few fouls having to be called. Preliminary to the boys game, the Moro girls regular team played a midget team of high and grade school boys composed of Philip Ruggles, Delbert Rice, Richard Barnes, Alton Axtell, and George Hennagin. The girl forwards stood near the baskets and dropped the ball in steadily until the score stood something like 40 to 6.

On the 21st of this month our two teams will play Kent at Moro.

The number of trees cut down at Christmas time and left uncut might have the consideration of forestry experts. It would be a mistake to say that a tree which serves a purpose in holiday cheer is wasted. There should be some means, however, of preventing wasteful destruction in crowding the market beyond a real demand.

"If you think women talk too much, you never heard the man who introduces the speaker of the evening."—Toledo Blade. That experience is something we have studiously avoided for a long, long time, but we still have painful memories.

Boston, with a reputation, well-gained, for sedate intellectuality, does not hesitate to remind the world that it still has in its make-up material for the mob that is likely, with sufficient provocation, to forget some of the formalities.

A "robot" airplane pilot is called "Machivator." It shortens the term "mechanical aviator" and gives the impression that it is a canny member of society perhaps entitled even to wear the kilites.

A week after George Atkinson of Chicago introduced Walter McKensie to his wife and assured her that he was "a nice boy," she eloped with him.

The Good Old Days

We are hardly too old to remember when subscriptions were paid in coon skins, hard cider, cordwood and corn-cobs. So we have not grown any more sedate than to still make the proposition of exchanging subscriptions for the same. Coon skins would buy several years' subscription and enough of them would very nearly buy the paper, so before investigating the fur market we are compelled to forego the coon skins. But we could use a cord or two of block wood, says the Vandalia (Mo.) News. Somehow, we're better pleased to burn the wood than any other fuel we can get, not that we don't want to buy coal from the local mines which keep us supplied, but we just like to get that aroma from a good warm wood fire and also to hear the crackle of the wood burning in the stove.

One of the favorite diversions of children a generation ago was "playing horse." Today, however, the old game has gone into the discard. We seem to have advanced far into the horseless age; at any rate, when Caroline Ticknor recently set to work to prepare a children's book on famous horses, she discovered that most modern children had never even heard of a hitching post. The automobile has accomplished a number of things, says the Longview Daily News. Add to the list the fact that it has freed the American parent from the necessity of getting down on all fours every evening and playing Pegasus for his excited offspring.

The accusation often is made that we as a nation are money mad, says Thrift Magazine. It is high time some one refuted this gross libel. Go where you will in the United States and you rarely hear people so far forgetful of their purer selves as to converse on the subject of money or the attainment of material possessions. One seldom sees the dollar sign in the public press. Personally, we have quite forgotten what it looks like.

All is not so well between Brother Charley and the new flame: It appears he picked up her family album the other night and remarked, "Why, Baby, I didn't know you cared for cartoons."

The latest telephone novelties are a connection with a steamboat at sea, and a long distance wedding of a Texas girl and an Ohionian. Imagine getting a wrong number, and finding you have married the Liarthian!

The ties of a common tongue are a great aid to understanding, of course, and still a British detective story is always twice as mysterious to us on account of the custom of calling the second floor of a house "the first floor."

FOR SALE OR TRADE—For cattle, sheep, hogs, or horses; two 16-inch 3-bottom new Oliver plows. H. B. Belashe, Moro, Ore. tf-221

FOR SALE—15 Choice Registered Shorthorn Bulls. Yearlings this spring. Good colors. Good breeding. Farmer's prices. Harry Ferguson, Goldendale, Wash. f14-3t*

WE CAN fit all kinds of people. Any size or weight. Crippled or deformed feet. Wernmark's Shoe Store, The Dalles.

FOR SALE—Two single comb Rhode Island-Red roosters. Also settings of eggs from Rhode Islands. Mrs. Chas. Bullard, Moro, Ore. 2t1f14

WE PAY parcel post one way on all shoe repairing. Good quality work and leather. Joe Amore, The Dalles, opposite the post office.

PIANO TO BE SOLD AT MORO. Beautiful bungalow size like new. Big saving. Will accept phonograph part payment, balance terms to suit. Address: Factory Warehouse, 435 Washington St., Portland, Ore. 2t-114

ORDER TO SHOW CAUSE In the County Court of the State of Oregon for Sherman County. In the matter of the guardianship of the person and estate of Mary Quackenbush, an incompetent person.

It appearing to this court from the petition this day presented and filed by C. L. Pepper, the guardian of the person and estate of Mary Quackenbush, an incompetent person, praying for an order of sale of certain real estate belonging to said ward, that it would be to the benefit and interest of said ward that such real estate should be sold;

It is ordered that the next of kin of said ward—and all persons interested in said estate, appear before this court on Saturday, the 29th day of March, 1930, at the hour of ten o'clock A. M. of said day, at the courtroom of the above entitled court, in the courthouse in the city of Moro, in Sherman County, Oregon, then and there to show cause, if any there be, why an order should not be made and granted for the sale of the real estate belonging to said ward, which is known and described as follows:

An undivided, one third interest in and to the North-east Quarter (NE 1/4), the Northeast Quarter of the Northwest Quarter (NE 1/4 NW 1/4), and the Northwest Quarter of the Southeast Quarter (NW 1/4 SE 1/4) of Section Thirty-five (35), in Township Four (4) South of Range Sixteen (16) E. W. M., in Sherman County, Oregon.

And it is Further Ordered that a copy of this order be published for at least once a week for four successive weeks in the Sherman County Observer, a newspaper of general circulation, published weekly at Moro, in Sherman County, Oregon.

Dated this 18th day of February, 1930.

E. D. McKEE, County Judge.

4t-114m7

Monarch MALLEABLE Stock Reducing SALE! Large numbers of Sherman County Folks are owners of Monarch Malleable Ranges. Two Full Enameled Monarch Ranges; have latest design Water Front; size of Oven 17 x 21; was \$136.00; sale price \$116.50. Two Full Enameled Monarch Ranges; have latest design Water Front; size of Oven 19 x 21; was \$149.00; sale price \$126.65. One Full Enameled Monarch Range Oven 17x21; was \$110.00; sale price \$93.50. Two Part Enamel Monarch Ranges Oven 17x21; was \$98.00; sale price \$83.30. The above Monarch Ranges are all new and at the bargain prices quoted will be sold quickly. Come in and talk it over. Moro Hardware & Furniture Co. Moro, Oregon

Walter A. May & Son Store No. 111 UNITED GROCERS OF OREGON, INC. A Link in The United Chain of Grocers Dealing in "Merchandise of Merit" Comprising Mens' Clothing and Shoes Fresh Vegetables, Bakery, and Lunch Goods School Books and School Supplies Staple and Fancy Groceries Citrus SOAP Citrus Granulated Soap, two large pkgs. 59c Watch our Hand Bills for Friday, Saturday and Monday Specials.

Hotel Moro "The House of Good Will" Owned by the City of Moro Operated for the Benefit of the Traveling Public and Sherman County Community Under the Personal Management of E. E. LARIMORE Formerly of The Hotel Oregon, Portland DINING ROOM OPEN USUAL MEAL HOURS

Independent Warehouse & Milling Co. R. H. McKean, Manager, Wasco, Oregon DEALERS IN Lime, Plaster, Cement, Cedar Posts, Builders Supplies, Lumber, Wood, Coal and Hay MANUFACTURERS OF MILL FEED AND FLOUR

Business Men Say: 'Advertising Pays' READ THE SHERMAN COUNTY OBSERVER AND KEEP INFORMED OF THE NEWS AND DEVELOPMENT OF THE COUNTY