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LIVED LONG WITHOUT FOOD

Many Cases of Genuine Fasting Recorded Among the Many That Were Especially Falca.

In Windsor's great park the discovery has been made of what appears to be the site of Edward the Confessor's palace. The discoverer, Capt. Vaughan Williams, had his attention drawn to two mounds where rabbits had been burrowing, and here he unearthed some tiles like Norman bricks. He next came upon flints, sandstone and tiles, and he is continuing the search. In the days of Queen Victoria a tower with walls 12 feet thick was pulled down which was said by archeologists to have been built by Edward the Confessor. The secretary of the Berkshire Archeological society in connection with Capt. Williams' find, states that there was before a palace in Windsor forest where many notable events happened. This palace had a tower as a means of defense. In a Harleian MS. an illumination occurs which represents a palace where a lady is seen giving alms and earning for herself the title of "loaf-giver." The manor of Old Windsor belonged to the Saxons, and Edward the Confessor certainly held court there. It was presented by his widow, Edith, to the king, and Edward being from going to Rome caused Westminster to be built with the money which he would have spent on his journey. He then gave Old Windsor to the monks, but the gift was revoked by William the Conqueror, who found Windsor convenient for his hunts in the forests.

A well-known American medical man, Doctor Tanner of New York, fasted for 40 days in the summer of 1880, and lost nearly 42 pounds weight in the process. Louis Lattrean, who died at the age of thirty-three in 1883, was said to have gone without food for 12 years! Amongst the most famous of the fake fasters was "The Fasting Woman of Tullury," who claimed to have abstained from food for 20 months. She created a furore before being finally exposed in 1808.

A man named Cavanaugh astonished the world by declaring that he had lived without food from February, 1823, until November, 1840, that is nearly two years, but in his statement being disproved he was imprisoned—London Tit-Bits.

CITY MAY HAVE BIG FUTURE

Dakar, in South Africa, Promises to Develop Into Something Like Another Liverpool.

The city of Dakar in South Africa, less than half a century ago in a really primitive condition, with naked children running around, the streets and mothers working with babies strapped upon their backs, has suddenly come into prominence as the prospective "Liverpool" of Africa. In the keen competition that is expected between America and Europe for trade in South Africa, Dakar, it is believed, will have an important role to play.

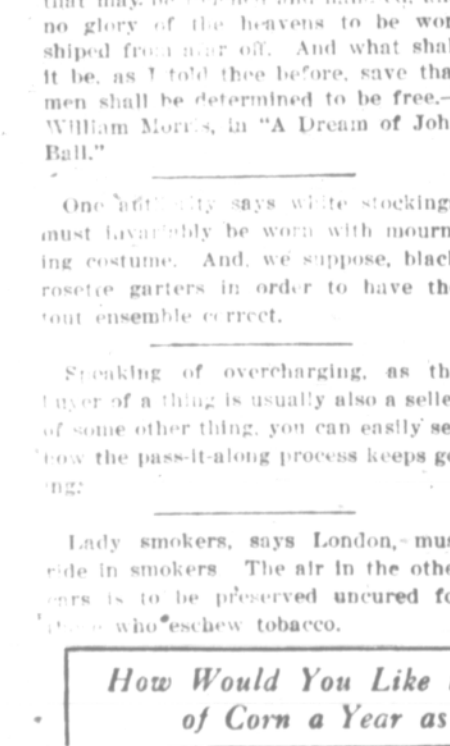
The French are today making extensive improvements at Dakar. They have spent much money in enlarging the dry dock and making the harbor deeper as well as increasing the facilities for transferring cargo from boat to train. The Dakar of today is a thriving town of about 25,000 people, with wide school, hospitals and work-shops. There are, however, a great majority of natives, being in fact, only about 3,000 Frenchmen.

Some natives have been said by these who have formerly been the masters of the Mediterranean. They are wonderful fighters and it was only with great difficulty that in 1862, Gen. Faidherbe, the French governor, was able to overcome them. Thus he paved the way for the founding of Dakar. "We may know a great deal more about it later."

FRANKLIN HAD HIS DOUBTS

The following speech was made by Benjamin Franklin at the convention which adopted the United States Constitution: "Mr. President, I confess that I do not entirely approve this Constitution, but I am not sure that I shall never approve it. I have experienced many instances of being obliged by better information or fuller consideration to change opinions even on important subjects which I once thought right and found to be otherwise. In these arguments I agree to this Constitution, with all its faults, if they are such. I doubt, too, whether any other convention we can obtain may be able to make a better Constitution. The opinions I have had of its errors I sacrifice to the public good. I cannot help expressing a wish that every member of this convention who may have objections to it would with me on this occasion doubt a little of his own infallibility and to make manifest our unanimity put his name to this instrument."

How Would You Like to Harvest Two Crops of Corn a Year as They Do in the Philippines?



No, reader, this corn was not grown by one of our local farmers! It wasn't grown in the United States, even. It was grown in the far-off Philippine Islands by Filipino schoolboys. Two fine crops of corn a year are produced in the islands.

The Philippines are doing some wonderful things in the agricultural line. The Philippine government has fine agricultural schools throughout the islands, and the Philippine legislature, composed entirely of Filipinos, is each year making larger and larger appropriations for this important work.

The staple crop of the islands is rice, but corn is coming right along in popular favor. Its use was given great impetus in the last year because of a rice shortage. Other important Philippine crops are sugar, cane, coconuts, coffee, tapioca and pineapples. Lumber is also an important industry.

There are hundreds of thousands of acres of land lying idle in the Philippines, which have a greater area of fertile land than Japan—in spite of the fact that the population of the Philippines is 11,000,000 while that of Japan is around 55,000,000. There is every reason to believe that some day the Philippines will have a population as large as that of Japan today. The Filipinos are the only Christian people in the orient, and their young men are working night and day to prepare themselves for the responsibility of citizenship in the Philippine Republic, which they believe to be near at hand.

HAS STIRRED UP ANTIQUARIES

Englishman Believes He Has Discovered the Site of Edward the Confessor's Palace.

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FOR BETTER OR WORSE

By HENRY KIRK

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Marion Story sat in the midst of her wedding gifts. They were spread about upon tables that lined three sides of the room. There were little round boxes, and large square ones filled with glittering things—in one a rope of pearls, in another a collar of diamonds. The gift to whom these things belonged sat very still and stared at them. There was no light of triumph in her eyes, no joy of possession that one might think should be there. She showed no satisfaction, no supreme emotion. She was almost a thing of stone.

She looked over them all as if they did not exist, as if they were not even thought of, and the shining collar in its velvet box threw no light into her eyes.

A man who had been standing by the window turned carelessly. "You'll have to send them back, won't you?" he said. The girl did not look at him. "Miserable business, but it's the thing to do. Wonder what they'll say!" He took up a sapphire brooch. "Mrs. Olin Withrop! Mrs. Olin will say, 'Thank heaven! I can use this again.' The girl did not move. "For heaven's sake, old girl, why don't you look up!"

"My dear Fred, you will be good enough to remember that this is not your wedding!"

"Nor yours, either," the man laughed. "I don't see anything funny in that!"

"You know why you're going to do this?"

"Yes, I know that."

"Well!"

"And I'm going to do it!"

"What's all the fuss about, then?"

A man with iron gray hair and gray eyes came into the room.

"Father, I wish you would insist upon Fred being a little more decent!" She got up and went to the window. The young fellow started after her.

"Marion, I'm not doing anything. What's up? I think we're all comers in this little strategy upon an equal footing."

"What is it?"

"Nothing, dad. I was only—trying to—cheer Marion up a little."

"You don't seem to have gone about it in the right way. Marion?"

"Yes!"

"Come here." The girl went to her father.

"Rayliss is repeating his father's game. All day he has been at it—pushing me to the wall—and when he has me there, making me go upon my knees to him—Well, have you nothing to say?"

The girl looked at her father with cold eyes. "What may I say? I am going to do this thing tomorrow. I am going to deny him at the altar in the presence of my friends and his friends—of the whole world, as far as that goes!"

"It is your duty."

MANILA CARNIVAL BIG ATTRACTION OF FAR EAST



This is the season of the year when the Philippines become the playground for the entire orient. It is carnival season in Manila.

In 1908 the first Philippine carnival was held on historic Wallace Field in Manila in February, when the climate of the islands is at its best, and each succeeding year there has been a larger and more elaborate celebration. The 1920, or Victory Carnival, will be the greatest event of its sort ever held anywhere in the Far East.

There are commercial and government exhibits in connection with the carnival, and on no other occasion is it possible to gain at once such a comprehensive idea of the production and

development of resources of the archipelago as that which is offered the visitor at the carnival city.

In the evenings the carnival becomes the center of Philippine and oriental social activity. A huge open air auditorium serves for the elaborate nightly balls, and on its mammoth floor thousands of couples swing together to the strains of music furnished by the famous Constabulary and other military bands. Probably at no other place in the world will one see an equally impressive cosmopolitan spectacle.

The Manila visitor who can plan his trip to arrive at the Pearl of the Orient for carnival time may well deem him self fortunate.

He felt the strength of the hand holding her own, she felt the strength of the arm above it. She looked up into his eyes. They were the eyes of a man who did not knock at the heart of every woman.

As if afraid that he would not knock at her own again, and that she might lose him, she said, faintly but quickly: "I will!"

Doesn't Need To. "Every girl wants a clear conscience, of course."

"Well!"

"But she doesn't fuss over that as she does over her complexion."—Louisville Courier-Journal.

SAW GOSSACK AT HIS BEST

Writer Waxen Enthusiastic Over Camp of Tired Men, "Soldiers to the Manner Born."

If you have read "Tarus Bulha," Gogol's story of the Cossack, then you will know what I mean when I say that last night I had a chance to see a real picture of the Cossack, writes William V. Duncan in the Yale Review. It was at sunset when over the tops of the white birches the heavens looked as if on fire, while to the right the clouds were like waves rolling over the sea of pink. I heard a shout, "The Cossacks are coming," and through the opening in the woods rode those lovers of war. The horse and the rider are one; both were armed, but the rider was something that told you that if the bugle had blown all the tiredness would have fallen away. They are soldiers to the manner born. War is life to them. If a thing is worth having it is worth fighting for. Even when they gathered in groups around the common pails and borrowed one another's spoons to eat the common meal their bearing was that of soldiers.

Pigs can feed from a trough and you go away disgusted, but when you see these fellows back from a fight, delirious into their mess, you stand to admire. Their leader was fully six feet seven inches tall, with a beard that said he was Russian of the Russians. All were well-formed, strong men, hardened to the out of doors. Their escheon was not there, so they made themselves at home for the night on the ground. It was a sight to remember as our train pulled out of from the station, those Cossack groups around the fire, singing the songs of war in which their spirits revel.

OWE APPLE TREES TO FRANCE

Canadians Got Their First Shoots From a Nobleman Who Was Associated With Champlain.

It was from France that apple trees were first brought to Canada. A French nobleman named De Monts was associated with Samuel de Champlain in France's earliest colonizing projects in part of North America. Their first colony was planted on the rocky island of St. Croix, now Doucet's or Neutral Island, at the mouth of the River St. Croix, which forms part of the present boundary between New Brunswick and the state of Maine. After spending there the winter of 1604-05, the colonists removed to Port Royal, now Annapolis, Nova Scotia. The colonists were getting a foothold when their charter was revoked by the king of France in 1607, and the enterprise came to an end. However, in the following year Champlain founded Quebec, and shortly afterwards De Monts sent out to Champlain some young apple trees. They were planted and grew well. Such was the beginning of apple-growing in Canada. Twenty years later apple trees were introduced into that part of ancient Acadia that now forms the province of Nova Scotia.

Best to Secure Proof. Life's big business is to prove things. There's much small chatter whenever people get together, but it may cost the dearest to get the truly big issues of life demand the fullest proof and the most rigid security. So the man who takes things for granted subjects himself to disappointments and makes little or no progress. As a matter of fact there is very little that one dare take for granted. Life has so many exceptions, so many contingencies that one can never tell just what will happen next. So the wise man will take nothing for granted. He will prove everything and base his future on what he has learned to trust. After all, that's the only safe way to do.

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Scottish Rite Masons at Baker are preparing for a local reunion the latter part of April, at which all degrees up to and including the 32d will be conferred.

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Squirrels have become such a nuisance in the Clatsop section of Clackamas county that the farmers have appointed Albert Gassler to distribute poison grain.

Ankeny grange of Jefferson has adopted resolutions lauding Governor Olcott for vetoing a large number of bills passed at the extra session of the legislature.

A movement has been started in Albany to raise \$50,000 for the construction of a community center as a memorial to the returned soldiers of Linn county.

Broccoli in Douglas county is heading up well, but the cold nights are holding it back enough so that the heads will be of large size and of excellent quality.

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The secretary of the interior has rejected the appeal of Dr. J. F. Reddy of Medford, which was taken from a decision of the war mineral relief commission awarding Dr. Reddy approximately \$86,000 for his efforts to supply the government with chrome from a Siskiyou county, California, property, during the war.

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The forest service has sold 7,000,000 feet of timber in Lane county above Oakridge at \$1.75 per thousand for Douglas fir, incense cedar and red cedar and 50 cents for hemlock and other timber.

The Astoria Port commission and county court will cooperate in the construction of a road from the southern end of Eleventh street along the beach to a connection with the Nehalem road at Williamsport.

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