

Established 1887.

Moro, Sherman County, Oregon, Friday, April 8, 1910.

Five Cents

The Grain Growers Conveniences

Are not alone confined to Rural Free Delivery of mail and the Telephone. There is another convenience which all farmers should have—and many do have—a checking account with a good bank. The possessor of such an account avoids the risk of having his money on his person or about his home where it is in danger of fire and thieves. His bills paid by check are not only a valid receipt, but also a convenience in his home transactions where very often the necessary change for concluding settlement is not at hand. Don't stop to think this over, but start an account now with

The Wasco Warehouse Milling Co.
Bank, of Moro.

MORO PHARMACY

Expert, Experienced, Registered Pharmacists
Medicines Carefully Compounded.
Complete Assortment of Silverware and Jewelry
FORMALDEHYDE, RUBBER GOODS, PERFUMERY,
BRUSHES, COMBS, SPONGES, CIGARS.
Any and all kinds of Patent Medicine Always in Stock

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... AND ...
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THE IMPROVED Nonpareil
A Splendid Overall
For every use.
Cut generously full. Two hip pockets. Felled seams. Continuous fly.
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STIEDS
FIELD GARDEN FLOWER
Experience and a thorough knowledge of our business and the markets of the world, enable us to furnish the very best seeds, plants and supplies obtainable. It has taken many years to establish this relation with the producers and best growers, but only in this way is it possible to obtain the finest, true stocks at no greater cost to our customers than the ordinary kinds.
FREE: OUR BEAUTIFUL NEW CATALOG
No. 330
Write today. We send postpaid.
Look for our Diamond trade-mark. It means Seed Quality—the best obtainable.
DIAMOND PORTLAND SEED CO.
QUALITY
Portland, Oregon

HOTEL MORO
Near Hotel to Business Center, Banks and Depot.
Sunday Dinner 35 cents.
Table the Best the Market will Afford
Opposite Post Office
Moro, Oregon.

STOP where the people stop
The Umatilla House
The Dalles, Oregon.
Steam Heat. Electric Light. Electric Call Bell.
HOTEL RATES TO SUIT YOU.
All OR & N Trains Stop at Front Door
Railway Ticket Office in the Lobby.
T. N. CROFTON, Proprietor.

DR. O. J. GOFFIN,
PHYSICIAN & SURGEON.
DR. MARIE M. GOFFIN.
Diseases of Women & Children a Specialty
Office in The Goffin Building, 1st St.
Moro, Oregon.

J. R. Morgan
Dentist
MORO, OREGON
1st to 15th of each month.
Office opposite Drs. Goffin

WASCO, OREGON
16th to 30th of each month.
Office opp. McCoy, Atwood Co

J. A. WILSON
Geo. MOWRY
Wilson & Mowry
Attorneys at Law
Office in the Moro Commercial
Co. new brick building.
MORO - OREGON.

W. C. Bryant
Attorney at Law
Rooms 1 & 2 over W. W. M. Co. Bank.
MORO - OREGON

Frank Menefee
Attorney - at - Law
Office in Vogt Block upstairs
THE DALLES OREGON

James Stewart
Address: MORO, OREGON.
Stock Inspector
Sherman County,
Oregon.
Deputy Stock Inspector
Louis Schadowitz, Kent, Oregon

Wm. Rudolf
First St. Strong brick, Moro, Or
Postal Card Headquarters
Confectionery
Cigars, Tobaccos
Billiard and Pool Tables

When in Portland
STOP AT
Hotel Oregon
Corner 7th and Stark Streets.
It is new and its rooms are provided with running water and long distance telephone. European plan. Rates \$1 per day and upward.
Highest priced room \$3 per day.
Wright-Dickinson Hotel Co.
Chas. Wright, President.
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Esmond Hotel
Portland, Oregon.
OSCAR ANDERSON, MANAGER.
Corner Front and Morrison Streets
Free bus to and from trains
Rates by the day
50 c, 75 c, \$1.00, \$1.50, \$2.
European Plan
A Good Clean Family Hotel

Painless Dentistry
Out of town people who have their teeth pulled in one day, and who are not satisfied with the results, will find it to their advantage to come to the office of Dr. W. E. Hill, in Moro, Oregon. He will give you a good, clean, and comfortable place to have your teeth pulled. He will also give you a good, clean, and comfortable place to have your teeth pulled. He will also give you a good, clean, and comfortable place to have your teeth pulled.
Wise Dental Co.
PAINLESS DENTISTRY
TEETH AND GOLD, SILVER, BRASS, ETC.
SHERMAN COUNTY, OREGON

THE COMING ATHLETIC MEET.

Revision of Association Rules Admitting the Rural Schools.

To pupils and patrons of the rural schools: In accordance with the expressed desire of a number of the patrons of the country schools of the county, and to give all the opportunity of taking part in the athletic and declamatory contests held annually under the auspices of the S. C. D. A. & A. A., it was unanimously decided by the executive committee at its last annual meeting held at The Dalles in October, 1909, to admit the rural schools of Sherman county into the organization. The committee in taking this action, was forced to bear in mind the unequal strength of the schools to be admitted, the inequality of the schools already in the association, and the necessity of limiting the number of contesting units. With a view of giving all an equal opportunity and of equalizing the schools already in the organization, it was arranged that the Kent school should have the assistance of all the rural schools in the county. The admission of the rural schools has necessitated many radical changes in the laws governing our association. Much time and thought has been given to this matter, and while we may have been unable at this time to make such alterations as will be found necessary to perfect the new organization, we assure you that our aim has been to give the rural schools all possible benefits without injuring the stability of the S. C. D. A. & A. A. Now that it is made possible for you to have an active part in the exercises of the day, we trust that you will avail yourselves of the opportunity. Following are the laws governing the entrance of contestants, and those interested will do well to note carefully their provisions:

1st. This organization shall consist of the public schools of Wasco, Moro, Grass Valley and Kent; provided that the Kent school shall admit, on the same footing with other contestants, all candidates from the country schools who shall present themselves at the local tryout.

2d. The team chosen to represent each school in annual (athletic) contest shall be made up of three divisions, which shall be designated as A, B, and C, respectively. Those competing in the A division shall not have reached their twenty-first (21) birthday on or before the date of the annual meet; those competing in the B division shall not have reached their sixteenth (16) birthday on or before the date of the annual meet; and those competing in the C division shall not have reached their eleventh (11) birthday on or before the annual meet.

3d. Contestants from rural schools who have been in attendance at school for a period of fifty days, exclusive of days absent, during the school year, shall be eligible.

4th. No pupil shall take who does not hold a general average of seventy-five (75) per cent in all branches, with a minimum average of fifty (50) per cent in any one subject.

5th. The local tryouts for choosing the teams to represent the schools shall be held in Wasco, Moro, Grass Valley, and Kent on the fourth Friday in April of each year; and the annual meet shall be held on the fourth Friday in May of each year; provided, that the executive committee may change the date of the annual meet.

6th. By the ruling of the executive committee, it is made possible for candidates from the rural schools who find it impossible to be present in Kent at the local tryout to secure places on the team. For particulars address L. W. Wimberly, Kent, Oregon.

7th. All candidates for places on the declamatory team must be present at the local tryout at Kent on the evening of the fourth Friday in April, to contest for places.

8th. Names of all contestants must be reported to Mr. Wimberly, with age, date of birth (including day, month, and year), and event in which contestant shall enter, not more than five days after the date of the local tryout.

Further information in regard to rules governing the annual contests, events to be contested, etc., address L. W. Wimberly, Kent, Oregon, or J. M. Woods, Wasco, Oregon.

Very truly yours,
Ex. Com. of Sherman County
Declamatory Association and Athletic Association, Per J. M. Woods, Secretary.

Rufus Correspondence.

A fine rain Saturday makes everybody smile.
C. H. Lindeman carried off the prize at the Sunday shoot.
John Addington and family have moved to The Dalles.
Walter Morris went to the Dalles Saturday, returning Sunday.
Mrs R C Wallis has purchased a small farm near Camas, Wash.
Miss Thompson went to The Dalles last Saturday returning on Sunday.
John A Foister, of Roosevelt, Wash, Sunday here, going to The Dalles, Monday.
Mrs Graham and daughter, who have been visiting the Hulery's have gone to The Dalles.
A troupe of 16, including a brass band of 8, gave an entertainment at DeYo hall Saturday night.
R Kennedy of Portland, E S Catron and Mr Wade, of Wasco, spent several hours in Rufus Saturday.
Glen Thompson and family, a son in law of J Mathieson has returned to Sherman county. At present they are staying with Mr Mathieson's.

Demoss Correspondence.

Mrs Ed Newton is still sick with rheumatism.
Miss Rosa Cochran was in De Moss Friday.
Henry S DeMoss is busy seeding Diamond park.
Miss Mary Taylor called on her sister, Mrs G W Davis, Saturday.
Miss Olivea Hunter is spending a few days with Mrs Ed Newton.
Mrs W C Reese is enjoying a visit from her parents, Mr and Mrs Howard, of Corvallis.
P W Davis has settled down in the Postoffice and is making money like hay, and may not move again for some time.
Miss Edna Evans is working for Mrs Richie, over in Monkland settlement—missed from our circle by many young friends.
Mr and Mrs Alex Hunter made a call on I P Harden at Kenneth farm a few days since. The place is looking fine and spring like. Mr Hardin's strawberries are beginning to bloom, promising a big crop.

Conductor Killed by His Train.

Conductor H E Hornish, of the O R & N freight service, was run over by his train near Grants Friday night and instantly killed. He was on the car roof and started rearwards, leaving a brakeman a few seconds when the wind extinguished the light of his lantern and he fell between the cars. The train was running slow and when Mr H disappeared stopped within three cars of his fall. The body was fearfully mangled. After gathering the remains the train proceeded to The Dalles.

The old fashioned story of a prairie fire will not answer in these times. Farmers get busy with the telephone and are ready for the light before many of them see the smoke.
Death to the Jersey peach crop is reported. Jersey is not only the mother of trusts but seems to be the breeder of killing frosts.

Pointed Paragraphs.

Many a nut is not what it is cracked up to be.
A sure way to save money; do not spend money.
A horse may know a good bit without a college education.
One of the surest ways to lose a friend is to lend him money.
If you want to butt in you ought to be a missionary and get paid for it.
Even a dog will fight better when another dog yelps in sympathy.
It is quite useless to tell the goat not to butt in. He will do it any way.
Some mistake the mulishness of obstinacy for the strength of purpose.
Anti-fat remedies are seldom needed by the man who leans on hope.
The color of a cow's hair has little to do with her production of butter fat.
There are strong points of similarity between a foot ball rush and a bargain counter rush.
Worry, bustle and fret are a rotation that lays a man under the grass promptly and properly.
Every man seeks his ideal woman, but heaven only knows when he finds her. He never does.
Lots of people who would not make a gesture towards taking off their coats for a principle will fight valiantly over a dollar.
The drama of human life is more interesting than a novel; the story of the day's work is the most wonderful story ever written.
The owl has a great reputation for wisdom and for no other apparent reason than that he knows enough to keep his mouth shut.
Speaking of home remedies, the switch of our grandfathers was a pretty good remedy for quite a long list of juvenile disorders.
A scientist says sparrows may be killed in their nests, poisoned, snared or shot. Strange how some of these scientists are finding out things.
If some people would pay half as much attention to their own affairs as they do to affairs of others they would get along better in the world.
Take warning from the peach bud: That which grows venturesome and takes off its union suit too soon never lives to be a peach.
The ox knoweth his owner and the ass his master's crib, but there are any number of men who do not know when to quit when they have told all they know.

No. 161. Report of the Condition of The Wasco Warehouse Milling Co. Bank, at Moro, in the state of Oregon, at the close of business, March 29th, 1910.

Resources—	
Loans and discounts	\$124,593 48
Overdrafts, secured and unsecured	504 57
Banking house, furniture, and fixtures	1,030 50
Due from banks (not reserve banks)	13,959 41
Due from approved reserve banks	35,997 83
Cash on hand	10,664 50
Total	\$186,750 29
Liabilities—	
Capital stock paid in	\$25,000 00
Undivided profits, less expenses and taxes paid	2,826 94
Due to banks and bankers	24,135 89
Individual deposits subject to check	122,276 76
Demand certificates of deposit	8,820 00
State deposits	3,690 70
Total	\$186,750 29

State of Oregon, } ss
County of Sherman }
I, W. Stanley, cashier of the above named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.
W. Stanley, Cashier.
Subscribed and sworn to before me this 4th day of February, 1910.
Johm M. Parry, Notary Public.
Correct attest:
E. O. McCoy,
F. A. French,
Directors.

Home Course In Domestic Science

VIII.—Useful Labor Saving Devices.

By EDITH G. CHARLTON,
In Charge of Domestic Economy, Iowa State College.

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HOUSEKEEPING has always been hampered to a certain extent by tradition and some superstition. Until recently few women thought of making investigations for themselves regarding questions in general housekeeping, the word of some great-grandmother being usually sufficient. The fact that the grandmother had no opportunity to study the laws of nature as seen in the ordinary process of living did not disturb the average woman's faith in her opinion. But now a change is gradually moving across the country, and the up to date housekeeper is alive to anything which suggests improved and easier methods of work. She will investigate new plans and try practicable suggestions which seem to offer greater facility in her work. But there is yet in our midst the conservative housekeeper. She is slow to adopt new methods or to provide new and better equipment for her work.



HOMEMADE FIRELESS COOKER.

There may be and often is another reason besides conservatism which makes her hesitate to change her mode of work. It is because the men, who are generally the money earners, are often averse to spending any sum of money for house equipment. Not being familiar with the details of domestic work and having larger interests in their own business, they are very apt to think women can get along with almost anything or, rather, they think that housework can be accomplished with any sort of tools.

Occasionally a woman dislikes to ask for what she needs, or sometimes she will not accept modern inventions when they are offered to her, and now and then we find one who will not use them when they are actually in her possession. It is not always easy to tell just where the fault lies or what it is, but one thing is certain, there has been less advance in housekeeping during the last twenty-five years than has been made by any other industry. Agriculture, for example, has advanced in its methods of farming twenty-five years ago than truck gardening is like ranching. If the same interest had been taken in household affairs there might have been similar advancement in that most important of all industries.

There are numerous inventions on the market for making housework easier. Some of them are valuable, and others are worse than useless. Unless an implement after it has been given a fair trial is found to be a saver of both time, labor and energy it is not worth house room.
The Handy Fireless Cooker.
Among the most useful articles that have been brought into the kitchen within the last five years is the fireless cooker, or, as it was first named, the "hay box." The conception of the fireless cooker is a very old one, as some of the primitive races knew all about and practiced the art of cooking after this manner. But it was forgotten or neglected by civilized people until a few years back. Now the "hay box" has proved itself so useful as an economy of energy and fuel that it has come to stay. There are some handsome fireless cookers on the market that can be purchased for the moderate price of from \$8 to \$16, and so complete and perfect are they that steaming, steaming and roasting can be accomplished at the same time in the three separate compartments.
On several occasions I have frozen a mouse in one compartment, steamed corn bread in the second and cooked meat in the third at the same time and have had each dish "done to a turn" when it was needed for the table. With the addition of the hot soapstones that are included in some

cookers meat may be roasted and bread, cake and pies baked most successfully without requiring the slightest attention after they are put in the baker. I have seen one housekeeper who does all her cooking, baking and roasting with the help of a fireless cooker and a fireless baker and a two burner gasoline stove. She has proved, too, that she accomplishes more work with better results at about one-half the cost of fuel and twice as much saving of her own time and labor as when she used a first class coal range.
Really the term "fireless cooker" is a misnomer, and a much better name would be "heat retainer," for these must first be heat enough to bring whatever is to be cooked to the boiling point or until it has been heated thoroughly to at least 180 degrees. This can be accomplished over any kind of fire. Then the heat is simply retained by the cooker for several hours or until the cooking is completed.

The Homemade Cooker.
It is not necessary to buy a cooker, though one or more should be included in every up to date kitchen equipment. Very satisfactory ones have been made out of a wooden box or pail lined carefully with hay, wood, excelsior or paper, which is covered with cutting of and lined with some nonconducting material which holds the heat in the food until it is cooked. For this reason a wooden box, barrel or pail is used for the outside part. This is lined three or four inches thick with wool, paper, excelsior or in some cases with exhausted air. A space is left in the center which fits closely around the covered granite utensil in which food is cooked. A padded cover fits over the top of the cooker, thus allowing no chance for the outside air to enter or the heat to escape. The temperature the food material is when it is put into the cooker will be retained for several hours, and the fall in temperature is very gradual. The principle is the same for freezing as in cooking, a low temperature being retained the same as a high degree of heat.
In the baker two soapstones are heated for fifteen minutes directly over the fire, and then one is placed above and the other below the article to be baked.
Cooking Cereals in the "Fireless."
The fireless cooker is especially adapted for foods that require long, slow cooking, but it is not intended for articles which require rapid boiling. It is particularly well suited for cereals of all kinds, because the principle underlying the cooker is that it should be slow, thorough and prolonged. In a previous article the statement was made that the breakfast oatmeal may be cooked in the fireless cooker. The directions for doing this are as follows:
To two cups of boiling water add one teaspoonful of salt. Stir in gradually one cupful of oatmeal. Let it boil directly over the fire for five minutes, then place in the cooker for eight hours or overnight. If the oatmeal is cold in the morning reheat over hot water.
Many persons are familiar with the construction of the fireless cooker, but give not quite sure how to use one. For such a few general rules may be helpful.

Some General Directions.
As there is no evaporation in the cooker, use less water with cereals of any kind.
While cooking the food over the fire leave the cooker uncovered. This will permit the gases formed in cooking to escape. This is particularly necessary in preparing chicken and other meats for the cooker.
If the granite utensil used in the cooker is too large for the amount of food, use a smaller vessel in which to cook the food and set it inside the larger utensil, surrounded by hot water. To insure perfect success there should be two vacant spaces in the cooker or utensil.
This method of cooking is splendid for chicken fricassees, stews of all kinds, pot roasts, soups and for any meat dish which requires slow cooking. If the piece of meat is large reheat it after it has been in the cooker four or five hours and then continuing the cooking four or five hours longer will give better results.
The length of time the food is to be cooked over the fire depends on the size and nature of the food. A ten pound ham should simmer, never boil, for about forty minutes and cook in the cooker for ten hours, with a second re-heating after the first four hours.

The fireless cooker is not intended for fresh vegetables of any kind. These, as previously stated, require rapid cooking, which cannot be accomplished in it. If the potatoes are cooked in it they are sure to be heavy and more or less watery.
If meat is liked brown this should be done before or after being put into the cooker.
Practical Cooking Utensils.
The variety and kind of utensils to be used in the kitchen are always an interesting topic to all good housekeepers. There is only one point to emphasize in equipping a kitchen, and that is that the best material is none too good; also the extent of the equipment should be equal to the needs of the housekeeper.
I have been in many kitchens where the utensils were in such a worst condition and so insufficient in kind and number that I was not surprised to find the woman say she disliked to cook or that she was an unsuccessful cook.