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Bethlehem Chapter, No. 78 O.E.F. Regular communication each 2d and 4th Thursday evenings monthly. By order of W. M. Ella Hayes, Secretary.

Moro Lodge, No. 113, I. O. O. F., Moro, Oregon. Meets every Saturday evening at 7:30 o'clock. Visiting members are cordially invited. Members are expected to be present. By order of the Lodge, J. P. Strahl, N. G. R. M. Braah, Secretary.

Lupine Rebekah Lodge No. 78 O.E.F. Meet regularly every Friday evening. Visiting members are cordially invited to meet with us. House members are expected to be present. By order of the Lodge, Mrs. Mattie Mitchell, N. G. Mrs. Lelah Bull, Secretary.

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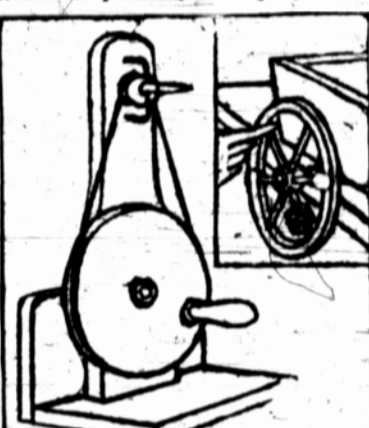
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FOR YOUNG FOLKS

HOMEMADE TWIRLERS. Arrangements You Can Use For Spinning Objects Rapidly. In some experiments you may need a "twirler," which is an arrangement used for spinning objects rapidly, and as you might like to add one to your "homemade laboratory," a description of it follows:

It consists usually of two wheels fixed on a stand and so connected by means of a band, as shown in the illustration, that by turning a handle on the larger wheel the smaller one may be made to revolve rapidly. The object to be twirled is fixed to this second wheel.

This twirler can be bought, of course, from a dealer in scientific supplies, but the wheels of an ordinary toy cart can sometimes be utilized. Turn the cart upside down and fasten the object to be twirled to one side of the wheel and spin it from the other side by the forward motion.



TWO KINDS OF TWIRLERS. An excellent twirler, however, can be made if you have a cart with merely a piece of board, a hook and a piece of twine. Get a piece of board about two feet long by twelve inches wide and place it on the top of a door slightly ajar, tilting it so that one end of it may rest under the top of the door frame and so be held in place.

Over the other end slip a loop of cord that will hang down within two feet of the floor and to this end fasten a hook. The board must be far enough under the top of the door frame to hold firm when the string is pulled on.

The loop of cord should now be twisted tightly, and then the object to be twirled should be hung on the hook. As the cord untwists the object will be twirled, and it will twirl more rapidly if a stick be pressed downward just above the twirl.

Another piece of twine may be strung on the cord, being held in place by knots. If disks of colored paper be fastened to the cords the twirling will produce effects like those of colored tops spinning.

Snapping Wild Animals. Of all the creatures to be seen at zoological gardens snakes are probably the most easy to ship from one country to another. Lions are not very troublesome. Considering their size and strength, the boxes in which they travel look out of all proportions, but there is method in placing these animals in small cages or boxes, because it deprives them of the chance to get a good spring. Snakes take very little food and throughout a long voyage give not the least trouble. They do not require to be fed, nor do they require looking after in any other way. By those starting on a long voyage are put into a large cloth bag and tied up. The bag is slipped into a box just big enough to hold it, and a piece of cloth is nailed over the hole cut in the top of the box. Nobody pays any further attention to the reptile until it reaches its destination.

Now Benjamin Franklin Worked. Benjamin Franklin when he set to work to discover his faults and to correct them adopted a very rational plan. Upon a piece of paper he set on one side five or six faults to be got rid of. The other side of the paper was divided into seven columns, each labeled with the day of the week. Each day he examined how he had got on with regard to the fault and gave himself a black mark or one of acquittal as he found himself guilty or not. It was not a bad plan. As he discovered one weakness growing fainter and fainter he devoted himself to another which required more attention. The result of his plan proved the success of his scheme. Suppose you boys and girls try this plan and also find out in an encyclopedia all you can about this great American's life.

Concessions. What is the best key to a dinner? Turkey. Why is a horse more clever than a fox? Because a horse can run when in a trap, and a fox can't.

Her Favorite Seat. The seat that I love best of all is my darling mother's knee. And that's the reason why I don't wish to grow up, you see. For if I were a great big girl I might so heavy be That I could never make a chair Of darling mother's knee.

QUIETNESS OF MANNER.

That is the Tread Mark of Culture in a Woman. Wherever the avocation of the spinning of woolen places her, however lowly or exalted her station may be, her influence is immeasurably increased or lessened by her cultivation or noncultivation of "quiet manners" and all that is included under so comprehensive a term.

The woman of "quiet manners" is the woman of quiet dress, not shabby dress, but that which avoids every tendency toward the flashy and conspicuous, that which is in entire harmony with the personality of the wearer and adds dignity and force to the influence which dominates it. Loud taste and pretension go hand in hand with loud manners and loud speech, as unlovely, like Emerson, have every reason to know.

"Quietness of manner" is the true mark of culture, that which is most associated in womanly composition with modesty and refinement. The more cultured a woman is the more refined will she be able to estimate her intellectual attainments and the more effectually to make use of such attainments through proper and legitimate channels. All very effective to her as being the hallmark of shallowness and superficialism. She wins her way and holds her own by the exercise of a courtesy and a tact which rarely justify feelings or awaken prejudices.

TREATMENT OF COLIC.

What to Do to Bring Relief to the Sufferer. The signs of colic are a sharp, hard cry, causing the face to become red, sometimes almost blue, according to the severity of the pain. During these paroxysms the child refuses to be comforted. The abdomen is distended and the little legs are drawn up against the abdomen, and the child is only relieved by getting rid of the gases formed. Hot liquids taken into the stomach or administered by intestinal injection are usually given and either brandy or any stimulant containing alcohol, tea from herbs, injections containing medication—these I do not advise the mother to give without a physician's advice. Pure hot water can, however, be safely given and given at any rate. First try what can be done by giving the child hot water through the mouth. Several teaspoonfuls of very hot water given by a dropper will almost surely bring up quantities of wind, and the child will fall asleep from the relief it affords.

Picking the child up and placing him over your shoulder or laying him across the lap on his stomach and gently patting the back in conjunction with the hot water given, will effectually relieve the pain.—Marianne Wheeler in Harper's Bazar.

CULINARY CONCEITS.

Ice water used with the yolks of eggs makes an omelette more tender. Fried cakes made with brown sugar will keep moist longer than when made with white sugar.

Newly washed raisins that are to be used in sweet dishes. It will make the pudding or cake heavy. Roll nuts or fruit in flour before adding to the other ingredients in making a cake. This will prevent them from sinking to the bottom.

A little bit of cinnamon added to the milk when boiling will give a delicious flavor to cocoa or chocolate. Care should be taken, however, if stick cinnamon is used, to remove it before serving.

The golden rule in cooking salt or smoked fish is this—never boil; just simmer. Boiling has a tendency to make the fish hard, and it also destroys the flavor as well as making the fish darker. Do not boil. Just simmer.

Children and Sugar. Children have an appetite for sugar because they need sugar. Nature craves it for its necessities. It has made weakly, puny children strong and robust by satisfying that appetite to the mother to be a morbid craving. It furnishes the needed carbohydrate material to organisms that have as yet little or no power to digest starch; thus milk sugar is a part of the natural food of the infant. Sugar by the lump or pure candy is better for the child when at play, but it would be wise to serve all cereals without sugar. Sugar does not mix well hygienically with anything. It is not the fault of the sugar, but of the combination. Sugar should be used very sparingly by one who has a torpid liver and not at all by one afflicted with diabetes.

Milk For Health and Beauty. To use "milk for health" it must be taken internally; "for beauty," externally. Milk should be sipped or taken slowly. Add a little lime-water, so that makes it more digestible. About a teaspoonful to a glass of milk is the correct proportion. To prepare lime-water, pour one pint of boiling water slowly over a piece of unstacked or egg white about as large as a hen's egg. When cold, pour off and bottle and use as needed, or you may buy lime-water at a chemist's. If you want to give the face and hands an occasional milk bath, use warm milk at night and let it dry. Wash off with warm water in the morning.

Keep Your Head Back. Pushing forward of the head will in time cause a prominence of one of the vertebrae of the spinal column, and an ugly little knob just below the nape of the neck is the result. Later fat may settle around this knob and a little cushion is thus often seen on the back of an otherwise beautiful neck.

DO NOT USE BLANG.

It is Not Smart and It is a Mark of Bad Breeding. Man looks for that refinement in a woman which he does not possess himself perhaps to any degree or does not meet with in his daily business life. He seeks goodness and purity. He wants his home life to be filled with love and peace, a hallowed shrine where he can worship.

He wants a wife who will lean on his strength, but whose goodness is his reliance. Men prefer modest women—in fact, the woman who is the direct opposite of his male friends and some of the women he meets in his daily routine.

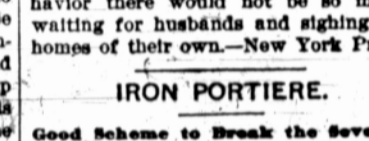
He may laugh at the young woman who spies the boys and talks all the latest slang, but he laughs and he rides away, for the old slang has it. He has no use of putting an unattractive creature at the head of his household. The ideals of womanhood are even changing, for there was a time when men thought that highest education was going to do away with the eternal feminine and the co-eds must be all bluestockings, but the avidity with which the college girl is snatched up and married out of hand and without loss of time shows that men have discovered that development along educational lines has improved and not detracted from womanhood.

Men really prefer modest, capable women for wives, though they may for the amusement there is in it like to flirt with the slangy, irresponsible ones. If the girls would study how to bring out the best that is in them, the finest side of their woman's nature, and drop slang, loud voices and still louder behavior there would not be so many waiting for husbands and sighing for homes of their own.—New York Press.

IRON PORTIERE.

Good Scheme to Break the Severity of a Long Fall. A long fall or passage-way is often times an objectionable feature in a house because of the difficulty of breaking the monotony of it or of giving it an artistic appearance. Especially is this true if the fall be more than ordinarily narrow.

When one wants to break the severity of such a fall or passage-way



the iron portiere, which forms a pretty arch, is just the thing. It is made of iron rods in chains with balls at the ends, the outside chains reaching nearly to the floor and the center one short enough to escape the head of the tallest person who would walk through.—Good Housekeeping.

Full Your Hair.

However much you may have resented it when your small brother pulled your hair, he was unconsciously doing you a great favor. Though he did not know it, he was going through a beauty exercise. A health culturist has made the discovery that men who get bald on top of the head, yet continue to possess long, flowing beards, attribute the fact that pulling the hair makes it grow. The gentle massage given the beard every time it is pulled keeps it thick and strong. A new method of massaging the scalp by gently and persistently pulling the hair has become a fad.—This same beauty teacher objects strongly to the wearing of tight, heavy or very warm hats. These, he declares, injure the hair, disease the scalp and cause baldness. Even a woman's hat may be too heavy if it is overtrimmed or fits so tightly around the head as to bind it and impede the circulation.

Laundry Lists.

The home manufacturing of laundry lists is a pleasant pastime. Two oblong pieces of cardboard for the covers and cut paper the same size for the book may be made into a pretty little ornament by covering the cardboard with a bit of linen and working in simple outline stitch something appropriate to its use. For instance, a colored laundress stands at the back of a wash tub elbow deep in the suds, the white in the background is seen a bit of clothesline holding sundry bits of washing, and down in one corner is the announcement, "My busy day." Two tiny Kate Greenway figures gossiping over the wash tub is another attractive cover. When ready for binding all that is necessary is to punch two holes at one end through which to run ribbon forming the hinges, and under these little bow hinges the ends of the ribbon hang are concealed.

Children and Bedtime.

To send children happily to bed is one of the mother's most thankful tasks. Whatever the child's daytime naps may have been, at night rest should be forgotten and go to rest with the mother's kiss on his lips and her tender voice in his ear. Hardly anything can be worse for a young child than to be scolded or punished to bed and to carry into his dreams harshness or gloom. The mother does well to be a little blind to some things, and remember that much childish culpability is superficial and washes off almost as the suds from hands and feet in the evening bath.

Ladies Dress Goods. See Our New Line of Autumn Patterns. We don't have to make much noise or display about the extent or quality of our stock, for the people are smart enough themselves to know where to come to find the proper variety to select from, and feel absolute confidence in the quality of their goods and the littleness of their prices. J. W. MESSINGER & SON. MORO, OREGON.

AMONG THE ESKIMOS. Full of Tragic Meaning. Are these lines from J.H. Simmons, of Casey, Ia. Think what might have resulted from his terrible cough if he had not taken the medicine about which he writes, "I had a fearful cough, that disturbed my night's rest. I tried every thing, but nothing would relieve it until I took Dr. King's New Discovery for consumption, coughs and colds, and completely cured me." Instantly relieved and permanently cured colds and lung diseases, prevents grip and pneumonia. Guaranteed. Price 50c and \$1. Trial bottle free. Marsh & Medler Wasco.

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New Cure for Cancer. All surface cancers are now known to be curable, by Bucklen's Arnica Salve. J. Walters, Duffield, Va., writes, "I had cancer on my lip for years, that seemed incurable, till Bucklen's Arnica Salve healed it, and now it is perfectly well." Guaranteed cure for cuts and burns, 25c. Marsh & Medler, Wasco.

Popular and Picturesque. The only thing necessary to make the Denver and Rio Grande the most popular, as it has ever been known the most pleasant and most picturesque way to cross the continent, has come about. This is the establishment of through sleeping car service. In connection with the O. R. & N. a through Pullman Standard Sleeper is now run from Portland to Denver, leaving Portland at 8:15 p. m., arriving at Salt Lake at 8:40 a. m. the second morning, leaving Salt Lake at 3:50 p. m. and arriving at Denver 4:30 p. m. the following day. This schedule gives passengers seven hours stop over in Salt Lake, affording an opportunity to visit the Mormon capital as well as a day light ride through the grandest scenery in the world.

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