

Winners At County Fair Announced

Pinto: Mare 3 and over, Sadie Rich 1st, 2nd, Linda Helyer 3rd, Alvin Helyer 4th; mare yearling: Sadie Rich 1st and champion; Tennessee Walking horse stallion 3 and over, Jack Jefferies 1st; mare 3 and over Verne Mobley 1st, Jack Jefferies 2nd; Crossbreds: Kathy King 1st, Phyllis Watkins, 2nd, Verne Mobley 3rd, Helen Sather 4th, Leo Watkins 5th. Grades: Bob King 1st, Bob Martin 2nd, Tommy Eakin 3rd, Marjorie VanGilder 4th, Verne Mobley 5th; yearlings, Tom Moore 1st; Ladies or gent saddle: Marjorie VanGilder 1st, Kenneth Sather 2nd, Sharon Martin 3rd, Phyllis Watkins 4th, Sherry Woods, 5th; Child's Saddle Pony: John Fields 1st, Verne Mobley 2nd, Tommy Eakin 3rd, Shirley Watkins 4th, Mike Helyer 5th. Stock horse: Marjorie VanGilder 1st, Bill Alsop

2nd, Jim Coons 3rd, Harold Brown 4th, Durward Helyer 5th. Tennessee Walkers: Keith Mobley 1st, Verne Mobley 2nd, Jack Jefferies 3rd, Helene Sather 4th. Cattle winners were: Hereford. Bull 2 and over T. L. Fields 1st, H. D. Eakin 2nd; bull 2 under 3, H. D. Eakin 1st, Paulen Kaseberg 2nd; yearling bull, Bob King 1st, H. D. Eakin 2nd, Bob King 3rd, Leonard Fields 4th; summer yearling, Bob King 1st, H. D. Eakin 2nd, Bob King 3rd; bull calves: H. D. Eakin 1st, Leonard Fields 2nd; Junior bull calves: H. D. Eakin 1st and champion, Bob King 2nd; T. L. Fields had reserve champion; two bulls, H. D. Eakin 1st, 3rd Bob King 2nd; cow 2 under 3, H. D. Eakin 1st, 3rd, Bob King 2nd; Junior yearling heifer: H. D. Eakin 1st, Leonard Fields 2nd, 3rd; Summer yearling heifer, H. D. Eakin 1st; Senior yearling calf, H. D. Eakin 1st; Junior heifer calves: H. D. Eakin 1st, Leonard Fields 2nd, H. D. Eakin 3rd; Two females: H. D. Eakin 1st, 3rd, Leonard Fields 2nd. Eakin won grand and reserve champion female. Get of sire: Bob King 1st, H. D. Eakin 2nd, 3rd; Pair yearlings: Eakin 1st and 2nd; Pair calves: Eakin 1st; Breeders young herd: Eakin 1st.

Angus: Bull 2 yrs and over: K. Fridley, grand champion; Junior bull calf: K. Fridley, reserve; cow 2 yrs and over: Larry Kaseberg 1st, 2nd, K. Fridley 3rd, 4th, 5th; cow 2 yrs: L. Kaseberg 1st; Junior yearling: L. Kaseberg 1st; Summer yearling: L. Kaseberg 1st, 2nd; Heifer calf: K. Fridley 1st, 2nd; Two females: L. Kaseberg 1st, K. Fridley 2nd, 3rd; Kaseberg had champion and reserve female; Get of sire: L. Kaseberg 1st, K. Fridley 2nd; Pair calves, K. Fridley 1st; In the fat steer class, both open and 4-H, Sally Fields had champion for Herefords and grand champion, Steve Burnet had champion Angus and Florene Crews champion Shorthorn. Jean Ross had second place Hereford and also second place Angus. Steve Burnet had the third place Angus and John Thomas the 4th. Placing on light Angus were Steve Burnet 1st, Jean Ross 2nd, Karen Powell 3rd, Alice Kaseberg 4th, Virgil Fields 5th, Larry Helyer 6th and Gene Fridley 7th. On Heavy Angus it was Steve Burnet 1st, John Thomas 2nd, Jim Thomas 3rd, Robert Powell 4th, Pat Jefferies 5th and 6th. For Shorthorns Florene Crews 1st, Frank McKay 2nd and Kay McKay 3rd.

Heavy Herefords: Sally Fields 1st, Jean Ross 2nd, Paul Sather 3rd, Arthur Decker 4th, Marilyn Smith 5th, Douglas Reid 6th, Donnie Decker 7th, Ronnie Mobley 8th. Light Herefords: Terry Kaseberg 1st, David Reid 2nd, Diana Henrichs 3rd, John Fields 4th, John Fields 5th, Keith Mobley 6th, Verne Mobley 7th. Sheep: Ewe, 2 and over Jim Coons 1st; Ram, 2 and over Jim Coons 1st; Market Lamb: Jean Ross 1st and champion, Jim Coons 2nd and reserve, Jean Ross, 3rd, Jeanette Belshee 4th, 5th, Jim Coons 6th, Delores Arstall 7th, Virgil Fields 8th; Jean Ross won with a pen of three lambs. Farm sheep: Pearl Bell 1st, 2nd, Cynthia Bell 3rd; medium wool, Cynthia Bell 1st, Pearl Bell 2nd. Swine: Poland China: sow under one, Pearl Bell 1st, Cynthia Bell 2nd; Market hog, Wilma Gentry 1st, Cynthia Bell 2nd, Florene Crews 3rd, Pearl Bell 4th; Pen of three: Wilma Gentry 1st, Cynthia Bell 2nd; Durocs: Market hog Sterling Gochnauer 1st, Darlene Gochnauer 2nd, Orville Blaylock 3rd, Joelle Blaylock 4th, 5th; Hampshire: boar under one, Tony Miller 1st, Tonal Miller 2nd; sow over one, Tonal Miller 1st, Tony Miller 2nd; sow under one, Tonal Miller 1st, 2nd, Tony Miller 3rd; Montana: Wilma Gentry 1st for sow under one. Sterling Gochnauer 1st, Wilma Gentry 2nd, Darlene Gochnauer 3rd. Yorkshire: Sally Fields 1st, Wiley Norton 2nd, Florene Crews 3rd. Sally Fields won grand champion with her fat market hog. Poultry: New Hampshire hen:

son 2nd; angel, Clara Kock 1st, Mrs. C. Spencer 2nd; chiffon, Pearl Bell 1st, Leona Douma 2nd; sponge, Margaret Wallace 1st, Mrs. C. Spencer 2nd; Cookies: drop, Mrs. C. Spencer 1st, Clara Kock 2nd; roll, Mrs. C. Spencer 1st, Clara Kock 2nd; cup cakes, Mary Sayers 1st, Pearl Bell 2nd; open face pie, Mrs. C. Spencer 1st, Mrs. L. Watkins 2nd; double crust, Mrs. Leo Watkins 1st, Clara Kock 2nd; custard, Mrs. C. Spencer 1st; Miscellaneous: candy: fudge, Clara Kock 1st, Janny McIntyre 2nd; other, Mrs. C. Spencer 1st, Pearl Bell 2d; soap, Leona Douma 1st, Jo Gentry 2nd; butter, Pearl Bell 1st, Cynthia Bell 2nd; relish, Evelyn Justesen 1st; Household furnishings: tablecloth, May Brown 1st, Mrs. A. A. Dunlap 2nd; emb. tablecloth, Suzie Sybouts 1st, Leona Sather 2nd; centerpiece, Mrs. C. Spencer 1st, Eunice Lutje 2nd; dresser scarf, Anna Schwendel 1st, May Brown 2nd; vanity set, A. Schwendel 1st, Eunice Lutje 2nd; pillowcases, Mrs. M. A. Bull 1st, May Brown 2d; emb. pillowcases, Mrs. A. F. Balzer 1st, Mrs. C. Spencer 2nd; emb. croch. pillowcases, May Brown 1st, Mrs. C. Spencer 2nd; other, Aline Savage 1st, Eunice Lutje 2nd; hand towel, Aline Savage 1st, A. Schwendel 2nd; apron, Mrs. Lynn Teadtke 1st, Mrs. Leo Watkins 2nd; ladies' dress, Mrs. Lynn Teadtke 1st and 2nd; pajamas, Mrs. John Buck 1st, Mrs. Leo Watkins 2nd; mens' shirt, Mrs. Lynn Teadtke 1st, Mrs. L. Watkins 2nd; other, Mrs. L. Teadtke 1st and 2nd; Knit goods: socks, Aline Savage 1st, Mrs. L. Teadtke 2nd; other Mrs. L. Teadtke 1st, Mrs. M. A. Bull 2nd; infants garments, robe, Mrs. R. Brown 1st, Dorothy Benson 2nd; baby dress, Aline Savage 1st, Dorothy Benson 1st, sweater, Mrs. R. Brown 1st, Dorothy Benson 2nd; baby hood crocheted, Mrs. M. A. Bull 1st, Jennie Martin 2nd; other, Mrs. M. A. Bull 1st, Jennie Martin 2nd; Hobbies: Dorothea Moore 1st, Mrs. J. Jefferies 2nd; adult, Mrs. H. C. Ginn 1st, Margaret Wallace 2nd; Junior, Alice Kaseberg 1st, Mary Sue Wallace 2nd; Photography: Chet Coats 1st, F. D. Reid 2nd; Sherman county scenes, F. D. Reid 1st, Chet Coats 2nd; black & white, Chet Coats 1st, F. D. Reid 2nd; Wheat, hard white, Cynthia Bell 1st; soft white, Cynthia Bell 1st, Mrs. C. Spencer 2nd; Rex in sheaf, C. Bell 1st; best wheat exhibit, C. Bell 1st, P. Bell 2nd; barley in sheaves, C. Bell 1st, P. Bell 2nd; Vegetables: beets, C. Bell 1st, Tommy DeMoss 2nd; beans, Mrs. A. F. Balzer 1st, Sherman county 2nd; wax beans, Mrs. A. F. Balzer 1st; cabbage, Tommy DeMoss 1st; carrots, Tommy DeMoss 1st, C. Bell 2nd; Pumpkin, P. Bell 1st, C. Bell 2nd; onions, Cathy Thompson 1st, Tommy DeMoss 2nd; sweet corn, Irene Fraser 1st, T. DeMoss 2nd; potatoes, P. Bell 1st, C. Bell 2nd; herbs, Mrs. J. W. Coons 1st & 2nd; peaches, W. H. McDonald 1st, Mrs. T. L. Fields 2nd; strawberries, Mrs. A. F. Balzer 1st, Irene Fraser 2nd; Inez Thompson 1st, Clara Kock 2d. Cake: white, Mary Sayers 1st, Clara Kock 2nd; dark, Clara Kock 1st, Mrs. C. Spencer 2nd; spice, Mrs. C. Spencer 1st, Inez Thomp-

Northwest To Show At Cologne Fair

Northwest grains take on an international flavor this week as Oregon producers, through their commodity organizations, take an active part in the International Food Fair now underway in Cologne, Germany. In cooperation with the Foreign Agricultural Service, U.S.D.A., the Oregon Wheat Growers league movie, "Give Us This Day", is being used as part of sixteen American agricultural exhibits at the fair. Narrated in German, the motion picture will be viewed by large audiences from all over the Continent.

The Cologne Food Fair, October 1 to 9, 1955, is sponsored jointly by U. S. agricultural groups and the American government. Designed to help step up sales of U. S. products abroad, the exhibit offers opportunity for private American food and agricultural groups to develop new and broader markets for their products overseas. Increased shipments of Northwest grain to European countries instigated participation by the Oregon league. Earl Corey, regional director for CCC, reports recent increased sales of barley to the Continent. Oregon growers hope that more information regarding quality and price may boost sales higher in Europe.

October Ideas for Meal Planners



by FRANCES FIELDS Home Economist Oregon Wheat League Lewis Building Portland 4, Oregon

As we sweep away the last of summer's leaves, our lives settle down to more regular patterns. In one of your patterns of activity—meal planning—I hope to become a regular help.



Nutrition vs. Overweight

Did you know that a nutritious diet is not a fattening diet? For example, wheat foods in a well-balanced diet are not fattening. It is simply overeating that causes overweight.

Did you know that to get into a dress one size smaller requires losing from ten to fifteen pounds?

Did you know that the finest cake and pastry flours and mixes are made from "soft wheat" varieties grown in Oregon?



October is DOUGHNUT TIME!

Doughnuts are on display at neighborhood grocery stores and bakeries. Halloween, you know! If you like to make your own—

Here is a basic DOUGHNUT RECIPE

Beat 4 egg yolks or 2 whole eggs until light. Add 1 cup sugar, 2 T. melted butter, 1/2 cup milk. Sift together: 3/4 cups sifted all-purpose flour or 4 cups pastry flour, 1 t. baking powder, 1 t. salt, 1/4 t. nutmeg, 1/4 t. cinnamon. Add dry ingredients to liquid and mix together until well blended. Chill dough. Roll to 1/2 inch thickness. Cut with floured cutter. Fry in heated fat—375°. Slide doughnuts from spatula into hot fat. Fry on each side until golden brown. Remove, drain on absorbent paper.

SPECIAL TRICKS FOR DOUGHNUT TREATS:

Drench warm doughnuts in granulated or powdered sugar, add cinnamon or chopped nuts, too. If you like, try adding 3 tablespoons grated orange rind and substitute orange juice for the liquid. While warm, dip these in powdered sugar. Add maple flavoring and chopped nuts, serve warm with scoop of vanilla or maple- nut ice cream. Lazy? Drop spoonfuls into hot fat and have drop doughnuts.

Did you know that there are 14,000 farmers in Oregon whose principal crop is wheat? And wheat is the largest agricultural crop grown in Oregon.

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Harlandview grange had the better display in the opinion of the judges with Rufus second. Canned Fruits: Apricots Mrs. Leo Watkins 1st, Ronda Fraser 2nd; Blackberries, Cynthia Bell 1st, Pearl Bell 2nd; Cherries, C. Bell 1st, P. Bell 2nd; Gooseberries, A. Schwendel 1st; Loganberries, Mrs. C. Spencer 1st, P. Bell 2nd; Raspberries, Mrs. C. Spencer 1st, C. Bell 2nd; Strawberries, P. Bell 1st, Mrs. C. Spencer 2nd; Peaches, Mrs. C. Spencer 1st, Ronda Fraser 2nd; Prunes, Mrs. L. Watkins 1st, P. Bell 2nd; Rhubarb, Cathy Thompson 1st; Boysenberries, Wilma Gentry 1st, Mrs. C. Spencer 2nd; Applesauce, Mrs. J. W. Coons 1st, Mrs. L. Watkins 2nd; Canned Vegetables: Corn, Wilma Gentry 1st, Josephine Gentry 2nd; Beans, Gladys Cochran 1st & 2nd; Beets, Gladys Cochran 1st & 2nd; Canned Meat: Beef, Mrs. J. W. Coons 1st, P. Bell 2nd; other Mrs. J. W. Coons 1st, C. Bell 2nd; Jelly: Apple, Gladys Cochran, 1st, Mrs. J. W. Coons 2nd; Currant, Karen Wilson 1st, Mrs. E. H. Moore 2nd; Grape, Wilma Gentry 1st, Karen Wilson 2nd; Blackberry, Eunice Lutje 1st, G. Cochran 2nd; Loganberry, Mrs. W. H. Moore 1st, Mrs. C. Spencer 2nd; Plum, Inez Thompson 1st, Raspberry, Mrs. L. Watkins 1st, Mrs. C. Spencer 2nd; Strawberry, Janny McIntyre 1st; Cherry, Evelyn Justesen 2nd; Apricot, Karen Wilson 1st; other Karen Wilson 1st, Nancy Wilson 2nd. Jam: Loganberry, Mrs. C. Spencer 1st, Ronda Fraser 2nd; Plum, K. Wilson 1st; Raspberry, R. Fraser 1st, G. Cochran 2nd; Strawberry, Marjorie VanGilder 1st, R. Fraser 2nd; Strawberry preserves K. Wilson 1st, N. Wilson 2nd; Peach, K. Wilson 1st, Cathy Thompson 2nd; Apricot, N. Wilson 1st, C. Thompson 2nd; other, G. Cochran 1st, R. Fraser 2nd. Conserve & marmalades: Apricot, Mrs. L. Watkins 1st; Butters: Apple, Mrs. C. Spencer 1st; Pickles: Dill, Mrs. A. F. Balzer 1st; Sweet, Mrs. C. Spencer 1st, C. Thompson 2nd; Vegetables, P. Bell 1st, C. Bell 2nd; Fruit, P. Bell 2nd; Beets, Mrs. J. W. Coons, 1st, Mrs. C. Spencer 2nd; Bread & Rolls: white, Mrs. C. Spencer 1st, Dorothea Moore, 2nd; dark, Mrs. C. Spencer 1st, Clara Kock 2nd; Nut, Mrs. C. Spencer 1st, Janny McIntyre 2nd; Raiser rolls, Inez Thompson 1st, Clara Kock 2d. Cake: white, Mary Sayers 1st, Clara Kock 2nd; dark, Clara Kock 1st, Mrs. C. Spencer 2nd; spice, Mrs. C. Spencer 1st, Inez Thomp-

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