

### Former Principal Visiting in Grass Valley

Mr and Mrs Henry Tetz and baby arrived here Thursday from Grants Pass to spend about 10 days visiting her parents, Mr and Mrs Charles Lemley. He is driving tractor for Arzell Lemley.

Mrs T M Rolfe, Pvt. Robert Rolfe, Mrs Roy Wells and Mrs Charles Baker were visitors in The Dalles Saturday.

Mrs Edgar Alley, Mrs Frank Bayer and Mrs Helen Bayer and daughter were visitors in The Dalles Wednesday.

Mrs L M Baker and children left Friday for Redmond to visit her sister, Mrs Louis May and family before returning to her home in the valley. She had been here several weeks visiting her parents, Mr and Mrs I D Pike.

Rodney Hutcheroff left Monday for his home in Portland after spending his vacation with his grandparents, Mr and Mrs Charles Lemley.

Mrs Etha Schilling came up from The Dalles Friday to spend the week end visiting here with Mrs J S Newcomb.

Mrs Willard Rolfe spent the week end at the Rolfe home.

Mrs Helen Bayer gave a surprise party at her home Saturday afternoon in honor of Barbara Alley, who celebrated her 9th birthday anniversary. Games were the diversion of the afternoon and refreshments were served. Those present were the honor guest, John Alley, Janice Bibby, Lois and Dorothy Kelley, Ina May Ziegler and Mrs Edgar Alley.

Estel Hartley came home from Portland Thursday to visit his family, returning to the city the next day.

Mr and Mrs Rinehart Wassenmiller and children of The Dalles spent the week end here visiting his parents, Mr and Mrs Jacob Wassenmiller.

Mrs Helen Bayer assisted by Mrs Edgar Alley and Mrs Lester Barsum was hostess at a layette shower in honor of Mrs Wayne Kelley at the former's home Friday afternoon. After the gifts were opened refreshments were served to about 20 guests.

Mr and Mrs Don Smith and son Larry, Mrs Maude Garrett and her friend, Mrs Maude Hulseman of Seattle and John Block went to Maupin Monday to visit Mrs Garrett's daughter, Mrs James Phifer.

Mr and Mrs Wayland Weld and children left Friday for Bend where they are living while he is stationed there with the US engineers. They have been visiting her parents, Mr and Mrs J S Newcomb.

Don Cox and Wayne Roberts

were visitors in The Dalles Sunday. Mr and Mrs Don Smith and son Larry, and Mrs Arzell Lemley were business visitors in The Dalles Saturday.

Harvest Ball at Kent, Saturday Night. Good Time Assured

Corporal Wallace Stark left Saturday for Camp Ord, Cal. after spending his furlough here with his father, Sam Stark and family.

Mr and Mrs Kenneth Crews and daughter and Mrs Ted Peterson were in The Dalles Saturday.

Mrs Maude Hulseman of Seattle, Wash., arrived Thursday for a visit with Mrs Maude Garrett.

Mrs Helen Nichol of Madison Wisconsin arrived Thursday to visit her brother in law and sister, Mr and Mrs W F Schilling. She left Monday, for Eugene to visit a brother before going on to California to see her son at Long Beach.

Mrs A M Zevely returned home Sunday from Paisley where she spent a week with her husband at the look out station.

Ed Alley shipped a car load of horses to Portland Saturday.

Mrs Howard Pierce and daughter, Audrey of Portland spent the week end here visiting at the home of Mr and Mrs A A Dunlap. Mrs Dunlap took them to The Dalles Monday when they returned to the city.

Miss Betty Olds and Mrs Kenneth Barnett spent Friday night in The Dalles.

Mr and Mrs Kenneth Todd took Lawrence Todd to The Dalles for medical attention Sunday.

Mr and Mrs William Brinkert received a cablegram recently from their son, Pfc William Brinkert, who is in the Hawaii Islands that he was well and there was no need to worry about him.

Ed and Scott Fritts left Monday for Boys Camp at Arrah Wana to spend a week or ten days.

Mr and Mrs Charles Davis of Portland spent Monday here at the Fred Cox home.

Mr and Mrs I D Pike and grandson, Irwin Goodrich, went to The Dalles Sunday to spend the day with their daughter, Mrs Jessie Goodrich.

Mr and Mrs Loy Cochran of Portland spent the weekend visiting at the Eben Kee home. Little Jackie Squire accompanied them to her home in Gresham after being at the Kee home most of the summer.

Mr and Mrs Roy J Baker returned to their home in The Dalles Friday after spending several days here on business.

Mrs Maude Garrett and friend, Mrs Maude Hulseman were in The Dalles Tuesday to see the former's daughter, Daisy.

The Baptist Mission society met at the home of Mrs Amelia Peterson Wednesday afternoon.

Wilbur (Bud) Brinkert is expected home this week, having been discharged from the army on account of illness.

## Harvest BALL

KENT LEGION HALL

August 28

Admission \$1.00

SUPPER SERVED IN HALL

BY AMERICAN LEGION AUXILIARY WOMEN

GOOD MUSIC — GOOD TIME

AMERICAN LEGION SPONSOR

## HI-WAYS TO HEALTH by ADA R-MAYNE OREGON DAIRY COUNCIL

A neglected breakfast is one of America's bad food habits. The importance of a substantial breakfast for good health and increased efficiency is being stressed more and more since the nation went to war. Health is one business that must go on as usual during wartime.

Breakfast should include a hot food and be hearty enough to supply the energy for the morning. A good breakfast supplies about 1-4 to 1-3 of the day's food requirements.

If your family likes to have almost the same breakfast every day, be sure the foods re those needed each day. Here are two breakfast patterns that are nourishing enough to be used over and over again.

**Fresh Fruit**  
Whole grain cereal with milk  
Buttered Toast  
Cocoa made with milk

**Stewed Fruit**  
Whole wheat bread with butter  
Eggs—Milk

Coffee for adults if desired. Try cooking the breakfast cereal in milk. It makes it creamy and delicious. Start the cereal the usual way over direct heat, using half as much water as usual. Place the cereal in the double boiler, add the other half of the liquid in the form of milk. Cook somewhat longer to allow for the time needed to heat the milk. If milk is used in place of all the water, heat the milk in a double boiler, add cereal, and cook twice as long as usual.

Chopped, pitted dried prunes or apricots or raisins can be added to cereal for the last ten minutes of cooking, or chopped pitted dates or cooked prunes can be sprinkled over the cereal when ready to serve.

Hot breads add variety and flavor—and extra food value when J. Anderson of Colfax, Wash., re-

made with whole grain or enriched flour, dried fruits or molasses. Here is a recipe for graham muffins that will be a welcome addition to any breakfast.

**Graham Muffins**  
1 1-4 cups graham flour  
7-8 cup white flour  
3 tsp baking powder  
2 tbsp sugar

1-2 tsp salt, 1 cup milk  
1 egg, 3 tbsp butter  
Sift and measure flour. Add baking powder, sugar, salt and sift again. Add milk, egg and melted butter. Stir only until all of the dry ingredients are moistened. Drop into buttered muffin pans. Bake in hot oven, 425 degrees for 20 to 25 minutes.



The Anderson twins, Shirley (left) and Gloria (right) received wide recognition when born. Their births were almost unique in medical history, marking one of the few cases on record in which the mother and twins, born by Caesarian operation, survived.

## FALL -- 1943 STYLES Wear Everywhere Coats!

Solve your fall coat problem the sensible way! Have one wonderful classic coat that goes everywhere, Tops everything. Choose it now!

**\$19.75 to \$39.75**

Stunning reefers, Chesterfields, "Boy" Coats polos, tweeds. Tailored with style, endlessly wearable!

### Redfern Fall Coats

Featured exclusively at our store, Redfern again brings you the highest quality in fine coats, fashion hits!

**\$39.75 to \$55.00**

FALL Junior Dresses

Dress Styles  
Pretty autumn dresses in Casual types. One and two piece "suit dresses" with self trims, pleates, flare skirts for fall!

5.95 to 11.75

"Two pieces" in luscious new Autumn shades of gold, blue, green, brown, tan, red. Fitted models with catchy new trims.

\$9.95



Millinery

\$2.95 and up

Just arrived -- for the right accent to your new fall wardrobe. Exciting fresh hat styles, priced to fit your budget.

## SCHOOL WEAR

Wool Coats for misses, juniors \$11.75 to \$29.75

Skirts Ideal for school 3.50 to 6.50

Sweaters, fine knit wools 2.50 to 3.98

Dresses 1 and 2 piece juniors 6.50 to 9.95

Childrens Coats, warm & wearable 7.95 to 14.95

Rain Coat, reversible style 5.95 to 6.50

Childrens Skirts, corduroy & wool 1.75 to 2.98

### August Selling MENS FINE SUITS

Suits that will last you several seasons and still retain a look of going places, and going well dressed. "Style-Mart" 100 percent wool suits.

**27.50**

and up

Plan Now . . . .

Buy it NOW!

STETSON

Hats for men who want the best. Same "John B. Stetson", fine quality you've had for years—from

\$5.00 up

HARDEMAN

Men who know quality and appreciate the appearance that goes with it, choose "Hardeman" hats from . . . .

4.50 up



Serving Eastern Oregon More Than Half a Century

### THE OLD JUDGE SAYS...



"Anything new, Bert, on that black market trial up at the county seat?"  
"The jury came in 'bout an hour ago, Judge. The verdict was 'guilty.' I understand the sentence is going to be a mighty stiff one."  
"Can't be too stiff to suit me. Anything those law-flouting racketeers get will be too good for them. How they thrive every time there's an opportunity to sell something

illegally instead of legally in this country. Just like the bootleggers did during the 14 years when liquor was sold illegally instead of legally.

"Unless this black market in meat and other commodities is stamped out and stamped out quickly, Bert, we're in for another dose of the crime, corruption and lawlessness we had following the last World War."