

Many People Visiting Grass Valley

Mrs John Perry of Hillsboro and daughter, Mrs Marietta Beeler and children came Thursday to visit relatives and friends.

Mr and Mrs Frank Murphy of Antelope visited Mr and Mrs Gus Smith one day last week.

Mrs Ella J Kelley of Elmo, Mo., arrived here Saturday from Portland where she has been visiting her daughter to visit her son and daughter in law, Mr and Mrs B M Kelley.

Mrs Bert Cox left Sunday for Chehalis, Wn., to visit her parents, Mr and Mrs C H Auger.

Mr and Mrs W F Schilling and their daughter, Mrs Walter Kindt and children were all day guests at the home of Mr and Mrs Roy Schilling Monday.

W C Todd had the misfortune to fall off a truck load of hay a week ago Tuesday, he was taken to The Dalles by Mrs Todd and Laurence where it was found he had several broken ribs and a broken collar bone. They all returned home Sunday.

Mrs Hannah Wonderly came up from Portland Sunday to spend a few days visiting her mother, Mrs Nellie Ferbrache.

Mrs Ed Alley returned home from Portland Sunday where she spent several days visiting her son and daughter in law, Mr and Mrs Bruce Alley.

Clarence Hensen was one of the selectees who went to Portland Friday for their physical examination. He returned home Sunday night having failed to pass this time.

Mrs Wallace May and Mrs O N Ruggles were business visitors in The Dalles Wednesday.

Mrs R J Baker returned to her home in The Dalles Wednesday after spending several days here, turned home the same day.

Mrs Nellie Ferbrache and her granddaughter returned home from Portland Friday where she spent several days with relatives.

Mrs Orville Ruggles returned home Friday from Portland where she had spent a week visiting her parents, Rev. and Mrs S L Boyce.

Miss Doris Newcomb came up from Portland Sunday evening to spend several days visiting her parents, Mr and Mrs J S Newcomb and her sister, Mrs Wayland Weld and children.

Miss Cassie Holmes came home from The Dalles Monday to spend her vacation here away from her duties at the hospital.

Mrs Edison Sutherland, who has been visiting her sister, Mrs Art Bibby and her father, O M Fraley, left Monday for her home in Pullman, Washington.

Mr and Mrs Bert Garretson of Portland arrived here Monday evening to spend several days as guests at the home of Mr and Mrs John Engstrom.

Mrs Charles Perrigo of Portland spent the week end here visit-

FOOD FACTS

Ration cards ARE TAKEN FROM THE FAMILIES OF FRENCH & CZECH WORKERS REFUSING WAR JOBS IN GERMANY

People IN ITALY, FRANCE, BELGIUM & FINLAND GET ABOUT 35% LESS FOOD THAN BEFORE THE WAR

DU TO LACK OF FOOD, CHILDREN IN WARSAW, POLAND ARE MALFORMED, SUFFERING FROM ANEMIA & SOFTENING OF THE BONES

AS NAZI CONQUERED NATIONS ARE LIBERATED, MORE & MORE FOOD WILL BE NEEDED TO BUILD THEIR STRENGTH AND RESTORE MORALE

ng her parents, Mr and Mrs Frank Bayer.

Mrs Walter Kindt and children of Eugene arrived here Thursday evening to visit her parents, Mr and Mrs W F Schilling.

R J Baker returned to his home in The Dalles Saturday coming back here Monday evening accompanied by Mrs. Baker, for several days business.

Pvt. Robert Rolfe arrived home Sunday from Fort Worden, Wn., to spend his furlough visiting his parents, Mr and Mrs T M Rolfe, and other relatives.

Mrs I D Pike and her daughter, Mrs L M Baker and children, went to Hermiston Monday to spend the day visiting friends.

Mrs Chester Clark went to The Dalles Sunday for a few days on business returning here to help her mother during harvest. She has been here several weeks helping her mother, Mrs Grover Young.

O M Fraley left Monday for his home in Maupin after spending a week here visiting a the home of his daughter, Mrs Art Bibby.

Mrs Jessie Goodrich of The Dalles spent the week end here visiting her parents, Mr and Mrs I D Pike and her sister, Mrs L M Baker.

Mr and Mrs R J Baker attended the Sherman County picnic held in Portland Sunday. They met many old friends and every one had a grand time. It was a beautiful day with the sun shining all day.

EVEN HOGS GET DRUNK

Dr M J Belton, veterinarian for the state department of agriculture, was rushed to the James Steinlechner farm north of Florence to investigate what the telephone summons gave suspicion might be hog cholera.

Belton found the 46 hogs were reeling and wobbling around all right, and having not a little trouble handling their posterior parts. But not because they had any disease—the hogs were drunk on fermented whey!

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Tomatoes store under their bright red jackets a wealth of vitamin C, a goodly supply of vitamin A, some riboflavin, niacin and minerals, too. Since you cannot store vitamin C in the body as you do vitamin A, you want to be sure to get your daily requirement. This is easy to do when tomatoes are plentiful.

Vitamin C has been called the "freshness vitamin". It is the least stable of all the vitamins. Long storage increases vitamin C loss so do not keep your tomatoes—or any other vegetable or fruit—too long. Victory gardeners should pick them as short a time before using as possible for should be heavy for size, firm, full flavor and greatest food value. When buying tomatoes, they should be smooth and bright in color.

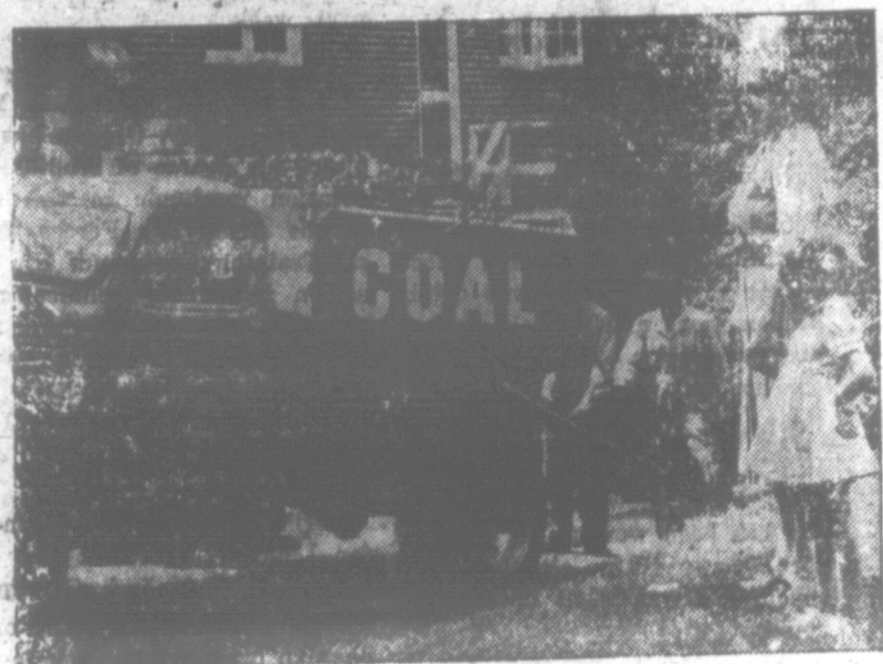
One nice way to serve whole tomatoes is to core them and stuff with any filling you may choose. For a hearty stuffing use protein foods—cottage cheese with chopped chives or onion or chopped nuts. Left-over fish, chicken or meat make excellent stuffings also. And that rationed Cheddar cheese can be extended by serving a spoonful of the grated cheese in the top of the whole peeled tomato.

In this Baked Macaroni and Tomato luncheon dish there's the equivalent of 1 and 1-4 cups milk for each person.

- Baked Macaroni and Tomatoes**
- 1-2 8oz pkg macaroni
 - 1-2 qts boiling water
 - 2 1-4 tsp salt
 - 1-4 cup butter
 - 1-4 cup flour
 - 1-4 tsp powdered mustard
 - 1-8 tsp pepper
 - 1-2 tsp condiment sauce

- 2 cups milk
 - 1 tbsp minced onion
 - 1-4lb grated cheese (1 cup)
 - 3 thinly sliced, sliced onions
- Cook macaroni, uncovered, in boiling water with 1-1-2 tsp of the salt, until tender. Drain. Meanwhile, make sauce as follows: melt butter in double boiler; then stir in flour, mustard, remaining 3-4 tsp salt and pepper. Add condiment sauce, milk and onion, and cook, stirring constantly until thickened. Add cheese and stir. Combine sauce and macaroni and arrange in layers with tomatoes. Bake in 400 degree oven for 20 minutes. Serves 4.

Order Early—For a Warm Winter



Fuel supplies will be short next winter, both because supplies are low and transportation is curtailed. An order placed now will let your dealer schedule deliveries to save trucks and tires. Stock up NOW—before a warm next winter.

THE OLD JUDGE SAYS...



"Makes me feel extra good hearin' you talk that way, Judge... never realized I was contributin' to the war effort in the way you mention."

"You certainly are, Hank. Part of the grain you farmers grow is used by the beverage distilling industry to make alcohol for war purposes. Hundreds of millions of gallons are required every year for smokeless powder, medical supplies, chemical warfare materials, shatterproof glass, lacquer for camouflaging equipment, fuel to propel torpedoes and in the making of critically needed

synthetic rubber. But, Hank, the grain used in distilling this alcohol is not thrown away. It is processed and comes back to the farm again in the form of distillers' dried grains or dried solubles which you use for dairy feeds, hog supplements and poultry mash. This year alone it is estimated 388,000 tons of these much needed feed stuffs will be produced by the distillers."

"I can see now, Judge, why you say it's a mighty good thing we have a legal distilling industry in times like these."

Conference of Alcoholic Beverage Industries, Inc.

EATING is a daily performance, a habit almost universal, praise be.

BUYING FOOD is almost so.

You need a constant, steady, handy source of supply where the larder can be replenished with good food at good prices. That means—

Zeigler's Quality Store Grass Valley

For 

BUY WAR BONDS

The Allied combine has just made the first round on the European field

We can't catch the rabbits in that field until the last round

THAT TAKES TIME AND SUPPLIES

LIFE-LINES to VICTORY!

UNION PACIFIC

"KEEP 'EM ROLLING"

THE RAILROADS ARE THE BACKBONE OF DEFENSE