

Former Wasco Teacher Now At Annapolis

In a recent issue of the Oregonian there was a story of Wayne V. Burt, a former teacher of Wasco school, who has been employed in the Kaiser shipyards at Vancouver as junior engineer. He was recently commissioned an ensign in the naval reserve and has gone to Annapolis, Md., to take a course in aerological engineering at the Naval Academy. His wife, also a former Wasco teacher, will remain in Portland for the present.

The Klondike Community club met Thursday afternoon, March 11 at the home of Mrs. Joe Hilderbrand. Refreshments were served. Among students who spent spring vacations at home were James Coats, Margaret McDermid from Monmouth, Helen Blau and Catherine Fridley from EOCE at LaGrande.

Those in The Dalles shopping Friday were Mr. and Mrs. Dan McDermid and daughter Margaret, Mr. and Mrs. G. A. Sargent, Mr. and Mrs. Clyde Fridley and daughter Catherine and son Clyde Jr., Mr. and Mrs. Hugh Walker and daughter, Mrs. Rosemary Powell, Mrs. Clyde Hearing, F. L. Farnett, Mr. and Mrs. H. D. Proudfoot, Rev. and Mrs. F. L. Cannell, and Mrs. Cliff Fridley.

A. D. Edgington of Seattle, Wn. has returned to Wasco and is again opening up the Columbia Machine shop and garage.

Francis Watkins has been in a hospital in The Dalles.

Pay Brackett of Rufus crushed his hand badly while unloading a bulk bed from a truck one day last week. It is healing nicely.

Mr. and Mrs. Stewart Johnson of Salem arrived last Monday and were guests of Mr. and Mrs. E. P. Rich until Sunday.

Mrs. Arthur Van Gilder has returned from Bremerton, Wn., where her husband was stationed. He has recently been transferred to Tillamook. Mrs. Van Gilder is visiting her parents, Mr. and Mrs. E. P. Rich and recuperating from a recent nasal operation.

Miss Doris Scott of Hermiston spent the week end here at the home of her parents, Mr. and Mrs. E. Scott. Mr. Scott arrived Sunday evening from Camas for a visit.

A Nesbit of Rapert, Idaho, father of Wm. Nesbit, is here for a visit.

Mrs. Owen Barnett and son Jerry and Mrs. May Michael of Portland arrived the latter part of the week for a visit with Wasco friends.

Wesley Wilde has recovered sufficiently from his recent illness to return to his work at Camas.

Mr. and Mrs. Ira Fridley have moved into the O'Meara house formerly occupied by Robert Evans.

Mr. and Mrs. Harland Johnson of Spokane were Sunday visitors with his parents, Mr. and Mrs. J. T. Johnson.

It is reported that Chub Johnson has sold his place at Willamina and bought one near Hillsboro.

Mrs. Augusta Huckin entertained at turkey dinner Sunday.

in honor of her daughter, Mrs. M. G. Walker, of Seattle, who is visiting her. Guests were Mr. and Mrs. Dybert Johnson and son, Mr. and Mrs. Wm. Clothier, and Mrs. Belle Clothier.

Mrs. A. Huckin, Mrs. M. G. Walker and Mrs. Belle Clothier were guests of Mr. and Mrs. Dybert Johnson, Thursday.

Robert McDonald is home from a trip to Portland.

Mr. and Mrs. Lowell Burres and children visited his parents, Mr. and Mrs. Wm. Burres, in Portland over the week end. Miss Anne Clothier accompanied them.

The Tuesday Afternoon Study club entertained for the fourth district president, Mrs. W. E. Crawford of The Dalles Tuesday afternoon at the home of Mrs. R. H. McKean with Mrs. Grace McDermid as assistant hostess and Mrs. Pres Boyce as leader. Members of Wasco Woman's club and Moro Woman's club were invited guests. About 50 were present.

The program consisted of roll call, musical numbers from the school, talks by representatives of Wasco Woman's club and Moro Woman's club, and an address by the district president, Mrs. Crawford. A gift was presented Mrs. Crawford by the club. Refreshments were served.

Miss Naomi Beletski of Hermiston visited at the Robert Kaseberg home from Tuesday to Thursday.

M. M. Gilman is here from Milwaukee visiting his daughter, Mrs. Ora Workman, while recuperating from a recent illness.

Second Lieutenant Earl Dutton of the Air Corps at Hamilton Field, Calif., is visiting his parents, Mr. and Mrs. H. D. Dutton, and family. He is on a 10-day furlough.

Madeline Rossner, president of the Rebekah Assembly, will pay a visit to Marion Rebekah lodge in Wasco March 25. The following day she will hold a district meeting at Moro.

Mrs. Agnes Duncan and sister Miss Clemmie Allen were called to Bend by the sudden death of their sister, Mrs. Nell Herrington (nee Mary Allen) the first of the week.

A number from Wasco attended the dance at Rufus Saturday night.

WASCO SCHOOL NEWS
Tuesday, March 16, a pre-school health clinic was held at the school house.

Miss Erma Scott has withdrawn from school for the rest of the term to undergo an operation.

At a board meeting March 11 the entire staff of teachers was re-elected with an increase in salaries.

STUDENTS IN FOUR MORE FIELDS HELD ESSENTIAL

Oregon State College—Because of a serious need for additional persons in scientific and specialized fields and professions, the national selective service system has added junior and senior students in agriculture, forestry, pharmacy and optometry to the previous list which "should be considered for occupational classification."

The new order leaves final decision to local draft boards, but says that such students can be deferred until July 1, 1943 pending further consideration of their status.

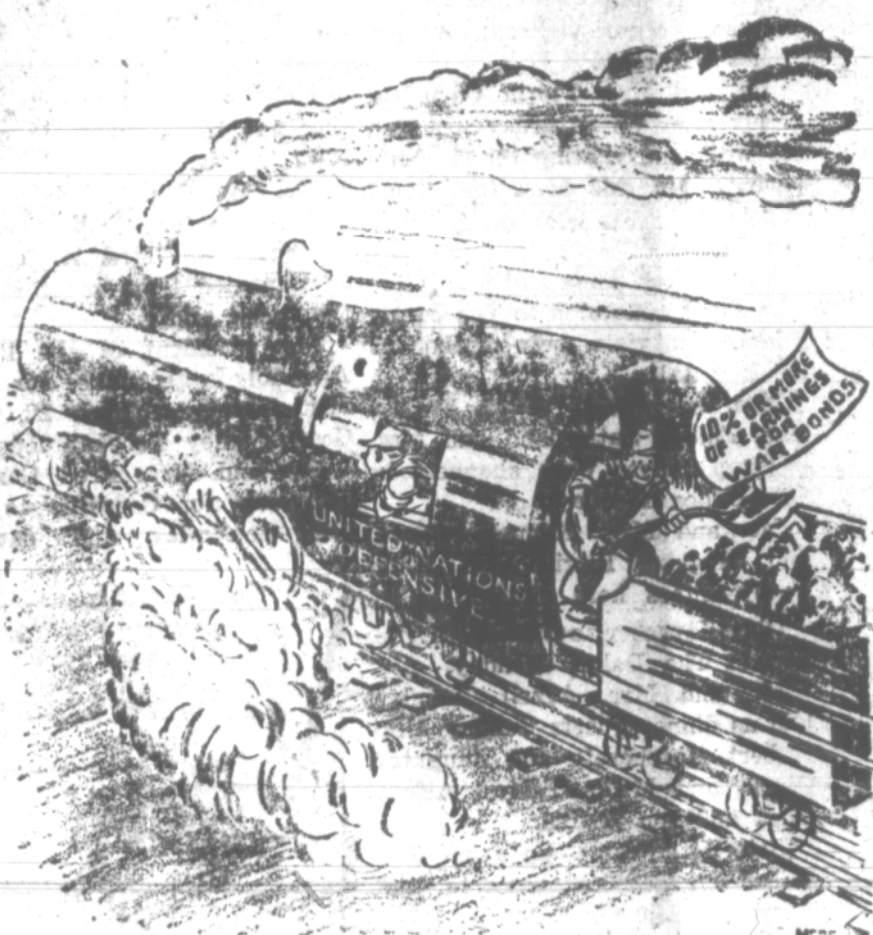
The same order liberalizes the procedure for students in all branches of engineering and in the four science fields of chemistry, bacteriology, mathematics, and physics. Any promising student in these fields can be considered for deferment if he can graduate by July, 1945. This could include present freshmen who would follow a speed-up program.

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Courtesy Miami Daily News

MORO SCHOOL NOTES

The senior play, "Seeing Double", a three-act comedy, is to be ready for presentation next Thursday, March 25. The cast includes Mary Kenny as Gloria and June Wade, identical twins who cause the mix-up and "double-seeing"; Betty Payne as Aunt Mary, the twins' aunt; Lila Lee Alley as Martha Mason, June's girl friend; Dean Wilcox as Jerry Mitchell, Gloria's suitor; John Buehler as Bob Carlson, June's suitor; Gordon Lemley as Schuyler Van Schuyler, New York aristocrat; Doris Newcomb as Mrs. Van Schuyler, his mother; Dorothy Miller as Geraldine Van Schuyler, his sister; Donald Thompson as Jeeves, Schuyler's valet; Betty Barnett as Dora, the Wade housekeeper; Lois Flatt as Miss Arnold, a messenger.

"Henry Aldrich for President," starring Jimmy Lydon, is to be presented tonight (Friday) at the school gym. This comedy comes highly recommended for both old and young. The regular short subjects will be Child Psychology and "Quiz Kids No. 1." In addition will be shown "Building a Bomber," "Camera Thrills in Africa," and "Curves of Color," all for the regular admission price.

Moro high school lost three students recently. Jim Robinson quit to go to work, Betty Robinson to go to school at PeEll, Wn., and Lucky Savage to work for a short time before joining the navy.

Spring vacation—a short one, but a vacation, will start Friday afternoon, March 26, and will last until 9:00 a.m. Wednesday, March 31, when school will reconvene.

Starting Monday, March 22, school will begin at 9:00 a.m. and dismiss at 3:45 p.m. This change is being made because only seven votes were cast for the later hour. This change of time will give a longer evening for the boys to work.

Dr. D. V. Poling, representing the Oregon system of higher education, will speak to the Moro high school student body at one o'clock on Tuesday, March 23. A special program will be presented.

OSC FIRST TO GET GROUP OF UNIFORMED ENGINEERS

Oregon State College—This college became the first institution in the west and one of the first in the country to be assigned soldier students in uniform under the new army specialized training program. Contracts were completed the first week in March for handling up to 500 advanced engineering students for the spring term and possibly from one to two terms longer.

The men were scheduled to begin class work about March 15, taking a prescribed course with O.S.C. instructors giving the work. Procedure calls for them to become a part of the regular student body with full privileges except that they can't take part in intercollegiate athletics. Civilian classes for both men and women continue as usual.

HI-WAYS TO HEALTH

by ADA R. MAYNE

OREGON DAIRY COUNCIL

WARTIME ADJUSTMENTS

There is vital need now for every homemaker to put to work every sound fact about nutrition that she can command. In adjusting to food shortages and point rationing the homemaker, first of all, must keep in the back of her mind what the right food does. The right food builds and repairs the body—keeps it in good running order—gives energy for work and other activities—helps prolong the prime of life—and is a basis for good health.

When we have to fall back on fewer kinds of foods, as at present, we can get help from the plan of a well-balanced diet based on the yardstick of good nutrition. Because the plan calls for foods mostly by groups, there is much leeway for wartime adjustments. Following is the plan with suggestions for the present situation:

Milk has always started the list and is the hardest item to "adjust." Milk is an outstanding source of minerals for building strong bones and teeth, and has so many other values that it is practically impossible to find a group of foods to take over its duties. When there is less milk available, children—and prospective and nursing mothers, of course—have first call on the supply. But don't overlook the fact that milk has varied forms—fluid, dried, evaporated, cheese, ice cream—if

one kind is not available another may serve.

Tomatoes, citrus fruit or other vitamin C-rich food say "vitamin C" to many people and they think only of citrus fruit and tomatoes, though there are other fruits and vegetables that are good sources; raw cabbage for instance, and various salad greens. And potatoes, provided you eat plenty and cook them in their jackets.

Leafy, green or yellow vegetables—this group includes a wide range of more or less interchangeable foods, such as kale, turnip greens, beet tops and other leafy foods, broccoli, green beans and peas, carrots, squash. If you can't get one, look for another.

Other vegetables or fruits—here fit in your potatoes and apples and other fresh food available.

Meat, poultry, fish, eggs—and sometimes dried beans or peas, cheese, nuts—here are main dish foods rich in protein which the body needs.

Cereals and bread—at least two servings of whole grain or "enriched."

Fats—The amount needed in a day's diet is at least two tablespoons, and since fats are limited save and use all you can from bacon and meat and other sources. Use what butter you can because butter is a natural source of two of the vitamins.

Look! Listen! Live!

So many automobile drivers apparently can't see danger, even though their eyes are wide open when they are approaching a railroad crossing.

If you think that reads like a riddle, what else does the actual accident shown here mean to you? Here's the expert's answer:

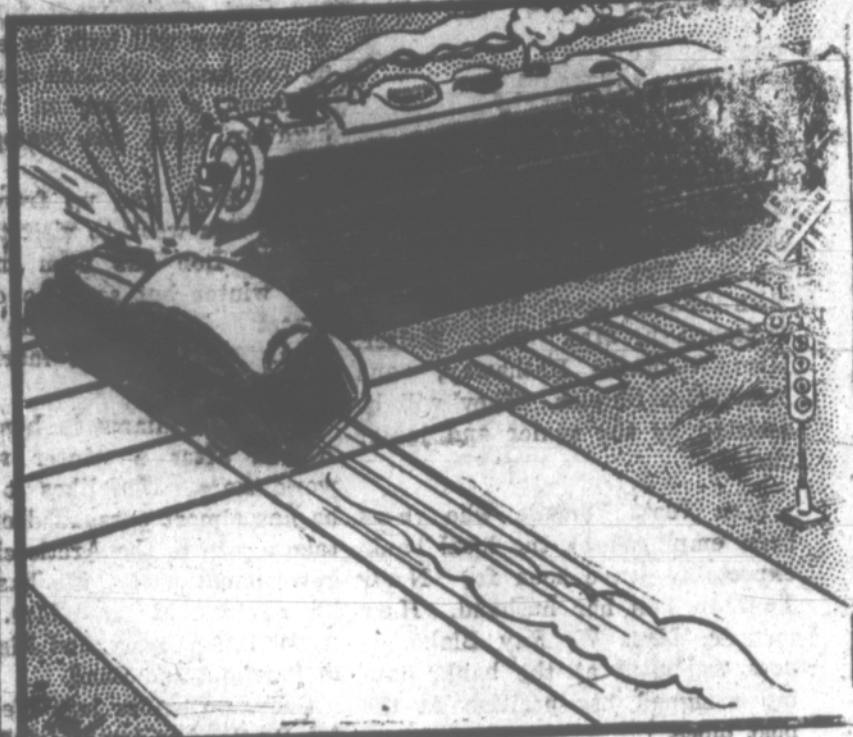
The driver's view of the crossing was clear and unobstructed for a distance of three miles. Flashing light signals warned of the approach of a train.

But the driver, with two passengers drove onto the crossing. Result: Two occupants of the car killed, one injured, car wrecked and train delayed.

The surviving passenger of the car said the three were sober and were not drowsy from tiredness—but had been talking.

In other words, distraction of the driver by conversation with passengers blinded him to deadly danger, even though his eyesight was good.

The National Safety Council is conducting a special campaign to stop these accidents which every



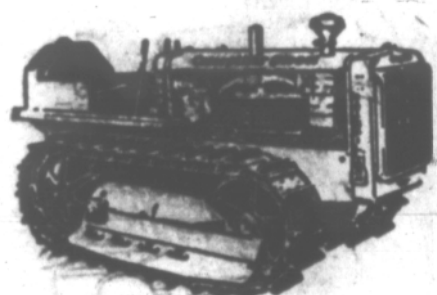
day delay 33 trains, a total of 22 yourself and others need as rattle-bone—a shattering blow to the nation's war transportation effort. To help win the war—to save start across.

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