

Grass Valley Votes To Stop High School

At the school meeting held at the school house Saturday afternoon, it was voted to discontinue the high school here. Glen Karnes was elected director to serve the unexpired term of Arzell Lemley.

William Walter of Hood River came Friday to visit his brother-in-law and sister, Mr. and Mrs. Wallace May.

Mr. and Mrs. Dick Hubman and children of Sandy are visiting friends here this week.

Mr. and Mrs. Elton Eakin are the parents of a daughter born Tuesday, Feb. 23, at The Dalles hospital.

Glen Karnes was a business visitor at Wasco Wednesday and in The Dalles Thursday, last week.

Mrs. Edgar Alley and Mrs. Herman Ziegler were in The Dalles Monday and Tuesday to visit their mother, Mrs. Gus Engstrom, who is ill in a hospital.

Mr. and Mrs. Harold Eakin and children were visitors in The Dalles Friday.

Mrs. Edgar Alley, Mrs. Matt Simon, and Mr. and Mrs. Frank Laver and daughter motored to The Dalles Thursday when Mr. Laver left for Reno to report at an army post after a 15-day furlough spent visiting his wife and parents, Mr. and Mrs. Frank Bayer, here.

Robert Smith and daughter, Bonnie, of Ione left Friday after spending several days here visiting his niece, Mrs. Etha Schilling.

Mr. and Mrs. Matt Simon visited their daughters in Portland from Saturday to Monday. They were accompanied by their daughter Helen.

Mr. and Mrs. Arch Fortner came over from Boardman Friday for more of their household goods.

Mr. and Mrs. Willard Barnett gave a dance Saturday night at the I.O.O.F. hall in honor of Corporal Wallace Stark and Staff Sergeant Owen Eakin, who are here visiting relatives. Music was furnished by Mr. and Mrs. Orville Ruggles.

Mr. and Mrs. George Wilcox took their son-in-law and daughter, Sergeant and Mrs. Maynard Nelson, to The Dalles Saturday evening after a week's visit here. The Nelsons will leave by train for Van Hook, North Dakota, to spend several days visiting his parents before continuing on to Rockford and Camp Grant, where Nelson is stationed.

Mr. and Mrs. Ralph Rust were week end visitors in The Dalles. Mrs. Louis May and Mrs. Lloyd Goodrich went to Redmond on the stage Wednesday evening, Mr. May returning here with them Friday evening. They went on to The Dalles Saturday.

Mr. and Mrs. Curtis Stark

brought Corporal Wallace Stark over from Tygh Valley Thursday to spend several days here visiting his father, Sam Stark. Corp. Stark came up from Camp Ord, Calif., to attend the funeral services for his brother-in-law, Claud Parkhurst, at Roseburg.

C. W. Fields and Mrs. Elva Rawleigh spent the week end visiting relatives at Wasco.

Don Smith has bought the Harry Holzappel house and will move his family there this week end. Mr. and Mrs. William Beck will move in with Earl Olds and his daughter, Mrs. Glen Perry.

Estel Hartley came home Saturday from Portland to visit his family, returning to the city Monday.

Mr. and Mrs. James Phifer of Maupin spent the week end here visiting her mother, Mrs. Maude Garrett.

C. M. Clevenger, Miss Harriett Cole and Miss Emma Jean Scholl left Saturday for Yakima to meet Mrs. Clevenger, who has been visiting her daughter, Mrs. Ray Pettreit, in Seattle. They returned here Sunday.

Mr. and Mrs. Alva Eakin and family of Dufur spent Friday here visiting relatives.

MORE CANS TO BE ALLOWED FOR SOUP

Soup's on again, according to the war production board, which will allow canners to use unlimited numbers of cans for packing seasonal soups such as asparagus pea, spinach, and tomato, but the order is not so generous when it comes to chicken, consomme, clam or fish chowder, vegetable or other soups. These will be limited to 75 per cent of the amount of cans used in 1942. However, all kinds of soups will be under point rationing when it becomes effective, so whether it's asparagus or chicken it will mean ration coupons for canned soups.

Want Ads

FOR SALE: Camping outfit, including a tent 8 x 10, a two-burner folding gas stove, folding bed, and lantern. J. T. Lamb, at the Chrisman house, or inquire at the Journal office. p16

FOR SALE: A thousand-gallon fuel tank. Phone Wasco 445. George Drinkard. p16-13

WANTED—Sixteen horse collars, 20 to 23 inch. Howard Belshee, Phone 411, Moro. ctfm

FOR SALE—A few good work horses. From 12 to 17 hundred, under 8 years old. Roy Belshee, Phone 754, Wasco. p14-16

ORDER NOW for March heavy cockerels, April Reds, Hamp., and Leghorns. Leghorn cockerels \$2.50 per hundred a year Thursday. Write for circular. Hart's Hatchery, Beaverton, Oregon. c14f

Kent Basketball Team Wins From Odell

The Kent basketball team defeated the Odell team last Friday night by a score of 26 to 16.

Mr. and Mrs. Blaine Miller and family of Moro were visitors at the Louis Sather ranch Sunday. Leona Sather returned home with them to spend a few days.

Mr. and Mrs. Garth Walton and son Tommy and Mr. and Mrs. Harry Howell were visitors at the Sather home Wednesday.

George Howell returned home Saturday night from The Dalles where he had spent several days for medical attention.

Mrs. J. E. Norton and son Wiley went to Tangent last Friday. Geraldine Norton was home to spend the week end visiting at the home of her parents, the J. E. Nortons.

Ellen Walton stayed at the hotel a few days last week because of the bad roads.

Mr. and Mrs. Harry Howell and Leona Sather were visitors in The Dalles Friday.

Mrs. Louis Sather and son Glenn and Mrs. B. M. Kelley and son Loyd, were visitors in The

Dalles Tuesday of last week. Mr. and Mrs. George McKay returned home from Coquille last week.

HINTS ON SANDWICHES

What our workers find in their lunch boxes, plus what they eat at breakfast and dinner, determine whether they are clear-headed, strong and alert, or the opposite.

Heading the list of energy foods for lunch box use is the sandwich. Right along with the sandwich comes milk—and it can be in the form of a hot creamed soup or cocoa, too. The addition of fruits and vegetables (preferably raw) for the sake of more vitamins and minerals makes this a perfect combination.

Here are a few hints for making sandwiches: Use a variety of breads, if possible, and the bread should be twenty-four hours old. Butter should be creamed and spread to the edge of the bread. This helps to keep sandwiches moist and adds greatly to the flavor.

We all know that butter has gone to war. The superior health and growth-promoting factors of butterfat are recognized to the extent that the government is requiring three times as much butter for each man in the armed forces as is available per person for civilians. This means that careful planning is necessary so

that some butter is available for the sandwiches that go in the lunch box.

To help spread the butter and at the same time add zest to the sandwich fillings, any one of the following ingredients may be added to ¼ cup of softened butter:

Chili butter—use 2 tablespoons chili sauce.

Horseradish butter—use 1 tablespoon horseradish.

Mustard butter—use 1 tablespoon prepared mustard.

Onion butter—use one teaspoon finely minced onion, onion juice or chives.

Parsley butter—use 2 tablespoons minced parsley and 1 teaspoon lemon juice.

Following are some cheese sandwiches that you will find welcome variations to your list of cheese fillings. Quantities given will fill two or three sandwiches.

1. ½ cup grated American cheese, 2 tablespoons grated raw carrot, 1 tablespoon grated onion, mayonnaise.

2. ½ cup grated cheese, 2 tablespoons chopped nut meats, butter.

3. Pan fry in butter 1 tablespoon diced onion. Add ½ cup shredded dried beef and cook 5 or 10 minutes until beef is fried. Add to ¼ package of softened cream cheese. Mix thoroughly.

CHURCHES

Christian Science Society

Sunday morning services at 11:00 a.m. Subject, "Christ Jesus." Wednesday night service at 8 includes testimonials of healing. The reading room in the rear of the building is open. All authorized Christian Science literature can be bought or borrowed.

Moro Community Presbyterian Church

James D. Moberg, pastor. Bible School at 10:00 a.m. Morning worship at 11:00 a.m. Sermon, "The Fifth Freedom." John 8:32. Special music by choir.

Evening service at 7:30 p.m. Mission study, Mr. C. Robinson, leader.

Wednesday at 7:30 p.m., choir practice. Thursday at 7:30 p.m., prayer meeting.

Wasco Methodist Church

Sunday School at 10:00 a.m. Morning worship at 11:00 a.m. Epworth League at 6:30 p.m.

Wasco Church of Christ

Bible School at 10:00 a.m. Divine morning worship at 11:00 a.m. Topic, "The Master is Here and Callesth Thee," John 11:28. Christian Endeavor at 7:00 p.m.



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OFFICIAL TABLE OF POINT VALUES FOR PROCESSED FOODS

No. 1—Effective March 1, 1943

Pursuant to Ration Order Number 13

WEIGHT	POINT VALUES																PER LB.
	0	4	7	10	14	18	22	26	30	34	38	42	46	50	54	58	
FLUIDS (1 pint = 1 pound, 1 quart = 2 pounds)																	
FRUITS AND FRUIT JUICES																	
Canned and Bottled (including Spiced Fruits)																	
APPLES (including Crabapples)	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
APPLESAUCE	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
APRICOTS	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BERRIES—all varieties	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
CHERRIES, red sour pitted	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
CHERRIES, other	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
CRANBERRIES and SAUCE	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
FRUITS FOR SALAD and FRUIT COCKTAIL	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
GRAPEFRUIT	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
GRAPEFRUIT JUICE	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
GRAPE JUICE	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
PEACHES	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
PEARS	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
PINEAPPLE	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
PINEAPPLE JUICE	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
All other canned and bottled fruits, fruit juices, and combinations	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
FROZEN																	
CHERRIES	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
PEACHES	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
STRAWBERRIES	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BERRIES, Other	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
All other frozen fruits	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
Dried and Dehydrated																	
PRUNES	3	8	11	15	20	25	31	38	43	48	53	58	63	68	73	78	20
RAISINS	3	8	11	15	20	25	31	38	43	48	53	58	63	68	73	78	20
All others	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
VEGETABLES AND VEGETABLE JUICES																	
Canned and Bottled																	
ASPARAGUS	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
BEANS, FRESH LIMA	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BEANS, GREEN and WAX	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
BEANS, all canned and bottled dry varieties including Baked Beans, Soaked Dry Beans, Pork and Beans, Kidney Beans, and Lentils	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
BEETS (including pickled)	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
CARROTS	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
CORN	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
PEAS	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
SAUERKRAUT	1	2	3	4	5	6	8	9	10	11	12	13	14	15	16	4	
SPINACH	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
TOMATOES	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
TOMATO CATSUP and CHILI SAUCE	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
TOMATO JUICE	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
TOMATO PRODUCTS, all others	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
All other canned and bottled vegetables, vegetable juices, and combinations	1	4	6	8	11	14	17	21	23	26	29	32	34	37	40	43	11
FROZEN																	
ASPARAGUS	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BEANS, LIMA	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BEANS, GREEN and WAX	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
BROCCOLI	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
CORN	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
PEAS	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
SPINACH	2	5	7	10	13	16	20	24	28	31	34	37	41	44	47	50	13
All other frozen vegetables	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
OTHER PROCESSED FOODS																	
SOUPS, CANNED AND BOTTLED—all types and varieties	1	3	5	6	8	10	13	15	17	19	21	23	25	27	29	31	8
BABy FOODS, Canned & bottled, all types and varieties except milk and cereals	4 ounces—including 5½ ounces - - 1 Point																

THE FOLLOWING ITEMS ARE NOT INCLUDED:
Candied Fruits, Jams—Jellies, Potato Salad, Chili con Carne, Olives, Preserves, Fruit Cakes, Pickles, Relishes.

INSTRUCTIONS—To find the Point Value of an item:
1. Find out the net weight of the contents (from the label, if any).
2. In the line across the top of the chart, showing the weight in ounces and pounds, find the column in which this weight belongs.
3. Find the item in the listing of items in the column to the left.
4. The POINT VALUE of the item appears on the same line as the item and in the column having the correct weight.
All Point Values must be determined by weights. If no weight is marked on the item, the item must be weighed.
In finding the Point Value of a container where contents are given in fluid ounces, consider the fluid ounce to be the same as the corresponding weight ounce. One pint is one pound; one quart is two pounds.

The Point Value of any item weighing over four (4) pounds shall be arrived at by multiplying the number of pounds of that item by the Point Value per pound of that item as given in the "Per Pound" column