

Grass Valley Teachers' Reception Held

The teachers' reception, sponsored by the Grass Valley Rebekah lodge was held at the I.O.O.F. hall Friday evening. The Moro high school teachers and Mr. and Mrs. Willy Knighten were invited. The program consisted of group singing, a piano solo by Mrs. Orville Ruggles, tap dance by Eileen Lemley, talks by the teachers and the chairman of the school board, and a piano solo by Eileen Lemley. Pvt. Wallace Stark, with the ordinance department at Camp Ord, California, gave a short talk. Refreshments were served to about 60 guests.

Mr. and Mrs. Frank Pike were in The Dalles Sunday to visit her father, Hans Koepke, who is ill in a hospital there.

Art Bibby was a business visitor in Portland over the week end.

Mr. and Mrs. James Mobley, who spent the harvest season here, left Sunday for Goldendale, where they will make their home.

Mr. and Mrs. Tom Garrett and Mrs. Frank Pike were visitors in The Dalles Tuesday.

Mr. and Mrs. Jimmy Blagg of Eugene, Wash., are the parents of a son born Sunday, Sept. 27, at The Dalles hospital. Mr. and Mrs. James Blagg and daughter, Marie, motored to The Dalles Sunday to see the new grandson and to bring their granddaughter home with them.

Mrs. Estel Hartley and Daisy Garrett were visitors in The Dalles Saturday.

Mr. and Mrs. Harold Eakin and son, Harry Dean, were in The Dalles Friday to consult a doctor about Harry Dean, who was ill.

Mrs. Jessie Washburn Hamilton died recently in Grants Pass at the age of 77. She was a resident of Grass Valley years ago when her husband and his brother had a store in the south end of town. Mrs. Dell Olds and Mrs. A. F. Balzer were visitors in The Dalles Friday.

Mrs. Art Bibby and Mrs. Eben Kee were visitors in The Dalles Sunday.

Mr. and Mrs. Don Clodfelter and family were shoppers in The Dalles Saturday.

Mr. and Mrs. Kendrick Dunlap left Sunday for their home at Carlton after spending several days here visiting relatives and packing their household goods to take back with them. Mrs. Kenneth Barnett and Mrs. Paul Wilson of Kent accompanied them home to spend several days.

Mr. and Mrs. Dell Olds left Saturday for the Harry Heising ranch on the Metolius on business, returning home Sunday.

Glen Karnes was a business visitor in Portland Sunday, returning home Monday.

Mr. and Mrs. J. S. Newcomb were business visitors in The Dalles Saturday.

Mr. and Mrs. Lawrence Denis went to The Dalles Monday on business. Her father, W. H. Williams, accompanied them here from The Dalles, where he spent the week end.

Mr. and Mrs. Ted Everett and daughter, Lois Ann, left Tuesday for Wasco with their household goods to make their home there. Mr. Everett is working for his brother, Carl. Mr. and Mrs. Everett have lived in Grass Valley the past five years. He had the restaurant in the Pastime.

Clyde Davis and Arch Fortner went to Portland Monday on business.

Don Cox was a visitor in The Dalles Sunday.

A. M. Zevely and daughters, Mary Lou and Jean, were business visitors in The Dalles Monday.

Mr. and Mrs. R. J. Baker left Saturday for their home in Gresham. They returned here Tuesday.

Gene Vinton of Albany came Tuesday to visit his sister, Mrs. Frank Bayer. Mr. Vinton and Mrs. Bayer left Wednesday for Washington to visit their brother,

Guy, and family, returning here Thursday.

Mrs. Roy Lillard and daughter of Frineville and Mrs. Ted Anderson of Wasco spent Wednesday visiting the former's sister, Mrs. Orville Ruggles. The Lillards left Friday for Rookaway where he will work on a defense job.

Mrs. Harry Heising and children of Metolius spent last week end visiting at the home of Mr. and Mrs. Dell Olds.

Mr. and Mrs. Bill Olds of Yuba City, California, are here visiting relatives.

Mr. and Mrs. Jesse Helyer of Kent and Mrs. Herman Schilling spent last week end in Portland.

MORE PEDESTRIANS ARE KILLED IN WINTER

More than half the pedestrian annual fatalities reported in Oregon occur during the last four months of the year, Earl Snell, secretary of state, declared today in urging motorists and persons on foot to increase their precautions as the fall and winter seasons approach.

"In 1941, for example, 52 per cent of the pedestrian fatalities during the year occurred in the months of September, October, November and December," Snell said. "The month of December with 22 pedestrian deaths, was the worst month of the year while September, with 14 deaths, was second."

Longer hours of darkness and adverse weather conditions were listed by the secretary of state as the chief factors in this increase in pedestrian accidents during the last four months of the year. The bad weather and darkness combine to lower visibility and wet road and street surfaces make for poor stopping conditions in traffic.

"Many persons have the erroneous belief that drivers of cars with bright headlights can see pedestrians, even on the darkest night," Snell said, "but what they fail to understand is that these drivers see only by the light that is reflected from the object in their headlight beams. Thus, the person with dark clothing, reflects only about five per cent of the light that strikes him and consequently, the driver may not see the individual in time to avoid an accident."

Pedestrians are urged to wear or carry something white at night or display a lighted flashlight.

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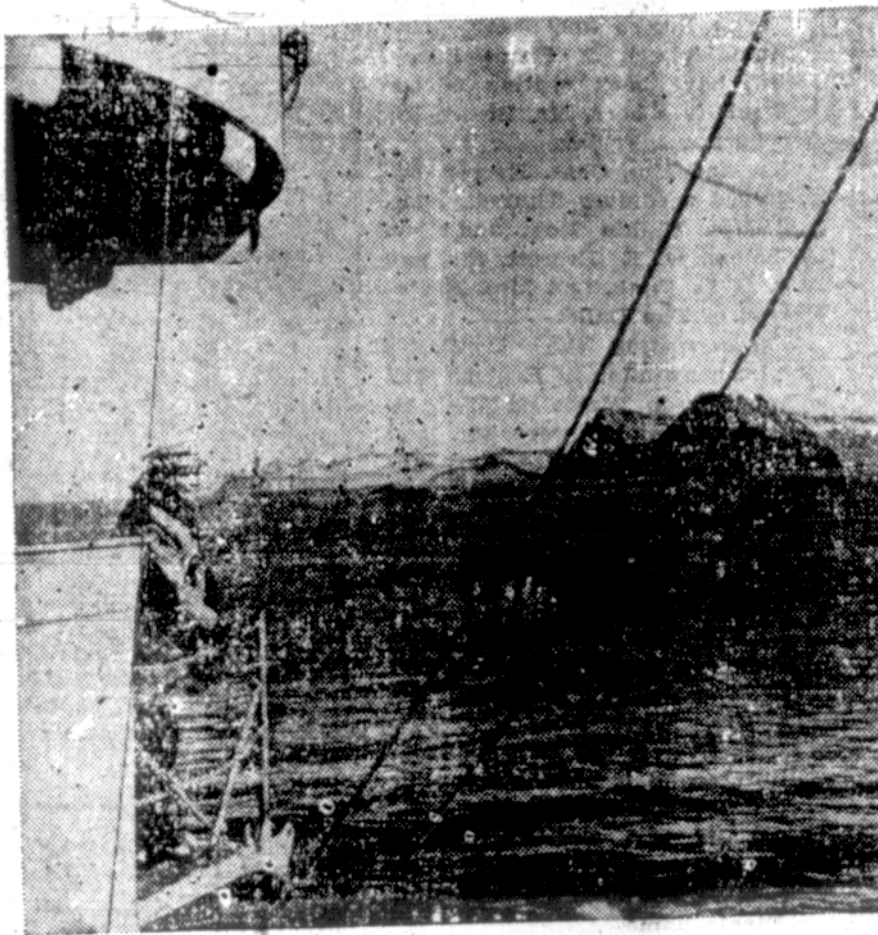
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With Atlantic Fleet Off Iceland



The Atlantic fleet is facing constant danger in keeping the supply lanes open between the U. S. and Europe on the high seas. Here Rear Adm. Robert C. Giffen looks at the rocky coast of Iceland from one of the ships of the Atlantic fleet.

light. Workmen are advised to paint their lunch buckets white as a precautionary measure.

New England is the only region in the United States that uses more fuel oil than gasoline.

The Great Lakes 'Hoodoo Ship,' the wrecked tanker J. Oswald Boyd, has gone "in the scrap."

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HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

GETTING BREAKFAST

In almost every home, the most hurried, confused part of the day is in the morning when the family is getting up and dressing, getting breakfast, and getting off to school and work. When time has not been allowed for all three, getting breakfast is the one most frequently slacked, probably because the effects of no breakfast are less noticeable immediately than the effects of the family not being properly dressed, or of the members arriving late to school or work.

But while the effects may be less apparent at the moment, they can be far more serious and far reaching, for children will not grow properly, and neither child nor adult retains his efficiency, without enough of the right foods. A good breakfast to start the day should be the first step in attaining good growth and vitality.

Children thrive on responsibility, and if they understand that doing part of the family work is their contribution to national defense, they probably will do it gladly and be rewarded with the satisfaction of a good job well done. Even though the children are small, good breakfasts which they can serve themselves can be planned and prepared for them.

Cereal may be cooked by the mother and left over hot water in a double boiler, each child dish- ing his own when he is ready for breakfast. He can spread bread with butter and pour his own glass of milk. A bowl of fruit— oranges, apples, bananas—may be on the table and this fresh fruit eaten from the hand will probably please a child better than a dish of fruit sauce.

In the government's nutrition program, a whole-grain breakfast cereal is listed as one of the foods supplementing the protective food required each day. For milk-cooked cereal, substitute milk for the amount of liquid recommended for cooking any cooked cereal. Heat milk over low heat, stir vigorously while adding cereal. If quick-cooking cereal is used, continue to cook slowly over direct heat for the required length of time. If regular cooked cereal is used, finish the cooking in a double boiler, over hot water. Salt to suit taste. Dried fruits can contribute a great deal to a cereal. To each cup of uncooked cereal, use one cup of soaked, dried fruit that has been drained. Add cereal to the milk, then the fruit, and cook as above.

But whatever is served for breakfast, the homemaker should

see that plenty of time is allowed for eating. Every member of the family should start the day with a good breakfast eaten in a leisurely manner.

SCRAP DRIVE

Continued from Page One

selling the largest amount of scrap metal.

Fifty dollars in bonds or stamps to the unit of a boys' or girls' organization turning in the largest amount of scrap metal.

Waste materials wanted include iron and steel, rubber, copper, aluminum, toothpaste tubes, lead, zinc, brass, rags, manila rope, burlap bags, and waste kitchen fats.

Waste materials not wanted are glass, razor blades, rusty light sheet metal, auto license plates, galvanized woven wire fence, galvanized sheet iron, galvanized corrugated roofing, bed springs, tin cans, and waste paper. The latter is needed only when announced by the county salvage committee.



Businessmen—Let's talk about death! Let's not dodge the issues —let's face facts. A lot of good American fighting men may soon have to die for want of scrap! Oregon must yield 100,000 tons.

IF YOU FAIL SOME BOY WILL DIE!

WE'RE talking facts, remember! Such as the fact that steel for every tank, ship and gun must be made of 50% scrap. And the terrible fact that America's mills are starving for this scrap — without enough on hand for even 30 days more production!

Which puts it up to you!

Monday, October 5, starts the big scrap metal drive. And you, as a business man, have a double job to do. Clean out your home — and

scour your place of business, factory, office or store . . . for every single bit of scrap.

And when you see the stockpile grow — for the mills to take when it's needed — be glad that you've done your part . . . that your work may have saved some boy from a needless death!



Watch The Journal for details of the big scrap drive and what you must do to help

NEWSPAPERS' UNITED SCRAP METAL DRIVE

If you live in Portland you may address your inquiries to AT 9451 (Salvage Section)

If you live outside Portland get in touch with Chairman of the Salvage Committee in your county.

DEPENDABILITY

In these times more than usual it is important to have a dependable grocer — In wartime prices and quality and even quantities are subject to change.

Quality here will be good, prices will be fair and quantities what is allowed.

Zeigler's Quality Store Grass Valley