

Grass Valley Boys Take Army Examinations

Willard Rolfe, Woodrow Riggs and Francis Hammond drove to The Dalles Saturday for their final examination before entering the army some time this month.

Mr. and Mrs. Dell Olds were hosts at a dinner party at their home Wednesday evening. Those present were Mr. and Mrs. Tom Alley, Mr. and Mrs. William Lutterell and Mr. and Mrs. Ed Alley. The evening was spent in playing cards.

Mr. and Mrs. Kenneth Barnett returned here Thursday from Hermiston where he had been employed for several months.

Mrs. A. F. Balzer entertained members of the Grass Valley bridge club and Mrs. Ted Everett and Mrs. Kendrick Dunlap as guests at her home Wednesday at a 1:30 dessert luncheon. Contract was in play at three tables with Mrs. George Wilcox and Mrs. Kendrick Dunlap holding high scores and Mrs. J. S. Newcomb low score for the afternoon.

Mr. and Mrs. Edgar Alley, Mrs. Herman Zeigler and Miss Myrtle Helyer were visitors in The Dalles Thursday. Elsie Bibby accompanied them to her home after spending several days here visiting at the home of Mr. and Mrs. Art Bibby.

Mr. and Mrs. Harold Eakin and son, Harry Dean, drove to Portland Thursday to visit relatives and on business for several days. Dell Olds and Howard Cline motored to Wamic on business Thursday.

Mr. and Mrs. Robert LeBleu are the parents of a daughter born January 10 at the Dalles hospital. Mr. and Mrs. Norris Gilkison were The Dalles visitors Saturday. Estel Hartley came home from Portland to visit his family returning Monday afternoon.

Word was received here that Owen Eakin and Harry Stark who were inducted into the army January 5 are now stationed at Fort Warren, Wyoming. Claud Bayer who enlisted in the army air corps January 3 is at Wichita Falls, Texas.

Mrs. C. A. Oestreich and Mrs. Wallace May were co-hostesses when the Ladies Social Service club met at the former's home Thursday afternoon. Nine members were present for the business meeting and the questions and answers followed by refreshments.

A. A. Dunlap, Mrs. Ed Alley and Miss Cassie Holmes attended the Red Cross meeting in Moro Wednesday morning.

Mr. and Mrs. V. B. Eakin were The Dalles visitors last Tuesday. Mrs. Schucknack had the misfortune to fall down stairs at the Tom Garrett home on Saturday cutting her leg. Dr. Rockwell was called and took several stitches to close the wound.

Mrs. Edgar Alley and Mrs. Jess Helyer motored to The Dalles Monday where they visited the former's mother and the latter's husband at a hospital.

Mr. and Mrs. Arthur Bibby left for The Dalles Sunday, staying all night before leaving for Portland to attend to business matters.

NOTICE: If you can knit, or wish to learn, so you can help the Red Cross make men's sleeveless sweaters, for the boys in our army, either call, see, or write to Mrs. J. E. Brown, Grass Valley, Oregon.

Mr. and Mrs. Edgar Alley and children, Mrs. Kenneth Crews and Lila Lee Alley were in The Dalles on Saturday.

Mr. and Mrs. Al Roberts of Corvallis are the parents of a son, Ronald Scott, born Saturday January 17. Mr. and Mrs. Fred Cox are the infant's grandparents, and Mrs. W. J. Davis is the great grandmother.

Frank and Oscar Lemley and Mrs. Charles Lemley were business visitors in The Dalles Saturday.

Mr. and Mrs. Ralph Eakin and family of Moro were visiting at the home of Mr. and Mrs. Estel Hartley Saturday.

Mr. and Mrs. Edgar Alley and

children, Mr. and Mrs. Frank Bayer, Mr. and Mrs. Kenneth Crews, Miss June Wilde, Ray Jewell, Mel Babbs, John Rolfe and Willard Rolfe drove to Parkdale Saturday night where the Zebras defeated the Parkdale townies. Mrs. Lloyd Goodrich and son and Mrs. Louis May and son of Hermiston came Sunday to visit their parents, Mr. and Mrs. I. D. Pike, returning to their home on Monday.

Robert Schilling, Mrs. Jesse Helyer and Koss Fields motored to The Dalles Saturday to visit Mr. Helyer at the hospital. Mr. and Mrs. Shelton Fritts were visitors in The Dalles Friday.

Mrs. B. M. Kelley, Mrs. Wren Hogue, Mrs. Del Eakin, Mrs. Arzell Lemley, Mrs. Eben Kee, Mr. and Mrs. Gerald Dryden, Miss Cassie Holmes, and George Wilcox attended the first aid instructions class at the school house Monday afternoon.

Mrs. Don Smith and son, Larry, came up from Cascade Locks Monday to visit Mr. and Mrs. Gus Smith and to pack their household goods for shipment to Cascade Locks. They returned home Wednesday.

Mr. and Mrs. Kenneth Crews were business visitors in The Dalles Tuesday.

The Rebekahs met at the IOOF hall Tuesday with a Pot Luck dinner at noon.

The Grass Valley Rebekah lodge is sponsoring a 500 card party to be given at the IOOF hall Saturday evening, January 24. Everyone come and have a good time.

COUNTY COURT

Continued from page one.
 Dependent Children 22.40
 Otis Baker: Janitor's Salary 75.00
 World Book Company: Supt. office expense 26.02
 J. C. Freeman, Postmaster: Stamps Supt. office 22.00
 Wily W. Knighten: Supt. office help 50.00
 May & Son: County Jail 25
 Douma's Market & Grocery: County Jail 3.85
 A. M. Zezely: Expense Government Trapper 12.50
 J. C. Freeman, Postmaster: Box Rent 3.15
 Americana Corp.: Supt. office Expense 2.00
 Sherman County Journal: County Printing \$14.90; Sheriff's office \$4.50; Supt's office \$13.00; 32.30
 Geo. A. Potter: County Judge's Expense 8.10
 S. W. Searcy: Courthouse expense 18.95
 City of Moro: Water at Courthouse 3.95
 Pacific Power & Light Co.: Lights at Courthouse 42.55
 Paulsen & Roles Lab.: Courthouse expense 20.15
 Marie Hoskinson: Assessor's Office help 39.00
 Sherman County Abstract Co.: Abstract re Henry Schadewitz Estate Loan 32.00
 Chas. R. Logan: 1941 Audit, Balance 65.00
 Naomi Van Gilder Treasurer: Stamps 10.50
 Department of Agriculture: Seal of Weights & Measures 3.76
 M. R. Schadewitz: Insurance

on Fair Grounds buildings 618.00
 State Indus. Accident Comm.: Protection 4.80
 Pacific Tel. & Tel. Company: Telephones 31.70
 J. C. Freeman, Postmaster: Stamps Clerk's office 7.89
 White Shield Home of Salvation Army: 1941 Contribution 50.00
 Boys and Girls Aid Society: 1941 Contribution 50.00
 Louise Home: 1941 Contribution 50.00
 Waverly Baby Home: 1941 Contribution 50.00
 Volunteer of America Home: 1941 Contribution 50.00
 Wasco-Sherman Public Health Department: Nurse Salary \$67.50; Traveling expense \$10.00 77.50
 West Coast Printing & Binding Co.: Supt office \$12.00; Sheriff's office \$218.16; Assessor's office \$74.70; 304.86
 T. Lester Johnson: District Attorney's expense 10.00
 J. M. Wilson: County Comm. 24.00
 David Reid: County Comm. 14.00
 W. R. Reid & Son: Repair on County owned house 12.20
 E. M. Alley: Coroner's fees 5.00

CLAIMS PRESENTED AND ALLOWED AGAINST THE GENERAL ROAD FUND, JANUARY TERM, 1942

Claimant	Account	Amount
L. L. Peetz: Roadmaster		\$61.75
E. McPherson: Labor		73.99
W. Kelley: Labor		63.87
C. Bargenholt: Labor		17.55
C. Hearing: Labor		70.15
C. Mersinger: Labor		35.23
A. Shearer: Labor		23.30
L. L. Peetz: Roadmaster		93.75
E. McPherson: Labor		72.10
W. Kelley: Labor		18.90
C. Bargenholt: Labor		46.04
C. Hearing: Labor		53.84
C. Mersinger: Labor		30.80
Donald Martin: Labor		30.55
Matt Schwendel: Labor		8.00
State Indus. Accident Comm.:		
Employees Protection		23.47
National Hospital Ass'n:		
Employees Protection		6.00
O'Meara-Supply & Imp. Co.:		
Machinery repair		27.79
Interstate Tractor & Equipment Co.: Machinery repair		19.64
City of Moro: Water, Moro shed		3.50
Porter-Wilson Automotive Service: Machinery repair		35.10
Irwin-Hodson Co.: Road signs		5.88
Sunset Motor Co.: Machinery repair		4.09
Geo. A. Potter: Road Expense \$10.90; Mrdse 1.95;		12.85
S. W. Searcy: Insurance on Truck \$20.20; Machinery parts 14.72;		24.92
Pike's Garage: Machinery Repair		4.50
Pacific Power & Light Co.:		
Lights, Machine Sheds		3.27
Moro Garage: Machinery Repair		53.75
Sherman County Journal:		2.50
Wes Wilde: Machinery repair		52.88
J. K. McKean: Machinery parts		173.68
Foss & Co.: Machinery repair		4.95
Standard Oil Co.: Gas and Oil (November)		83.35
Standard Oil Co.: Gas and Oil (December)		49.13
Shell Oil Co.: Gas and Oil (November)		15.81
Union Oil Co.: Gas and Oil (November)		77.56

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Nobody thinks that he needs to be told how to eat. But the truth is that most of us can improve the way we eat and be healthier for it.

The goal of every home maker should be the development of sound food habits based, not on chance, customs, or personal tastes but on the proven facts of nutritional science.

There are three main classes of food:

- (1) Foods which are used by the body for growth and repair. These are the proteins. Typical protein foods are milk, meat, fish, cheese and eggs.
- (2) Foods that provide energy and warmth. These are the fats and carbohydrates. Typical energy foods are bread, cereals, butter,

potatoes, fats, bacon, sugar.

- (3) Foods that protect the body and regulate its functions. These are the vitamins and minerals. Typical protective foods are milk, fruits, vegetables, (including potatoes) eggs, liver, whole grain and "enriched" breads and cereals.

All three classes of foods are vital to proper nutrition and to health. A diet is well balanced when it contains all three in good measure. Remember that every food has something to add to good nutrition and to health.

It is important to plan a good combination of flavors as well as a balance of food values. And it usually follows that when food is well cooked, it looks good and has more appeal for every one. The cause of this is worth while to know a little more about.

Press into 6 buttered custard cups; set in baking pan of hot water, and cook 10 minutes over direct heat. Meanwhile, melt the butter in a double boiler. Stir in the flour; add milk, and cook until thickened. Add one half tsp of salt, the pepper, and cheese, and stir until cheese is melted. Then add olives and eggs. Unmold rice on large platter or on individual plates; cover with sauce and top each with a dash of paprika. Serves 6.

T. Lester Johnson
 LAWYER
 WASCO MORO

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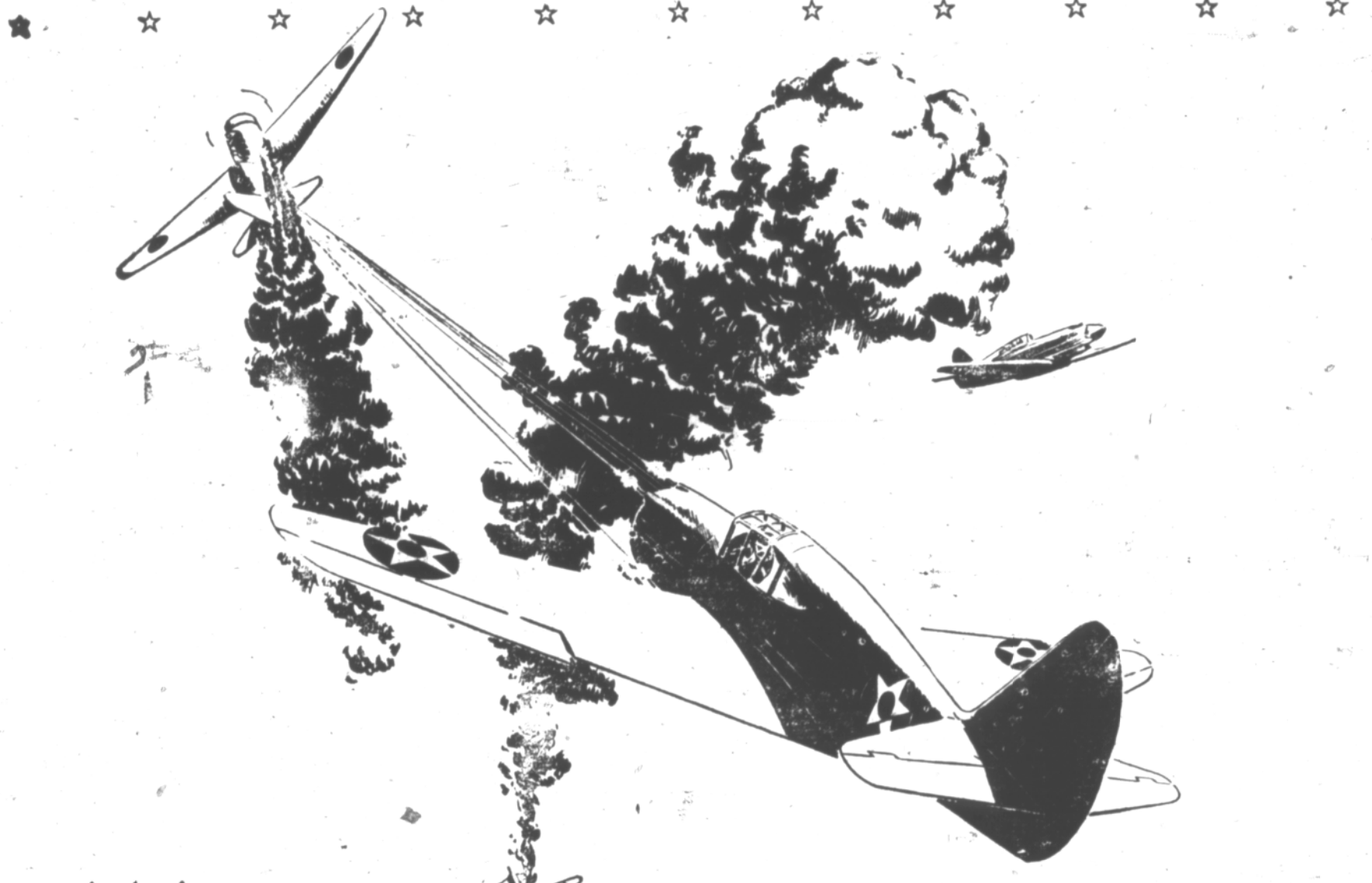
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...THAT'S WHY WE CAN'T BUILD LONG EXTENSIONS TO SERVE NON-DEFENSE ACTIVITIES!

Electricity has long been so cheap and abundant here that you and your neighbors have come to use it generously, and more or less take it for granted. Farmers have seen Pacific Power & Light rural lines extended out farther and farther every year until today practically every farm in this area enjoys the comforts, conveniences and labor-saving efficiency of electrical equipment.

and for other vital military and naval production. Because copper is one of the most essential war materials, the OPM has placed strict priorities on all civilian uses of copper. No longer can we extend lines out into rural areas or into suburban parts of cities and towns, as we could a few months ago. Nor can extensive installations be made to serve stores or industries without approval of the Office of Production Management.

This, however, is a growing area. New farm and city homes are being built, new suburban tracts are being opened up. In peacetime, electric lines would be extended promptly to these new customers in the area we serve as a part of our daily job.

Under present conditions new homes usually can be served if they are a very short distance from existing distribution lines.

BUT NOW WE ARE AT WAR. Copper that ordinarily would go into new power lines must be used for bullets to blast the Japs and Nazis,

Of course it is an inconvenience not to have electric service so easily available as in the past. But until our homes and families have been made safe from barbaric enemies, every American wants copper made into bullets—not into wire!



PLEASE CONSULT US FIRST if you plan to build a home or make any changes in your electric service requirements. Your problems will be given every possible consideration.

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Resolve:
 In 1942 to buy quality merchandise. Nothing can take the place of quality in food or clothing and this year when there will be restrictions on amounts it is doubly important to be sure of buying good goods by trading at--

Zeigler's Quality Store Grass Valley

Check List FOR GRACIOUS LIVING

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