

# Barbara Walpole and Jesse Helyer On Wedding Trip

Miss Barbara Walpole, daughter of Mrs. Herman Schilling of Grass Valley and Jesse Helyer, son of Mr. and Mrs. Winnie Helyer of Kent, were married in The Dalles Monday, leaving immediately for Idaho and Canada on a wedding trip.

Mr. and Mrs. H. H. White of Wasco and their daughter, Mrs. Louise Endicott, of Prineville were visitors here Monday.

Ray Jewel and I. V. Kane motored to Fossil to spend the week end with Mr. Kane's family.

Claud Bayer, Harry Stark, Arthur Roth, Robert Schilling, Ralph Balzer, Wayne Karnes, Miss Lila Lee Allev, Ross Fields, Doris Newcomb attended the dance at Rufus Saturday night.

Mr. and Mrs. Gus Hartmann of Wasco spent Sunday as guests at the home of Mr. and Mrs. A. F. Balzer.

George Witter of Kent and Mr. and Mrs. Andy Patjens of Antelope attended Lutheran church services here Sunday. Rev. C. Wildermuth of Hood River delivered the sermon.

Mr. and Mrs. Dean Olds and son Willard motored to The Dalles Sunday when Willard left for Corvallis to enter his junior year at Oregon State college.

John Conroy was in The Dalles Saturday to visit his sister, Nellie who is in a hospital there.

Evelyn Olds, and Mrs. Ted Everett, Mrs. Henry Roth and Betty Olds were visitors in The Dalles Saturday. Miss Louise Roth accompanied her mother home to spend the week end visiting at the home of Mr. and Mrs. Kenneth Crews.

Mr. and Mrs. Ed Alley, Mr. and Mrs. Frank Pike and Mr. and Mrs. Grover Young attended the fair at Redmond Sunday.

All the deer hunters are back with 17 deer brought to Karnes market.

Mr. and Mrs. E. M. Helyer and daughter, Miss Virginia Helyer were visitors in The Dalles Saturday.

Everett and Melvin Dunlap left Thursday evening for Salt Lake City on business returning home Sunday evening.

Wayne Kelley and Gerald Blagg of Hermiston spent several days here recently with their families.

Mr. and Mrs. Ernest Eslinger of The Dalles attended the funeral here Thursday of Mrs. Vanessa Buckingham.

Mr. and Mrs. Clyde Davis left Wednesday for Portland on business, returning home Friday.

Miss Margaret Trubue left Friday for The Dalles to spend the week end visiting her parents.

Mrs. A. A. Dunlap and her daughter, Mrs. Vern Mobley and children of Kent left Wednesday for the coast to be gone several days.

Mrs. C. A. Oestreich entertained members of the Grass Valley bridge club and additional guests at her home Friday afternoon. Contract was in play at two tables with high scores going to Mrs. J. S. Newcomb and Mrs. Edgar Alley, with low score going to Mrs. Charles Lemley. Refreshments were served at the close of the afternoon.

Mrs. Kendrick Dunlap and Mrs. Kenneth Barnett of Hermiston were visitors here Thursday.

T. M. Rolfe and son Willard and Mrs. Roy Wells were visitors in The Dalles Wednesday to meet Mr. Rolfe's daughter, Mrs. W. B. Mathews, of Stevenson, and Everett Dunlap who returned from Salt Lake City with the body of his mother, Mrs. Vanessa Buckingham.

Mrs. W. B. Mathews of Stevenson, Wn., Mr. and Mrs. Allen Copenhefer, B. F. Copenhefer and Mrs. Gwendolyn Sempey all of Portland; Roy Wells, of Hermiston and Mrs. Marion Van Metre of Boardman attended the funeral services held at the Methodist church Thursday afternoon for Mrs. Buckingham. They left for their several homes on Friday.

The Grass Valley girls volleyball team and their coach, Ray Jewel, motored to Wasco Friday night where they defeated the Wasco first team by a score of 23 to 22; and the second team 29 to 28.

Moro valley ball teams will play the Grass Valley teams in the local gym Friday night, October 3.

Mr. and Mrs. Ted Ball and family motored to Corvallis last week end when Bill Ball entered Oregon State college. They visited Mrs. Ball's mother, Mrs. Strong, in Eugene before returning home.

Mr. and Mrs. V. B. Eakin had as their house guests, Mrs. Irene Thompson Ranzau, of Dayton and her son and daughter in law, Mr. and Mrs. Byron Thompson and baby of Newberg. Mrs. Ranzau was a former resident of Grass Valley. They came Saturday and left Wednesday.

Mr. and Mrs. Paul Alley and son, Douglas of Wasco visited Mr. and Mrs. Tom Alley Sunday.

Mr. and Mrs. H. O. Dugger were Grass Valley visitors in The Dalles Monday.

Mr. and Mrs. V. B. Eakin took their daughter Ellen to Salem where she entered the Willamette university last week end.

Mr. Mattson of California is here visiting his son in law and daughter, Mr. and Mrs. Jake Eslinger.

J. S. Taylor received word Tuesday of the death of his mother, Mrs. Rosetta Taylor at her home in Portland. Mr. and Mrs. Taylor left Wednesday morning for Portland. Mr. Trumbull of The Dalles is taking Mr. Taylor's place at the depot, while he is away.

Mr. and Mrs. Glen Karnes had as their guests from Tuesday to Thursday, the latter's uncle and aunt, Mr. and Mrs. F. O. Voyles, of Colorado Springs.

Mr. and Mrs. William McLeod of Bend spent Sunday visiting the former's mother, Mrs. H. A. Sonmer.

Mr. and Mrs. William Brinkert spent Saturday and Sunday visiting their son and daughter in law, Mr. and Mrs. Bud Brinkert, at Tillamook.

Mr. and Mrs. Kelsey (Prinz) and Miss Fern Perkins of Hood River, Mrs. Glen Karnes and Miss Anna Schwartz motored to Prineville and back Monday.

Mr. and Mrs. Ralph Eakin and family of Moro and Mr. and Mrs. Millard Eakin and family were dinner guests at the V. B. Eakin home Sunday.

Wayne Karnes left Monday for Husum and Tacoma, Wn., to spend a week visiting relatives.

Mr. and Mrs. Walter Beyer of Shaniko were business visitors here Monday.

Mr. and Mrs. Wallace May and Mr. and Mrs. L. D. May returned home Monday evening from John Day where they spent a week deer hunting and visiting relatives. Mr. and Mrs. Millard Eakin returned home from John Day Saturday evening.

Those from Grass Valley attending the American Legion and Auxiliary meeting held at Kent Sunday were Mr. and Mrs. Alfred Kock, Mr. and Mrs. Ted Ball, Henry Peters, Mrs. Arzell Lemley, Miss Cassie Holmes, Mr. and Mrs. Ted Everett and Mr. and Mrs. Norris Gilkison. The following officers were installed in the auxiliary by installing officer Mrs. Floye von Borstel: Mrs. Arzell Lemley, president; Mrs. William Guyton, first vice president; Mrs. Alfred Kock, second vice president; Mrs. A. A. Dunlap, secretary; Miss Cassie Holmes, treasurer; Mrs.

Norris Gilkison, chaplain; Mrs. Ted Everett, historian. Mrs. Kenneth Crews, Mrs. Estel Hurtley and Mrs. James Phifer were visitors in Moro Monday. Mr. and Mrs. W. C. Schilling and family of Moro were Sunday dinner guests at the home of his parents, Mr. and Mrs. W. F. Schilling.

Claus Bardenhagen motored to The Dalles Saturday to bring Mrs. Bardenhagen home from a hospital.

Earl Olds, C. B. Andrews, Alton Olds and Miss Evelyn Olds motored to Celilo Sunday to fish.

Mr. and Mrs. Roy Schilling and son, Gary, and Mr. and Mrs. Ted Peterson were dinner guests at the home of Mr. and Mrs. W. F. Schilling Friday evening.

Robert Holmes of Kent spent the week end visiting at the home of Mr. and Mrs. B. M. Kelley.

Mr. and Mrs. Howard Cline were hosts at a farewell party Saturday for Lew Riggs and "Slim" Owens, who left Monday for the army. Other guests present were Mrs. W. D. Barnett and daughters, Betty and Dorothy, Mr. and Mrs. Norris Gilkison, Mrs. Wayne Kelley, Mrs. B. M. Kelley, Robert Holmes, Lloyd Kelley, Doris and Betty Payne, Woodrow Riggs, Hershall Riggs and Clarence Blagg. The evening was spent informally with refreshments served late in the evening.

The Grass Valley teachers were dinner guests of the Moro teachers at the Woman's club building at Moro on Monday evening, at a county teachers meeting.

Mrs. Arzell Lemley took her daughter, Carolyn to The Dalles Monday to consult a doctor as to her illness with the flu.

The Baptist Mission society met at the home of Mrs. Amelia Peterson Tuesday afternoon.

Miss Natalie Wassenmiller accompanied Mr. and Mrs. Dean Olds to The Dalles Sunday to return to her home in Portland after spending the past week visiting her parents, Mr. and Mrs. Jacob Wassenmiller.

Mrs. C. M. Clevenger was hostess to members of the Tillamook bridge club at her home Saturday at a 12.30 luncheon. Contract was in play at two tables with Mrs. Arthur Wheelhouse holding high score and Mrs. Howard Stone second. Other guests were Mrs. Louis Witherall, Mrs. Gordon White, Mrs. George Shane, Mrs. A. B. Clough and Mrs. Edgar Anderson.

T. M. Rolfe and son Robert left Saturday for Corvallis where Robert will enter his senior year at O. S. C.

Earl Farr of Portland spent the week end visiting at the home of Mr. and Mrs. T. M. Rolfe.

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## HI-WAYS TO HEALTH

by ADA R-MAYNE

### OREGON DAIRY COUNCIL

#### HOT SCHOOL LUNCHES

According to reports from schools so far, a hot lunch is taking the place of more tin dinner pails than ever this term. Hot lunches have long been recognized as desirable because of the benefits to children's health. But teachers and parents testify to other food results. They report that better school attendance, better attitudes of work, even better scholarship show up as soon as hot school lunches are served regularly.

Since 1939 millions of under-nourished children over the country have been added to those receiving school lunches, thanks to surplus farm commodities made available for that use. And Oregon children have had a share in this program. If more communities take it upon themselves to provide the sponsorship for such projects many more children can be served.

No matter who oversees the school lunch or how it is financed, it should be well balanced if it is to do the most good. It needs to provide the kind of food children can use to build their bodies, and can use for energy for play and study.

"Ideally," points out Dr. Louise Stanley, chief of the U. S. Department of Agriculture's Bureau of Home Economics, "a school lunch is made up of one nourishing main dish, a glass or two of milk, fruit or vegetable in some form, bread or butter or a sandwich, and a simple dessert."

On this main theme, there may be a thousand variations. For the menu varies according to the food value of the main dish and the cooking equipment and other facilities on hand. Most ambitious school lunches are built around a substantial main dish - with the rest of the meal of lighter foods. The main dish may be of meat, fish, eggs, or beans. Or it may be one of these in combination with a cereal or with vegetables. Or, on cold days, it may be a lunch built around a hot soup or chowder to hit the spot.

A lighter main dish would have a heavier supporting cast of other foods. Light main dishes might be cooked vegetables, vegetable soups, and salads. With an apple and cabbage salad, for instance, a crisp bacon or peanut butter sandwich, creamy rice with raisins, and milk would round out a substantial meal.

Even if there cannot be a complete meal prepared at the school, the lunch program is worthwhile nevertheless. It may be one nourishing hot dish and milk and fruit. Or it could be fruit and milk or cocoa to supplement the lunch the children carry to school. Or it might be a nutritious sandwich filling made up at school to go with bread brought from home, and other foods brought from home, and a glass of milk.

We know a floozie who doesn't use lipstick on account of her beau and might think it's a stop sign.

#### Oregon Has Larger Number of Cars

With a registration of 422,210 motor vehicles in Oregon at the end of August, this state now has one vehicle for every 2.5 persons residing within its borders, Earl Snell, Secretary of State, announced recently.

Registrations this year are approximately ten percent above the registrations for the same period a year ago, Snell disclosed. Fees for the first eight months amounted to \$3,207,689.

Of the total registrations, 343,507 vehicles are private passenger cars. This amounts to one private passenger car to every 3.1 persons in the state. In 1940, Oregon stood third in the list of 48 states in passenger cars registration per capita with a rating of one car to every 3.3 persons. California was first with a rate of 2.8 while Nevada was third with a rate of 3.1.

If a car stalls on a moonlight night, out where the woodbine twines, and the man starts looking into the damsel's eyes, he's single—if he looks into the gas tank, he's married.

#### And Another Thing

MORE THAN AN EXCEPTIONAL HOTEL  
... a delightful home!

## HOTEL MULTNOMAN

PORTLAND, OREGON

PORTLAND'S SOCIAL CLUB & BUSINESS CENTER

Be sure them savings for a rainy day don't go for a wet night.

### I. E. S. TABLE STUDY LAMP

(Approved by Illuminating Engineering Society)

\$4.95



This attractive lamp protects growing eyes against strain - makes studying easier. Glare-proof diffusing bowl and parchment shade give both direct and indirect light. Choice: gold, silver or bronze standard.

PACIFIC POWER & LIGHT COMPANY  
Always at Your Service

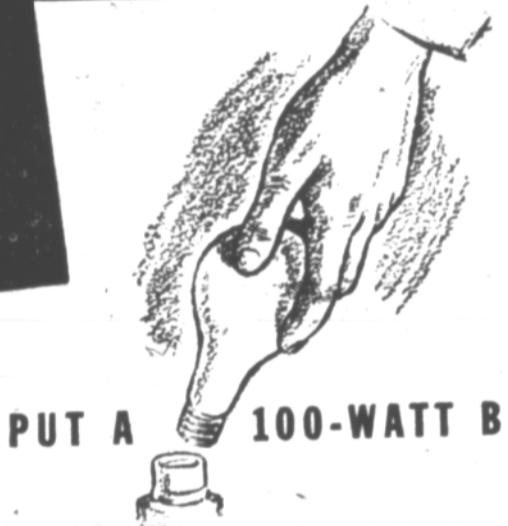
# TIPS ON LAMP GLOBES

for your children's study table...  
by the PP&L Home Lighting Advisor



WASH OFF LIGHT GLOBES REGULARLY

... for dirty globes can absorb up to 20% of the light that young eyes need.



PUT A 100-WATT BULB

... in every table lamp by which the children study or use their eyes for close-seeing tasks. If you use a smaller globe you are inviting eyestrain. Don't take chances when a 100-watt bulb sells for only 15c at any dealer's... and costs so little to operate.



DON'T BE A BULBSNATCHER!

... after you've put a 100-watt bulb in the youngster's study lamp, don't you dare "borrow" it for use in the kitchen. If you do the youngsters will probably take the 25 or 50-watt globe from the hall sockets, and then they'll be straining their eyes even though they have a good lamp. Get a carton of spare bulbs at your dealer's today.

CHILDREN SHOULDN'T SEE A LIGHT GLOBE!



... for raw, harsh light from a bare bulb is glare and does as much harm as dim light. Shade the globe with a translucent bowl such as found on I.E.S. lamps (about \$5 at any dealer's). You can buy these bowls and screw them on most old lamps.

#### PHONE FOR A FREE LIGHTING CHECK-UP

A trained lighting advisor will call and measure the lighting in each room with a sight meter... a scientific instrument that shows you instantly whether you're getting enough light to prevent eyestrain. She will show you how modern lighting not only protects precious sight, but adds new beauty and charm to your home. This service is free!

SIGHT IS PRICELESS - LIGHT IS CHEAP!

Pacific Power & Light Company's new low rates make cheap electricity cheaper still.

PACIFIC POWER & LIGHT COMPANY  
Always at Your Service

### 31st Annual PACIFIC INTERNATIONAL LIVESTOCK EXPOSITION

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Eleven acres under one roof. Exhibits of pure-bred livestock, Dogs, Poultry, Pet Stock, Wild Life, Manufactured and Lead Products, 4-H Club and Smith-Hughes Vocational Education Work; also Combined Horse Show and thrilling Indoor Rodeo.

Large Premium Lists

LOW FARES - ALL RIDES

### T. Lester Johnson

LAWYER

WASCO MORO

Before school starts equip the youngsters with

## New Clothes

from our shelves

For tasty, nourishing lunches visit our grocery

Zeigler's Quality Store Grass Valley