

## Many Wasco People Taking Vacations

Mr. and Mrs. Archie Kirkelie of Bingen are parents of a son, the second son for the family. He has been named Ronald Lester and he weighed in at eight pounds, four ounces.

Mr. and Mrs. John Laddington left Thursday for Idaho on a vacation trip. They will visit relatives and friends whom they have not seen for years.

W. A. Tate spent several days last week at La Center, Wn., on business.

Mr. and Mrs. Vernon Van Gilder and daughter Emma Jean, Miss Olive and John Robinson, Barbara Hines and Walter Eaton are vacationing a week going to Newport, Lookout, California and Salem.

Mr. and Mrs. Morris Macnab and children Larry and Janet, of Portland were visitors over the week end with relatives and friends in The Dalles and vicinity.

Captain and Mrs. Macnab and family have returned to their home in Portland. Captain Macnab was stationed at Arlington for ten days during the maneuvers held there.

Miss Anna Macnab visited her parents, Mr. and Mrs. R. S. Macnab, over the week end.

Volana Harper and Loraine Woodriff were visitors of Helen Macnab last week.

Mrs. Mary Kirkelie, who has been staying at her son's home has moved into her house in town. Marvin Johnson, brother of Mrs. Kirkelie left to see about work in Hermiston.

Mr. and Mrs. Bill Macnab and Bob Macnab were visitors at the home of Mr. and Mrs. Alex Macnab over the week end.

Frank Medler, accompanied by his son, Leland and grand son, Frank Le Master, made a trip to Portland and Salem over the week end.

Miss Mary Smith of The Dalles is visiting her friend, Mrs. Melvin Walsh, at the home of Mr. and Mrs. Walsh and son.

Mr. and Mrs. Billy Mills and children, Edward and Robert, accompanied by guests, Mr. and Mrs. John Roman of Illinois, visited Sunday in Seattle with Mr. and Mrs. Charlie Mills. The two men are brothers and Mrs. Roman a sister, from Seattle.

Mr. and Mrs. H. L. Hazelitt visited Monday evening with Mr. and Mrs. Melvin Walsh from their

Bryan Van Gilder and son Raymond left Sunday for the hop fields at Salem where Raymond will drive truck for LaVerne Porter who is managing a hop yard.

Mr. and Mrs. Don Macnab of The Dalles spent several days at the home of Don's parents, Mr. and Mrs. Alex Macnab.

Mr. and Mrs. Ed Moar and son Clyde of Townsend visited Sunday at the G. A. Sargent home. Mr. Moar was employed at the Sargent farm for a number of years some time ago.

Mr. and Mrs. Ivan Kirkelie and family left last week for White Salmon. His trade is plumbing, and he has found a good location and plans to open a shop there. home in The Dalles.

Mr. and Mrs. Grant Van Doren of Forest Grove visited Sunday with Mrs. Van Doren's sister, Mary Fortner and mother, Mrs. Fred Fortner, who is still here.

Mr. and Mrs. Ed Dutton and Jean are in Lebanon visiting Mr. and Mrs. Dutton's son, Vern and wife.

Mr. and Mrs. Ormand Hilderbrand and two boys left Friday for a vacation at Hood's canal.

Mr. and Mrs. Melvin Walsh have moved into the house owned by the Standard Oil Co., while he is working at the oil plant.

Mrs. Blakely and three children of Oregon City visited relatives leaving Thursday. Carol had been visiting her aunt, Mrs. Cooper.

Mrs. Leonard Fields entertained for the pleasure of her little two year old daughter, Sally Thursday afternoon. Eight mothers were there with their children to see the birthday party.

Miss Vivian Trounce of Moro and Mrs. Sargent were dinner guests Sunday of Mr. and Mrs. Harry Van Gilder.

An old timer who had not visited Wasco since he left here, Bud Morrow, was in town visiting friends Monday from his home at Ashland.

Harry Richelderfer left Thursday for White Salmon spending the evening with Mr. and Mrs. Herbert Kuhnhausen. Friday he went to Glenwood to attend funeral services for Henry Murray, a long time friend.

Arthur Watkins returned home from a weeks visit at the coast.

Mr. and Mrs. Hal White and son returned Monday from a weeks vacation at the Oregon beaches.

Miss Hazel Marie Watkins and Austin Foss of The Dalles were dinner guests of Mr. and Mrs. Francis Watkins.

Mr. and Mrs. Everett Watkins returned from a few days vacation Friday, having been at Crater Lake and along the coast highway.

Mr. and Mrs. Art Chamness of Portland were guests Sunday at the home of Mr. and Mrs. Francis Watkins.

Mrs. Kenneth Ferguson and children, Nancy and Sally left for Eugene Thursday from where the family went to the coast for a few days. They will live in The Dalles again this winter.

Mr. and Mrs. C. B. Harvey visited here Sunday and left Monday for their home in Portland. He is Mrs. Grant Armsworthy's brother.

Sharon Laughlin of The Dalles spent a few days visiting at the A. B. Potter home.

Ia Villa Gosson left Sunday for Portland returning the next day.

James Whitcomb Riley, while on the way to the office of his publisher one bright morning, had met an unusually large number of acquaintances who consecutively made the usual conventional comment on the "nice weather." This continuous applause began to amuse the poet. When he reached the office he was greeted with a "Nice day." Mr. Riley smiled broadly, and replied, "Yes, I've heard it very highly spoken of."

**GEORGE G. UPDEGRAFF**  
Attorney At Law  
Moro and Wasco

## Son of Red Dictator Captured by Nazis



Jacob Stalin, the eldest son of Russian Premier Joseph Stalin, is shown (arrow) in a German prison camp. He was captured near Ljosno, Poland, with a number of other officers and soldiers taken by German forces under the command of Gen. Rudolf Schmidt, according to a Nazi communique.

## Charles Bullard Visiting Sister After 41 Years

Charles Bullard and wife left Sunday for Newport where they will visit for a few days. From there Charley will go to San Jose, California to visit his only surviving sister whom he has not seen for 41 years.

Mr. and Mrs. Howard Conlee returned from the Oregon coast at Tillamook this week.

Mr. and Mrs. L. R. Conlee came back Saturday evening from Portland where they had visited her sister and husband, Mr. and Mrs. Harry Blough. With the Bloughs they drove into British Columbia for a trip.

Mr. and Mrs. Harvey Thompson have been away on their vacation this last week.

Mrs. Lewis Thomas left Monday for Portland for Portland to visit that new grand daughter.

Word received here is that Mrs. Clara Dear was seriously injured in a car accident in Seattle, suffering a broken arm, leg and a concussion of the brain.

P. N. Lemmon of Albany has been here this week attending to business connected with his several ranches in this county.

Jane French returned from LaGrande Sunday night and will visit with friends here until school starts later in the fall.

Mrs. Collis Moore and son left Friday to spend a week at the beach.

Mr. and Mrs. Ralph Brisbane left Friday for Tacoma, to spend the long week end with their son in law and daughter, Mr. and Mrs. Carol Bennett.

Mrs. Greta Wiley of LaGrande came Wednesday to visit her father and mother, Mr. and Mrs. J. C. Freeman.

Mrs. Pearl Perkins and her sister came up Tuesday with Fred Schultz to visit friends in Moro whom they had not seen for several years.

A group of Breakfast clubbers will go to Bend today to meet with the Bend Chamber of Commerce and representatives from Klamath Falls.

Wily Knighten returned from the Veteran's Hospital in Portland last week end much improved in health.

Mr. and Mrs. William Close will arrive this week to take over the job of assistant manager of the local branch of the First National Bank. They come from Portland.

Mr. and Mrs. John Foss went down to the coast last Sunday to enjoy the cool breeze and see the Astoria Regatta while visiting their daughter, Mrs. Fred Hellberg.

Mr. and Mrs. E. H. Moore, Mr. and Mrs. C. L. Poley and Rachel, and Tom Stephens are going to be in Portland this weekend to bid good bye to Mrs. Stephens who is leaving this Sunday for her home

in Washington D. C. They will attend the Sherman county picnic Sunday at Laurelhurst park.

Mr. and Mrs. Richard Lockhart returned Sunday morning from their vacation during which they visited relatives in Washington.

The Lloyd Hennagin family left the first of the week for their new home in Portland. Lloyd returned to remain here until the first of the month.

Stated communication of Eureka Lodge No. 12, A. F. & A. M. Thursday evening, September 4th, 1941 8 p. m.

Bob Christianson accompanied by Bill and Bob Axtell, Lloyd Johnson and Wyman French left last Saturday evening for the coast, spent Sunday in Seaside and returned home Sunday night.

Mr. and Mrs. Omer Sayers and daughter, Mrs. Mary are taking their vacation this week visiting scenic points about the state.

Mr. and Mrs. George Mitchell and family are here this week from Pendleton to visit her father, T. S. Reese.

Zolo Brooks and Archie Radcliff of Goldendale were here Thursday boosting for the Goldendale Jam-boree which will be held September 5-6 and 7 this year.

Mr. and Mrs. Arthur Christianson and family left Monday for California where they will visit Mrs. Christianson's father.

Mr. and Mrs. Leon Hubbard are moving into the house recently vacated by Mr. and Mrs. Lloyd Hennagin.

A barn is being built on the place recently bought from the county by Bob Hoskinson. E. Amidor is in charge of the carpenter work.

Harvest being over farmers and business men are slipping away for a week or so at the beaches or to visit relatives.

Marion Powell is said to be getting along as well as can be expected and it is thought that he can be moved from the hospital soon.

## Be Careful On Labor Day, Warning

Calling for a "rededication of Labor Day to the spirit of American workmen," Earl Snell, secretary of state, today urged Oregon citizens to accept personal responsibility for the prevention of traffic accidents during the coming Labor Day week end.

"Now, more than ever," Snell declared, "the nation needs the full mobilization of its human resources to assure maximum achievement in our supreme effort for national defense. The nation can ill-afford tragic loss of manpower, caused by traffic death, for truly, the death or injury of a workman in a traffic accident is as significant a loss to the nation as the death or injury of a member of our armed forces."

Increased traffic, caused by holiday driving, increases the accident hazards on the highway unless drivers exercise additional care and avoid dangerous driving practices, he said. The secretary of state urged each individual driver to accept as his responsibility the burden of preventing traffic accidents.

Inasmuch as 75 percent of the accidents in the state occur on highways in the rural areas, most of them resulting from speed too great for conditions, drivers were asked to observe these simple precautions:

- 1: Reduce speed before entering curves.
- 2: Reduce speed at night.
- 3: When caught in long lines of cars, be patient, don't take dangerous risks attempting to pass the cars in front.
- 4: Never attempt to pass another car on a curve, while approaching the bow of a hill or when vision is obscured for some other reason.
- 5: Don't drive when sleepy or fatigued.
- 6: Avoid driving after over indulgence in food or drink.

## Want Ads

FOR SALE: Dugger house property in Grass Valley \$350.00. Vada Dugger, The Dalles.

WANTED: An old fashioned platform rocker, without springs. Call Journal office. 42-4 p.

FOR SALE: Several desirable wheat ranches in Umatilla and Morrow counties, many stock ranches, large and small, in Eastern Oregon, dairy and chicken ranches. Write me what you want. C. O. Rinehart, Pendleton, Oregon.

RELIABLE Man Wanted to call on farmers in Sherman County. No experience or capital required. Some making \$100.00 a week. Write Mr. Inman, 2423 Magnolia St., Oakland, Cal.

FOR SALE: Nice 6 room house, partly furnished, close in, phone 2813 or write 209 W 4th St. The Dalles 40-43 pd

## Hi-Ways TO HEALTH

by ADA R. MAYNE  
OREGON DAIRY COUNCIL

What is bouyant health? An intangible, like health, is difficult to define. In general, it would seem that the best definition of abounding health is that of being sound in body and mind, able to live happily, able to serve greatly for meeting emergencies. Good nutrition and a sensible plan of living will assure this condition but will contribute greatly toward it.

Nutrition is the one factor in healthful living which is not readily controlled by the individual and which has assumed in increasing importance in modern medicine. While we are on the subject of nutrition, we might as well say a few words about its weightiest phase—the figure. Most adults are too light or too heavy. Under most circumstances the control of weight is in their hands.

Weight control requires, except in persons with physical and organic derangements, a proper adjustment of food and exercise. Weight adjustments, in the absence of organic disease, is usually attainable largely by the exercise of will power, that rare quality which has been defined as the ability to eat just one salted peanut.

Food serves many purposes in the human body. The most impor-

tant and most neglected class of foodstuffs is what is called the protective foods, that is, milk, vegetables, fruits and eggs. In these are found the vitamins and minerals which are necessary for the maintenance of good nutrition. The self prescribed reducing diet is more likely to be out of adjustment with respect to these protective foods than is the diet of the person who is not concerned about his weight. When calories are cut, it is especially important that the foods which remain in the diet shall furnish adequate supplies of vitamin and mineral substances. The reducing diet, therefore must emphasize milk, fruits, vegetables and proteins (fish meat, eggs, milk and cheese).

A common error is the avoiding of cereals, breads, potatoes and butter in the fight against fat. All of us need some starchy food every day and butter is not only our most digestible fat but our best source of vitamin A—a vitamin which isn't too widely distributed in other foods.

It is better not to be too solemn about this health business. Being afraid to eat is no fun. Remember that a well chosen diet with emphasis on the protective foods will supply all the necessary vit-

amins except for the individual with abnormalities of digestion, absorption or utilization of food. Eating extra vitamins will not give you a slender figure, pep or vitality. Always remember, too, that a medical examination should precede any course of action that you are planning in attaining your conception of health and the program outlined by the physician should be heeded regardless of all other advice received.

## NONCHALANCE

A fellow got on the bus with a hundred pound bomb under his arm and sat down.

"What's that you've got on your lap?" asked the conductor.

"It's a delayed action bomb I'm taking to the police station," came the answer.

"Lumme," said the conductor, "you don't want to carry a thing like that on your lap. Put it under the seat."

"Back from your vacation at last, eh? Feel any change?"  
"No, not a cent."



**BIGGER THAN EVER—**  
No Increase in Prices!

**HUGE EXHIBITS**  
Including A Mammoth FARM MACHINERY SHOW

**HORSE RACING**  
Pari-Mutuel Harness and Running Races, every afternoon except Sunday. PLUS Special Acts Between Races!

**"FUNZAPOPPIN"**  
75 Famous Performers including 18 Glamorous Girls in Hour-and-a-Half Night Show at Race Track Grandstand!

**Nite Horse Show**  
Plenty of Horse-action PLUS Unusual Special Acts!

**Midway Thrills**  
Plus Many FREE Acts!

**FAIRGROUNDS SALEM**

The people of Wasco are hereby asked to support

## Dorothy Jean Macnab

for

## QUEEN

of the

## Sherman County Fair

Sponsored by the

Sherman Co-operative Grain Growers

ANOTHER PLUS VALUE IN "CATERPILLAR" DIESELS

METAL QUALITY guarded by the



The content of metals used in "Caterpillar" Diesel Tractors is continuously checked by an all-seeing "electric eye." Any metal that fails to measure up to "Caterpillar's" top-quality standard is rejected. Thus you are assured strong and wear-resisting parts in the "Caterpillar" product you buy.

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Make a Note of this—

## Barclay's PRIVATE STOCK

STRAIGHT RYE WHISKEY

Make a note to try a bottle of Barclay's Private Stock Straight Rye Whiskey. You'll be mighty glad you did. It's only \$1.15 a pint and 60c a half pint... a real buy!

**\$1.85** Quart  
**95c** Pint

**JAS. BARCLAY**  
P. Puerio, Illinois

When Mrs. O'Leary's Cow Kicked Over the Lantern in 1871...

Blitz-Weinhard Beer Was Already 15 Years Old!

At the time of the great Chicago fire Henry Weinhard had been brewing fine beer in the Pacific Northwest for 15 years. For almost 10 of these years his brewery had been located in Portland, on exactly the same spot it stands today. Already this beer, brewed from the private recipe of Henry Weinhard from choice Northwest ingredients, had gained a deserved reputation for its unvarying goodness.

Today the same private recipe of the founder, the same Northwest hops and barley are used to produce Blitz-Weinhard Guaranteed Satisfying Beer. Add to these modern methods, up-to-the-minute equipment and 85 years of brewing experience and you have the reason for Blitz-Weinhard's pre-eminence.

**85 YEARS OF KNOWING HOW**  
...Experience plus modern methods, plus finest ingredients, are the reasons for BLITZ-WEINHARD'S overwhelming popularity!

**IT'S BREWED TO SATISFY YOU!**

## Blitz-Weinhard Beer

GUARANTEED SATISFYING