

Wasco Pastor Attends Cantata In Salem

Rev. and Mrs. F. L. Cannell and Marion Crews drove to Salem Sunday afternoon to attend a cantata under the direction of Miss Gertrude Cannell, choir director and organist at the Leslie Methodist church, Salem. Mrs. Maud Akers accompanied them as far as Portland where she visited with a son. They all returned Tuesday evening.

Easter morning a program was presented at the ME church during which time musical selections were given by the junior choir. Mrs. J. F. Royce, Mrs. Lois Hilderbrand and Mrs. George Wilde favored with vocal trios. Clyde Fridley gave a trombone solo which was followed by a baptismal ceremony for the infants Larence Leon, son of Mr. and Mrs. Leon Smith, Nancy Ann, daughter of Mr. and Mrs. Hal Shelton, Judith Elizabeth and Marilyn Jane, daughters of Mr. and Mrs. M. M. Powell.

Sunday evening at the Christian church a pantomime under the supervision of Mrs. Claude Stephens was presented by six young ladies and a number of little folks. It was entitled "In the Garden." Recitations and songs and Bible quotations by the participants were given. Mrs. Leo Watkins sang the title song and the choir gave a number of selections during the evening. Gilbert Carey, a former pastor of the church and Mrs. Carey of Gresham were out of town visitors as was Mrs. Clara Purn of Rufus.

The library board met Monday with Mrs. Floyd Root, president in the chair. September 6 was chosen as the date for the annual library festival. The coming district library conference will meet here May 12. Luncheon will be served at the Methodist church after the meeting which will be held in the library room. Miss Georgia Harper will be in charge of luncheon reservations and Miss Harriet Long, state librarian will be here for the occasion.

The Dalles extended an invitation to the Wasco school band to appear before the school there last Friday and director Arthur Landles made the trip with his play ers.

Principal Cleon Caldwell was put through the third degree in the Dalles Monday evening. He was accompanied by his fellow workers in the lodge, Bernis Guy, Marion Thomas, Dean Barnett, Faye and Herman Brackett and Cliff Trumbo.

Mrs. Mildred Butler of Colfax, Washington and Keith McDonald of The Dalles joined their mother and father here for Easter Sunday. Mr. and Mrs. Melvin Walsh were dinner hosts Sunday to Mr. and Mrs. Leonard Fields.

The engagement of Betty Ann Ford of The Dalles to Marvin Thomas of Wasco was announced at her home recently. The wedding will take place in the Episcopal church in The Dalles May 11.

The Wasco Women's study club met at the home of Mrs. H. D. Proudfoot Friday. Mrs. T. L. Fields gave a book review pertaining to foreign affairs and Mrs. William Clothier reviewed Kenneth Roberts, "Northwest Passage." Ladies from both Wasco study clubs attended the luncheon in The Dalles Tuesday, the Tuesday club postponing its meeting of that day until April 22 in order to be able to attend.

Mr. and Mrs. Harry Van Gilder were weekend guests of her sister, Miss Mary Laidlaw in Portland. Mr. and Mrs. Harry Proudfoot left for Portland Wednesday.

Students home for Easter vacation are Miss Hazel Marie Watkins of St. Helens (Hall, Portland), Janet Kasberg, Emma Jean Van Gilder and Billy Hilderbrand of St. Mary's academy in The Dalles. Mr. and Mrs. Carl Felsenhand of Nahant, Mass., visited recently with Mrs. Maud Akers on their way from Los Angeles to their home. They have been in every state but North Dakota which they expect to see on their way home.

Mr. and Mrs. G. C. Andrews left for Portland Wednesday to attend the wedding ceremony of their son Philip which will be in Eugene April 19. The bride to be is Miss Marian Nelson, daughter of Mrs. Jennie Nelson of Eugene. Philip is employed in the Civil Service ship building plant in Portland, is a graduate of Wasco high school and the University of Oregon.

Miss Mary Fortner spent the weekend visiting in Portland. Miss Gladys Stone spent the weekend with her parents, Mr. and Mrs. Marvin Stone, coming from Lebanon where she is staying with Mrs. Ramsey.

Arthur Van Gilder, sergeant of the marine corp, left Tuesday for Alaska where he will spend a year at Sitka.

Mrs. H. D. Proudfoot won high score honors at the home of Mrs. Arthur Smith when the Tuesday club met for the afternoon.

Mr. and Mrs. Francis Watkins and daughter, Phyllis, were guests of the latter's aunt and uncle, Mr. and Mrs. Hal Potter in Eugene. Hazel Marie Watkins accompanied them. They also visited Mrs. Watkins grandmother, Mrs. Ida Strong in Eugene.

Mrs. Hugh White entertained the past matrons club of the OES Tuesday evening at her home with Mrs. Nella Rhodes receiving the high score and Mrs. Taylor the guest prize.

Mrs. James Dunn and Mrs. C. W. Fremonger of Fossil spent several days the first of this week visiting at the Harley Dutton home.

Weekend guests of Mr. and Mrs. Hugh Walker and Mr. and Mrs. Marion Powell were Miss Dorothy Bullfinch of Seattle and Miss Marjorie Trollinger of Twin Falls, Idaho both sisters of Mrs. Walker and Mrs. Bullfinch, Mrs. Walker's mother from The Dalles.

Members of the junior bridge club met Wednesday with Mrs. Marion Powell at her country home. After dessert luncheon cards were played with Mrs. H. A. White and Mrs. George Wilde winning first and second high scores.

Mr. and Mrs. B. H. Grady and granddaughter, Ruth Ann, spent the weekend with Mr. and Mrs. Ed Grady in Walla Walla and Nyal Grady and wife were also in the family party.

LETTER RECEIVED FROM ENGLAND

The following letter was received from England by Mrs. Eliza Dingle of Wasco. Pevrell, Plymouth, Devon, England. Dear Sister, (Mrs. E. J. Dingle)

We were so pleased to hear you had a nice time visiting your people and that you felt better for a change. Your letter took over a month to reach us and was opened by the examiner so you see we have to be careful what we write. It has been much quieter this past few days. A lot of damage quite near us, so far we have escaped for which we are thankful. We have a good barrage which is a great thing.

No doubt you have heard from Jack about the sad news of his grandson, met his death by accident. A warning just now sounding at 4:30 p. m., must be on the alert. Our church and two others at the same time had nasty hits, cannot hold service in it. They are held in the hall adjoining. Ernest says he must cut the rose trees very soon, they are shooting. The snowdrops and violets have been beautiful, now the daffodils and primroses are appearing. It is a lovely time coming if it could only be peace.

Our friends in Canada are very

worried over us thinking we are short of food and clothing. We are very well, not short of anything or at least have to be careful, and everything more expensive. We are hoping for better days. Ernest and Nellie.

MOISTURE DEFICIENT

Irrigation water prospects in Oregon which appeared generally favorable two months ago had become highly variable by the time the final forecasts were made the first week in April, according to reports issued by R. A. Work, Medford, in charge of snow surveys and irrigation water forecasts for the Soil Conservation service and OSC experiment station.

Little or no snow was added to the watersheds during February and March in most sections. While most soils on watersheds as well as in farming areas are still well soaked from heavy fall and early winter rains, irrigation water from stream flow and reservoir supplies will be critically short in some sections though fully ample in others.

The series of forecast meetings just completed revealed that shortages of greater or less extent will exist this year in the region from Deschutes county north to the Columbia and east to the Blue Mountains. Full reservoirs and good stream flow characterize the territory from there east through Wallowa, Baker and Malheur counties and along the southeast and south central section with minor exceptions. Southern Oregon west of the Cascades will have some local water problems again this year.

Probably the most critical situation was reported from the Milton-Freewater district where failure of the Walla Walla river to reach its usual high stage left the surrounding ground storage unrefilled. Hundreds of irrigation wells are expected to be dry or extremely low this summer. Steps to conserve early moisture have been recommended.

The large Owyhee and Vale projects, on the other hand, are starting the season under exceptionally favorable conditions with enough water in storage for two years, soil and growth conditions excellent; and stream flow good in the region. Late spring rains would help the situation in many sections where prospects now are none too bright, it was reported.

More People Coming To Oregon, Held

The state of Oregon is going to see a great influx of middle west residents during 1941 as these people are looking more and more toward the Pacific Coast for their vacation trips according to Burt Vanderwarf, director of the touring bureau of the Chicago Motor Club, who was an Oregon visitor during the past week.

Vanderwarf made a personal tour of Oregon vacation spots, which he inspected under the direction of the Oregon State Motor Association. His organization directs fore tourist travel from the middle west than any other group.

"We have been very busy with inquiries regarding vacations already this year. From every indication Oregon and the Pacific Northwest is going to see a great many of these folks. Our trip out here will enable us to give a complete and first hand account of what is to be seen in Oregon and we can send many more people to your state," Vanderwarf said.

After seeing Oregon, Mr. Vanderwarf went north into the Olympic Peninsula and British Columbia before returning to Chicago.

Common causes of battery failure are corroded or loose connections, low water level, and discharged battery due to faulty generator or other conditions, according to the Emergency Road Service of the Oregon State Motor Association. Connections should be cleaned and coated with vasoline or grease. Distilled water should be added to the cells at least every two weeks. To prevent a discharged battery keep the generator in good repair, avoid driving for long periods in high gear at slow speed, and avoid excessive use of the starter.

Persons who make the standard remark about new service stations being constructed, "well, pretty soon there'll be one for every penny," may be closer right than they realize. According to the Oregon State Motor Association there is now one service station for every 128 vehicles registered in the United States—yet well over a million motorists run out of gas every year.

University To Honor Mothers Of Students

An entertaining and colorful vista of the University of Oregon campus in "full bloom"—literally as well as figuratively—awaits several hundreds of mothers of University of Oregon students from Sherman county and other Oregon cities who will be on the campus May 9, 10, 11 and for the annual Mother's Weekend, it is promised by Betty Plankinton of Portland and Jean Burt of Eugene, co-chairman in charge of arrangements.

The fete for mothers, which will be given as customary in conjunction with the annual Junior Weekend, is the highlight of the social year on the campus. This year, the campus will be converted into Oriental gardens to comply with the Juniors' theme for their weekend, "Arabian Nights."

Events will open with registration of mothers in the administration building in the morning, followed by the campus luncheon at noon on the mall north of Johnson hall. At the Junor prom Friday evening in McArthur court, a special section will be reserved for the mothers. Preceding this event they will be guests at a recital to be given by Master Dancer, dancers, honorary, in the Gerlinger dance studio. Mothers will meet for their annual business meeting and election of officers Saturday morning in Guild theater. After luncheon with sons and daughters they will be taken for a tour of the campus, and honored by an "Sunlight Serenade," held in the open air amphitheater in back of the school of music. The University of Oregon band directed by John H. Stehn, and singing groups will furnish the entertainment.

After the Mother's Day banquet in Gerlinger, students will host their mothers at the Canoe Fete on the mill race. Floats entered by living organizations will depict scenes in the 1,001 stories told by Princess Scheherazade. Rex University and the University Symphony orchestra of 70 student musicians will play the accompaniment. Concluding the evening all campus living organizations will hold open house, at which fraternalists will serenade their mothers.

The teacher sought to impress on her young pupils the fact that things could not be subtracted from another unless they were of the same denomination. "For example," she continued, "we cannot take five apples from six bananas." Then the young genius spoke up. There is always at least one in every class room. "But can't we take five apples from three trees?"

When the government sets prices of goods and materials and permits increases in labor costs, industry will be pinched.

Kent Couple Leave For East To Buy Car

Mr. and Mrs. R. P. Barnett left Sunday for Pendleton where they boarded a train for Lansing, Mich., where they will take delivery on a new car, and drive back to Oregon.

Mr. and Mrs. J. L. Matthes were dinner guests at the home of Mr. and Mrs. Arthur Holt near Redmond Sunday.

Mr. and Mrs. W. G. Helyer were dinner guests of Mr. and Mrs. J. E. Norton Sunday.

Dolores Gregg of Moro and Gertrude Norton were dinner guests of Mrs. Grace Gregg Sunday.

Mr. and Mrs. J. H. Wilson motored to Bend Saturday where they were weekend guests at the E. V. Ward home. They attended Easter services in Bend Sunday.

Mr. and Mrs. Wm. Hall and children of Portland were weekend guests here at the Louis Sather home.

Mrs. Max Pluemke and Mrs. J. E. Norton were business callers in Moro Saturday.

Mrs. Robert Mitchell, primary teacher in the Kent schools resigned her position and has gone to join her husband at Hermiston where he is employed. Mrs. Wm. R. Jones will have charge of the primary department the remainder of the school year.

R. K. Pope of Albina is now the section foreman at Kent, W. E. Kidder having gone to a section on the main railroad line.

Mr. and Mrs. William Mitchell and daughter Juanita, Mrs. Allen Beckadahl and daughter Deanna and son Kenneth, and Mrs. Robert Mitchell of Hermiston, spent the weekend here visiting Mr. and Mrs. John Decker and family and Mrs. Volva Guyton and family.

Dan and Hugh Hoskinson from near Moro and their sisters, Mary and Florence from St. Mary's in The Dalles, and Lloyd Johnson spent Easter Sunday here with the Hoskinson's parents. The boys returned to Moro Sunday evening and the girls remained at home for their Easter week vacation.

Mrs. J. L. Matthes spent the day Friday with Mrs. Clyde Smith near Grass Valley.

Wm. Jeffries and Lee and Leland Barnett spent the Easter holiday in Portland with the latter's sister LeVina Barnett.

Mr. and Mrs. J. C. Wilson and Mrs. Dick Reckmann and daughter Margaret, were business visitors at Antelope Sunday.

Miss Esther Cammack and Mrs. J. C. Wilson and daughter Nellie were in Moro Sunday evening to attend the Easter Cantata at the Community church.

Geraldine and Cecil Norton and Robert Tatum went to Redmond Friday evening to meet Edgen Norton and Luther Warren Davis who were enroute home to spend

the Easter holiday with their parents, Mr. and Mrs. J. E. Norton and Mr. and Mrs. Luther Davis. Miss Esther Cammack and Nellie Wilson attended a Sunrise Easter service at the J. S. Fritts home near Grass Valley on Sunday morning.

Word has been received here that Mrs. Betty Kelly, mother of Mrs. J. M. Wilson, is ill at her home at Seven Mile Ford, Virginia. Mrs. Kelly made her home here with her daughter for several years and has a host of friends at Kent. Latest report is that her condition is slightly improved.

Mrs. J. M. Wilson returned to her home here Saturday after spending a week in Eugene with her daughter, Mrs. Charles Bothwell.

Mr. and Mrs. Robert Helyer and Vice Genteman spent Sunday afternoon in The Dalles.

Mr. and Mrs. Kendrick Dunlap, Anita Dunlap and Kenneth Barnett of Grass Valley and Mr. and Mrs. Vern Mobley and children and Mr. and Mrs. Paul Wilson and children spent Sunday in Buck Hollow on a picnic.

Mr. and Mrs. J. L. Davis and son Luther Warren were dinner guests at the home of Rev. and Mrs. W. I. Eck in The Dalles Sunday.

Mrs. Dick Reckmann and daughter Margaret of Grass Valley and Esther Cammack were dinner guests at the J. C. Wilson home Sunday.

Mr. and Mrs. Durward Helyer of Moro were visitors at the W. C. Helyer home Sunday.

Mrs. Mary Cammack left on the Wednesday evening stage for Bend where she will spend several days visiting her son, Paul Cammack and family.

Mr. and Mrs. Blaine Miller of Moro visited briefly at the L. Sather home Saturday.

Mrs. L. M. Schadowitz and daughter Kay returned to their home here Friday after spending a week in Portland where the latter received medical care.

Helen Halvorsen spent the week end holiday in Bend with relatives. Mr. and Mrs. W. R. Jones spent the weekend at Hood River with relatives.

Kent Grange No. 688 held its regular meeting Saturday evening April 12. After the business session a short program consisting of three instrumental numbers was presented.

Kent Sunday School had an attendance of 45 on Easter Sunday, when a program was presented under the direction of Miss Esther Cammack.

Through use of the conservation practice of deferred grazing, ranchers in the 1939 AAA range program reseeded more than 25 million acres of rangeland.

T. Lester Johnson
LAWYER
WASCO MOBO

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Summer will soon be here, and those interested in this question of poundage (and a svelte figure for the new summer clothes) should begin checking. Summer affects people differently when it comes to weight. Because some are less active in the summer months than during the cooler seasons they will put on weight, while others begin to lose as soon as warm weather comes.

To most of those who are interested in their weight, the question of weight control becomes one of self-control. Exercising the intelligence will be the most effective way to lose the surplus pounds or to gain them, as the case may be. Starvation diets and other harmful methods in the field of weight control are taboo as health is too often impaired when these practices are followed. The safe way to reduce or gain weight is the balanced diet method with proper exercise or rest depending on the requirements of the individual. And it is possible to curtail or increase the calorie intake of the individual members without altering the usual meals served to the family.

If a person lives a well regulated life and eats a diet adequate in every other essential except calories, weight reduction can be accomplished with no injury to health. The important point to remember in any diet, whether it

be a reducing, a normal, or an up-building one, is that each day it contain the following essentials: Milk, a quart for children and at least a pint for adults; at least two servings of vegetables, one green or yellow; two servings of fruit, one citrus or tomato; a serving of meat, fish, cheese or eggs; one serving of a whole grain cereal and enough other foods to satisfy the appetite. It is in this last class that the person wishing to reduce limits his choice. Likewise the person wishing to gain in weight should increase the amount of high calorie value.

Fresh milk, because of its abundant food value, has been considered by many as fattening. Actually it is a low calorie food and because of its wealth of vitamins and minerals it furnishes more effectively than any other food, the dietary essentials so often lacking in low calorie reducing diets. Milk gets its chief fame from calcium, it contains vitamins A, B, D, and G; lime and phosphorus; and has an excellent protein for building and repairing body tissues. No other food will do as much to maintain health throughout life.

If you plan to reduce, remember, don't try short cuts. It took time to put on extra pounds and it will take time to get them off. You want to reduce your weight only—not your chances of life, liberty and the pursuit of happiness.

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