

Wasco Girl Given Bridal Shower

Miss Catherine Johnson of Portland was honored Friday afternoon with a lovely bridal shower given by Mrs. George Drinkard assisted by her daughter, Mrs. Roland Johnson. Miss Johnson, who is to be married soon, received many gifts from the 38 who were served and the afternoon spent playing 500 at which Mrs. Sam Brock won high score and Mrs. Frank Medler high for the guests.

Mr. and Mrs. F. Harland Johnson of Spokane and Mr. and Mrs. Ted Proudfoot were week end guests at the J. T. Johnson home.

A family reunion was held here Sunday at the Ed Moon home when Mr. and Mrs. W. C. Fagan and family of The Dalles, their daughter, Dorothy of Maupn, Mr. and Mrs. Charles Harriman of The Dalles, Miss Christine Moon of Arlington and Mr. and Mrs. W. Wilde were present for pot luck dinner.

The misses Jessie, Dona and Dorothy Knox and June Hines were in Portland to enjoy a pleasant week end.

Mr. and Mrs. Bill Reid of Portland, and Bill's mother spent several days here.

Mr. and Mrs. Jean Hull visited the latter's parents, Mr. and Mrs. Lawrence Funk.

Mr. and Mrs. Shelton and daughter from Hood River were here to see Mrs. Shelton's parents, Mr. and Mrs. Ed McKee.

Recent hunters returning were George Wilde, Tracy and Daymon Fields and Stuart Johnson of Salem who brought two elk home.

Mr. and Mrs. Joe Hilderbrand, Mrs. Grace Medler and son Elton, drove to Portland and returned Sunday.

Mr. and Mrs. Fred Fortner came from Portland. He left on a continued business trip and Mrs. Fortner is visiting her daughter Mary.

A play sponsored by the past matrons of the OES at Moro Friday evening was enjoyed by a number of visitors from Wasco including Mr. and Mrs. Free Crews, Mr. and Mrs. Harry Van Gilder, Mr. and Mrs. Arthur Sargent and Mr. and Mrs. A. C. Kaseberg.

Mr. and Mrs. Scott Churchill of Albany spent the week end visiting with Mr. and Mrs. Scholl. She is a sister of Mrs. Scholl.

Mrs. Augusta Huckin was in The Dalles several days having the cast on her ankle adjusted.

Mr. and Mrs. Alvin West and three children visited her parents, the Lee Hines from their home at Rock Creek.

Valdis Wilde returned home from Camp Murray for a few days visit here.

Mrs. Frank Lamborn and daughter, Mrs. Bernis Guy entertained at dessert luncheon and bridge Wednesday. Mrs. Sam Brock and Mrs. Frank Morrow were the successful players.

The young matrons club was entertained at the home of Mrs. Leonard Fields. Mrs. Lewis Hastings received guest prize and Mrs. Melvin Walsh high score for club.

Bill McKean is back from Washington, D. C. where he had been working in the census bureau for the past four months. Bill didn't like the capitol and is transferring to the coast again.

Mr. and Mrs. Harley Dutton left last week for Fossil accompanied by their grandson, David Dunn who had been here several weeks.

Mr. and Mrs. Donald Banta visited her parents, Mr. and Mrs. Sam Brock from their home at Vernonia.

Mr. and Mrs. William Clothier and Ann motored to Olympia, Wn. where they spent the holiday week end with his mother.

At a meeting of the Neighbor's of Wood Craft Wednesday evening it was announced that the annual pep meeting of District 11 would be held in Portland November 15. Present from The Dalles were Mesdames Otto Keller, Max Scherer, C. L. Born, Ida Mae Smith and Edward Rowberry.

Approximately twenty members of the Annie Fulton chapter, OES and Masons motored to Moro Monday evening to attend a district convention which was attended by Mrs. Hallie Huntington of Eugene-Grand Matron.

Mr. and Mrs. Otis Royce and children came from Fossil for a week end stay with his parents.

Mrs. Vernon Van Gilder and John Robinson held high scores when Mr. and Mrs. Bernis Guy entertained friends at dinner Friday evening at their home.

Mr. and Mrs. Ralph Csum are the parents of a daughter born Monday in The Dalles. She weighed over 9 pounds.

Mrs. Clark Dunlap was honored last Friday on her 87th birthday when over fifty friends called at

1940 Call for Red Cross Recruits



The 1940 Poster of The American Red Cross sounds the call to the nation to serve humanity within the ranks of this army of mercy.

KEEPING step with the boys called to the colors in America's new defense army and navy, will be the American Red Cross fulfilling its mission of service to the men in the line and to their loved ones at home. Chairman Norman H. Davis announced in Washington.

"Several thousand Red Cross nurses already have been called to the colors," Mr. Davis said, "and Red Cross field directors, and thousands of Red Cross workers in Chapters throughout the nation, are ready to help America's soldiers and sailors with personal problems, just as in the 1917-18 World War period."

"Every patriotic man and woman in the United States, who wants to do his or her share in upholding the national defense of our nation, can

do so by sharing in the vitally important work of the Red Cross. Join as a member of the local Chapter, during the roll call, November 11 to 30, and through your support you will strengthen the Red Cross army of mercy."

Red Cross work will continue unimpaired in its usual domestic program of relief in disaster; community public health nursing; safety education and promotion of the Junior Red Cross. An individual membership supports all of this work, not only in Red Cross Chapters, but in the nation. Relief to war victims in Europe is financed by the \$20,000,000 war relief fund contributed by the public during the summer of 1940.

visited several days with relatives and friends.

The Wasco volleyball team has been honored by receiving the county championship.

Mrs. Clyde Hearing spent the week end with her daughter Edna and family at Olympia, Wn.

Wasco high school's football team won from Lexington Saturday by a score of 48 to 0. The game was played in Lexington.

Saturday evening, November 9, Mr. and Mrs. Vernon Van Gilder and Sarah Staleup entertained at the Lee Hines home. Guests included Mesdames and Messrs. Roy Belshee, Sam Brock, Harry Van Gilder, Ross Hilderbrand, Glen Van Gilder, Alvin West, Olive and John Robinson, Mrs. Ida King, Walter Eaton and several children.

Visitors at the Bruce Grady home were Mr. and Mrs. Ed Grady and family of Walla Walla and Miss Nora Grady of Goldendale.

Philip and James O'Meara returned home from Linfield college, for the holiday.

Mrs. Murphy had received a cablegram from her son in India, saying that he would be home shortly. She showed it to her neighbor, Mrs. Casey.

Wonderful quick things these telegrams, ain't they?" queried Mrs. Casey.

"Quick ain't the word for it; the gum ain't dry yet what's on the envelope."

Farm Buying Power Increase Temporary

Expected general improvement in farm purchasing power next year will probably be temporary even though prices of most farm products except those in the "export type" group are likely to be moderately higher, according to the current report on the agricultural situation issued by the OSC extension service. The report reviews the general outlook in Oregon for farm income, costs and family living.

"Looking beyond 1941, the temporary improvement in the exchange value of farm products expected next year may be lost in 1942 or later, owing first to advances in the cost of farming and farm family living, likely to be followed by a more rapid decline in farm prices than in other prices when war and defense spending drops off," the report states.

The report contains much additional data and comment on agricultural and industrial conditions and prospective trends, with sections on domestic and foreign demand, the general price level, food requirements and surplus removal measures, farm production, price and income prospects, farm and living costs and brief outlook reviews for "export-type" farm products versus "domestic type" and

"import-type" farm products. The market outlook ahead is said to be less favorable for "export-type" commodities than for products which are on a domestic basis.

The long time trend of international trade conditions in farm products has been against the United States for 40 years, except the period affected by the first world war, the report shows. Thus far the present world war has been destructive of export demand for Oregon's principal export farm products, such as wheat, apples, pears and prunes.

The prospects are that export outlets for principal Oregon farm products will remain poor while the war lasts and the United States remain neutral, according to the outlook circular. Even looking further ahead, the foreign demand outlook is not encouraging for the farmers in this country.

Modest

A middle aged actor was called as a witness in a legal action. On being asked his calling, he described himself as the greatest actor in the country. A day or two later he met a rival actor, who asked why he had dared to describe himself in this fashion. Whereupon the actor replied with majestic pride: "What else could I say, laddie? You must remember I was on oath!"

Read the ads in the Journal

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

FOOD FACTS AND FADS

Every American takes personal pride in the wonders of modern science. Yet there are Americans who have not innocently passed on a bit of superstition or folk lore that contradicts true scientific principles.

A glance at a few of the current food fads shows how ridiculous they are in the light of scientific nutritional findings. For example, there is the old idea that celery and fish are "brain" food. Actually no food can be turned into brain material. A variety of different foods are needed to build and repair all tissues throughout the body.

Then there are the notions that children are expected to believe. The idea that carrots will make a little girl's hair curl; that spinach

will make a little boy grow big and strong; both carrots and spinach are good foods and should be included in the well rounded diet. But these two vegetables can not perform miracles. It has been found that children need a good assortment of all the protective foods - milk, fruit and vegetables, and eggs - and adults too need a well balanced diet to keep the body functioning at its best.

There's the fancy about the danger of eating acid fruits and milk at the same meal. It is true that the acid fruits may curdle the milk, but the digestive juices of the stomach have the same effect. So it is perfectly safe to eat cherries and drink milk at the same meal, and to use orange juice in a milk drink.

Another false idea is that milk

Annual Harvest of Brewing Crops By Farm Workers in Many States

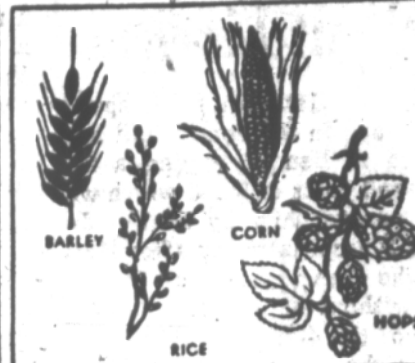
CROPS worth \$100,000,000 are now being harvested for American brewers, with farmers, processors and intermediate handlers pocketing the cash.

Barley, hops, corn and rice are the farm crops that go into beer and ale. Harvesting begins with the gathering of the rice, which starts usually in August, followed by the barley and hop crops.

The hop-picking period lasts more than a month on a cycle which moves from Southern to Northern states principally along the Pacific Coast. Corn is shucked and sent to the elevators until late in the winter.

It takes about a half-pound of hops, 52 pounds of carefully selected barley, and from 12 to 21 pounds of either corn or rice, before processing, to produce a 31-gallon barrel of beer or ale.

The barley, converted into malt, supplies "body" to the brew, while the hops give flavor, aroma and preservative qualities. Corn or rice, used as a malt adjunct, reduces the



protein content of beer and produces a crystal-clear beverage conforming to American taste standards.

It requires about four billion pounds of these premium products to produce America's normal output of malt beverages. The \$600,000,000 paid by brewers for these farm crops since beer's legalization in 1933 has gone principally to farmers, with the remainder distributed among processors, transportation industries and other service industries.

and fish should not be eaten at the same time. No facts of physiology or food chemistry substantiate the milk-fish fallacy. Nutritionists point out with some humor that often the same people who believe this notion and shudder at the thought of ice cream after a seafood dinner will partake of fish chowders, crab, lobster or shrimp a la Newburg, and other fish and milk combinations, with no disastrous effects.

"We eat too many acid foods" is another unfounded idea that many persons believe. So they proceed to cross oranges, tomatoes, and other good foods off their diet because they taste acid. Actually these foods and most other fruits and vegetables are base-forming. But there is no need to worry about acid-and base-forming foods

if you have a well rounded diet that includes plenty of milk, eggs, fruits, vegetables, and cereals, with some meat, fish, or poultry. Better to focus attention on adequate diets than to fret about acid forming diets.

Some food fads are harmless but some of them may throw your diet off balance. They may increase your food costs and they too often steer you away from the food values that are really needed.

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"Along with all other taxpayers, we'll have to carry an even larger tax load next year to help pay the bill for national security in a world at war. If we didn't have to pay these taxes we could automatically cut electric rates nearly one-sixth. But then you and your neighbors would have transferred to your shoulders the tax load now carried by our business.

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TODAY'S TIP ON FARM POWER

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