

Sherman County Journal

Sherman County Observer
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THEY DID IT THEMSELVES

A review of the returns made by the three local co-operatives in Sherman county to the farmer members seems pertinent at this time when there is general discussion of the value of different kinds of farm programs to the farmer. These co-operatives were established under the marketing law passed in 1930 which gave farmers aid in building their own marketing systems and loaned them money for that purpose.

Through these organizations the farmers of this county have been able to handle their own grain, buy their own warehouses, and because they were united in their own organization with authority to manage it themselves, they have been able to reduce freight rates to a remarkable extent.

In the ten years they have been in operation they have paid dividends of \$288,066.29 which is either in cash or equity in warehouses now owned and controlled by the farmers themselves.

How much has been saved in better prices on wheat cannot be definitely determined but at that time they were formed it was estimated that there was a spread of around seven cents between the price paid for wheat and the export price. It is now down to less than two cents.

Furthermore farmers who sell wheat now know how much they are paying for freight, for storage, for tare, for dockage and most important how much, if any, they receive for protein.

Saving in freight since the co-operatives were organized in this county is estimated at \$466,839.16 and this has been brought about through reductions made because the farmers were acting as a unit and were thus able to carry some weight before public service commissions or to aid new kinds of transportation when considered desirable.

We think this an enviable record, and one that should give the marketing act of 1930 a higher standing among farmers than it possesses. It is better in the long run for farmers to do things for themselves than to accept things from any other agency.

WHICH WAY?

The principal job for this nation is to prepare to defend itself. To do this we need the hard work of every citizen and we must have the support of every industrial plant and every capable executive in the country.

We have as principal candidates for the presidency two men. One, the incumbent, has opposed the nation's industry in innumerable ways. Industry does not trust him because of his muddled tax policy and because of his irresponsible changes in direction.

The other man is an industrialist who knows how to get things done and knows the people who know how to get industry to working.

One candidate, the incumbent, has already told labor that it will lose nothing in the preparations for war. That is a policy that tends to separate the nations into classes in face of an impending conflict.

The other candidate holds that we must all hold united and that all must work and sacrifice to become rearmend and strong in the eyes of the world.

Under the incumbent we have had industrial strife for eight years. We have had sit down strikes, wars between labor groups, ineffectual administration of the labor department and coddling of foreigners and communists in the labor movement.

The opposing candidate does not favor these things.

Under the present administration vast powers have been taken by the executive department until we have a subservient supreme court and an ineffectual congress. The list of functions taken over by the executive is too long to excuse on plea of emergency.

The contending candidate holds that if we are to have a democracy we must preserve its forms. Our debt has risen to almost \$50,000,000,000, under this administration. This includes but a small part of preparedness appropriations. We now owe about half our assessed valuation. We have spent recklessly. Still there are nearly 10,000,000 men out of work the same as when the planning started. Those who have funds will be taxed beyond present dreams and those who have not, will be taxed a large share of their earnings.

We must have a change in national management for to continue indefinitely to spend more then we collect, for ordinary government is to reach bankruptcy. The incumbent has already served eight years, the same number as any previous president. His political machine is already powerful.

It seems necessary to break it up before it breaks us.

This is no time to criticize the patriotism of any of our leaders. Both candidates served in the last war against the very nation we are now mobilizing against. The incumbent was assistant secretary of navy and was quartered in Washington, naturally. The other volunteered the first day of the war and served overseas. From such experiences men do not learn to be unpatriotic.

We believe in all seriousness that this nation will retain its democracy more surely if a new national administration is elected. It is not a partisan matter. It is the new deal with its theorists against those who believe in the democratic system as practiced during our national life.

In Other Days

From the Observer Oct. 13, 1911

Fred Schilling's garden home farm near Kent has returned to the owner this year 250 sacks of potatoes to the acre; carrots 51 tons to the acre; cabbage 2,000 heads to the acre. What's the matter with good old Sherman county?

The third annual Sherman county fair has this week passed into history, to be referred to as the turning point of successful endeavor for fairs to come. The officials are to be commended for the well balanced program. The Moro Dramatic Club entertained during two nights of the fair with amateur theatricals to crowded houses and one evening with an old fashioned dance.

From the Observer Oct. 14, 1921

The concrete walk around the front and side of Hotel Moro was finished Saturday by H. S. Wall and his crew under direction of Wm. Thompson. Bill worked like a quarter horse to finish before the county fair and just succeeded in getting under the wire.

J. H. Elliott left last week for a six week visit to his old home town Rockford, Illinois, where he spent the first part of his married life 47 years ago.

A dream of the pioneer financiers of Sherman county is coming true this month with the completion of the power line of the Sherman Electric company from Evfur to Wasco, Moro and Grass Valley.

Crass Valley Journal, Oct. 14, 1921
Amandus von Borstel left here for Portland about two weeks ago alone and came back Saturday with a young lady that he is introducing to friends as Mrs. von Borstel. The bride was Miss Loeffel of Washougal, Washington.

Miss Mabel Morrow and Estol Hartley are home from Salem where they attended the State Fair as members of the Club workers.

Survival of Democracies

I am confident that the tank hasn't been made or the bomb yet devised that can destroy and crush the democracies of the world.—Mayor La Guardia.

Radio Executive



Niles Trammell, newly elected president of the National Broadcasting Company, is shown above. A planner in network broadcasting, Mr. Trammell has been associated with radio for 12 years.

Statehouse Gossip

(Continued from page one)

the current year, according to a report by the liquor control board to Governor Sprague.

Although Oregon's traffic fatalities for September were 38 per cent under those of September, 1939, the traffic toll for the first three months of this year is four ahead of that for the same period last year. Secretary of State Snell is urging motorists to drive more carefully during the remaining months of the year in an effort to improve the state's record for the year.

Under an order issued this week by Ormand R. Bean, public utilities commissioner, school buses hereafter must be conducted over unprotected grade crossings under manual flag.

The order was issued following a conference with Rex Putnam, state superintendent of public instruction, who has directed that all districts operating school buses shall comply with the order.

Bean's order provides that on approaching an unprotected grade crossing the school bus must stop well clear of the rails while some boy, selected for his reliability and intelligence, goes forward to flag the vehicle with its precious load of human freight across in safety.

The order was issued in an attempt to forestall a repetition in Oregon of accidents such as have taken heavy toll of life among school children in several other states in crashes at grade crossings.

The state highway commission, just back from its annual tour of eastern and central Oregon reports residents of that section of the state well pleased with the progress of road improvement. At Ontario, Burns, John Day, Prineville and other central Oregon centers large delegations met the commission and its staff of engineers to express their thanks for the completion of important primary highways which at last provide mudless, if not dustless, roads.

Three years after the state highway program was initiated. Among major highway projects in central Oregon which will receive early consideration at the hands of the commission is a 35 mile gap of the Ochoco highway through the national forest between Prineville and Mitchell, still entirely unimproved; oiling of a long section of the "Three Fags" highway between Burns and John Day, and oiling of the Burns-Crane highway, one of the first roads to be placed on the state highway map but which has never been completed.

Approximately 1,000,000 forms necessary to the registration of the 163,157 Oregon men who are subject to conscription under the recently enacted draft act, were mailed out from headquarters of the state draft board here this week to county clerks over the state who in turn will distribute the forms among the various precinct election boards who will register the draftees next Wednesday. Most of Oregon's 36 county clerks attended the meeting here Monday at which Lt. Col. Elmer V. Wooten, state director for selective service, explained the operation of the draft law with particular reference to its application to the registration of all men between the ages of 21 and 36 years.

With actual collections to date now in excess of \$5,600,000 members of the state tax commission are confident that 1940 income taxes in Oregon will reach the \$6,000,000 mark by the time all corporation payments are in. The commission estimated 1940 income tax revenues at \$5,100,000 in making its annual levy last December. Collections for 1939 aggregated only \$4,594,000. The big increase in revenues from income taxes is explained by the commission as reflecting a substantial improvement in business throughout the state.

Oregon troops are making an enviable reputation at Camp Murray, Washington, Major General George A. White, commander of the 41st division, told Governor Chas. A. Sprague, while on a visit to the capital city Saturday. With the preliminaries of the toughening up process ended the citizen-soldiers, now a part of Uncle Sam's regular army, have settled down to serious training, General White said.

Younger
At a reception, Oliver Wendell Holmes discovered a little girl looking hungrily at the cakes and sandwiches on the tea table.
"Are you hungry, little girl?" asked Dr. Holmes.
"Yes, sir," the child replied.
"Then why don't you take some food?"
"Because I haven't a fork."
"Fingers were made before forks," Holmes observed, smiling.
"Not mine," the little girl replied.

Repetition Required
Relish Maker—I have pickled Walla Walla for our new factory site.
Friend—But why Walla Walla?
Relish Maker—Well, it sounds like a good place to make chow.

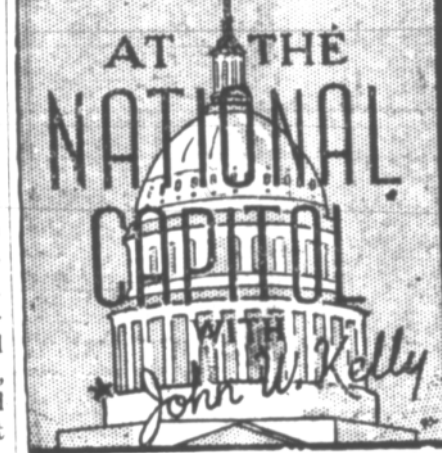
Vitamins Are In Vogue; Let's Get the Facts

In recent years, the term "vitamin" has become a household word. To nearly everyone it means vim, vigor, vitality, and all that goes with good health. What are these vitamins anyhow? What is the story back of them?
The existence of certain unidentified substances having superior nutritive properties was suspected long ago. As early as 1500 B.C., Egyptians and Chinese hit on the discovery that eating livers would improve one's vision in dim light. Today we know that the liver supplied vitamin A, recognized as a protective food factor for night vision. About 1720, Kramer, an Austrian physician, found that when certain fresh foods, such as vegetables and fruits, were added to the diet of persons suffering from scurvy, this disease was cured. Today we know that these foods supplied vitamin C. These and other instances of earlier times afford an interesting background to our present knowledge of vitamins.

Word Coined 28 Years Ago
It was only 28 years ago that the word "vitamin" was coined. And since that time, the nation has become "vitamin-conscious." Scores of scientists are engaged in vitamin research. New discoveries are being made, and the subject has aroused such interest that the public last year spent about \$75,000,000 for vitamin products in drug stores.
For a long while, vitamins were looked upon as something quite mysterious. Today, although there is still considerable mystery, a great deal is known about them.

Several Kinds of Vitamins
We know there are several kinds of vitamins, and that each has its own specific function in the body. They help children to grow, give endurance and stamina, stimulate appetite, build body resistance, and have other values. Taken into the human body, they act somewhat like the ignition spark in an automobile.
Outstanding among recent discoveries are those of Dr. C. A. Elvehjem of the University of Wisconsin. He found, in studying the B vitamins, that meat is the richest source of these important factors. The three on which the most information is available are thiamine (B1), riboflavin (B2), and nicotinic acid. The findings of Dr. Elvehjem and others have revolutionized the whole vitamin picture. The accompanying chart, carrying the seal of the American Medical Association, is a brand new one. The figures show the vitamin content of many of our common foods.

Vitamins Have Many Functions
The vitamins featured in this chart are all necessary for growth and health. In addition, vitamin A



(Continued from page one)

Communities throughout the nation, as well as in Oregon and Washington, have been hopped up over press reports that the government plans building airports in their vicinity. The press stories were based on a survey made by the civil aeronautics authority and, as GAA notified the appropriations committee, meant nothing at all. The survey merely indicated where airports and landing fields could be located. CAA does intend providing more porters for flying, but the appropriation it received was only \$30,000,000, which is only a drop in the bucket inasmuch as modern airports cost anywhere from \$2,000,000 up. A half million dollars would be required to finance only a part of the possible airports mentioned in the survey.

Washington's Senator Homer T. Bone has been in Walter Reed hospital in the national capital for several weeks. The senator, who feels very deeply on the question of war and is an isolationist advocate, is upset by the evident drift of the United States toward the brink. Mr. Roosevelt has directed his inner circle advisers to ignore the Democratic national committee and to organize "liberals" to look after his campaign.
The biggest sensation of the year is the sabotage going on to hand-icapped national defense by "fifth columnists." It is affecting sea, land and air. Officials who know the facts hesitate to make the full story public.

A lady about to leave London for New Zealand was seriously advised to provide herself with very warm clothing. "Why?" she asked. "Oh, it's awfully cold out there, don't you know?" replied the adviser. "It's the place where all the frozen mutton comes from."

Tiny Toss
He—I thought you had thrown Fred over?
She—Well, you know how girls throw.

Repetition Required
Relish Maker—I have pickled Walla Walla for our new factory site.
Friend—But why Walla Walla?
Relish Maker—Well, it sounds like a good place to make chow.

New Chart Tells Vitamin Story

VITAMINS
Common Foods as Sources of Vitamins

Food	International Units			
	A	B	C	D
LIVER	4oz 6885	3oz 3343	3oz 355	* 35
HEART	4oz * 659	1oz 1980	7oz 28	
KIDNEYS	4oz * 743	5oz 2605	1oz 198	
SWEETBREADS	4oz * 373	9oz 307	3oz 37	
BRANS	4oz * 280	4oz 439	9oz 90	
BEEF	4oz 67	2oz 279	8.4 *	
LAMB	4oz * 337	3oz 397		
VEAL	4oz * 310	4oz 414	16.2	
PORK	4oz * 1602	3oz 344	11.0	
FOWL	4oz * 164	1oz 166		
OYSTERS	1oz 150	2oz 225		5
COD LIVER OIL	4oz 4440			0 629
EGGS	1oz 375	4oz 177	3.3	0 8
MILK	1oz 248	8oz 382	1.0	2.5 4
BUTTER	1oz 231	0	0	0 11
BREAD (White)	1oz * 120	3oz 36		
CHEESE	1oz 375	8oz 120		
OATMEAL	1oz 0	1oz 131		0
APPLES	1oz 60	2oz 28	71	4.5
ORANGES	1oz 50	7oz 113		41.3
BANANAS	1oz 206	4oz 105		8.5
GRAPEFRUIT	1oz 0	5oz 120		32.8
PRUNES	1oz 563	5oz 234		1.2
SPINACH	1oz 1850	8oz 393		50.0
POTATOES	1oz 30	1oz 116	72	9.8
TOMATOES	1oz 1125	5oz 48		225
PEAS	1oz 750	4oz 300		175
CARROTS	1oz 3188	6oz 153		3.3
CAULIFLOWER	1oz 38	1oz 168	180	28.8

* Not determined but present in small amounts. 1 A portion of the vitamin C is destroyed in cooking.
† Evaporated milk diluted with an equal amount of water has the same value as pasteurized milk.
(1) Thiamine: 1 microgram = 1/10 International Unit.
(2) Riboflavin: 1 microgram = 1/8 International Unit.
(3) Ascorbic Acid: 1 milligram = 20 International Units.

increases general body resistance and protects against night blindness and a severe eye inflammation. Thiamine stimulates the appetite, aids in the utilization of starches and sugars, and prevents beriberi. Riboflavin is necessary for normal functioning of body cells, protects against certain nervous disorders, and a type of eye inflammation. Nicotinic acid prevents and cures pellagra. Vitamin C prevents and cures scurvy, and protects gum tissues. Vitamin D, sometimes known as the "sunshine" vitamin, is essential in preventing rickets.

Sun Valley Is Haven From Hay Fever
Sun Valley, Idaho.—Sun Valley is a haven for hay fever sufferers whose affliction is caused by the pollen of ragweed or Russian thistle, according to the preliminary findings of O. C. Durham, chief botanist of the Abbott Laboratories, Chicago.
Mr. Durham has made pollen studies throughout the United States for 15 years and only recently found spores at 8,300 feet in the air between Bermuda and New York by making glass slide tests from the window of a Bermuda Clipper.
Recently he made his second visit of the year to this year-round resort to test vegetation and collect slides which have been exposed to pollen at various times during the summer.
"Preliminary examination up to July 15—the beginning of sagebrush pollination season—indicates there is no ragweed pollen whatsoever in the area," Durham said. "And there isn't enough Russian thistle pollen to be important."
Mr. Durham said questions to be solved by further examination of his later slides were how much pollen was produced by sage brush in the area, how active its pollen was, and whether this pollen would bother ragweed sufferers.
Mr. Durham said he planned to conduct his experiments here for another year before any positive conclusion concerning sage brush could be reached. In conjunction with Mr. Durham's work, Dr. John Moritz, Sun Valley physician, said he will have several hay fever sufferers visit the resort in order to conduct a clinical survey of their reactions to the few pollen in the region.

STATEMENT OF THE OWNERSHIP, MANAGEMENT, CIRCULATION, ETC., REQUIRED BY THE ACT OF CONGRESS OF AUGUST 24, 1912.
Of Sherman County Journal published weekly at Moro, Oregon for October 1st, 1940.
State of Oregon, County of Sherman, ss.
Before me, a notary in and for the State and county aforesaid, personally appeared Lela French, who, having been duly sworn according to law, deposes and says that she is the manager of the Sherman County Journal and that the following is, to the best of her knowledge and belief, a true statement of the ownership, management, etc., of the aforesaid publication for the date shown in the above caption, required by the Act of August 24, 1912, embodied in section 411, Postal Laws and Regulations, printed on the reverse of this form to-wit:
1. That the names and addresses of the publisher, editor, managing editor, and business managers are:
Publisher, Giles L. and Lela French, Editor, Giles L. French;

Managing Editor, Giles L. French; Business Manager, Lela French, all of Moro, Oregon.
2. That the owners are: Giles L. and Lela French, Moro, Oregon.
3. That the known bondholders, mortgages, and other security holders holding or owning 1 per cent or more of total amount of bonds, mortgages, or other securities are: Moro Presbyterian Church.
4. That the two paragraphs next above, giving the names of the owners, stockholders, and security holders, if any, contain not only the list of stockholders and

security holders, as they appear upon the books of the company but also, in cases where the stockholders or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of person or corporation for whom such trustee is acting, is given; also that the said two paragraphs contain statements embracing affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and security in a capacity other than that of a bona fide owner; and this affiant has no reason to believe that any other person, association, or corporation has any interest direct or indirect in the said stock, bonds, or other securities than as so stated by him.
Lela B. French,
Sworn to and subscribed before me this 10th day of October, 1940.
George G. Updegraff
(My commission expires 9-12-43)

Bethlehem Chapter, No. 78.O.E.S. Moro, Oregon
Meets Every Second and Fourth Thursdays in each Month. Visiting members invited
Naomi Van Gilder, W. M. Ruth Sparling, Sec.
Lupine Rebekah Lodge No. 116 Moro, Oregon
Meets 2d & 4th Tues day of each month. Visiting members welcome.
Anna Davis, N. G. Florence Johnston, Sec.
Eureka Lodge No. 121 A-F & A-M
Meets on the 1st and 3rd Thursday evenings of each month. Visiting members cordially invited to meet with us.
E. Amidon, W.M. C. V. Belknap, Secy.
Moro Lodge No. 113, I.O.O.F. Moro, Oregon
Meets 1st and 3rd Tuesdays in the I.O.O.F. hall. Transient and visiting brothers are cordially invited to meet with us.
Orlo Martin, N.G. Vernon Miller, Sec.

ORIGINAL ESTIMATE AND ACCOUNTING SHEET

General Fund	Expend		Budget			Expenditures for		
	1st 6 mo.	1940	1939	1938	1937			
Recorder's Salary	\$60.00	\$120.00	\$120.00	\$120.00	\$120.00			
Treasurer's Salary	60.00	120.00	120.00	120.00	120.00			
State Industrial Administration	24.21	60.00	70.08	60.96	45.57			
Administration	1.25		182.88					
WATER FUND								
Collector & Pumper	600.00	1300.00	1240.00	1040.00	960.00			
Labor a-c water	32.70	250.00	504.00	112.38	215.15			
Supplies a-c water	379.89	400.00	1310.00	393.69	852.89			
Power a-c water	226.64	600.00	560.55	507.89	516.98			
Fire Dept.	5.00	150.00	128.00	202.82	37.55			
MISCELLANEOUS								
Emergency	168.77	300.00	144.57	196.06	201.92			
Power a-c St. Lights	385.20	810.96	871.78	810.96	810.96			
Hotel Insurance		431.20	1206.52					
Library Fund	60.00	50.00	50.00					
DEBT SERVICE								
Prin. on bonds	4000.00	1000.00	3000.00	200.00				
Int. on bonds		1140.00	1239.41	1260.00	690.00			

I, Charles Ruggles, do hereby certify that the above estimated expenditures and budget allowance for the first six months of the current year, and the expenditures and budget allowance for the fiscal years preceding the current year, as shown above, have been compiled from the records in my charge, and to the best of my knowledge and belief are true and correct copies thereof.
Charles Ruggles, City Recorder.

Notice of the estimated expenses and receipts and the proposed tax levy for the City of Moro, Sherman County, Oregon, for the year 1941.
Notice is hereby given that in pursuance to a legislative Act approved by the Governor, February 19th, 1931, that on November 1st the Budget Committee of the City of Moro, Sherman County, Oregon, will be in session at the City Hall at the hour of 7:30 o'clock p. m. and that any taxpayer of the City of Moro will be heard in favor of or against the proposed tax levy as hereinafter itemized.

ESTIMATED EXPENDITURES	ESTIMATED RECEIPTS
GENERAL FUND	WATER FUND \$3600.00
Recorder Salary	HOTEL RENT 600.00
Treasurer Salary	LICENSES 45.00
State Industrial Administration	STATE LIQUOR 25.00
150.00	
WATER FUND	
Collector & Pumper	1500.00
Labor a-c water	100.00
Supplies a-c water	400.00
Power a-c water	550.00
Fire Dept.	100.00
MISCELLANEOUS	
Emergency	300.00
Power a-c St. Lights	770.40
Hotel Insurance	431.20
Library Fund	50.00
DEBT SERVICE	
Prin. on Bonds	1000.00
Interest on Bonds	960.00
TOTAL	\$6621.60

Amount to be raised by taxation 2351.50
GRAND TOTAL \$6621.60

Dewey Thompson, Chairman. Hearing on budget to be held November 1, 1940.
Joe Truitt, Secretary.