

Wasco Merchant Honored With Birthday Party

A birthday dinner was celebrated Sunday in honor of Owen Barnett's natal day. Guests who came to the Barnett home for the occasion were Mrs. Elva Hines, Mrs. Desta Hoyt, Mrs. Josie Underhill, Joe and Lee Dehlar, Mr. and Mrs. Andy Stokelson, Mr. and Mrs. Ormond Hilderbrand, Joe Hines and John and Gordon Hilderbrand.

Mr. and Mrs. Everett Meteer and young son, called at the Methodist parsonage Tuesday afternoon on their way home to Klamath Falls. The Meteers visited relatives in Spokane, Wash.

Mrs. Murvel Stone, who has been ill in a hospital in The Dalles is reported improved and able to sit up a part of the day. Mr. and Mrs. G. C. Andrews left this week for their spring vacation in a number of valley towns with their sons.

Mrs. Elva Hines entertained for the pleasure of her daughter June Tuesday evening. A six o'clock birthday dinner was served with the St. Patrick motif in evidence. It was June's sixteenth birthday.

John Johnson jr. of Twin Falls and Mr. and Mrs. Harold Johnson of Spokane visited at the home of Mr. and Mrs. J. T. Johnson.

George Moon drove to Portland Thursday accompanied by his mother, Mrs. Ed Moon, who visited from Thursday to Monday with her daughter, Margaret.

Mr. and Mrs. John Illingsworth of The Dalles spent Friday visiting her parents, Mr. and Mrs. Grant Armsworthy.

Saturday Asa Richelderfer and son Henry made a trip to Portland, taking a load of wheat. They stopped at Sandy on the way home and brought back a quantity of spelt.

Library board members held their regular monthly meeting with Mrs. Floyd Root, president, presiding. Sixteen new books were received and have been paid for. Among them are "Kitty Foyle" by Morley and "My America" by Louis Adam.

Mr. and Mrs. Ward Ferrell of Madras and son Keith spent Sunday visiting at the home of Mr. and Mrs. E. P. Edwards.

Miss Joy White was a week end visitor of her parents, Mr. and Mrs. H. A. White. She is in a Portland hospital and will complete her training this fall.

About fifty members of the Masonic lodge and Eastern Star chapter met Tuesday evening for a social evening. Stunts and games honored the charter members. The ladies were the center of attention and the men boutonniere refreshments were served.

The M. E. church members announce a spring tea for March 20 at the residence of Mrs. B. Estelle Bailey.

Mrs. Desta Hoyt, a guest of five weeks at the Owen Barnett home from Portland, and Jerry Barnett drove to Portland Monday with Mrs. Charley Harper.

Mr. and Mrs. Charles Harper were week end visitors in Seattle. Tom Peugh took his wife to Portland for several days where she received medical attention.

Mrs. Anna Lee left for Nez Perce, Idaho, with her brother when he returned home after a short visit. She expects to return in ten days.

Guests at the home of Mr. and Mrs. Caldwell Sunday were Mrs. Miller and her brother, and Mrs. Foister of Portland, mother of little Ann Miller, who is at the Caldwell home.

Grand Chief Margaret Miller paid her official visit to the Wasco Pythian sisters Thursday evening. Wasco exemplified the initiation work. The married members of the lodge were hosts and hostesses for the refreshments.

Arthur Sargent has been ill the past week but is now much improved. Dr. Winters and daughter, Louise, and Mr. and Mrs. Art Olson of Kelso stayed at the Sargent home over Sunday.

The Wasco library room has been rented for a benefit party April first. The ladies of the Auxiliary are sponsoring the party.

A 1:30 luncheon preceded a regular meeting of the members of the Garden club given at the home of Mrs. Floyd Root Tuesday. The play presented at the Opera House by the club will entertain the people of Moro next Monday and the patients of the T.B. hospital Tuesday.

Mrs. Ed McKee was given a surprise birthday party, Friday evening at her home. Present were Mr. and Mrs. Grady, Mr. and Mrs. Guy, Mr. and Mrs. Charles Everett, Mr. and Mrs. G. H. Root and Mr. and Mrs. Frank Lamborn. Bridge was played during the evening.

Mr. and Mrs. Lawrence Funk were hosts for their pinocle club Wednesday evening.

Mr. and Mrs. B. H. Grady visited Sunday in Goldendale with

Miss Nora Grady. Mr. and Mrs. Wm. Clothier were in The Dalles Wednesday to see the now popular "Gone With The Wind." Mrs. Wesley Wilde, Mr. and Mrs. Cliff Fridley, Mrs. Arvid, Mrs. Ted Anderson, Mr. and Mrs. Grady, Mr. and Mrs. Hansen, Mr. and Mrs. Drinkard, Mrs. Harry VanGilder and Mr. and Mrs. John McDermid have also attended.

Mrs. E. Weld of Portland is in Wasco visiting friends.

Mrs. Maud Akers left for Bonnyville to see her aunt, Mrs. Mae Murchie, making the trip with Mrs. Esther Stanley.

Miss Beryl Sheets returned home for another week end from Moro, where she is employed.

Mr. and Mrs. Joe Hilderbrand were week end visitors in Portland, where Patricia had some dental work done.

Mr. and Mrs. Wm. Clothier and Ann were in Portland over the week end.

Mr. and Mrs. Bill Nisbet spent Sunday in Gresham visiting her relatives.

Ladies of the Aid society of the M.E. church met in the church Thursday with Mrs. Harry VanGilder as hostess. Spring house-cleaning was in process in the kitchen.

His Idea of Bills

Business Man: "I had a surprise this morning. I put on another suit, and in one of the pockets found a big roll of bills. I had entirely forgotten."

Pessimist: "Were any of them received?"

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Today every homemaker has the advantage of being able to learn what scientists all over the world have discovered about food values. Although grand mother prided herself on being a good cook, the modern home maker takes her pride in acting as sort of an engineer who understands how foods are used in making the body function as it should. She takes intelligently about nutrients the necessary substances in food that may spell the difference between good and poor health.

To scientists, the most colorful part of the recent nutrition studies has been the discovery of how to prevent and cure certain diseases through proper diet. They have found that the lack of certain food essentials will cause such diseases as rickets, nutritional anemia, and other body disorders. While these findings have been a great boon to society in general, they do not mean a great deal to the average home maker unless some member of her family is suffering from one of these deficiency diseases.

Nutritionists have also discovered that persons who think that their diet is perfectly all right may actually have a mild or moderate case of a deficiency disease. Although they may not be suffering from any of the extreme conditions they might be able to enjoy better health if they had all of the nutrients that they needed. Although a complete measuring stick for telling when the diet is perfect has not been worked out, there is much practical information that can be used by home makers in improving the diets of their families.

Grandmother knew that folks had to eat if they wanted to live and work and to keep warm. We know now that the energy for these purposes comes from the carbohydrates, fats and proteins of the food we eat; that protein foods, such as milk and eggs are used to build a large part of the soft tissues in the adult. We know too, that although a number of minerals are necessary that three—calcium, phosphorus and iron—are given the most attention because they are the ones most likely to be low in the average diet. Together, calcium and phosphorus form a large proportion of the bones, and the modern home maker knows that the best food to supply these two important minerals is milk, and that for best nutrition children should have one quart of milk each day and adults one pint.

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Your Patronage Appreciated

Miss Esther Nunburger, nationally known home economist, of the General Electric Company will conduct a cooking school in Wasco, Wednesday, March 27, at 2 p. m. The cooking school will be held in the Opera House. Many valuable door prizes will given away free, such as irons, toasters and other electrical appliances.

Miss Nunburger is spending but one month in Oregon demonstrating new modern economical methods of cooking, housekeeping and home management.

Admission Free

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Kent Senior Class To Present Play

"The Green Light," a three act mystery and comedy play will be presented as the annual senior play the last of April.

Mrs. G. L. Barnett of Cow Canyon, Mrs. Carl Schadewitz, Mrs. J. L. Mathes and Mr. and Mrs. R. P. Barnett called at the Shelton Fritts home in Grass Valley last Thursday afternoon.

Mr. and Mrs. W. B. Wilson are now residing in the Paul Wilson house.

Mr. and Mrs. Gus Koepke are now employed at the J. L. Davis ranch.

Mrs. J. K. Wilson attended the birthday dinner held in honor of her grand mother, Mrs. Nora Smith at Wasco Tuesday.

A number of Kent people attended "Gone With The Wind" in The Dalles Sunday.

Mr. and Mrs. Amandus vonBorstel and family were dinner guests of Mr. and Mrs. Alfred Koek of Grass Valley Sunday.

Mr. and Mrs. J. C. Wilson and Mr. and Mrs. Alfred Lyons motored to Portland Saturday.

"Where's Grandpa" was given by Kent Sunday School March 8 with a good crowd attending. The proceeds of the evening, \$31.35 will go for new carpet for the church.

Rainbow Trout To Be Released Soon

The state game commission will start releasing this week approximately 1,000,000 rainbow trout held over from last season at the Oak Springs hatchery in the lower Deschutes river. The fish range in length from three inches to legal size and will be liberated in the waters of the Mt. Hood area, Deschutes and Metolius river watersheds, and some eastern Oregon streams. Legal sized trout will be released in some of the smaller streams where low temperature prevents a rapid growth such as in the Mt. Hood area.

Plantings are to be made on a scientific basis and are under the direction of the newly-organized department of fish operations.

COMMISSIONER BEAN WANTS LAW OBSERVANCE

Salem, March 15.—"We hope this year that we may be able to bring to a minimum violations of the Motor Transportation act," said Ormond R. Bean, State Utilities commissioner, Saturday.

P. U. C. records reveal that since Bean took over the public utilities commissioner's job June 1 last year, there have been 27 criminal cases brought against alleged violations of the Motor Transportation act. These cases cover many counties including Lane, Deschutes, Josephine, Polk, Douglas, Coos, Yamhill, and Marion, with cases also pending in Umatilla county said Bean.

The alleged violations have included charges of tariff chiseling, transporting for hire on private and special permit, and hauling goods for which no contract had been filed.

The fines recorded by justices of the peace on these 27 cases, said Bean, have totaled \$3,325.00, of which amount \$2,165.00 has been collected by the state, and the remainder, of \$1,160.00 has been recorded by Bean as having been suspended by the justices assessing the fines in some cases. This is an average of \$123 plus per case or \$80 plus collected per case fined by the commissioner.

Mr. and Mrs. Jimmy Phifer moved this week to the Western field house.

The Baptist Mission society met

Grass Valley Notes

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go through and will be of service to around seventy-five families.

Mr. and Mrs. Roy Porman of Antelope are the parents of a

daughter born Saturday, March 9, at the Mid-Columbia hospital.

Mrs. Forman will be remembered here as Phyllis Dickson.

T. M. Rolfe and Donald Martin went to Portland Sunday to deliver a couple of horses to the experiment station.

Mr. and Mrs. F. L. Stradley spent the week end visiting their daughter, Mrs. D. E. Morris and family at Wenatchee, Wash.

Arzell Lemley went to The Dalles Tuesday to bring Mrs. Lemley home from the hospital. She is recovering from a recent operation.

Mrs. Dell Olds, Mrs. Hazel Zuerlinden, Mrs. Kendrick Dunlap, Anna Dunlap, and Mrs. Tom Allen were visitors in The Dalles Tuesday.

The program presented at the school house Friday night by the grade school pupils was well attended. It consisted of the following numbers: several selections by the band; acrobatic and tumbling act by Donald Wells; reading, "Zone of Quiet," by Margie Zuerlinden; piano duet by Genevieve Oestreich and Doris Newcomb; reading, "Driving from the Rear," by Lois Coyner; dancing by Eileen Lemley and Phyllis Oestreich; a play, "The Ghost of Deschutes," by Daisy Garrett, Mary Lou Zeevly, Margie Zuerlinden, Lois Coyner, Eileen Lemley, Genevieve Oestreich, and Doris Payne; selection by the band; and "The Censur Taker" by Doris Payne and Genevieve Oestreich.

Mr. and Mrs. Jimmy Phifer moved this week to the Western field house.

The Baptist Mission society met

at the home of Mrs. Wallace May Tuesday afternoon.

Mr. and Mrs. Bill McLeod of Bend spent Sunday visiting his mother, Mrs. H. A. Sommer.

Mr. and Mrs. W. C. Todd, Mrs. Charles Lemley, Mrs. Estel Hartley, Miss Anna Schwartz, Mrs. Roy Wells and Mrs. Arch Fortner spent Wednesday in Wasco with a pot luck dinner at the home of Rev. and Mrs. Cannell.

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"Some people may tell you that we merely add our taxes to the customer's electric bills. Well, if we did, then it would stand to reason that we would raise our rates when our taxes go up. The truth is that although taxes on every dollar of our income have increased 62% in the last 14 years, the average price we receive per kilowatt-hour for residential service has gone down 52%.

3. GOOD MANAGEMENT IS THE ANSWER

"You want to know how Pacific Power & Light Company meets this tremendous increase in taxes, yet cuts the price of electricity in half? The answer is business-like management, which: (1) successfully develops greater use of electricity and thus makes 'mass production' rates possible. (2) keeps improving the efficiency of this highly technical electrical service.

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