

## Wayne Darby of Wasco Marries Culver Girl

Margaret Brown of Culver and Wayne Darby were married Sunday at the home of the bride's parents, Mr. and Mrs. Roy Brown, in the presence of relatives of the two families. Attending from here were Mrs. Nora Smith, Mrs. Lee, Mrs. Dauby, Mr. and Mrs. Art Smith, Delmar Smith and Mr. and Mrs. Leon Smith. They will live in Wasco.

Joe Dehler returned from Portland, where he visited his mother.

Mr. and Mrs. Dakim of The Dalles visited their son-in-law and daughter Sunday.

Alma Jean McMullen spent Sunday visiting with her mother at Rock Creek.

Members of the Tuesday afternoon study club met with Helen Bruckert in the country. Minerva Scholl gave an interesting talk on International Relations. Laura Cannell an Easter poem and Mrs. Armsworthy a reading. The hostess served delicious refreshments. Selma Watkins, Louise Endicott and Jessie Amos were guests.

Mrs. Laidlaw of Salem was called here Tuesday, to see her father, Frank Morrow.

The rainfall for the past month was .69 and a year ago for the same period was 2.16.

Mr. and Mrs. Roy Belshee and Mr. and Mrs. Chas. Hoggard drove to The Dalles Thursday evening where they attended the Shrine benefit card party.

Mr. and Mrs. George Hennagin and Mickey of Moro were Sunday guests here at the Roy Belshee home and Mickey stayed with his grandmother for several days.

Mr. and Mrs. Dick Johnson are expected home from Eugene soon where they visited their daughter, Mrs. Ray Barlow, the past month.

Mr. and Mrs. Ove Hansen spent Sunday visiting in Moro with the former's mother, Mrs. Kate Hansen. They also visited in Kent.

Mrs. Chester Medler won high score for club and Mrs. C. W. Thomas for guest at the home of Mrs. A. B. Potter Friday when the Webfoot social club met and enjoyed dessert luncheon followed by four tables of cards.

Friday evening Rev. and Mrs. Carey accompanied members of the Epworth league to The Dalles where they spent the evening skating.

Mr. and Mrs. Harry Allen from the McDonald place visited Friday with Mrs. Ed Moon.

Mrs. Edith Miseman visited several months with her son-in-law and daughter, Mr. and Mrs. Lloyd Royce, and left for her home in Britt, Iowa Monday.

Mrs. G. H. Root entertained her Tuesday bridge club Wednesday. The Easter idea was carried out in the table decorations from which dessert luncheon was served. Mrs. Frank Lamborn and Mrs. Fred Fortner made high scores at cards. Mrs. L. M. Morrow of The Dalles spent Wednesday visiting with Mrs. Chester Bargenholt and spent Thursday at the Frank and Ross Morrow homes.

Mrs. William Clothier entertained at a house party Tuesday evening. The occasion was the birthday anniversary of Mr. Clothier. Five hundred was played at eight tables.

Mrs. Jessie Amos and sister,

Mrs. Crossfield are at home again after a short stay in The Dalles with relatives.

Saturday Louis Scholl returned from Walla Walla where he visited his brother Bismark Scholl.

Mrs. Archie Fortner was reported in town Monday from Grass Valley.

Mrs. Ralph William's daughter, Beatrice Pike from California, is staying at the home of Mrs. Robert Kaseberg, taking care of her, during her illness.

Mrs. Ida Carlisle of Miller, left for Portland to visit her aged mother, who is 95 years of age.

James and Philip O'Meara are home from Linfield college for a relaxation from school.

Mr. and Mrs. C. F. Langley from Sisters stopped here Monday enroute from Yakima.

Miss Margaret McDermid came from Oregon City Friday and will spend spring vacation at the home of her parents, Mr. and Mrs. Dan McDermid. Margaret is one of 164 seniors in the Oregon City high school.

Miss Gertrude Cannell is here from Willamette University, accompanied by Miss Barbara Jones a senior student.

Mr. and Mrs. Wm. Hultiz of Portland were week end visitors of Mrs. Hultiz's parents.

Auxiliary members met Monday at the home of Mrs. G. A. Sargent. The Sunday school teachers and primary children of the M. E. church have planned a picnic for next Saturday.

Book reviews given by members of the Womans study club at their last meeting at the home of Mrs. Hildred Zell were "Children of O' Man River" by Billie Bryant, given by Mrs. Walter Blau; "This Way to the Big Show" by Fellows and Freeman given by Helen Bruckert.

Program numbers given at the silver tea sponsored by the Tuesday study club were presented as follows: Group singing; a reading by Mrs. Akers, a book review by Mrs. Bruckert, musical duet by Katherine and Clyde Fridley, two songs by Patricia Needham.

Mrs. V. L. Agee of Portland was a visitor at the home of Mr. and Mrs. Pardee Rich.

A thrilling time was enjoyed by the primary grades Friday. Frances Gorsline drilled the children for a circus. The rhythm band played, clowns performed, pyramid and tumbling acts were given all to entertain the mothers. The high school band gave its services and played at the school house and on the streets. Refreshments of punch and wafers were served later in the day.

Aha! "That coat fits you like a glove, sir." "So I see. The sleeves cover my hands."

## CHURCHES

Moro Christian Science Society Sunday morning service begins at eleven o'clock. The subject of the Lesson-sermon is "Are Sin, Disease and Death Real?" Wednesday evening meeting at eight o'clock, and includes testimonies of Christian Science healings. The reading room is open at all times where all authorized Christian Science literature may be read.

Moro Community Church: Special Good Friday Service tonight at 8:00, sermon by the pastor. Easter services are planned for Sunday as follows: 6:30, Easter breakfast for the Young People, followed by Easter service in charge of the Endeavor society. 10 a. m. Sunday school - Easter lesson to be studied. Chester Smith, Superintendent. 11 a. m. - Morning worship, Easter message by the pastor. 8 p. m. Evening worship with sermon by the pastor. Everybody is urged to attend both morning and evening and make this day a memorable Easter observance. The Missionary Society will meet next Wednesday afternoon at 2:00 with Mrs. M. G. Melzer. A good program is assured.

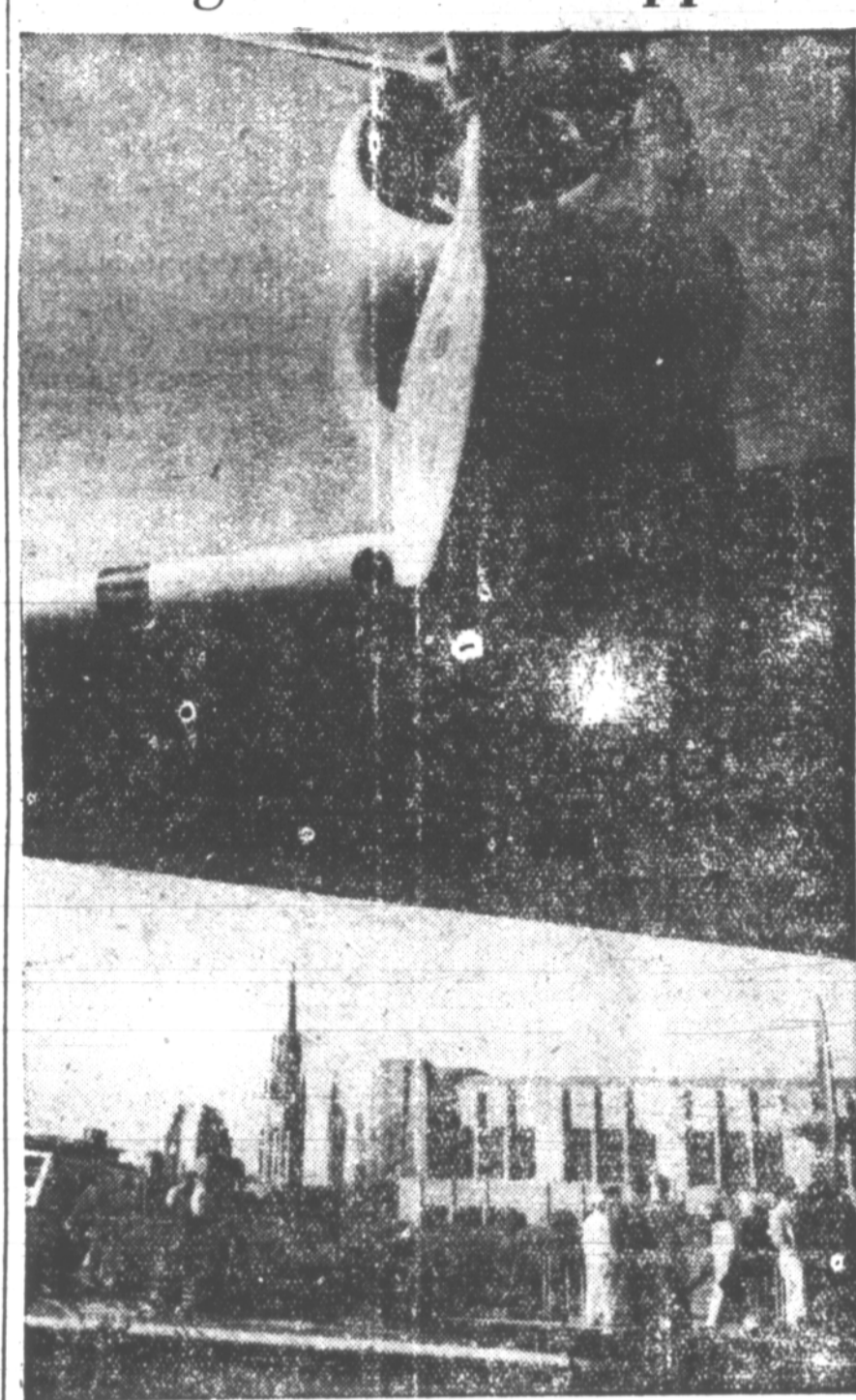
Henry G. Hanson, Minister.

Grass Valley Baptist Church: 7:30 a. m. - The girls of the World Wide Guild will meet for an Easter breakfast at the home of Mrs. Dryden. 10 a. m. The Easter service for the morning will begin with the Bible school hour. Classes will meet for short session to be followed immediately by the Bible School Easter Program which will overlap into the church hour. The conclusion of the morning will be the message by the pastor on "They Tried To Make It Sure." 7:30 p. m. - Evening service with special music planned. The sermon topic will be "Church Mem-

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## Huge Motor of Clipper



Looming overhead is part of the wing and one of the four motors of the 74-passenger Clipper Ship of Pan-American Airways in the Port of the Trade Winds at the California World's Fair. In the background is part of the Palace of Air Transportation and the 400-foot Tower of the Sun. Notice size of the huge craft compared with the crew on the landing float.

bership. What's It For?" Is it to get to heaven? Is it for self-esteem? Is it for usefulness? Come and hear these questions answered. There will be a baptismal service. 2 p. m. Tuesday, The Woman's Missionary Society will hold its "Pollyanna" meeting at the home of Mrs. Glen Karnes. Mrs. Alfred Danielson of Bend will be the special speaker of the day. 7:30 a. m. Tuesday, World Wide Guild meeting at the church. 7:30 p. m. Thursday - Prayer and Bible Study at the parsonage. Gerald C. Dryden, pastor.

Wasco Methodist Church: The children of the Sunday school will give an Easter program at 10 a. m. Preaching service at 11 a. m. Subject, "The risen Christ." Text "Why seek ye the living among the dead?" Luke 24:5. At 8 a. m. the young people of the church will give a Tableau, "The better part." Pantomime, "The Resurrection Story." Exercise, "Gifts of His Garden." Special singing. If you have no other church preference, come and join us in our Easter Services. F. L. Cannell, Pastor.

Some girls' faces are not so bad as painted.

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## Alkali Held Food Essentials

Close on the heels of announcement that an eastern scientist has increased physical endurance by use of gelatine drinks, E. C. Callaway, biochemist at OSC, has revealed that for more than five years he has been conducting experiments with Oregon State athletic teams that indicate a striking relationship between physical endurance and alkaline reserve in body tissues.

Tomato and orange juices supplemented with certain chemical alkalies have been Professor Callaway's method, used in cooperation with team physicians, of keeping men in shape to "do for dear old Alma Mater" without dying of fatigue. Properly applied, Callaway finds that this system will clip several seconds from the time of distance runners and swimmers, and will delay serious fatigue in basketball, football and rowing by 10 to 20 per cent.

Professor Callaway and those with whom he has worked say the process is still in the experimental stage, and they caution against the "shot-gun" use of excess alkali without regard to other nutritional factors. As pointed out recently in the Journal of American Medical Association, damage to the body may result from the use of too much alkali or alkaline salts in unbalanced proportions.

The present research had its origin in 1933 when Dr. R. L. Bosworth, team physician at that time, kept the men of the famous "iron-man" football team full of tomato juice as one means of keeping up their endurance. This was the team that first stopped the winning streak of the U. S. C. Trojans.

"Other things being equal, an athlete's ability to stay in a severely contested game and perform at top efficiency is roughly proportional to what might be termed his optimum alkali reserve in his blood and muscles," Professor Callaway concludes. "That is to say, it requires more alkali reserve to perform at top speed in a basketball game or crew race than it does to walk along the street. There is abundant physiological explanation for this fact."

## HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Now that April has unfolded itself before us, we are pretty confident that spring is really here. And April brings us Easter always a day of rejoicing. As proof of this rejoicing we see human beings blossomed out in spring clothes (and have you noticed the accent on blossoms on the new bonnets?) - the world in spring flowers and green leaves - and the dinner table with something extra special.

With the array of food on the market, deciding upon the menu for an Easter dinner or breakfast will be an interesting game of picking and choosing the right combination of foods and those fit into the family food budget.

Of course, planning Easter menus is the same as planning breakfasts and dinners every day - except for that extra effort that turns the meal into something festive. Even the best company meals must follow the fundamentals of good meal planning. Simple, well-balanced meals, with appetizing contrasts of color, of texture, and of flavor, would be our rule to follow for assuring interesting and satisfactory meals.

In planning the Easter menu we try to pay tribute in some way to the rabbit and the egg - pondering only occasionally as to just what the egg and the rabbit have to do with this holy day. Eggs for breakfast then, in some way, and since ham and lamb are the festive Easter meats, we suggest ham for breakfast and a lamb roast for dinner.

Here are menu suggestions that will please your family.

- BREAKFAST**
- Sliced Oranges
  - Omelet with thin slices of Ham
  - Toast with strawberry jam
  - Coffee with cream
  - Milk for the children
- DINNER**
- Roast shoulder of lamb with Mint Stuffing

New potatoes with parsley  
Buttered asparagus or spinach  
Fruit Salad Bowl  
Ice Cream Eggs (from your favorite ice cream dealer)  
Coffee with cream

Milk for the children  
Mint Stuffing  
To make the mint stuffing that goes so well with lamb, melt six tablespoons of butter in a skillet. Add six tablespoons chopped celery, one and a half tablespoon of chopped onion. Cook for a few minutes. Add one-half cup of fresh mint leaves, salt and pepper. Stir in three cups of bread crumbs and mix all together.

Ahem!  
"It's peculiar that every actress thinks she's under thirty."  
"Not as peculiar as every woman under thirty thinking she's an actress."

In Europe it's a wise child that knows his own fatherland.  
Style  
"There's a poor man outside who wants something to eat."  
"Give him some bread and potatoes."  
"Rat he seems to have seen better days."  
"All right; give him a napkin, too!"

Smooth!  
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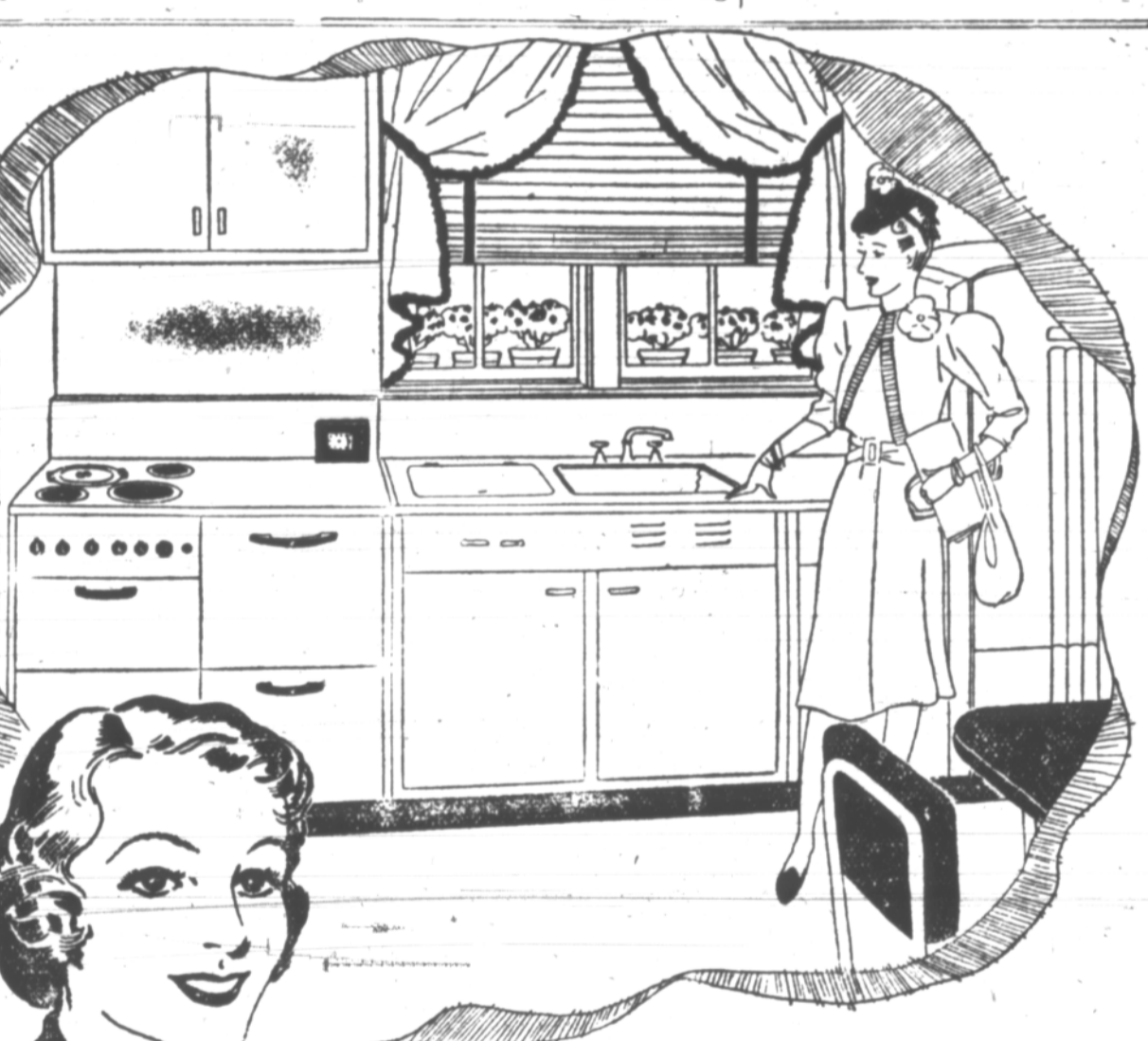
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