

St. Patrick's Tea Held In Wasco Home

About sixty persons including a few children were present to enjoy the St. Patrick day tea at the home of Mrs. Estelle Hailey. The program numbers were interesting. The opening number, "God Save America" sung by Margaret Johnson; trumpet solo, "Mammy's Gone Away" and "When Mother Nature Sings Her Lullaby" by Katherine Fridley; vocal duet "The End of the Cobble Road" and "Keep on Hoping" by Mrs. George Wilde and Mrs. Ormand Hilderbrand. Recitation "The Owl and the Pussy Cat" Loring Dixon, Patricia Needham and Patricia Kaseberg; a sketch, Blue Beard, June Wilde saxophone solo accompanied by Marion Crews. Rev. Cannell, accordion solos. Vocal trio "I passed by your window" Patricia Yocum, Beryl Seets, and June Wilde. Piano due by Marian Crews and Patricia Yocum. Reading "Back Seat Driver" Mrs. Joe Hilderbrand. Visitors from Moro included Mrs. John Foss, Mrs. Elmer Barzee and Mrs. Etta Moore.

Members of the Legion were special guests at a 6:30 dinner Saturday evening and the Auxiliary members were hostesses. Five hundred was played.

Mr. and Mrs. Paulen Kaseberg drove to Eugene Thursday to see the final basketball game between the University of Oregon and California.

County health nurse Katherine Morse is reported ill in The Dalles hospital.

Mrs. Scott Churchill of Albany spent several days visiting her sister, Mrs. Louis Scholl and Mr. Scholl.

Mrs. Gertrude Pepper, who spent the winter at Rockaway is staying here in Wasco.

Miss Vivian Trowne of Moro stayed here over the week end visiting.

Mr. and Mrs. Wayland Weld and children of Portland visited his parents here last week end. Mr. and Mrs. E. Weld accompanied them to Portland on their return.

Mrs. Jennie Young of The Dalles was a week end visitor with Mr. and Mrs. J. F. Royce.

Mr. and Mrs. Andy Stoleson spent several days visiting in Portland last week.

Mr. and Mrs. Hubbard Taylor of Portland spent several days visiting their cousin, Mrs. Cliff Fridley and Mrs. Fridley.

Miss Winifred Fortner spent several days at her home here, coming from Hillsboro. She was accompanied by Mrs. Lloyd Witcombe of Forest Grove.

Friday Mrs. Harold White was hostess to members of her contract club. Mrs. Leon Smith won high honors for club and Mrs. Orville Hockman won high for guest.

Saturday the 25th, an operetta entitled, "Sailor Maids" will be presented by members of the school glee club in the auditorium. Leads will be played by Patricia Yocum, LaViola Gosson, Bob Collins, Marion Crews, Malcolm Richelderfer, Isabelle Spencer and Jean Dutton. Dancers include Barbara Hines, Lorraine Gosson, Jean Shull, and Carol Drinkard. Band music and chorus singing are included in the program.

Mr. and Mrs. Wesley Wilde motored to Portland Monday where

HAT AND GIRL BOTH NEW



Proud of the snappy, new tricorne hat which has just been adopted by the Union Pacific Railroad for its registered nurse-stewardesses is Blanche E. Virgil of Omaha, Neb., a brand new stewardess. She was photographed as the mirror convinced her that the new model has more style and charm than the round canopeau with upturned brim which has been worn since inauguration of stewardess service in 1935.—UNION PACIFIC RAILROAD PHOTO.

they spent several days.

Mrs. James Dunn and son David with her mother, Mrs. Harley Dutton, spent Tuesday evening in Wasco.

Free Crews and Alex Macnab made a business trip to Portland Tuesday.

Mr. and Mrs. Viggo Haufelt, Mr. and Mrs. Charles Everett and Mr. and Mrs. B. H. Grady were dinner guests at the home of Mr. and Mrs. Frank Lamborn Friday evening.

Mrs. Ida King returned home from The Dalles Tuesday having been a guest at the Lee Hines home.

Mr. and Mrs. C. M. Thomas, and son Ralph from Klickitat, spent Sunday visiting here with Mrs. Ed Thomas.

Mrs. Carrie Mae Rickards, state president of the Rebekah lodge, presided at a meeting in The Dalles Monday evening. Members from Wasco attending were Miss Esther Peugh and Mesdames Selma Watkins, Maud Akers, Freda Fields, Eliza Dingle, Lena Brock, Mildred Johnson, Alta Ireland and Mr. and Mrs. W. B. Rice.

Plans are made for a tennis court to be located back of the Christian church.

Mr. and Mrs. Jean Hull were week end visitors from Portland.

Gordon Johnson is in Spokane with the Alex Chalmers company.

Mrs. Afton McIntyre spent several days in The Dalles.

Seventy five persons attended the Rebekah convention held here last Saturday when Mrs. Carrie Mae Rickards of Medford made her annual visit.

The Tuesday Study club met with Mrs. Archie Gosson with Mrs. Pres Boice assisting. Helen Bruckert gave an interesting talk on "The Lure of the River," by Judge Fred Wilson.

Mrs. H. A. White and Mabel White entertained for the pleasure of Mrs. Charles Fulton Thursday at the home of Mrs. White. Mrs. Everett Watkins received the high score at bridge.

Over 125 persons enjoyed the pot luck dinner served in the basement of the M E church Sunday.

Mr. and Mrs. Wallace May of Grass Valley, Mr. and Mrs. Elmer Barzee and Mr. and Mrs. Byers and Miss Trowne of Moro were out of town visitors.

Miss Hazel Marie Watkins returned to St. Helens Hall in Portland Monday after spending spring vacation here.

A lovely birthday dinner was held at the home of Mr. and Mrs. Louis Scholl Sunday in observance of Mr. Scholl's and his son-in-law Mr. Kneble of The Dalles. Guests included Mr. and Mrs. George Kneble of The Dalles, Mr. and Mrs. R. C. Chamberlain of Portland and Mrs. Scott Churchill of Albany.

Mr. and Mrs. L. F. Hartung of Portland and Mr. and Mrs. Will Harper celebrated their March wedding anniversary at the Chas. Harper home Sunday. Dinner guests present were Jack Southwell and the two Harper families. Mrs. Hartung and children have been the house guests of Mrs.

Hartung's parents for the past two weeks.

Ninety three tickets were sold at the dinner given by the Eastern Star and Pythian Sisters when the district meeting of the Masons was held at the lodge hall Tuesday evening. The state grand master and the new editor of the Masonic digest were speakers of the evening.

Mr. and Mrs. Lloyd Powell of Prineville visited Mrs. Powell's sister, Mrs. Etta Morford for several days this week.

Oregon Has Lowest Birth Rate in U. S.

Oregon, with the lowest birth rate per 1,000 population in the United States, need have no fear for its population of the future from a quality standpoint. Further, if the past few years are any indication, it will also experience a steady increase in residents, figures compiled by the state planning board for its latest volume, "Oregon Looks Ahead," show.

If past trends continue, more than one half of future Oregonians will come here from other states, the report states. These immigrants present to the state many advantages. For the most part they are young, active adults, since about 85 per cent are under 45 years of age. Much of the expense of schooling their children has been paid for by other states.

Most of these new people come here from states that lack the advantages Oregon has in its mild climate, good land and a higher standard of living.

Citizens of the state at present will have a real problem on their hands in the near future unless constructive thought is given to ways and means of providing a living for the stream of immigrants, the report points out. Reclamation, irrigation and other projects are needed to provide more land, and every encouragement should be given to industries.

A striking feature of the migration to Oregon is that for the last 15 years most of the new citizens have come from but 11 states, Washington, California, Idaho, Montana, Colorado, North and South Dakota, Iowa, Kansas, Nebraska and Minnesota.

Neatly Rebuked

The traveling entertainer was giving a performance.

"If any lady or gentleman in the audience will call out the name of one female character in Shakespeare," he said, "I will endeavor to portray the character."

"Florence Nightingale," suggested a woman in the crowd.

"I said Shakespeare, not Dickens," said the entertainer, with dignity.

Fair Premiere Queen



Miss Audrey Anderson of Oakland, Calif., took the trophy awarded for beauty in a California World's Fair contest to select the Queen of the Premiere Festival. Here Miss Anderson is presented with the trophy by Leland W. Cutler, president of the Exposition on Treasure Island, at a formal reception.



Drivers who turn their heads to talk to passengers in their automobiles or who grope for articles in the glove box while they are driving, may be paving the way to an accident, according to Secretary of State Earl Snell. Habits such as these have a tendency to take the driver's attention from traffic during moments when his immediate action may be necessary.

The next issue of the Oregon Traffic Safety Exchange, issued at intervals by the department of state as the news organ of community safety councils, will contain a note urging councils to push enforcement of the law requiring motorists to stop at occupied pedestrian lanes. This note will be included at the request of the Josephine County Safety council, which discussed the non-observance of the law at a recent meeting.

Sam J. Dalton, commissioner

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

A study of the families of city workers just completed by the Bureau of Economics, U. S. Department of Agriculture, shows that many thousands of Americans are poorly fed, despite this country's abundant food supplies. In this study four thousand weekly food records, gathered in forty three cities over the country, were analyzed and measured against present day standards of good nutrition. The diets of over one-half of these families were found to be in need of improvement. Many of the not-so-good diets were satisfactory in one or two respects, but most of the really poor diets failed to meet the needs of the body in several ways and sometimes there was not enough food of any kind.

Some of these families were too poor to pay the cost of suitable food. On the other hand plenty of money did not always mean good diets nor small expenditures poor ones, but of every ten families spending enough to get completely satisfactory diets, only two to four made really wise selections.

Among the diet faults found in this study was a striking need for more calcium and vitamin A. More than half of these families were choosing diets that would not give them what nutritionists call a "safe allowance" of calcium

necessary for the building of bones and teeth, and for some of the body processes. Since calcium is provided in milk and cheese—two of our most common and inexpensive foods—it seems obvious that many homemakers are overlooking the importance of milk and dairy products as a source of this essential mineral. Green vegetables may meet some of the body's need for calcium too if eaten in generous quantities, but most nutritionists agree that it is quite impossible to plan diets satisfactory from the calcium standpoint unless the standard amounts of milk are used, i. e., one quart per day for children and one pint per day for adults.

Vitamin A should be kept in mind from beginning to end in this diet planning business. Milk—that is whole milk—butter, egg yolks, tomatoes, leafy green or yellow vegetables, are all good sources of this vitamin. Nutritional "night blindness" the failure of the eyes to adjust quickly

T. Lester Johnson
LAWYER

WASCO MORO

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from bright to dim light or vice versa, is now known to be caused from a lack of vitamin A, and in this study of family diets it was found that only about one third of the families were getting enough to fully protect them from this condition.

Dr. H. C. of Columbia University, has given an easy to follow rule for apportioning the food dollar, which if followed, would mean satisfactory diets in all respects. His rule is this: "Spend as much for milk and cheese, and as much for fruits and vegetables, as you do for eggs, lean meat, poultry and fish." Were this rule followed by everyone it would do much to help in the great national movement to conserve the country's resources—only in this case it would be human resources.

SKATING QUEEN



Kit Klein, champion figure skater, tries a loosening-up exercise on this pane in Miami, Fla., where she is appearing in an ice show. This miss is one of the nation's best known skaters, though her costume would not indicate ice skating weather.

DEGREE FOR ACTRESS



Recipient of the honorary degree of Doctor of Humane Letters from Hamilton college, New York, Actress Helen Hayes is the second woman to receive a degree from that school. In 1924 Ruth Draper, dramatic monologist, was awarded the degree of Master of Arts.

Traffic Chiseling

"Traffic chiseling" is an invidious art which in many circumstances produces more disasterous results than open reckless driving in the opinion of Earl Snell, secretary of state.

While the chiseler often suffers from his own actions, nearly as frequently does he force other drivers into difficulties while he himself goes free.

The traffic chiseler is the person who seizes the right-of-way when ever he thinks he can get it, whether it is rightfully his or not; he passes other cars when he has restricted clearance, forcing them to slow down suddenly or take to the ditch; he never slows down when he is on a through street, but cuts across in front of cars which are making a legitimate attempt to get through the stream of traffic. He himself will bluff his way through other traffic, park in restricted zones, drive slowly in spots where other traffic is moving fast, and honk through crowded spots where he should go slowly and wait his turn.

Many persons are guilty of chiseling without knowing that they are putting other drivers at a disadvantage. Every driver should take stock of his own driving habits and see whether he sometimes fails to give other drivers the privileges that are rightfully theirs, according to Snell.

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