

### Several Wasco People Attend Stock Show

Mr. and Mrs. W. B. Rice were in Portland to see the Pacific International stock show being accompanied by Mrs. Dora Moore. Ira Fridley was in charge of the service station during the absence of Mrs. Moore.

Mrs. Jean Joyal, who of late has lived in San Francisco, is here with her parents, Mr. and Mrs. F. McQuillen.

Mrs. E. O. McCoy and Mrs. Josephine McCoy were in town Saturday to attend the annual festival. They were accompanied home by the former's sister, Mrs. Jessie Amos and Mrs. George Crossfield for a visit.

Mrs. Everett Watkins and Francis were callers in The Dalles Saturday.

Mr. and Mrs. Neil E. Sailing and children of The Dalles visited here Sunday with Mrs. Sailing's brother in law and sister, Mr. and Mrs. Melvin Walsh.

Ralph Williams sold his home to Shelton Burris. Mrs. Loretta Burris, his mother, will occupy the place.

Miss Freda May Rice is staying with Mr. and Mrs. Owen Barnett.

Miss Mary Thomas left the first part of the week to spend a week visiting with her sister Mabel.

Miss Margaret McDermid left for Oregon City after visiting here with her parents.

Miss Helen Dingle returned the first of the week from a visit in Seattle and Portland.

Mrs. Jessie Hull came from Portland arriving in time for the library festival. She will vacation here with relatives for a short time.

Wasco volleyball teams played Moro Friday evening and were defeated in both games.

Sunday dinner guests at the home of Mr. and Mrs. W. D. Watkins included Miss Dana Jean McMillen and the Watkins sons, Chester, Art, Vinton and Leo and family.

Mr. and Mrs. Jean Hull of Portland and Mrs. Phillipena spent the week end in Wasco.

M. and Mrs. Buitz of Portland visited here over the week end with the Feldmans.

Phil Yates went to Portland Sunday where he visited his wife at the Good Samaritan hospital and found her doing very well.

Mrs. Ed Moon and Margaret visited in The Dalles Sunday.

Mr. and Mrs. B. H. Grady moved to Goldendale where they spent the day with their son in law and daughter.

Mr. and Mrs. Hugh Walker drove to The Dalles Wednesday to visit with their daughter, Mrs. Marion Powell and her new daughter, Judith Elizabeth.

Mrs. Viggo Haufelt entertained members of her Tuesday contract club. Mrs. Albert Kassberg, a guest, received guest prize and Mrs. Proudfoot won club prize. Dessert luncheon preceded the three tables of contract.

To the International show went Mr. and Mrs. Dan McDermid, Mr. and Mrs. O. G. Hilderbrand, John McClure, Cecil Fields this week.

Mr. Field's blue team won first in the two horse team class.

Bill Reid Jr., and Bill McKean

### Czechoslovakia Aids Political Refugees



Poverty-stricken political refugees from Germany and Austria are finding a haven in Czechoslovakia. The government has established a camp for these unfortunate people at Brunn where they work together at various chores. This group is peeling potatoes.

### Constitution Day Message



The nation pauses to observe Constitution day September 17, symbolized by Howard Chandler Christy's famous painting reproduced above. The painting shows George Washington addressing the Constitutional convention in Philadelphia, while at the top are figures symbolizing phases of the preamble to the Constitution and elements in the 151 years of progress under that document.

were visitors at the festival Saturday while visiting parents here.

Miss Hazel Marie Watkins, who is a student at St. Helens Hall came from Portland for a week end visit with her parents.

Frank and Fred Neville and Harry Kay of Portland and Miss Vivian Trounce of Moro spent the week end at the Sargent home.

Mrs. Guy Andrews returned to Portland Monday after a months visit here with her daughter, Effie.

Mrs. Pres Boice was hostess to members of the Tuesday Afternoon club. The main feature of the program was a talk on the department of press and publicity by Mrs. Louis Scholl.

### Safety Program Gets Results

James J. McEntee, Acting Director of the Civilian Conservation Corps, today announced an intensive safety campaign in CCC camps over the past four years has brought dividends in the form of a sixty-six percent reduction in the accident rate among enrollees.

Since the safety program was launched in 1934, the monthly accident rate among enrollees has been reduced from seventeen per thousand enrollees to eight per thousand enrollees on June 30 of this year. This includes not only all accidents and injuries that might occur on the work projects and in the camps, but also those while the enrollees are off duty or on leave of absence.

"The wholehearted interest in and support of the safety program by the cooperating agencies—the War Department, Department of Interior, Agriculture and Labor—has been a deciding factor in the great reduction of the number of accidents in the Corps," Mr. McEntee said. "This reduction is particularly remarkable in an organization such as the CCC when you consider the experience of the enrollees when they enter the Corps, the varied types of work projects to which they are assigned, the wide variety and complex-

ity of the machinery and tools used on these projects, and the high semiannual rate of enrollee turnover.

If Oregon had no unemployment compensation law, the same taxes would be collected by the federal government from employers of eight or more workers, but the workers would not be eligible for job insurance, now paid under the state law.

Read the Ads in the Journal.

### MISS CALIFORNIA



Hazel-eyed, 19-year-old Claire James, dancer and film-bit player who was named Miss California at the climax of the masquerade at Venice. The young beauty will be the state's representative at the Atlantic City competition for Miss America.

Believed There Were Nine Suns According to Chinese legend, there were nine suns until Hou In, a famous archer, shot and "killed" all but one, during the reign of Yao, one of the prehistoric Chinese emperors.

### Pedestrians Killed In Traffic Accidents

Many Oregon citizens have wondered exactly what part the pedestrian plays in the traffic accident picture, and what pedestrians can do to improve their record.

To begin with, the pedestrian is an extremely vulnerable target for the automobile. Collisions between cars result in approximately one death for every 500 accidents, yet nearly one pedestrian dies for every 10 injured by automobiles. Last year one-third of all traffic

victims in Oregon were pedestrians and one half of these were 65 years of age or older. In other words, elderly pedestrians formed one sixth of the total number of fatalities, yet there were involved in only one out of every 210 accidents.

The main lesson taught by these figures is that pedestrians can be safe only by staying out of the paths of automobiles. Motorists of course, are to blame for many pedestrian deaths, but each pedestrian should feel himself responsible for his own safety. He should therefore not only obey the letter of the law, but should not tempt death by insisting upon his right-of-way when some motorist threatens it.

Pedestrians should also be careful not to be in places where motorists do not expect them—that is, wandering in the middle of the highway, walking in the center of the street between intersections, or standing off the curb while waiting for a traffic light to change.

There is no substitute for vigilance in the matter of pedestrian safety; a person should be on the alert whenever he is walking the streets or highways within sight of a moving automobile.

Time to Spare  
Husband (cheerily)—Well, sweet heart, did you have a happy day?  
Wife — Oh, splendid! After I dressed the children and got them off to school, washed the dishes and made some pies, cleaned the house and answered some letters, I still had time enough left to darn some stockings!

Registration of non-resident motorists in Oregon totaled 26,679 during August, bringing the total for the first eight months of the year to 107,854, second highest in the record books, Secretary of State Earl Snell said recently.

The state unemployment compensation fund now on deposit with the treasurer of the United States now totals nearly \$6,000,000, and every 10 injured by automobiles is drawing interest in excess of \$300 daily.

### HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

What Food Below the Cream Line? When one so frequently see the homemaker deliberately pouring off the meal of the pre-school and school youngsters, one wonders just a little. Does she have a knowledge of the food value, not only above, but also below the cream line?

To most every homemaker the cream line signifies richness, that is, the favorable and fattening qualities of milk. She may realize that in the cream, because it is also found in butter, is Vitamin A and to a small extent Vitamin D. She is not, however, conscious of the significance of each toward the growth of the child when she separates cream from milk for use in the breakfast coffee. Often of course, children prefer the top milk on their fresh milk or cereal, and the milk below the cream line, to drink.

If the cream contains the energy of butterfat, and the Vitamin A and D, we reason that it cannot contain more than a trace of the additional food values which makes milk so important for food growth and protection. It may be recalled that one quart of milk supplies 100 percent of the calcium and 85 percent of the phosphorus of the total day's bone and teeth requirement. These minerals are below the cream line. Milk contains the material for building the finest type of muscle; it is likewise below the cream line. The sweetness of milk below the cream line is the result of lactose, the mildest and most kindly sugar in the digestive system. Additionally, it contains Vitamin G, a skin protective vitamin, in appreciable amount.

Therefore, when the cream is separated from milk, we may remove much of the energy value, the heat producing factor, but we do not begin to remove nutritional value. Each portion serves its own purpose toward the building of the strength and endurance in

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Blend 1 cup cream cheese with 1 cup drained grated pineapple and moisten with mayonnaise to consistency to spread.  
Mix a cup of cottage cheese with one fourth cup chopped green or red pepper or with 2 tablespoons tart jam or jelly.

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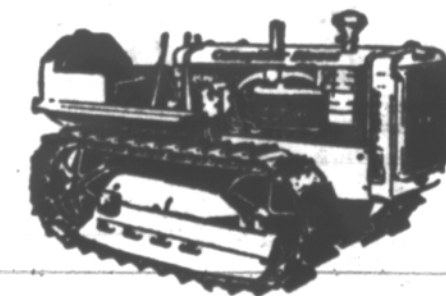
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