

Wasco High School Holds Junior Prom

A very pretty southern scene was displayed at the school gymnasium with baskets of daffodils in front of the stage where the orchestra furnished delightful music for the dancers who came to the behest of the junior class to attend the annual prom. Out of town guests were Mr. and Mrs. Wily Knighten, Helen Strong, Austin Foss, Mr. and Mrs. Guy Weedman, Bobby King, Billy Rolfe, Mrs. Lynden Lucas and daughter Ann, Rita Obarr and Hollis Hull.

Mr. and Mrs. Lewis Hastings are still staying in Moro at the home of friends, Mrs. Hastings staying a part of each day at the store.

Miss Dana Jean McMillen returned home Saturday from North-western business college for spring vacation.

Mr. and Mrs. Ross Morrow of Mont Vista, Colorado are here for an indefinite period, although Ross left for a trip to Boise, Idaho Wednesday.

The Odd-Fellows and Rebekahs reported a good time when they met Wednesday evening for a box social and dance.

An interesting program of songs and reading was given at the M. E. parsonage Wednesday afternoon when fifty two ladies and a number of children were served with dainty refreshments in the St. Patrick style. The rooms were decorated with daffodils.

Mr. and Mrs. Viggo Hausfelt entertained at dinner for a group of friends Sunday evening. Mr. and Mrs. W. F. McLeod received high honors at cards for the evening.

Mr. and Mrs. Charles Everett visited Sunday in Grass Valley at the home of Mr. and Mrs. Ted Everett.

Mr. and Mrs. Lloyd Hennagin and children of Moro spent Sunday here with Mrs. Hennagin's mother.

The town was almost depopulated last week on account of the numbers of people who went to The Dalles to see Snow White and the Seven Dwarfs.

Miss Vivian Trounce of Moro spent the week end visiting at the home of Mr. and Mrs. G. A. Sargent.

Miss Mary Jeanette Sargent was

home recently from school on account of illness.

William McKinney accompanied by Mr. Hansen from OSC spent the week end at the home of his mother.

M. Faruso of The Dalles is employed here with the Union Oil company.

Mr. and Mrs. Wayland Weld of The Dalles visited here this week.

Mrs. Glen King received club prize and Mrs. O. G. Hilderbrand the guest prize at the Thursday bridge club which met at the home of Mrs. Albert Kaseberg.

Mr. and Mrs. B. W. Guy and children and Mr. and Mrs. F. S. Lamborn motored to Goldendale Sunday where they visited Mr. and Bowman.

An afternoon of sewing was spent at the home of Mrs. Eliza Dingle Wednesday by the ladies of the Christian church. The pieces of sewing will be sold along with a food sale on April 16.

Members of the Saturday pinochle club honored Mrs. Ove Hansen recently with a birthday surprise party. A lovely gift was presented to Mrs. Hansen. At cards Mrs. Wesley Wilde received high score and Mrs. Ethel Anderson was given the consolation.

Mrs. W. A. Wallace of Portland, mother of Mrs. Afton McIntyre, accompanied by Mr. and Mrs. Fred Hoge of Vancouver, spent Thursday at the McIntyre home here.

Mr. and Mrs. William McKean are staying in an apartment in the Sherman Hotel now.

Louis Walsh of Dayville was here on business Wednesday.

Mr. and Mrs. H. D. Proudfoot left for Spokane Sunday staying for several days attending a meeting of the North Pacific Grain Growers.

Mrs. Anna Lee was much surprised when relatives arrived at her home Friday evening from Nez Perce, Idaho. Mr. and Mrs. Henry Meiners and Mr. and Mrs. Wm. Meiners stopped at Arlington for a meeting for explanation of the farm bill.

Vinton Watkins having finished his work at Grass Valley is here on the farm staying with his parents Mr. and Mrs. W. D. Watkins.

Henry Richelderfer's fourteenth birthday was celebrated with a dinner party Friday evening. The friends bidden included Jerry Barnett, Charles Hansen, June Hines, Thelma Lutje and Patricia Yocum. David Richelderfer motored with Henry's guests to The Dalles where they attended a

show.

Mr. and Mrs. E. D. McKee are visiting in Hood River with their daughter, Mrs. Hal Shelton, this week.

Mr. and Mrs. O. N. Ruggles of Grass Valley were visitors at the home of Mr. and Mrs. Tom Peugh Wednesday.

Miss Cristine Moon was a week end visitor in Portland accompanied by Mrs. Vivian Rust.

Frank Anderson drove to Portland Sunday to bring Mrs. Anderson home from a weeks visit in that city.

Gordon Harper drove to Portland Tuesday on business.

The Annie Fulton chapter, Eastern Star, met Thursday evening at the lodge hall to perform their regular work and meet the associate Grand Matron, Mrs. Helen Priddy of Madras, who was here for inspection. Later in the evening refreshments were served in the dining room.

Frank Fortner of Portland spent Tuesday evening at the Fred Fortner home. Wednesday Mrs. Fred Fortner left with him for Pendleton.

Mrs. Louis Scholl spent a part of this week staying with relatives in The Dalles.

Mrs. Orville Yocum and daughter, Patricia, spent Saturday in The Dalles for pleasure and shopping.

Tick Fever Menace To Outdoor People

The increasing number of cases of Rocky Mountain spotted fever reported each year in the United States calls for a warning of the danger of coming in contact with ticks. Certain species are responsible for cases of human infection with this disease. Records show that the majority of the cases reported in this State have occurred between May and September.

The adult ticks hibernate during the winter in protected places. In the early spring they begin to appear in rapidly increasing numbers. They attack larger wild or domestic animals and man as a last choice. Ticks are found not only on animals but on plants also, usually those that grow from 12 inches to four feet above the ground. When persons walk thru the undergrowth and brush in the woods these pests attach themselves to the skin and begin to engorge by blood sucking.

The diseases for which ticks are responsible are all contracted in much the same way, that is, as a result of the bite of the infected insect-like animal, or of the accidental crushing of it and the resultant absorption of infectious material through a break or a scratch in one's skin, or by getting the material on the hands and unconsciously rubbing it into the eyes, nose or mouth.

In order to prevent contracting spotted fever, it is necessary to avoid contact with ticks or the infectious material from a crushed tick. Fortunately not all of these animals are infected, and it has been learned that there is slight possibility of human infection unless the tick has been attached to the human body for several hours. It is better, however, to regard all ticks as potentially dangerous. As a means of avoiding serious diseases transmitted by this insect, the following suggestions may be helpful:

1. All undergrowth and brush around houses, camps and frequently used walks should be cleared away.

2. Close fitting trousers tucked into high, laced boots should be worn when hiking or camping.

3. All dogs or horses should be examined frequently so that any tick may be removed.

4. Inspection of the clothing and the bodies of those who have been exposed to ticks should be made at least twice a day, especially before retiring. Ticks lie close to or in the skin and are sometimes not readily felt.

5. Children who have been in the woods or exposed to ticks should likewise be carefully examined each night.

If you must work or travel in a district where infected ticks are known to exist, the only safe procedure to take is to be immunized against tick fever. The vaccine is made in the Rocky Mountain Spotted Fever Laboratory, Hamilton, Montana. Your doctor can obtain this protective vaccine from this laboratory. Physicians practicing in Portland can obtain it from the Oregon State Board of Health.

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Unmindful of their duties, two young brides march majestically beneath arched sabers in the van of a happily newly-married couple who await congratulations during a fashionable wedding ceremony in London. The newlyweds are Diana Freney and Capt. Humphrey William Lloyd and their ceremony took place at St. Margaret's chapel at Westminster.

Kent Home Has Visitors from Idaho

Mrs. J. G. Wilson and daughters Alice Mae and Thelma and son Joe jr., and Marcelle McCoy of Moscow, Idaho arrived here Thursday evening and remained until Sunday at the J. H. Wilson home.

J. L. Davis and daughter Evelyn were in The Dalles Saturday. They were accompanied home by Mrs. Davis who had been in The Dalles the past three weeks for medical care.

Mrs. A. A. Dunlap of Grass Valley was an all day visitor here

at the home of her daughter, Mrs. Paul Wilson and family Wednesday.

Bobby King of Grass Valley spent a few days last week here at the J. L. Davis home.

Dr. C. L. Poly and Mrs. Poly spent Wednesday afternoon at the Kent school house where there was about 75 persons vaccinated.

Mr. and Mrs. J. L. Davis and daughter Evelyn, Mr. and Mrs. J. C. Wilson and daughter Nellie and Sheri Helyer were visitors at Antelope Sunday.

Mrs. W. C. Helyer and son Bob Gordon were visiting the formers and Mrs. Durward Helyer and son

daughter, Mrs. Clifford Ullman at Redmond Sunday.

Leonard Cox, Frank Comini and Harry Walther jr., of The Dalles were here Friday to interview the Kent school board members about a new bus for the fall term of school.

Dinner guests at the J. L. Matthes home Sunday were: Mr. and Mrs. R. P. Barnett and daughter Lavina and Mr. and Mrs. G. L. Barnett and son Melvin.

A telephone meeting was held at the J. E. Norton store Saturday. No definite plans for future telephone service was arrived at.

Pupils of the intermediate room who were treated to the show in The Dalles Saturday were: Mary and Jack Lyons, Hilda Powers, Anna and Dean Flint, Eleanor Hoskinson, Leland, Lee and Eugene Barnett, Norma Helyer and Jerry Wilson jr.

According to previous schedule the "one act play, "Kidnapping Betty" and "The Vanishing Pearls" will be presented at the school auditorium Friday evening March 25.

HI-WAYS TO HEALTH
By ADA R. MAYNE
OREGON DAIRY COUNCIL

FISH IN YOUR MENU

"Who'll buy my fish, today?" is not a coined phrase without evidence. It is a phrase that may be heard today in the inland villages and towns. It marks the arrival of a shipment of refrigerated fish that is distributed either at a single market center or by the local peddler who uses this call.

Fish day is an occasion of the week and the homemaker in these sections plans definitely to include it on her menu. It is because she has read that most sea foods are a good source of iodine, a mineral that is important toward maintaining a high degree of health and may be deficient in the soil of the North and Middle-west.

The Lenten season menus include both fresh and canned fish as a reliable meat substitute. However, fish could never be a brain food. This fallacy was exploded with the belief that a combination of fish and milk would cause a ptomaine poisoning. Today the most palatable sea food dishes combine milk, butter and cheese with fervor.

Canned fish is comparatively inexpensive, but necessitates combination with other foods to supplement its lack of iron mineral, flavor extractions, soft texture and color.

Crunchy foods, as raw vegetables, abounding in vitamins and fun to chew, are an essential table accessory when fish is served. Slivers of the hearts of cabbage, of stalks of broccoli and cauliflower, carrot strips, and the appearing spring radishes all do their bit, toward color and texture, too.

Dairy products used with meat substitute suggestions are invaluable in their protein and mineral content. These essentials can never be found in a sufficient amount in the average starch dishes that are many times palmed out as "meatless."

All in all . . . when observation of a fast calls for changes in daily menu planning, the important thing is that the changes are equal in their benefits to health . . . this requires overtime exercise of ingenuity and a knowledge of nutrition.

On one day perhaps the answer is in serving Shrimp de Luxe, hot muffins, fresh spanish leaf salad with French Dressing, and Rhubarb Pie.

- Shrimp de Luxe
- One cup shrimp
- One and a half tablespoons butter
- One tablespoon flour
- One half teaspoon salt
- One teaspoon curry powder
- dash of paprika
- One and a half cups milk
- Two thirds cup cheese, grated
- One cup cooked rice
- Three fourths cup of fine bread crumbs

Remove black vein from the shrimp and break them into pieces. Make a sauce of the butter, flour, seasonings and milk. Add half of the cheese and stir until melted. Blend the shrimp, rice and sauce. Put into a buttered baking dish, sprinkle with fine bread crumbs and cover with the remaining cheese. Bake in moderate oven, 350 deg. about 15 minutes or until crumbs are browned. Serves 4.

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Trees Here For Spring Planting

The county agent has a supply of 3000 trees which may be obtained by farmers who wish to plant windbreaks around their buildings. These are the usual varieties recommended for this county, Chinese Elm, Caragana, Russian Olive, Black Locust and Ponderosa Pine. This season would be a good one in which to establish trees in this county and add to the already large number of groves around farmsteads in the county.

WHEAT PROGRAM

(Continued from page one)
Total for wheat 1432 acres with an average of 23 bushels. Payments would be 672 A by 88% (to obtain 1938 payment base) times 23 bushels times 12 cents gives \$1831.16. Non-crop land pasture will give \$182.70 and animal units will bring the total up to \$1820.21. With wheat at 70 cents, the farm will bring in \$16 per acre from the land left out on this farm used as an example.

Farm quotas will be based on the average production for the past ten years and any of those years in which the production is less than three-quarters of the average may be excluded. Most Sherman county farmers will exclude three years of the past ten. The mid-west will find this clause a great boon as well for drought has reduced production there in much the same manner as here.

Landlords must co-operate with all ranches if with any and tenants must comply on all ranches to comply on any instead of allowing each farm to be a unit unto itself.

Payments are increased by 25% to those who reduce their acreages by more than 20% of their base. Old crested wheat seedings may be figured as compliance, but no unit will be given them. Small payments under the soil conservation plan will be increased by the government.

Meetings will be held throughout the county to further explain this bill to the farmers and prevent, if possible, too great a rush to the county agent's office. County and individual bases are being re-set and this work will require some time before completion. Winter wheat sown in the spring will be permitted as compliance and quite a bit of this is expected unless crested wheat seed is found plentiful.

The Dalles Trade Day Saturday, March 26

The Dalles Breakfast Club Presents:

Oregon State Cadet Band In Concert and

Mid-Columbia Competitive Acts

2:30 p.m. Civic Auditorium 7:30 p.m.

General Admission 35c Merchants displaying Trade Day banners provide customers with free tickets to concert

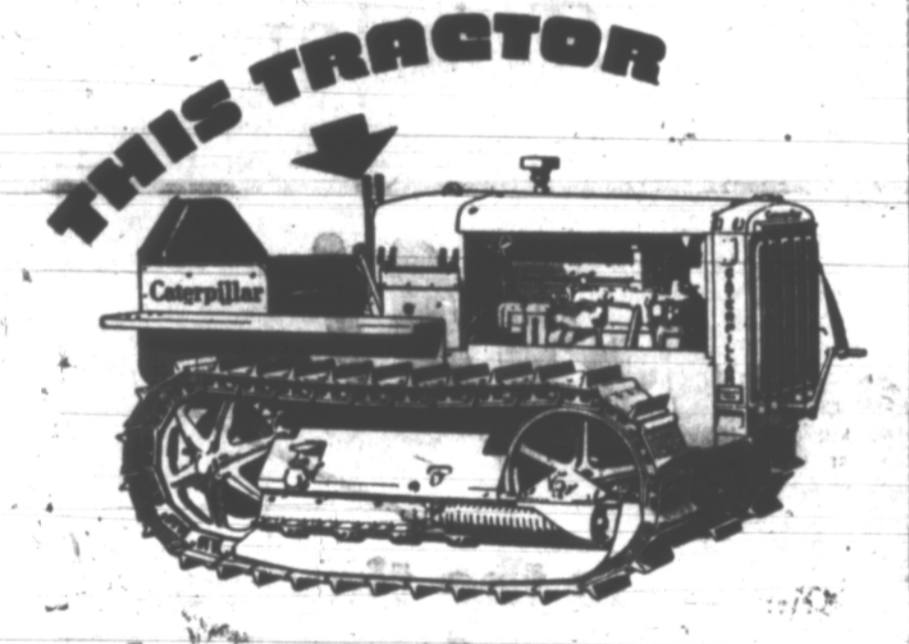
Street Parade at 2:00 o'clock

DANCING

10-Piece Oregon State College Dance Band

9:30 p.m. \$1.00 per couple

Civic Auditorium



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