

### D. E. Stephens and Wife Going To Washington

Mr. and Mrs. D. E. Stephens expect to leave sometime in January for Washington D. C. where Mr. Stephens has been called by the Department of Agriculture.

Mr. and Mrs. Tom Fraser returned last week from a trip east, Tom having seen the Chicago International Livestock show and Mrs. Fraser visiting with relatives in Nebraska and Tom Jr. in Kansas.

J. C. McKean is staying at home from the effects of a severe cold contracted since he left the hospital and came home.

The Kent New Year's dance will be held on the night of December 31 at the Kent hall. Placards indicating that it will be Saturday night are erroneous inasmuch as the last day of the year is Friday.

The Moro Woman's Club wishes to express its sincere thanks to the persons and organizations that have aided so greatly in rehabilitating the Club House.

Many have aided financially. Some gave of their time and muscular aptitudes, while a great many more lent their moral support. And we, the Woman's Club, wish to take this means of expressing our gratitude to every one.

Mrs. George Updegraff left Sunday morning for California with her mother and brother to be away until after the holidays. Her mother, Mrs. Haines Gridley and brother, Haines Gridley, Jr., stopped here on their way to Yakima Friday.

Phil Ruggles is here for a few days from Portland. Mr. and Mrs. Neal Freeman came up Monday to remain until after Christmas. He is now living in Eugene where he is working for the government making and collecting farm loans.

Mrs. Grace Guy, sister of Mrs. Phillip Searcy, died at her home in Olympia, Washington, last Wednesday, December 15th. She will be known here as Grace Brown for she at one time lived in this community.

Mrs. Aden Axtell left Wednesday morning for Beaverton, where she will visit with relatives until after the holidays.

There will be an old fashioned Christmas tree and short program at Harland View grange hall tonight (December 24).

Miss Alice Kessinger who is taking nurse's training in the Deaconess Hospital in Spokane, is expected home for the holidays.

Miss Faye Thompson, who teaches in the high school at Glendale, will be home for Christmas.

Colored Pres-to-Logs for fire place use may be obtained from the Moro Grain Growers.

The Womens club of Moro received its incorporation papers this week.

Among those home from schools of higher education for the holidays are: Mary Pinkerton, Dorothy Fraser, Paul and Gordon Fraser, Imogene Johnson, Maxine and Lloyd Henrichs from OSC, Marjory Blake and Helen Strong from U of O, Rachel Poley, Norma Melzer, and Marjory Byers from Pacific, Austin Foss, Ronald Powell, Wayne Thompson from business college.

Ross Ornduff has been working at the sheriff's office for the past week familiarizing himself with the work there preparatory to taking over the job of deputy sheriff after the first of the year. He is

#### CARD OF THANKS

We wish to express our sincere appreciation and thanks to the many friends who have extended their sympathy and help during the illness and passing of our husband and father.

Mrs. George C. Vinton  
Mrs. E. L. Douglas  
Clayton Vinton  
Betty Jeanne Vinton

#### Classified Ads.

WANTED: Used hog wire fence. John DeMoss.

LOST: Red Heifer, 9 months old. Crop and split in right ear. Donald Martin. 11F2. Grass Valley 7-8-9 pd

#### PHYSICIAN & SURGEON

Dr. Payne announces the removal of his offices to 203-204 U. S. National Bank Bldg., The Dalles, where he will be alone for the practice of eye, ear, nose and throat and the fitting of glasses. Tel. 843, Hours: 9-12, 2-5, evenings by appointment.

FOR SALE: Electro Fence—Saves wire cuts, Protects and saves feed around the stacks. Only \$14.65 including Battery. John DeMoss. 6tf

WANTED: 12 section spring tooth, with or without hitch. John DeMoss.

FOR SALE: \$100 King trumpet. Will sell reasonable. Douglas Tuel, 425 Medical-Dental Bldg., Portland. 6-7-8 ch

living in the Urquhart house.

Miss Mildred Nickerson will arrive Friday to spend the Christmas holidays with the A. S. Johnson family. She is teaching at Grandview, Washington.

Mrs. Echo Vinton and son, Clayton and daughter Betty Jean left Monday with Mr. and Mrs. E. L. Douglas for Wenatchee, Wash., where they will spend Christmas and New Years, returning in time for the opening of school.

Mrs. C. B. Ginn left this week for Montana to spend the holidays with her son, Richard and family.

Sam Munson, driller of the well at the camp, left Thursday for Portland for the holidays, accompanied by George Witter who will visit his brother Henry in Portland and Karl Pluemeck who will stop at Hood River to be with his brother Albert.

Amandus von Borstel of Kent was in town Thursday to obtain medical treatment for an infected toe.

Newest, but also the oldest, motor vehicle in town is that owned by Howard Conlee, second, who has recently purchased a 1915 Model T from Anderson of Rufus. The machine is in good shape for its years and has the characteristic cough of its family.

Mrs. Avery Martin and children arrived Monday to spend the week with her parents, Mr. and Mrs. Charles Belshee. Avery will come up Friday to spend Christmas.

Teachers left Thursday night and Friday for their homes to spend the vacation season. Some will attend the annual teachers' convention in Portland next week.

The largest light in American light houses is that in the Navesink N. J. light house which has 9,000,000 candle power.

### Oregon Has Progressed In Public Health

"Oregon has made real progress in public health work in the last five years. The death rate for diphtheria, typhoid and tuberculosis are the lowest in the history of the Oregon State Board of Health. And while these records hearten the medical profession and public health workers generally the fact that the rate for heart conditions has been the highest ever recorded with cancer, neuritis, and apoplexy still increasing, tends definitely to dampen any enthusiasm," states Dr. Frederick D. Stricker, State Health Officer.

Expressed or otherwise, the disease that officially can be supervised and lend themselves to mass control measures have markedly increased while those requiring personal concern are on the up grade. Moreover, science is in a stronger position than ever before to cope with the latter class of diseases. It is, however, deprived of much of the opportunity to do so solely because of personal ignorance or disregard of symptoms considered to be unworthy of professional attention.

Indeed, much of the cancer and heart disease that now kills thousands of Oregonians annually, if recognized sufficiently early could be treated successfully, thus prolonging valuable lives. "The insidious approach so often associated with cancer, and some forms of heart impairment is the secret of the slaying power. Frequently only a physician is in a position to discover their existence in the early stages, as it is at that time that medicine is most able to overcome the damage which, if left until the patient becomes aware of it, prematurely shortens so many lives."

It is right here that yearly annual check-ups by your family doctor is so effective. It is a habit that should be formed and rigidly adhered to by all persons of middle age or older. The human mechanism deserves as much care as a valuable automobile. The careful owner demands that this machine have its regular inspections. To make the grade the human body needs such intelligent care and handling. Certainly, if one has the time and desire to live, he should take time to discover by the way of annual inspection what is his actual condition. Many a life has been prolonged in this manner. And conversely many a life has been lost too soon because the protection offered by an annual professional inquiry was not availed. More people in this state have now reached the age of sixty than ever before due in part to better care of their bodies. Better your advanced years with health and happiness by giving your body the intelligent care that it deserves.

#### A. W. McLEOD

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### Mission Circle Meets At Grass Valley

The Home Mission Circle met at the home of Mrs. Herman Schilling Tuesday. Mrs. Danielson of Bend was the speaker of the afternoon. After a short program and exchange of gifts, refreshments were served.

Among those shopping in The Dalles Saturday were Miss Jean Powell, Miss Margaret Trabue, Miss Virginia Heyler, Mr. and Mrs. Art Bibby, Mrs. J. H. Wilt, Mrs. Wayne Spoor and family, Mr. and Mrs. Dean Olds and sons, Mrs. Ed Alley and daughter Lila Lee, Bill Brinkert, Mr. and Mrs. Klaus Bargenhagen, Ivan Gervais, Mr. and Mrs. Sam Stark and family; Mr. and Mrs. Bill Baker, Mr. and Mrs. W. C. Todd and sons.

Art Bibby was visitor in Fossil Tuesday.

Mr. and Mrs. Bill Baker are entertaining the student body with a Christmas party Tuesday evening. Games will be played and refreshments of popcorn and candy will be served.

Miss Agnes Simon returned from her school in Portland last Saturday to spend the holidays at home.

E. E. Gervais and V. B. Eakin were business visitors in Hood River last Thursday.

Ivan Gervais is ill in a hospital in The Dalles.

Mr. and Mrs. Bill Baker had as guests last Thursday evening his uncle and aunt, Mr. and Mrs. Thomas R. Hudson and his mother, Mrs. Helen T. Baker all of The Dalles. The occasion being Mr. Baker's and Mr. Hudson's birthday.

Mr. and Mrs. Glen King and family left Saturday for Ventura, California to spend the holidays with relatives.

John Roth came home Saturday evening from Monmouth to spend the holidays with his parents, Mr. and Mrs. Henry Roth.

Friends surprised Mr. and Mrs. A. F. Balzer last Wednesday evening the occasion being Mrs. Balzer's birthday. Those present were Mr. and Mrs. R. J. Baker, Mr. and Mrs. Herman Schilling, Mr. and Mrs. Charles Lemley, Mr. and Mrs. J. H. Wilt and Mr. and Mrs. J. S. Newcomb. Pinocle was played during the evening. Mr. and Mrs. J. H. Wilt received high score.

Robert Tapp left Thursday for Portland to spend the holidays with relatives.

Mrs. Edgar Alley entertained the junior bridge club Tuesday afternoon at the home of her mother, Mrs. Gus Engstrom.

Norma Garrett and Dorothy Olds returned from Portland Monday after several weeks stay in that city.

Mr. and Mrs. Jim Stow of Portland arrived Saturday to spend the holidays with his parents, Mr. and Mrs. R. A. Stow.

Rev. Gerald Dryden was called to Portland Tuesday due to the illness of his grandfather.

Mr. and Mrs. Bill Baker left Thursday for Eugene to spend the holidays with her parents, Mr. and Mrs. Cochran. Arden Squire accompanied them as far as Portland. Mrs. Johnson of Bend arrived Tuesday morning to spend the holidays with her son and family, Mr. and Mrs. Bob Johnson.

Mr. and Mrs. Tom Garrett and Mrs. C. W. Fields, Ed Alley and Bill Brinkert, Mr. and Mrs. Glen Bell and daughter Mary Teshner and Louise Roth were visitors in The Dalles Tuesday.

Mrs. Ben Leghorn was a visitor

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in The Dalles last Thursday.

Vere Pike came up from Eugene to spend the holidays with her parents, Mr. and Mrs. I. D. Pike.

Mr. and Mrs. Tom Alley left Friday for Portland to spend the holidays with relatives in that city.

Ben Leghorn, W. E. Garrett and Clyde Stradley were checking cars Thursday.

Mr. and Mrs. Alfred Payne were visitors in The Dalles Friday.

Among the shoppers in The Dalles Monday were Mr. and Mrs. Dell Olds and Betty Lou; Bill Roth; Mr. and Mrs. Charles Lemley; Mr. and Mrs. Arzel Lemley and daughter; Mr. and Mrs. Herman Schilling; Mrs. A. F. Balzer and son Ralph; Mrs. Ted Trimble; Mrs. Lewis Olds; Mrs. Dean Olds; Mr. and Mrs. C. P. Adams; John Conroy; Mrs. J. H. Wilt, Mr. and Mrs. E. E. Gervais; Mr. and Mrs. Dean Reynolds and son Gene; Mr. and Mrs. Ernest Esslinger; Tom Garrett, Mrs. Maud Garrett and children.

Mr. and Mrs. Robert Johnson and son Robert, and Mr. and Mrs. Harold Eakin were in Portland shopping Sunday and Monday.

Mr. and Mrs. John Beuther were visitors in The Dalles Friday.

Mrs. A. A. Dunlap, Mrs. Millard Eakin and Mrs. Ed Alley attended the bridal shower for Mrs. Blaine Miller at Kent last Wednesday.

Mr. and Mrs. C. P. Rowe were shopping here Saturday from Kent.

Fred Cox was in The Dalles last Friday to meet his daughter Ellen who came up from Corvallis to spend the holidays with her parents.

### Moro School

By Lois Melzer.

Friday night, December 17, the Moro boys and girls basketball teams went to Dufur. The girls defeated Dufur with a score of 35 to 21. The Moro boys lost, although the game was very close all the way through. At the end of the boys game the score was 28-36.

Saturday night the Student Body sponsored a dance for the alumni. The gym was decorated with lighted trees at the corners, and a large one in the center of the floor. There were three red flood lights which made the gym look very attractive. Several people were there who were home from college for Christmas vacation. The Nickelodeon furnished the music. The dance was quite a success, both financially and socially.

On Monday night there was a basketball game on our home floor with Wasco. Moro was victorious in both games. The girls had a score of 55-29 and the boys 28-15. The boys game was quite exciting, because the teams were well matched.

Christmas vacation will start Thursday and school will resume Monday, January 3.

#### CONFIRMATION NEEDED

"You are the most wonderful girl in the world. You are the object of my life, the hope of my hope, my inspiration and my ambition. I would fight dragons, conquer the world for you. I would give my life for you. Will you be mine?" "Oh, Tommy, do you really like me?"

GEORGE G. UPDEGRAFF  
Attorney At Law  
Moro and Wasco

Christmas DANCE  
December 25  
GRASS VALLEY PAVILION  
DUFUR ORCHESTRA  
Sponsored by I. O. O. F. Lodge  
Admission \$1.00

### 1940 BATHING SUIT



Hela Linda, Scandinavian actress, is one jump ahead of Albert of Paris, New York beauty culture expert, who predicted that women will wear topless bathing suits in 1940. Miss Linda takes a dip at Malibu Beach, Calif., minus "tops" to show how beaches will look in 1940.

### G. V. School

By DeJores Simon

Friday, December 17 Grass Valley went to Maupin where the girls and boys played basketball. Maupin took the fighting Tigers to defeat with the score being 27 for the Grass Valley girls. Maupin boys, 37 to the Grass Valley boys 17.

Saturday, December 18 St. Mary boys of The Dalles came here where the first and second teams played. The score of the first teams were St. Mary's 30 Grass Valley 20; the second teams, St. Mary's 9, Grass Valley 16.

Our hard luck was due partly to the fact that two of our best players, Swede Stark and Bob King were not in the line up. Bob is in California where he is spending the holidays, and Swede was laid up with two sprained ankles. He received the injuries in the game with Maupin Friday.

On January 7 Grass Valley will go to Wasco where we have hopes for the Tigers. We plan on having all of our players back on their feet by that time.

Tuesday, December 21 a high school Christmas party will be given by Mr. and Mrs. Baker. We plan an enjoyable time with lots of games and food.

Thursday, December 23 the annual plays given by the grades will be presented. We are told it will be very interesting.

The high school orchestra under the direction of R. C. Tapp will play a few selections between plays.

The high school paper, "Tiger Tattle" will be published Thursday.

Tennessee has an area of 42,022 square miles, less than half that of Oregon and has a population of 2,616,556 over twice that of Oregon.

T. Lester Johnson  
LAWYER  
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Hi-WAYS TO HEALTH  
by ADA R. MAYNE  
OREGON DAIRY COUNCIL

With the Christmas dinner plans well under control, generous thoughts turn to other meals of the holiday season, each in itself quite as important in satisfying family members as is the "big dinner."

These meals want to possess spirit, color, popularity, but utter simplicity. The satiating point of sweets of all description is reached quickly, and wisely, too, so that the emergency shelf can come forth with temptation to palates and with relief to abused stomachs. A few active suggestions for this shelf will free every homemaker of worry in "setting" for the unexpected holiday callers and in allowing herself time to enjoy the families' pleasures.

Some one has said that even though it requires a little "pinching" on some meals following the holidays, the possession of a beautiful lacquered red Edam cheese is a constant joy to the eye, and a boon to all meals. It graces the light luncheon of creamy soup and fruit salad; it rates high for a light dinner dessert; and it is superb with hot mulled cider for a very late snack. It is served at these times with a variety of crisp crackers (from the shelf.) Its decorative edge comes from cutting the lid with an apple corer. It is fun and it is versatile.

However, if Edam cheese isn't possible, think of the multitude of other tantalizing cheeses. True, perhaps not all brilliantly lacquered, but nevertheless in their variety for every occasion, a compliment to every shelf.

Cracked and blanched nuts, assorted cans of out of season fruits and vegetables, perhaps some heavier foods, some soups, all relieve moments of suspense.

Store cranberry sauce in glasses, chocolate sauce in jars, have hard cooked eggs ready for serving with

a creamy cheese sauce, or for garnishing or spreads; and, of course, the cookie crocks filled with the fruit cake ever ready.

The important thing in planning the meals and in making out an accurate market order, is to choose foods that keep well, that are turned out easily and that are received with enthusiasm. Then only can this be the really exciting time...

the time for things hot, spicy, filling; but all filled with "good cheer and good health to man."

Molded Cottage Cheese Salad  
Two cups cottage cheese  
One tablespoon gelatin  
One cup whipped cream  
One fourth cup of hot water  
One fourth cup cold water  
Seasoning  
Fruits  
Salad dressing

Soak gelatin in cold water; dissolve in hot water. Put cheese thru a sieve. Add gelatin, mix and combine with whipped cream. Turn into a mold and chill. Serve on large salad plate garnished with crisp lettuce and surrounded by sections of grapefruit, sliced oranges, apples and grapes, or other fresh fruits in season. (Any dressing may accompany it, but a whipped cream and dressing combination harmonizes with pride.

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You Must Be Satisfied  
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