

Eastern Star Convention Held In Wasco

Annie Fulton Chapter, Bethlehem Chapter and Sherman Chapter, O. E. S. participated in a district meeting in Wasco recently with Mrs. Myrtle Peterson of Ontario, Worthy Grand Matron and Mrs. Hazel Ingraham of The Dalles, Worthy Associate Matron. Refreshments were served after the meeting to the 120 guests present.

Mrs. Homer Dixon and Mrs. F. R. Fortner were hostesses at the Fortner home Saturday afternoon in honor of Mrs. Paul McCulloch of The Dalles. A 1:30 dessert luncheon was served to the guests and spring flowers were used to add attractiveness to the decorations. Mrs. Everett Watkins and Mrs. Glen King held high scores.

Mrs. C. H. Johnson was taken to The Dalles hospital Tuesday morning with a serious heart ailment caused by an attack of the flu some months ago.

Mrs. Valeria Jenkins of Rufus was initiated into the Elythian Sisters lodge Thursday evening after which refreshments were served to the members.

Guests played at four tables Monday afternoon at the Fred Fortner home and Mrs. Art Smith and Mrs. Sidney Johnson won high scores. The hostess served dessert luncheon.

Mrs. Dick Schunk and son Billy of Moro were Wasco visitors Saturday.

Mr. and Mrs. Paul McCulloch and children Doris and Jean of The Dalles spent Saturday in Wasco with friends.

Dinner guests at the G. A. Sargent home Sunday were Mrs. Sargent's brother and wife, Mr. and Mrs. Harry Van Gilder.

A. F. Watkins arrived from Shelton, Wash. Sunday for a visit at the home of his son, Everett Watkins and family, and other relatives.

Sixteen members of the Rebekah lodge motored to Grass Valley Thursday to attend a district meeting. Three of the visitors were initiated into the order. They were Mrs. Ione Evans, Miss Esther Peugh and Hugh Mathieson.

Mrs. W. E. Dutton was a hostess Thursday to members of the Klondike Community Club.

A softball game here with Grass Valley was played at the school house. Wasco girls won by 28 to 9 and the boys lost by 9 to 4.

Mrs. Wilford Spencer left for Portland to stay with her daughter Jean.

The Wasco basketball boys were hosts Wednesday evening at a dinner served at the Hotel Sherman. A victory was scored by the girls team with highest points for the year. Twenty one plates were laid

and a basketball served for the center table feature decorated with school colors. Guests were members of the school faculty.

June Hines, LaVelle Gosson and LaVelle Guy served a camp fire dinner at the Hines home Thursday evening. Miss Scott and Miss Gorsline were guests.

Members of the Mary Elizabeth Sunday school class met at the home of Mrs. Anna Lee Wednesday. Miss Olive Robinson presented the Bible story. The Club will meet next with Mrs. Joe Hilderbrand.

Mary Williams of Gateway spent the week end visiting with Miss Frances Gorsline.

C. W. Kennedy and children, visited at the home of Homer Dixon over the week end.

Mrs. Josie Underhill received high score and Mrs. Belle Clothier low at the Tillamook bridge club when they met at the home of Mrs. Frank Morrow. The club hostess was Mrs. Andy Shearer.

A Backward party afforded amusement for a gathering of young people when they were entertained Wednesday night at the Christian church. Hosts for the evening were Rey and Mrs. Carey.

Pat O'Meara has returned from Portland where he was staying with friends after being released from the hospital over a week ago.

Mrs. Eliza Dingle accompanied by Mrs. Jennie Young motored Wednesday to the home of Mrs. Curtis of Mill Creek where they were guests of the Sisterhood society of the Christian church of The Dalles. Mrs. Dingle gave a talk on her experiences on her recent trip to the Holy Land.

Mr. and Mrs. Earl McKimney and son Malcolm of Heppner and Mr. and Mrs. Tom Alley of Grass Valley were guests Saturday at the McKinney ranch. Lottie Cole, a teacher in The Dalles and Rev. and Mrs. Carey were evening guests.

Mr. and Mrs. George Potter were week end guests in Portland where they visited Mr. Potter's sister Mrs. Guy Weedman, who is now recovering.

Leston Wright and son were Sunday visitors at the Pearl Wright home at Rowena.

Mr. and Mrs. Theodore Kestner and children of Portland were week end guests of the former's brother and sister in law, Mr. and Mrs. T. L. Kestner.

Bruce Grady and wife were business visitors here last week.

A miscellaneous shower for the kitchen of the Christian church was held Thursday, it being the regular meeting day of the Dorcas society of the church. A food sale will be held down town Saturday.

Dr. and Mrs. Miller of Portland were week end guests at the W. E. Bruckert home.

One third of all the deaths on rural highways involve pedestrians while two thirds of those killed on city streets are pedestrians.

Epitaph—he drove on the suicide of the road.

Homemakers' Exchange of Helpful Household Hints and Recipes

Conducted by ELEANOR HOWE

Here is how one mother solved the problem of improving her young daughter's speech: She gave to the daughter an allowance of \$1.00 a month and whenever "young daughter" made a grammatical error, which was discovered by some member of the household, she was fined one penny. At the end of the month, the fines were subtracted from her allowance.

Delicious home-made ice cream is very easily and quickly made in the modern ice cream freezers. And here are two helps for quick freezing: First, use 3 parts ice and 1 part salt—the best proportion for quick freezing. Second, do not use too much sugar in the recipe as it slows down the freezing.

To prevent cup cakes from sticking to the bottom of the baking tins, cut a number of wax paper rounds just big enough to fit the bottom of the individual cup cake pans. Put one of these in each cup before pouring in batter and when baked, cakes will come out without difficulty.

To melt a small quantity of butter, place it in the bowl of a soup ladle and hold over top burner flame. The handle is long enough to keep your hand well away from the flame.

A SAVORY SALMON LOAF in time for Lent! Drain liquid from one No. 2 can of salmon, remove bones and skin, and flake. Add 1 cup stale bread crumbs, 1/4 cup of chili sauce, 2 eggs, 2 tablespoons onion (cut fine) and 1/2 teaspoon salt. Mix well. Place in well greased loaf pan and bake in moderate oven (350°) for approximately 45 minutes. Unmold and garnish with lemon rings, pimiento strips and parsley. This salmon loaf can be stored, until ready to bake, in a modern air-conditioned ice refrigerator with no fear that the fish odor will be transmitted to other foods. The air-conditioning chamber of the new ice refrigerator provides circulating cold air which is constantly washed free of food odors. Savory Salmon Loaf is delicious served with a casserole of potatoes au gratin, or whipped potatoes on the half shell.

For a novel kitchen shower, try this unusual suggestion. Have the guests arrive in a body, each wearing a cooking utensil in some unusual manner; and to each utensil have attached a recipe suited to its use. One person might wear a cake pan gaily decorated to resemble an Easter bonnet, another a necktie of kitchen gadgets, and so forth.

If you grease a casserole and its lid before putting any food in it for baking, the casserole can easily be washed in hot, soapy water later without prolonged soaking.

More than 38 percent of all deaths due to automobile accidents in 1936 took place on open high-

Extension Reports On Produce Demand

No marked change in consumer demand for farm products is expected in the near future, although some slackening in the rate of increase, says a review of the agricultural situation just released by the OSC agricultural extension service. With some exceptions, however, the present prospect appears to indicate an increase in crop production in the country as a whole despite a backward spring season.

The cold wet weather in March, followed by heavy rainfall in April, delayed land preparation and spring seeding operations. Farmers found it necessary to feed more hay and grain than expected, owing to poor early pasture growth. Farm supplies of feed grains have consequently been reduced to a point similar to two years ago, following the drought of 1934, but soil moisture conditions have been materially improved for later growth of crops and pastures.

With respect to farm prices and costs, the report indicates the current Oregon farm price level at a point slightly lower than the mid-March index figure of 92 per cent of the 1926-30 average. This represents a tremendous gain compared with March 1936, when the Oregon index stood at 70. For the first time in many years, farm prices in Oregon average out approximately up to "parity" in exchange value for the commodities usually bought by farmers, despite an upward trend in farm costs of around seven or eight per cent during the past year.

Commercial hatchery records continue to reflect a considerable decrease in the demand for turkey poult, compared with a year ago, according to the report. This situation suggests that the market outlook for Oregon turkeys of the 1937 crop is more favorable than a year ago.

May 1 Child Health Day

The first day of May is celebrated throughout the nation as Child Health Day. A day set apart when the attention of a nation's people is focused upon the importance of health to the child.

In the past we gave little attention to child health until some real problem arose. When a child developed bowed legs, a protruding abdomen, or faulty teeth, we became alarmed and immediately ran to a doctor for help and advice. And even though at the doctor's suggestion we improved the child's diet so as to correct these defects and improve his health, it was impossible to completely erase the harm already done.

Today we take a more positive attitude and feel assured that "an ounce of prevention is truly worth a pound of cure." An adequate diet can definitely prevent bowed legs, a protruding abdomen and poorly formed teeth. Unquestionably the undernourished child is more likely to become the victim of tuberculosis and is more susceptible to other infections both in childhood and in later years. We know that the surest means of preventing defects, poor health or a retarded development is to provide liberal amounts of the right foods for our children. Regardless of circumstances the child's diet must include milk and fruits and vegetables—preferably a quart of milk each day. Milk is a body-builder, supplying the calcium so essential for the bony framework and teeth. Certain minerals and vitamins found in these foods are essential to growth and to the maintenance of buoyant health.

Other foods such as bread, cereal, and potatoes may be added to satisfy the appetite and maintain weight; but under no circumstances should they replace any one of the protective foods... milk, fruits, and vegetables, and eggs.

Except that the former is usually different for the very young child, the same kinds of food may well be provided for the whole family. The little tot may not eat as much as the six year old, of course, and the six year old will not have the big appetite that characterizes the boy of ten or twelve.

But each and all of them should have these important foods as often as the income will allow. Let us make a consistent effort to safeguard mental and physical health of our children.

The children are the future statesmen and doctors, the future business men of our country. They are important; they are history in the making; and buoyant health is essential to their success and enjoyment of life.

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In Griff's Home town--The Dalles
Monday, May 3, 1937

CONCERT
Granada Theater
At 8:00 p. m.

"Buddy" Mareno
Tenor Soloist

ADMISSION
Adults 35c Students 25c

"Cherry Blossom"
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At 9:15 p. m.

ADMISSION
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