

# Wasco Town Team Loses At Dufur

Several games were played the past week between the Wasco volleyball ball team and other teams. Friday the Rufus team defeated the locals at Rufus by a score of 31 to 15.

The town football team played at Dufur Sunday with the Simnasho CCC camp team and were defeated by 6 to 0.

Chester Watkins in company with a number of Moro boys left Friday for Corvallis to attend the home coming game. Jesse Leonard and John Proudfoot were also there.

Pat and Margaret Kaseberg and Leon Smith saw the game in Corvallis.

Mrs. Roy Atwood spent the week end visiting in The Dalles with Mrs. L. Barnum.

Visitors in the city of Portland over the week end were Mr. and Mrs. Homer Dixon and son, Loring, Misses Marie Andrews, Frances Goraline and Leona Clothier.

Dinner guests at the B. W. Guy home Sunday were Mr. and Mrs. Frank Bowman and daughters, Shelia and Nedra, Mr. and Mrs. Cecil Ward and son, Leon of Goldendale and Mr. and Mrs. Weld from town.

Benton Barnett has a new car and Mr. and Mrs. Homer Dixon are also driving a new one.

J. C. McDermid of Pendleton was a caller last Wednesday at the home of Mrs. Eliza Dingle. Mrs. Dingle was recently injured in a fall on the basement steps.

Mr. and Mrs. Joe Hilderbrand and daughter, Patricia, were business visitors in Portland Thursday.

Mrs. Lloyd Hennagin was in Portland Saturday to do some family shopping.

The Mary Elidabeth class met Wednesday afternoon at the home of Mrs. Art Smith. Of special interest was a recital by Mrs. Augusta Huckin of her recent eastern trip including an interesting outline of her visit to Yellowstone park.

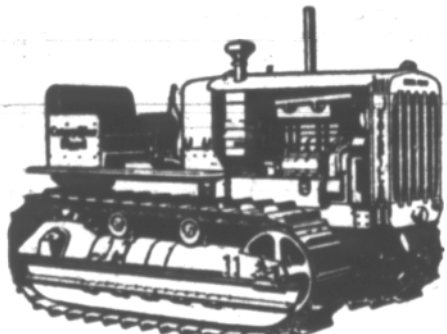
Mrs. Anna Lee enjoyed a visit with her sister when her brother in law, W. R. Cargill and his wife motored from Lewiston, Idaho last week before leaving to spend the winter in Los Angeles.

Tillicum card club members met with Mrs. L. L. Funk Thursday of last week. The hostess served luncheon and three tables were in play. Mrs. Art Smith received high honors and Mrs. Andy Shearer held second.

Mr. and Mrs. H. E. Kaseberg and daughter Janet were Portland visitors recently.

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We now own and operate three "Caterpillar" Tractors, and in years to come, will only consider replacing with other "Caterpillars."

E. M. Alderman & Son, Yours Truly,

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## CHAMPION 4-H CANNER



ROSA REICHEL, 18, Portland, will be one of Oregon's delegation to the 15th National Club Congress to be held in Chicago, Nov. 27-29, Dec. 5, which over 1,000 outstanding 4-H clubbers of the nation will attend. She receives a trip as a prize from the Kerr Glass Corporation, sponsor of a national canning contest conducted by extension agents in which she was named state champion by Helen Cowgill, assistant state club leader. In 9 years Miss Reichle has canned 1,570 pints of vegetables, fruits and meats, and given seven public demonstrations on canning and cooking. She won second place in meat jugging at the Pacific Livestock Exposition last summer. Her prizes amount to \$97.00 in cash and trips to six state events. She values her 4-H club work at \$589.89. She will compete with other western state champions for regional honors, and if successful will be a contender for one of three cash college scholarships of \$300, \$200, and \$100, given by the sponsor.

Afton McIntyre spent Tuesday visiting in Portland. His wife and children will return later.

The pinocle card club met Friday evening with Mr. and Mrs. Wesley Wilde, all members being present. Mr. and Mrs. V. V. Stout won high honors and the Ted Anderson's low.

Fred Fortner has been home for the past week from Walla Walla on account of a slight illness. Mrs. Mary Crawford, who has been staying with her sister Mrs. Fortner, is much improved in health.

Lloyd Hennagin, A. D. Richelderfer, C. A. Tom and H. D. Proudfoot were in Walla Walla Tuesday. Mr. Proudfoot left for Kansas City on business after the meeting.

Mrs. Marion Powell was hostess to a number of Wasco ladies Tuesday afternoon at her home in Moro. After dessert luncheon Mrs. H. H. White received the prize at the bridge table. Attending were Mrs. B. E. Hailey, Mrs. Mildred Zell, Mrs. Lewis Hastings, Miss Margaret McKee, Mrs. Fred Fortner and Mrs. Lloyd Hennagin. The school band played at the school house Tuesday evening preceding a magic art show.

Rev. Gilbert Cary returned from Portland Saturday accompanied by his wife who is again in good health. Mrs. Daisy Wildgrube, mother of Mrs. Cary came home with them.

Mrs. Ed McKee and daughter Margaret, visited at Blaylock Friday with Mr. and Mrs. George Van Grosbeck.

Donna Knox spent the week end visiting with Mary Coats at Rufus. Mrs. A. S. Johnson entertained her club members including their husbands at her home Saturday evening with a seven o'clock dinner followed by cards at four tables of cards. First and second prizes were taken by Mrs. E. D. McKee and Mrs. F. S. Lamborn.

Saturday evening the Night Hawks bridge club of The Dalles was entertained here. Mr. and Mrs. Art Barzee were hosts at four tables of bridge. The traveling prize was won by Mrs. Bud Hol-

berbeck after which late refreshments were served.

Miss Gertrude Hansen was hostess to the Mask and Dagger club Saturday evening. Four tables of Banco was the main attraction with Beryl Sheets winning high for the girls and Jack Hines for the boys.

W. B. Rice spent Thursday and Friday in Hood River.

Mrs. A. Nash came from Arlington to contact Neighbor of Woodcraft members before returning to Portland.

Dr. and Mrs. Viggo Haufelt visited Sunday with Mr. and Mrs. Elmer Hansen in Goldendale.

In town Monday afternoon to attend the funeral of Fred Blau were Mr. and Mrs. C. B. Gibson of Yakima, Mr. and Mrs. Miles Gibson of White Salmon, Mr. and Mrs. Harold Stanulo and daughter, Fulra, Miss Eva Wilcox and Mrs. Elizabeth Froebe and Mrs. L. B. Fulton of Portland.

Henry Yancy and daughter, Mrs. Nervergall came from Portland Sunday to visit his daughter Mrs. Hal White.

Mrs. Dorothy O'Neil and daughter of Portland spent last week and visiting their mother and grandmothers Mrs. W. S. Deaton.

Mrs. Jessie Amos left Sunday to spend Thanksgiving with her sister Mrs. Fordyce of Portland.

C. V. Belknap of Moro was a dinner guest at the Orville Yocum home Sunday.

Friday, new members, Miss Reaves, Mrs. Evans, and John Thompson, were given the first and second degrees; and Saturday, the majority of the members attended the dance given by the grange.

Many people bear in mind the purpose of Thanksgiving this week end as various ones visited their homes or their neighbors' yesterday. College students, among whom are Chester and Ida Coar and Margaret Macnab, are visiting their parents from Corvallis and the majority of the school faculty are spending the week end at their homes, while many others of the community are entertaining or being entertained.

Last Wednesday, Buddy Robinson, an evangelist from Pasadena, California was entertained at the Nazarine church here where he gave an interesting discourse on humanity's spiritual standing.

David Reed is in the midst of construction of a double garage at the present.

Mr. Striker and family may move a new view in the interior of their home as they have completed the hanging of new paper.

CONFERENCE (Continued from page one)

actor, state department of agriculture.

Department of Finance, Taxation, and State Legislation committee.

Department of Production, Handling and Marketing committee.

AFTERNOON Musical selection - 1:00 o'clock

Substitute Cops - D. E. Stephens, Superintendent, Sherman Branch Experiment station

Report of Transportation and Rural Electrification committee

Report of Weeds and Soil Conservation committee

Report of Federal Agricultural Programs committee

Caucus by counties

Election of officers

Report of special committees

pieces

One and a half cups white sauce

Two tbsp grated cheese

Arrange half the quantity of macaroni in a baking dish; cover with the cold turkey. Cover turkey with the remaining macaroni; pour white sauce over all. Sprinkle with grated cheese. Bake in a moderate oven (375 deg.) about 20 minutes or until a delicate brown on top.

Turkey Casserole

Left over Turkey

Left over stuffing

Six tbsp butter

Two tablespoons flour

One and a half cups milk

Three egg yolks

Two tsp salt

One fourth cup bread crumbs

Z. Cut leftover turkey into good sized pieces. In the bottom of a casserole arrange a layer of left-over stuffing, and then place the turkey slices on top. Prepare a sauce by melting 2 tbsp of butter; sauce is thickened pour it over the Add the flour and stir until smooth.

Next, add the milk, and when it has beaten egg yolk. Season with salt. Pour sauce over turkey in casserole and cover with bread crumbs. (1 cup mushrooms may be added which have been first chopped and cooked in 2tbsp of butter and 1 tsp of salt until tender, then combined with the bread crumbs, 2 tbsp of butter) Bake in hot oven (400 deg.) for 30 minutes.

## RED CROSS HIGHWAY POSTS AID INJURED

1,000 Function At Key Points To Give Emergency Care To Traffic Hurt

Highway first aid stations, set up by the Red Cross to give emergency care to victims of traffic accidents are saving lives, according to James L. Fieser, vice-chairman in charge of domestic operations.

"More than 1,000 of our emergency posts are already operating in 47 states and thousands of others will soon be established at key points along America's highways," Mr. Fieser stated.

The Red Cross highway posts are concentrated at danger spots in rural areas where medical aid is not readily available. The importance of this coverage of the open road, the Red Cross holds, is given sharp emphasis by the fact that there has been a 150 per cent increase in rural traffic fatalities during the past twelve years.

The project was initiated last year on a national scale as a practical approach to the highway accident problem. The Red Cross felt that it could best apply its strength by securing, those who continue to be injured pending a reduction in the highway accident rate through education and safety education.

"Our program brings first aid skill to the scene of accident in an effort to reduce the number of persons killed and maimed in automobile mishaps," Mr. Fieser said.

"Our highway first aiders are not medical men in any sense but it is their job to turn the injured over to the medical profession in the best shape possible."

The Red Cross highway posts are established at gasoline service stations, tourist homes, rural police and fire departments. The personnel of the posts are trained by the Red Cross in first aid, standard first aid equipment is installed at each station, and identifying signs for the benefit of motorists are erected beside the highway at both approaches to the station.

The attendants of these roadside units who qualify as first aiders volunteer their services through the Red Cross and may under no circumstances accept pay for caring for the injured.

To complement the highway first aid stations, the Red Cross has announced formation of mobile units. Several thousand trucks which regularly ply the highway in the course of routine work will be equipped with first aid kits. Drivers and crews will take courses in both standard and advanced first aid and each truck will be identified as a Red Cross mobile unit. More than a hundred trucks are already operating.

"The highway police of eight states who have finished first aid training will join this army mobile force to cut accident fatalities and prevent complication of minor injuries through mishandling at the scene of accident," Mr. Fieser said.

"We receive reports from our first aid stations daily, telling of essential care given to traffic casualties on the spot and of lives actually saved."

This and many other Red Cross programs of equal value are supported by the people of America during the annual Roll Call for members. This year the Roll Call will be held from November 11 to 27.

Red Cross Potential Life Savers Number Nearly 2,000,000

First aid and life saving certificates issued by the American Red Cross since the start of the service 26 years ago now number 1,888,702. During the past year the Red Cross qualified 222,693 persons in first aid and taught water safety and rescue methods to 80,961.

This army of First Aiders and Life Savers is one of the great safety factors in the nation. They are trained to give immediate first aid at the scene of accident, thus saving many lives and preventing permanent injury. Red Cross training includes skill in treating for shock, splinting fractures, checking arterial bleeding, applying artificial respiration, towing drowning persons to safety, and in the safe handling of boat and canoe.

Edison Marshall, nationally known short story writer, awards a prize of \$50 annually for the best short story written by an undergraduate of the University of Oregon. He is an alumnus of this university.

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## Food Faddists Rapped By Life Institute

"Too much acid" This label is being applied indiscriminately to many foods in a manner that is dangerous to health, warns the Life Extension Institute of New York in its current bulletin, "How to Live" distributed by the Oregon Insurance Co.

"So persistent and zealous have become the numerous food faddists of the day that much harm is being produced by unbalanced diets," declares the Institute.

The bulletin points out that many people regard "every skin rash or body pain that occurs as due to an acid condition" and asserts, "much of this is sheer nonsense."

"In diet, as in everything else, it is best to keep to the middle of the road," continues the bulletin. "Fads are dangerous. A well balanced diet with adequate protein from such sources as eggs, milk, fish, flesh, cereal and legumes is essential to a good state of health. Flesh foods are not absolutely essential if sufficient protein is obtained from other sources. Too little protein causes waste of muscle and gland tissues and weakens the body. The best health policy is to eat a well balanced diet, drink at least two quarts of fluids daily and let the acids take care of themselves. They will."

COUNTY COURT MET ON NOVEMBER 4th, 1936 at 10 o'clock A. M.

with Geo. A. Potter, Judge. A. A. Dunlap commissioner, P. C. Axtell, commissioner, Geo. G. Updegraff, District Attorney and Marie Hoekinson deputy clerk, present.

The regular bills were allowed and passed out of the general fund and out of the road fund.

In the matter of the vacation of a certain road in road Dist. No. 1—affidavit of posting notices and order of vacation—report accepted and filed.

In the matter of the vacation of a certain road in road Dist. No. 2—county road master report and order fixing time for hearing—notice ordered posted.

On November 14, the court and the budget committee met to discuss budget as presented. At one o'clock the budget was passed with the few corrections. Court adjourned subject to the call of the judge.

COURT NEWS (Continued from page one) Officer phone calls 2.40 J. C. Freeman, P. M. Clerk's stamps 6.00 CLAIMS ALLOWED AND PAID FROM THE ROAD FUND Loggers and Contractors 20.00 Road supplies .80 J. E. Norton, road supplies

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