

4-H Club Work Started In Wasco This Week

Homer S. Wall, WPA Engineer,
Stops In Wasco For Short Visit

The 4-H Club work has been organized here and will consist of home economics clubs for grade and high school classes, a dairy club and others. Miss Leona Clothier and Miss Glenna Hiltbrand will act as leaders.

Homer S. Wall, who is now traveling engineer inspector for the WPA for Oregon stopped in Wasco Wednesday on his return to Portland from the eastern part of the state. Harry Proudfoot jr. accompanied him on the trip.

A number of young people surprised Miss Leona Rust on Wednesday evening it being her fifteenth birthday anniversary. The evening was spent playing games including a schavenger hunt after which a dinner was served.

Mr. and Mrs. H. D. Proudfoot entertained the dinner club Friday evening. The yellow and green motif was carried out in the dinner and decorations. Three tables of bridge followed at which Mr. and Mrs. A. C. Kaseberg won high scores.

Mrs. Cordelia White was hostess to the Monday contract club Friday evening at the home of Mrs. Marie Cooper. The luncheon table and decorations were suggestive of St. Patrick's day. Guests played cards at five tables with Mrs. Frank Lam born winning high for the club and Mrs. B. Estelle Hailey second and Mrs. Anna Lee receiving high score for guests.

Miss Belle Clothier modeled at the A. M. Williams style show in The Dalles Saturday evening.

Mrs. Frank Morrow returned from Salem Friday after visiting with her daughter and husband, Mr. and Mrs. James Laidlaw.

Pardy Rich of Hubbard was a local visitor recently.

Rev. and Mrs. Roy Cookingham motored to Pendleton spending several days there. Ruth accompanied them.

Mrs. Rose Dahl of Tygh Valley was a weekend visitor at the Marie Barnett Cooper home.

Mrs. Eva Doane left Friday by bus, for Portland.

Walter A. Gorro of Spokane spent several days at the Frank Lamborn home.

Mrs. O. G. Hilderbrand won high score when the junior bridge club met at luncheon followed by cards at the home of Mrs. L. R. Walsh.

Mr. and Mrs. H. D. Proudfoot visited in Yakima and Ellensburg Sunday.

Members of the Christian church enjoyed a basket dinner honoring Rev. Carey, the new minister of that church.

Grange members held a pie social followed by a dance Saturday evening at the Grange hall.

Mrs. Frank Lamborn and Mrs. Augusta Huckin were in The Dalles Tuesday afternoon attending the Sorosis benefit party.

The sixth annual junior prom will be held at the high school auditorium Friday evening, March

Emperor of Japan at Army Review



Mounted on his favorite charger, "Shirayuki," the emperor of Japan, Hirohito, with princes of the blood and military leaders of his empire, reviewed the 10,000 troops stationed in the Japanese capital on the Yoyogi parade grounds.

20th.

Mrs. Dora Moore went to Hood River recently where she visited her brother in law and sister, Rev. and Mrs. Jackson.

Wasco persons spending the day in Antelope Thursday were Charles Sisco, Selmo Watkins, Mabel McPherson, Grace Medler, Lena Brock, Mae Yocum, Eliza Dingle and Maude Akers. They attended the Rebekah conference.

Mrs. Cora Heator of Hillsboro, state president of the Rebekah assembly, visited the local lodge Wednesday evening.

Mrs. E. S. Esson, Mrs. W. R. Newman, Mrs. I. E. Davies and Mrs. Eugene Courtney of The Dalles were guests at the A. S. Johnson home when Mrs. Johnson

entertained Wednesday afternoon at luncheon and cards.

Homer Dixon attended the Sigma Delta Epsilon fraternity dinner in The Dalles last week.

Wily W. Knighten and Perry Johnston, school superintendent and county agent, respectively, visited the Wasco school Thursday on behalf of the 4-H club work.

Mr. and Mrs. Gus Hartman are now living in the old Newton house. Mr. and Mrs. Free Crews have taken the M. G. Tuel house.

W. A. Spencer was on authorized speaker at the Townsend club in The Dalles Thursday.

Mrs. R. H. McKean entertained the Everfaithful Sunday school class at her home this week.

The Wasco Woman's Study club

met with Mrs. Roy Atwood on Friday afternoon. Roll call on noted singers was given by members attending followed by several talks. Grand Opera Singers, by Mrs. G. H. Root; and Mrs. Lloyd Hennagin on Women Composers.

The Tuesday club assembled at the home of Mrs. Wesley Wilde for its regular meeting. Mrs. Helen Bruckert gave an interesting talk on General Bolivar of South America. Mrs. Eliza Dingle gave a story of her trip abroad and to the Holy Lands.

College students home from school for spring vacation are Eugene Spencer, Donald McDermid, Leon and Delmar Smith from OSC.

Mrs. Delilah Stiffel was taken to The Dalles hospital Sunday reported to be very ill.

Jeanette Stuart and son Clyde of The Dalles are house guests of her parents, Mr. and Mrs. Clyde Herring.

Mrs. Joe Nay of Hermiston is visiting her parents, Mr. and Mrs. T. E. Sink.

Resolutions of Condolence

Whereas: It has pleased the Father to call from the toils of earth the soul of our beloved sister, Mary E. Hicks, to the land where separation or death are known no more; and as we are assured of her joy in Immortal Life:

Therefore be it resolved: That we submit to the will of the Master and express our sincere sympathy to this household that is broken by this Providence and

Be it further resolved that a copy of these resolutions be sent to Mr. Hicks, one copy to the Sherman County Journal and a copy be filed with the minutes of Annie Fulton Chapter No. 124 Order of the Eastern Star, Wasco, Oregon.

Ellen M. Harper
Bertha F. Moon
Cash Yates

The next regular meeting of the Moro Woman's Club will be held March 20th in the Masonic hall. This will be their annual Guest Day meeting under the supervision of the American Home Department. Mrs. O. A. Ramsey, chairman and director. The hostess committee for the day will be Mrs. H. M. Stephens, Mrs. O. G. Sayrs and Mrs. E. H. Moore. 19-20

Brandt—Hello.
Sweet Young Thing—I beg your pardon—You have made a mistake.

Brandt—Aren't you the little girl I kissed last night at the party?
Sweet Young Thing—Must have been my sister. She's sick.

How To Avoid Scarlet Fever Is Told

Scarlet fever is still a serious communicable disease. Prior to 1881 scarlet fever was a severe and greatly dreaded disease. Symptoms were intensive, complications were frequently severe, and the number of deaths from them ran high. For some unknown reason the disease, of later years has been less severe so that parents are no longer afraid and do not take the children from coming in contact precaution of preventing their with others who may have what call "scarlatina." The disease is so mild that many of the cases receive no medical attention. The mildness of the disease has even caused physicians to be lax in enforcing regulations for its control. It must be remembered that these mild cases can transmit the severe form of the disease. In the old days it was easy to diagnose scarlet fever because the symptoms of the disease were typical. The sudden onset with nausea and vomiting, fever, prostration, sore throat with a characteristic rash together with a strawberry tongue made the diagnosis very easy. But as scarlet fever became milder these symptoms were slight or absent and the diagnosis became more difficult.

Since 1932 scarlet fever has been increasing in Oregon and the number of deaths has increased, showing that the disease can return to the severe type. In 1932 there were 830 cases and 7 deaths. In 1933, 1190 cases and 27 deaths, and in 1934, 1885 cases and 25 deaths. Up to the first of December, 1935 there were 1,919 cases distributed as follows: January 311, February, 239; March, 251; April, 233; May, 134; June, 90; July, 75; August, 69; September, 104; October, 165; and November, 284 cases. In this same period 14 deaths have occurred. This seasonal increase demands that an effort

U. O. DEAN AWARDED TRAVEL FELLOWSHIP



Eric V. Allen, dean of the school of journalism at the University of Oregon, has been awarded the Karl Shurz memorial fellowship of \$1500 for study abroad. He will leave New York April 1 to spend six months in the German speaking countries of Europe, where he will study journalism, city and regional planning, housing, recreation and other phases of life there.

be made to prevent the spread of this disease. All the cases of "scarlatina" and scarlet fever should be reported to the health department. It is a well known fact that children are more likely to transmit the disease than are adults. All exposed children should be quarantined for a period of at least seven days. The Dick test seems to be a reliable means of determining susceptibility and immunity to scarlet fever. Persons who have been tested recently and pronounced negative usually escape the disease, although they yet may be carriers of the disease. Persons who are associated with scarlet fever cases may become carriers of the disease. Teachers, food handlers, and others who have come in contact with children with scarlet fever should be isolated for seven days after having been exposed. is now being tried in some of our large cities. Most important, however, is the control of scarlet fever against carriers as well as active cases. A shorter isolation period for cases occurring in the summer ever, at all times, is an earlier and more rigorous quarantine during the period of greatest communicability—the first week of the disease.

HI-WAYS TO HEALTH by ADA R. MAYNE OREGON DAIRY COUNCIL

Men like meat, most of us like meat. We like its flavor, we like its texture, and we are inclined to approach the table, when we know it is to be a meatless meal, without enthusiasm. But that is because an adequate substitute is rarely offered in place of the meat course.

Meat is a high protein food. And if meat must be left out of the diet, be sure to make up the protein quota with other high protein foods. You have milk or cheese, eggs and the legumes to choose from, and they offer endless possibilities for meatless dishes that are appetizing and satisfying.

Macaroni and cheese is probably the most frequently served "meat substitute." Properly made it proves highly satisfactory - but how many housewives make it an appetizing dish. It is the cheese and milk in this dish that takes the place of meat, but too often the results show too much macaroni and too little "meat substitute." The best results are insured when an ample amount of the cheese is melted into a medium white sauce and then added to the macaroni, but have plenty of the sauce and plenty of the cheese - at least three-quarters of a pound of cheese for a family of six. The flavor and consistency will be greatly improved if the mixture is baked an hour in a moderate oven just before serving.

A cheese rarebit over crisp

crackers or a fluffy cheese soufflé served with a steaming baked potato with plenty of butter and plenty of raw vegetables in a salad offers an excellent spring supper any day.

Dried peas, beans and lentils are the least expensive of all of these protein foods and combined with milk or cheese in numerous ways make delicious soups and casseroles.

The soufflé has been tested and tried and pronounced delicious: Cheese and Tomato Soufflé One and a half cups tomato puree Four and a half tbsp butter Four and a half cups grated cheese Four eggs

Four and a half tablespoons flour Melt butter, add flour and puree and cookin double boiler 20 minutes. Add grated cheese and stir until cheese melts. When cold, add the well beaten egg yolks, then the stiffly beaten egg whites and fold in. Bake in a slow oven in a pan of water for 1 1/2 hours. This makes six servings.

UPDEGRAFF & PEPPER

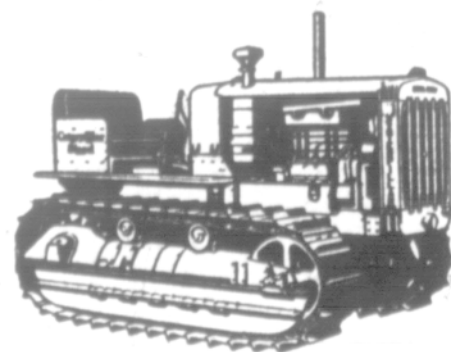
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Sherman County Journal
G. L. FRENCH, Editor
MORO, OREGON



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