

Minister Attends Church Conclave

Ragsdales Go To Portland Meeting Of P. C. A.

Rev. and Mrs. Lawrence Mitchell left Tuesday for Portland where they are attending the annual meeting of the Synod of Oregon. The Synod began Tuesday night and closed Friday. This is the state organization and includes all Presbyterian ministers, and an Elder from each church. Mr. Mitchell's parents, the Rev. and Mrs. Hugh Mitchell of Spokane arrived in Moro Monday afternoon, on their way to the Synod of Washington at Vancouver.

Mr. and Mrs. E. C. Cluster, former residents of Moro, are the parents of a nine pound boy born to them July 5 at the Walla Walla hospital.

W. H. Ragsdale and son Harry left Wednesday for Portland, accompanied by J. W. Hoeh and Harold Korte of The Dalles. The men will confer in Portland with officers of the Willamette Valley Production Credit association and with President Henry of the north-west agency.

Wilbur Haggerty was down from Kent Wednesday to transact business in Moro.

Frank Sayrs was here Monday evening from The Dalles hospital where he is receiving treatment for sinus trouble.

Henry Tetz, principal of the Rufus schools, has been elected president of the Schoolmaster's Club, an organization of summer school teachers, at Eugene.

Donald MacInnes, son of Mr. and Mrs. John MacInnes of Kent stopped here for a short time Wednesday on his way to Stevenson, Washington to work during the summer. He is a student of Linfield college.

C. F. Fulton was here on business at the court house Tuesday.

Misses Marjorie Kunsman and Signa Woods were hostesses Wednesday night at a shower given for Miss Mamie Traylor, who is to be married in August. Mrs. Art Osborn and Miss Traylor were up from The Dalles.

Mrs. Lucille Wisner was here this week from Roseburg to visit with her mother, Mrs. C. W. Templeton.

The Camp Fire girls, under the leadership of Mrs. Darwin Van Gilder, expect to take their annual camping outing the week of July 21.

The Moro Library will be kept open Thursday evening from 6 to 8 and on Saturdays from 2 to 4 with Miss Gertrude Gillmor acting as librarian. A new set of books will soon come from the state library.

Wily Knighten and family returned Tuesday evening from a trip to Salem and Eugene. Mr. Knighten attended a meeting of the committee of school superintendents who are preparing a report on testing and supervision of school children. The report will be read at the annual meeting of school superintendents this month.

Miss Isabella Bourhill left Saturday for a two weeks visit in Portland and Vancouver. She expects to see some of her Alaskan friends while there.

Elvin Barnum is now applying a fresh coat of paint on his barn, having finished putting a couple of coats on his farm house some weeks ago.

Luther Davis was in Moro Saturday to attend a meeting of the Debt Adjustment Board of which he is a member.

L. H. Nahouse, deputy sheriff, is particularly interested in the reports about floods in New York state for he was born within a few miles of Binghamton and lived in that town for some years before coming west for the last time.

Miss Helen Engel of Corvallis, cousin of Elmer Barzee, is visiting at their home this week.

Miss Kate Morris of Oakland, Cal., a cousin of Mrs. Lucy Ruggles and E. N. Walter, a nephew, of San Francisco have been visiting here for the past ten days with relatives.

Miss Louise Barzee was hostess Wednesday night at a lawn party the major entertainment feature being a treasure hunt which sent young folks over the town and country looking for various and sundry items.

Miss Laura Ruggles entertained Friday afternoon at bridge honoring Mrs. Bruce Price, a school mate at Monmouth.

Mrs. Martindale is visiting her daughter, Mrs. Perry N. Johnston from Butte, Montana.

Roy Dugger is working at the fair grounds with the OCC group, being one of the LEMs or Local Experienced Men attached to the company.

Rich Campbell came up from Hood River Wednesday to work on the camp buildings as a carpenter.

An accident occurred on the Sherman Highway south of Kent last Sunday that sent three people to the hospital and wrecked their car. The California car turned from the main traveled part of the road to evade a straying animal and could not be straightened the car before it became unmanageable. They are expected to recover.

Keep Cool And Keep Healthy

Keeping cool and standing the heat is in a large measure dependent upon yourself. If you do the wrong things you are the one that must suffer. If you want to be comfortable during the hot season you will do well to heed the following suggestions.

Dress for the weather. In hot weather your clothes should be loose and airy and of a light color, because white clothes reflect the rays of the sun and are, therefore, cool. Generally speaking, summer clothing should be light in weight and color and porous in texture. Such clothing permits evaporation, and allows the air to reach the skin readily. Frequent changes of clothing particularly of that next to the skin, is especially conducive to comfort. Clothes soaked with perspiration are soggy and uncomfortable and, moreover, prevent proper evaporation from the body surface.

The food should be light, nutritious and easily digestible. It is essential, however, that a balanced diet be maintained at all times. Fresh fruits and vegetables are particularly desirable as hot weather foods because of their palatability and ease of digestion. Drink plenty of fresh, cool but not iced water. Sweet drinks should not be taken during hot spells. Eat regularly but sparingly. Eat little meat and heavy pastry. Have your heavy meal in the cool of the evening. Make your lunch simple, such as crackers and milk or a salad. Eat slowly and chew your food thoroughly. Above all things do not eat when you are tired.

Daily tepid baths are better than cold baths in hot weather. Swimming is fine exercise and is very refreshing, and if possible should be enjoyed every day but not to the point of fatigue. No bath of any kind should be taken until an hour after eating. The blood is needed for the purpose of digestion and it is harmful to disturb the circulation at this time. To keep the circulation in good order the heart and blood vessels must be strengthened by moderate exercise but not overtaxed by excessive effort. Exercise should be taken in hot weather but good judgment must be used in the amount that is taken. Don't reach the point of exhaustion or anywhere near that point. You should absorb a large amount of the sun's ultra violet rays but don't try to get it all in one day. Gradually accustom your skin to sun baths by exposing the body, beginning with a twenty minute period.

Plenty of rest is necessary, not only at night but during the day. There is nothing to be gained by overdoing in hot weather. If you are to be comfortable during the hot weather you will do well to live sensibly, acquire regular habits of living, get plenty of rest, and above all, acquire a cheerful and philosophical outlook on life.

For SALE

One Used Ford V-8 Truck, 1933 model, in good condition, new motor recently installed.

Also we are Dealers for—

Plymouth and Chrysler Cars

SFE the new Plymouth on our floor

Mc Kean & Searcy :: Moro

Now Raid Virginia Stills With Camera



Federal agents raiding moonshine stills in the backwoods of Virginia now do their shooting with cameras. The cameras, now standard equipment of the agents, are used in taking pictures of stills at the time of seizure and after they are demolished.

Trapper Stone Sent To Heppner

Visitors Here From California To See Parents

Alva Stone has been transferred to Morrow county by the biological survey department and another government trapper will have the Sherman county field, Harold Dohy, leader of the work, was here this week looking over the territory and making the changes.

Mr. and Mrs. P. J. Hillman and three children of Oakland, California are here visiting for two weeks with Mrs. Hillman's parents, Mr. and Mrs. Jacob Wassenmiller. Mrs. Gertrude Van Metre and children are visiting here with her parents, Mr. and Mrs. L. D. Eakin. The Van Metres are living near Bonneville dam.

Herman Schilling, R. J. Baker, John Engstrom and Gus Engstrom and their families spent the Fourth at Fleck's orchard picnic.

Mrs. William Harder is here again after an absence of several months.

E. M. Alley and family were at Vancouver Barracks for the Fourth to visit with Bruce Alley who is working in the quartermaster's office at CCC headquarters.

New pavement in front of the Olds meat market was laid Tuesday by Tom Garrett and a crew of shovel wielders.

Roy Feely and family were here over the Fourth from their home near Iona.

Ralph Potts, organizer of the Cincinnatus, group of young men who are interesting themselves in government affairs, was here Sunday while on his way home to Seattle from San Francisco where a general meeting of the organization was held. He was a school mate of George Wilcox.

Jacob Wassenmiller and W. S. Seufert left Monday to visit some of the mines in central Oregon especially the quicksilver mine above Prineville where Rinehart Wassenmiller is working.

John Rolfe and family returned from Forest Grove the first of the week after spending the holiday there.

Estel Hartley is home again from Jefferson. He went down to visit his father and while there came down with the mumps and had to prolong his visit to some extent.

Several citizens of this town spent the Fourth at Tygh Valley where several picnics were held under the shade trees.

The Lutheran church held a communion service Sunday which was attended by a large group of members in this county.

Mrs. J. B. Coon, who was very seriously ill with pneumonia last

week, has improved rapidly in the last few days and is on the way to complete recovery.

Dale Baker is visiting on the coast for a few days.

A. R. Fortner is considering the construction of a refrigerating system similar to those in other towns in the county.

Art Bibby and Bill Roth were in Portland Monday and Tuesday for a short business trip.

Cleo Barnum and Alton Olds returned Saturday from a few days fishing trip to East Lake.

HARMONY NEWS

The Harlandview Grange Fourth of July picnic was held at Mr. Michels on the Fox farm. Those attending the picnic reported a very enjoyable time.

Mrs. M. L. Bowersox returned this week from the valley where she has been visiting for the last month.

The grange held their annual 4th of July dance at the grange hall.

PIONEER STORY

(Continued from page two)

everyday modern highway east of the Cascade Mountains, from Canada to Mexico, Mr. Barnett was selected by Mr. Hill to represent promotion of the Sherman county's portion in the route. When Mr. Barnett died, not long afterward, Mrs. took his place, in carrying out Mr. Hill's desires of highway promotion. Through this affiliation she was invited by Mr. Hill to attend the reception accorded Queen Marie of Rumania, at Maryhill in 1926.

Mrs. Barnett was unable to keep this engagement, because of the traffic jam at ferries on the day of the Queen's visit. She had to be content with a glimpse of her majesty, while the Queen was leaving her train at Celilo, for an automobile trip over the Columbia highway to Portland. Mrs. Barnett says that her association with Samuel Hill in good roads promotion brought her the most embarrassing moment of her life. This happened when Mr. Hill called on her for a speech at his Everyday Highway meeting at Wenatchee in 1924.

Mrs. Barnett is very vigorous and active. She spends a great deal of her time visiting with members of her large family and a wide circle of pioneer day acquaintances, scattered over the northwest and California. She says that she can still go through a square dance parade with as much agility as she did in frontier days of the Klickitat Valley. In discussing current affairs she says, "I tell you Mr. Balou, the depression has hit us all hard in Sherman county." Then with a tone of pioneer fortitude she added, "I never expected to take anything with me when I leave."

New Publication Gives Data On Canning Fruit

New Wrinkles In Canning Prevent Wrinkles In Fruit

To give Oregon homemakers the most up-to-the-minute assistance in preserving fruits, vegetables, meats and fish for winter use, a revised edition of Extension Bulletin No. 450, "Home Food Preservation," has been prepared by Oregon State college specialists. It is now off the press and ready for distribution.

Among the many new features of the revised publication is the discussion of methods of obtaining fuller jars, through hot packing instead of cold packing foods, and sealing before processing. If food is brought to the boiling point, and packed hot into hot jars, it is possible to seal them before processing, points out Miss Lucy A. Case, extension specialist in nutrition, and thus prevent loss of juices in processing. In following this method, however, the homemaker runs the risk of breaking a jar occasionally with some types of jars, due to expansion unless she is extremely careful to pack very hot, she explains.

The new bulletin contains directions for canning meats, fish, poultry, vegetables and fruits, either in tin or glass, and the various methods recommended for each. The use of the pressure cooker is emphasized for greater safety in canning non-acid foods. Drying of fruits and vegetables is also discussed, as is the curing of meats and fish, storing of vegetables.

Classified Ads.

All livestock found on Sections 3, 4, South, Range 18E, to Sec. 31 4 South, Range 19E, will be taken up by me.

I. N. MacInnes, Kent
For Sale: 150 head of Black Face yearling ewes.
7-19 p George Wilson, Kent

Dr. J. A. BUTLER

DENTIST
HOME OFFICE, WASCO
DENTAL X-RAY SERVICE
In Moro the First Week in Each Month

DANCE

to the tunes of—

Buck McGowan's Orchestra of The Dalles

Saturday July 13

Moro Legion Hall

Dancing Begins at 9:30

Adm. 75c

preservation of vegetables by salting, and corning beef.

A number of tables are included showing, among other things, the yield of canned product from raw product, how to make syrup for packing various fruits and the amount required for a dozen containers, of whatever size, the approximate temperatures of steam under pressure, and a complete time table for canning.

Directions and illustrations are also included for constructing home-made driers, racks for boilers, for making a small smoke-house from a barrel, and for making a storage pit for vegetables.

Copies of the new bulletin No. 479, may be obtained free from the state college, or from county extension offices.

I was surprised, well, what do you know,

One dear old pal of years ago Called on me one summer day. Just think:

Ninety five years; what do you say?

The thoughts of clasping her loving hand

Seems very dear to me.

It brings back memories of long ago

When I but a child you see.

She is one of the loved ones remain

God Bless You, again I'll say.

May each of your friends drop a loving word

To cheer your earthly stay.

Composed by Ruby Pettys for Mrs. Sarah Huff.

Mother—David, what did you buy those red earrings for?

David—I bought them to give to Aunt Minnie for her birthday.

Eureka Lodge No. 121 A.F. & A.M. Moro, Oregon

Meets the 1st and 3rd Thursday evenings of each month. Visiting members cordially invited to meet with us.

C. Sparling, W. M.

C. V. Belknap, Secv.

Moro Lodge No. 113, I. O. O. F. Moro, Oregon

Meets 1st and 3rd Tuesdays in the I.O.O.F. hall. Transient and visiting brothers are cordially invited to meet with us.

L. O. Rice, N. G.

Joe Truitt, Secretary.

Lupine Rebecca Lodge No. 116 Moro, Oregon

Meets 2d and 4th Tuesdays of each month. Visiting members welcome.

Viola Hansen, N. G.

Lila Bull, Secretary.

Mother—Don't you think they are pretty loud for Aunt Minnie? David—Oh, no. She's deaf, you know.

CHURCHES

Full Gospel Assembly
Sunday School 10:00 a. m.
Morning Service 11:00 a. m.
Evening Service 7:45 p. m.
Christian Science

Subject: LIFE
Golden Text: Psalms 36:7-9 How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings . . . and thou shalt make them drink of the river of thy pleasures. For with thee is the fountain of life.
Responsive Reading: I Timothy 6:12-17, 19

Grasa Valley Baptist Church
Regular service Sunday morning and evening. On July 11 and 12 we will have the "Calvary Four" with us once again. We urge the attendance of every body. Come and hear these fine young men from Los Angeles Bible Institute. Don't fail to hear them.

S. L. Boyce, Minister.
Community Presbyterian Church
Communion of the Lord's Supper will be observed at the 11 o'clock hour, Mr. Mitchelmore giving a Communion meditation. Members will be received.

Sunday School at 10. C. J. Thompson, superintendent. The young people's orchestra invites all who plays musical instruments to join this organization. Classes for all ages are studying the Bible.
Junior Christian Endeavor at 6.45 p. m.

I AM LICENSED BY THE STATE OF OREGON TO SOLICIT AUTOMOBILE INSURANCE FOR THE AETNA INSURANCE CO.

I INVITE YOU TO CALL AND GET OUR FIGURES ON AUTOMOBILE INSURANCE BEFORE YOU BUY—

Joe Truitt

Agent

Aetna Casualty - Surety - Disability Automobile Insurance.

Groceries

Trust us to have the most complete stock, not only of staples, but of vegetables too

Spring Prints for your new house dress

Overalls, Jumpers, Shirts, and all kinds of

DRY GOODS

Trade At

H. Zeigler's

Quality Store



100 Millions In Resources

The United States National is the largest bank in the Pacific Northwest — is an indication of its serviceability as well as size. Our service is planned for every type and class of customer. Let us explain how we can fulfill your banking requirements.

C. R. Harding Manager
L. A. Littleton Ass't Manager

The Dalles Branch of the United States National Bank of Portland
Head Office: Portland, Oregon