

Sunday School Class Closes Work

Local Events At Wasco Reported For Week

The Mary Elizabeth Sunday school class met at the home of Miss Olive Robinson last Wednesday afternoon. This was the last meeting until fall. The same officers were elected with the exception of Mrs. H. D. Proudfoot who was elected secretary-treasurer for the class. The study material for the class for the year was taken from several books: Jesus and Our Pressing Problems. The books have been donated to the library. Thirty adults and three children attended the party.

Persons attending the grange picnic at DeMoss Saturday were: Mr. and Mrs. Roy Beishee, Mr. and Mrs. George Lamborn, Joe Brooks, Mrs. Kate Johnson, Mrs. Dick Yocum, Bess Guilford, Mr. and Mrs. C. W. Johnson, Mr. and Mrs. C. L. Fridley.

Mrs. Pres Boice's mother, Mrs. McFadden is visiting here with relatives, including her daughter, Mrs. Ada Morgan in The Dalles.

Mr. and Mrs. Leo Watkins and children Eugene and Joanne drove to Glenwood to attend pioneer's day. They returned Sunday.

After spending three weeks on a trip to the convention of Women's clubs Mrs. Louis Scholl and Mrs. Ida Carlisle arrived home Friday.

George Emerson of Spokane, Wash. spent several days here visiting his niece, Mrs. Free Crews and sister Mrs. Abbie Hull.

The Morrow reunion at Eagle Creek Sunday was attended by Mr. and Mrs. Frank Morrow.

Ed Feldman and wife spent Sunday at Redmond and Ed tried his hand at fishing.

Mr. and Mrs. Charles Spicer of Satus, Wash. were dinner guests Wednesday at the home of Mr. and Mrs. Andy Shearer. Mrs. Spicer is a cousin of Mrs. Shearer.

A number of chain parties were held here the past week. Mrs. W. H. Burres was hostess last Thursday afternoon at her home. Mrs. John McDermid and Mrs. Belle Clothier won high and low scores.

Tuesday afternoon of last week Mesdames Ernest Medler, Carl Nelson, Walter Medler were hostesses at bridge. Three tables were played. Prizes were won by Mrs. V. V. Rust, Mrs. Charles Everett and Miss Lorraine Darby.

Visiting at the home of Mr. and Mrs. Hugh Walker and family the middle of the week was Mrs. Walker's brother, Paul Bullfinch of American Falls, Idaho.

Mr. and Mrs. Orville Yocum and their daughter Patricia were callers Sunday at the home of the former's parents, J. M. Yocum at Rowena Pass on the Columbia highway.

Mr. and Mrs. Henry White are here to visit with their daughter, Mrs. Arvid Anderson. They came from Seaplace.

Jeanette Scott of Portland is visiting with Dana Joan McMillan.

Mr. and Mrs. Earl Jones and son Stanley, of Boice, Ida., visited with Mr. and Mrs. Charles Golliber. Stanley will spend his vacation with his grandparents.

Mrs. Marie Barnett Cooper was a business visitor in Portland last week.

Mr. and Mrs. Orville Yocum had as their guest this week end Willard Hendericks of Pomona, Cal., and Miss Maude Hively of Port-

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land. J. M. Yocum and wife are now located at their new home west of the Rowena loops along the highway. They expect to move their stock next week.

Mr. and Mrs. Harry Ornduff and daughter and Mr. A. N. Stephens of California spent several days of this week at the home of Mr. and Mrs. H. E. Everett.

Hollis Hull came up from Portland to visit with his parents, Mr. and Mrs. Dell Hull.

Margaret McKee and Beatrice Burres were in The Dalles several days of last week.

The Klondike social club met with Mrs. Wm. Walker for their last meeting. The hostess daughter, Mrs. Gerkie of The Dalles was one of the guests.

Mr. and Mrs. E. E. Snell and family were dinner guests of Mr. and Mrs. Pres Boice of Klondike Sunday.

Mrs. C. H. Sundby and brothers, Hubert and Wilfred of Portland were week end guests of Mr. and Mrs. Otis Royce.

Mrs. Robert McDonald was hostess to a group of her friends Saturday afternoon at her home.

The Altruistic club met Tuesday afternoon at the home of Mrs. Hattie King Andrews.

A number of people drove to De Moss springs Sunday to attend the county Sunday school picnic held there.

Mr. and Mrs. H. A. White accompanied by Winifred Fortner were business visitors in Portland Thursday.

Gene Hull was a caller at the home of his parents here Thursday.

Notice of Taking up Stock
Notice is hereby given to whom it may concern that the undersigned has taken up and holds for the cost of taking up and the reasonable charges and expenses of keeping, the following:

One Hereford steer, coming 2 years old, with both ears cut off, and branded on the left hip with an uncertain brand.

Unless redeemed prior to Monday, July 8, 1935, at 2:00 o'clock p. m., said steer will be sold at the I. E. Fields ranch near Biggs, Oregon, to satisfy said costs, charges and expenses.

Dated this 21st day of June, 1935.
Cecil Fields.

Edward—Am I the only man who ever kissed you?
Florence—Why will every man ask a girl the same question?

One person out of every 100 in this country was injured in an auto accident last year.

Tourist—Won't you help a poor crippled man?
Citizen—You look healthy enough. In what way are you crippled?
Tourist—Financially.

300 more "Caterpillars" are at work

From every section of the Northwest comes news of good business from "Caterpillar" dealers—their sales totalling more than 300 for the year to-date.

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Car Accidents Less This Year

Half As Many Killed In April And May

Dropping sharply to a record low for any similar period in the past five years, traffic fatalities in the state of Oregon showed a decrease of 25 per cent during the first five months of 1935, according to Dr. E. B. McDaniel, president of the Oregon State Motor association.

April and May, he pointed out, were banner months, having shown a reduction of 50 per cent against the same two months last year, indicating that the "cumulative effect of safety education started last September by the motor association is being felt."

A fatality record for the first five months of each year since 1931 as obtained by Dr. McDaniel from the Secretary of State's office, is as follows:

1931	130
1932	86
1933	87
1934	113
1935	84

Comparative figures for the first five months of 1934 and 1935 are:

1934	1935	
January	21	17
February	15	12
March	15	25
April	33	17
May	28	13

"Results at the start of the campaign last fall were discouraging, as far as immediately reducing last year's high rate of automobile accident deaths," Dr. McDaniel said. "The encouraging thing, however, was that the state as a whole took hold of the drive immediately and started working to end highway accidents."

Governments Have Aided
"At the start of this year the cumulative effort of law enforcement officers, the judiciary and newspaper and organization publicity took effect. The last two months have shown a 50 per cent decrease in deaths as compared with 1934."

Dr. McDaniel expressed appreciation to city, county and state officers who have campaigned for safer driving since the safety campaign started, as well as to judges who have imposed stiff punishment on reckless drivers. He said that clubs and associations throughout the state have staged safe driving education campaigns in almost every district.

The state motor association head said that the "Let's Quit Killing" campaign would continue.

Last year's automobile fatality record for the state was 310. If the present rate per month continues 202 Oregon residents will lose their lives in traffic accidents this year.

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Rules For Easy Driving Given By Association

Fatigue and discomfort subtract from the pleasures of a motor trip and create a hazard to safety, when they might be avoided by observing a few simple rules, according to the Oregon State Motor Association, referring to a list of health hints for vacation motorists prepared by the public health service.

Among the suggestions contained in this list are:

Don't slump in the seat. Sliding down and "sitting" on the back-bone throws the weight of the body on the hip bone and causes the backbone to become tired and aches.

Don't grip the wheel tightly and hold the body tense. Tension produces nervousness and may cause the body to lose his head when quick action is necessary. Learn to be both attentive and relaxed at the wheel.

Don't stare ahead. Get the eye accustomed to an easy, restful position. Keep the chin up so that it is unnecessary to raise the eyes to see ahead. This avoids eye-strain.

Don't drive fast over rough roads. Go slowly and relax the body when "taking the bumps." Many cases of injury are caused by hitting the roof of the car.

Don't strain the legs to reach the accelerator or brakes. Adjustable seats in most new cars solve this

problem. Otherwise, have the foot pedals adjusted to a comfortable position or use a well made and sufficiently thick cushion at your back.

Don't drive for too long a period at one time. Take rest intervals. Maintain a steady driving pace and avoid spurts of speed.

Don't overeat when driving or at the vacation objective. It is better to eat sparingly in warm weather. Fruit juices and plenty of water should be on the vacation diet. Water should be chilled but not ice cold.

Don't drink from wayside streams or wells, unless they are marked "safe" by authorities or unless the water is boiled.

Don't swim when overheated and don't go in the water after eating until an hour or so. Don't dive until sure of the depth of the water and don't go in alone. Don't expose yourself too long to the sun's rays at first. The result may be quite painful and serious illness may be caused.

And when hiking or picnicking, don't under-rate the effect of contacts with poison oak. All cases of poison oak are uncomfortable and some are serious.

Pa—Sonny, what did the teacher say about your arithmetic work?
Sonny—She said she would rather you wouldn't try to help me with it.

Lucille—There goes Laura Johnson. I wish I were only half as good looking as she is.
George—Oh, but you are.

Read the ads in the Journal

HI-WAYS TO HEALTH
by ADA R. MAYNE
OREGON DAIRY COUNCIL

The Fourth of July means a picnic. At least in the majority of families a picnic on this day is something that has been anticipated for weeks. And where there are children in the family it becomes a really exciting occasion.

Where to go and what to eat, of course, are the important things to decide upon. As for the food—most of us a picnic means filling the picnic basket to the bulging point with fried chicken, potato salad, devil's food cake, ice cream and perhaps watermelon. Of course other things will be included, too, but these are the foods most of us look for.

To others, sandwiches are the most important part of a picnic lunch. They can be either the daintier sandwich made at home

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and carefully wrapped and packed or they can be hot meat sandwiches made right at the picnic - hamburgers, small steaks, and hot dogs being the popular ones. A delicious sandwich spread is made by softening cream or cottage cheese with cream and adding chopped stuffed olives. The old standby—the peanut butter sandwich—can be made something different when combined with cream cheese or a tart jelly.

A hot dish becomes the center of the picnic lunch to still others. A good hot dish for hungry picnickers could be Macaroni Loaf, a meat pie, a casserole of chicken and noodles, a pot of baked beans with frankfurters, or any one of the favorite family dishes. Any of these accompanied by hot coffee with cream for the grownups and milk or milk shake for the children and topped with ice cream for desert, will certainly answer the food problem. Remember that icecream can be purchased in containers which keep it frozen many hours.

Some recipes good for picnics are:

Casserole of Chicken Noodles
Two cups diced cooked chicken
One small package noodles
Two cups medium white sauce
One third cup buttered cracker crumbs

Heat the chicken in white sauce. Cook noodles in boiling salted water. Drain and rinse in cold water. Pour into shallow dish. Cover with creamed chicken. Top with buttered cracker crumbs and brown in oven.

Deviled Eggs
Six hard-cooked eggs
One can Deviled ham
Two tsp prepared Mustard
Lettuce

Cut hard boiled eggs in half lengthwise. Remove yolks and mash them. Add mustard and ham. Refill whites with this mixture. Serve on lettuce.

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